

Pagettes Are Picked



Ruth Bowles



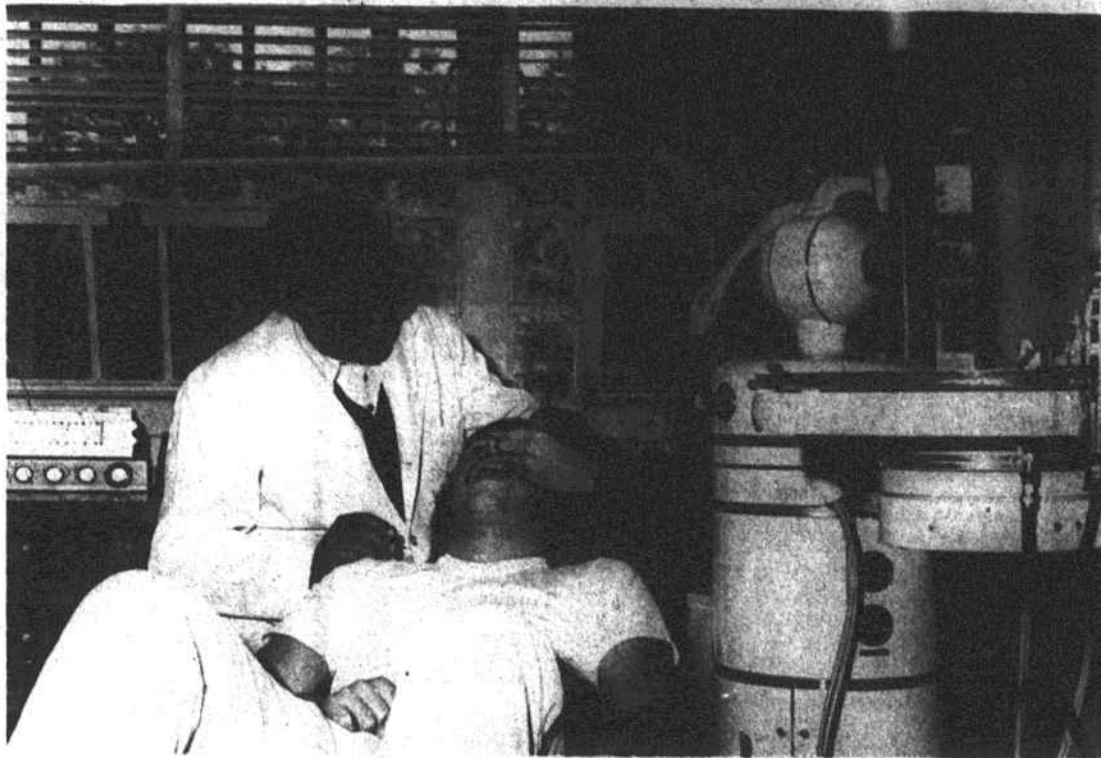
Lisa Crowder

Ruth Bowles and Lisa Crowder have been selected to serve as pagettes in the State Department of Natural and Economic Resources for the week of June 23-27.

Ruth is the daughter of Mr. and Mrs. James Bowles of 222 Dickson Street

and Lisa is the daughter of Mr. and Mrs. Otis L. Crowder of 415 West Prospect Avenue.

Both girls are freshmen at Hoke High. They were selected on the basis of their participation in community, school and church activities.



OPEN WIDE - Dr. Joel Pastore treats a patient at McCain prison unit, assisted by Harriett Lewis.

At McCain

Prison Dentistry Has Its Rewards

By Laurie Telfair

As one of only two dentists in the county, Dr. Joel Pastore finds his practice quite pleasant. His office is newly equipped, his patients readily agree to treatment and his hours are convenient. He doesn't even have to worry about sending out bills.

Pastore is a prison dentist, one of about seven in the state, and his patients, for the most part, are inmates at McCain. However, prisoners from throughout the system are sent to McCain for dental care.

The dentist, who is originally from New Jersey, joined the Department of Corrections dental service in September and came to McCain in October, where he began to set up his program from scratch, building a treatment room in an area that had been used to segregate prisoners from one another.

The facility is now nearly complete, he said, and only a few additional pieces

of equipment are needed.

Harriett Lewis, who was working last fall as a licensed practical nurse at McCain, has trained with Pastore as a dental assistant.

From 20 - 30 men a day are treated but, since McCain is a processing center, there is a constant turnover of patients.

"We try to do as much work on the men going through as we can, and try to eliminate anything that would crop up as an emergency because then the camps would have to send them back here for treatment," Pastore explained.

In addition to routine fillings and providing dental education, much of his treatment involves oral surgery. However, he is not able to fit plates or do crown work there, due to the lack of time.

One of the major problems of prison dentistry is lack of education, Pastore said.

"Both lack of dental education and academic education," he said. "This creates problems in getting the guys to understand what I tell them."

Good dental health plays a part in rehabilitation, Pastore explained.

"Studies show that teeth have a lot to do with mental health," he said. He places particular emphasis on the front teeth and will make replacement teeth

in those cases.

"If it bothers a man about how he looks, then he is going to be easier to work with if he can feel satisfied with his appearance," Pastore said.

Practicing behind prison walls is easier than private practice, he said. Prior to coming to McCain, he had nine years of private practice and six years of military service.

Patient acceptance of treatment is much better, he said. "A lot of times, I'm the first dentist they've ever had. One patient told me he used to pull his own teeth with pliers."

Also working hours are better, he said.

"Your life is more your own," he said. "With me, my family comes first."

The Pastore's, who live in Aberdeen, came to the area for the golfing. Mrs. Pastore, Christ, is a professional golfer who recently joined the pro tour. They are members of the Elks Club in Southern Pines, where Mrs. Pastore frequently plays.

Pastore is also an avid athlete, who played semi-pro baseball after high school. He is playing his first season of Slow Pitch softball this year as second baseman for the McCain team in the Hoke County league.

McCain LPN's At Meeting

Mrs. Hattie M. McRae of Raeford will lead a delegation of McCain LPN's to the Twenty-eighth Annual Convention of the North Carolina Licensed Practical Nurses Association (NCLPNA).

The NCLPNA Convention will be held May 1-3 at the Downtowner East Motor Inn, Charlotte.

Mrs. McRae is President of the McCain area, an affiliate area of NCLPNA.

The NCLPNA meeting will feature a five hour workshop on the "Ear, Nose and Throat" conducted by Dr. G. Don Roberson and associates of Charlotte, a keynote address by Mrs. Marjorie Gray, Registered Nurse and well known

speaker and community leader and special Practical Nursing Student Day activities.

WEIGHTY FACT

Most persons differentiate between overweight and obesity. An individual whose weight is 10-20 percent above the "ideal" according to weight tables is considered overweight. Deviations of 20 percent or more are designated as obesity, adds Mrs. Marjorie Donnelly, extension food specialist, North Carolina State University.

School Menu

FRIDAY, MAY 2
Smoked Sausage
Candied Sweet Potatoes - A
Steamed Cabbage, - C
Rolls
Cookie
Milk

MONDAY, MAY 5
Bologna and Cheese Sandwich
Lettuce & Tomatoe A,C
Peas and Carrots A
Pineapple Cake
Milk

TUESDAY, MAY 6
Spaghetti w/Meat Sauce
Steamed Cabbage C
Cheese Wedge
Peach Pie
Rolls
Milk

WEDNESDAY, MAY 7
Smoked Sausage
Dried Beans
Greens A,C
Cornbread
Strawberry Shortcake w/Topping
Milk

THURSDAY, MAY 8
B-B-Que or Fried Chicken
Fluffy Potatoes C
Cranberry Sauce
Cookie
Rolls
Milk

Dealers Meet

The North Carolina Automobile Dealers Association will hold its 40th Annual Convention, May 4-7, at the Pinehurst Hotel and Country Club in Pinehurst.

Among the speakers scheduled to address the convention are William E. Hancock, Jr., President of the National Automobile Dealers Association, Lou Holtz, Head Football Coach at North Carolina State University, and Dr. Heartsill Wilson of Denver, Colorado.



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Pharmacy Comments

AIM FOR THE "BELLY BUTTON"

Choking on food kills thousands of people each year. Nearly all, however, could be saved by simple first-aid techniques.

When you are with a person who is choking, stand behind the victim and throw your arms around his waist, about "belly-button" high. Let his arms and head fall forward. Press your flat hand into the victim's stomach with a quick upward thrust. If your victim is lying on the floor climb astride him. Thrust your fist into the stomach as you did with the standing victim. Repeat action if necessary until the food becomes dislodged.

If you're alone and get choked, aim your stomach at a table edge or anything hard that acts as a fist. Your stomach will be sore - but you'll live to recover!

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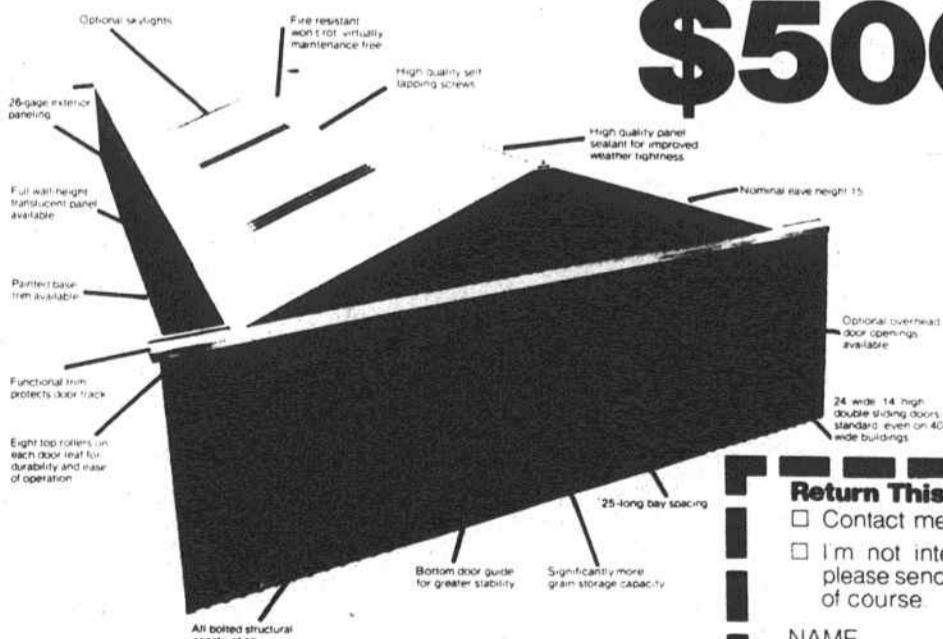
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