

Sunday School Lesson

A woman went to a psychiatrist because she felt she was suffering from an inferiority complex. After examining her, the psychiatrist said, "Madam, I find that you do not have an inferiority complex; you are simply inferior!"

To some degree, this is true of all of us. We feel adequate in the face of some trial and, in fact, we are inadequate! We find that we are not strong enough or patient enough. The challenge is too great for us.

Yet, although we can acknowledge our own personal inadequacy, we still have not called upon all our resources. There is still the power of God by which we become more than adequate for the challenge before us. As Paul says it, "I can do all things in him who strengthens me" (Philippians 4:13).

Note that Paul does not say that he can "do all things" by himself, but only "in him who strengthens me." Abraham Lincoln said much the same thing when, as President - Elect, he said goodbye to his neighbors in Springfield, Illinois, and left for Washington: "Without the assistance of that Divine Being, I cannot succeed. With that assistance, I cannot fail."

Yes, let sickness come, let trouble surround me, let sorrow enter my life, let tragedy strike me, let friends and loved ones fail me, let enemies threaten me -- and I am not able! But God is! By his power, I can see through whatever life may send me.

This was Paul's experience. In writing the church at Corinth (where he probably had more trouble than any other single place), he sets forth the record of God's adequacy.

We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted but not forsaken; struck down, but not destroyed . . . (2 Corinthians 4:8,9)

John Ellis Large, who used to be the Pastor of the Church of the Heavenly Rest in New York City, was once asked to read the Christmas story from the Bible on a major network television show. During the rehearsal, Dr. Large was asked to do his reading. Accustomed to speaking in a very large cathedral like church, Dr. Large read the story in his normal preaching voice, which was quite loud. Also, accustomed to having his pulpit almost a full city block from those seated in the last pew, his gestures were somewhat exaggerated.

Thus, while he was in the midst of his reading, he heard the director's voice break in: "Pardon my breaking in on you, Dr. Large, but you don't have to strain your vocal chords. Your unaided voice doesn't have to reach from Manhattan to Los Angeles, nor is it necessary for you to gesture in so exaggerated a fashion." He paused, then added: "You see, the Director is completely equipped to magnify both your words and your actions as needed. If you will just quietly communicate, I'll take care of enlarging the end result."

Dr. Large said that these words not only helped him with the television program, but also in life as well. Too often he had tried to meet challenges by himself. He needed to be reminded that when the going gets hard, God can magnify our resources and by his power enlarge the end result.



MEMORIAL GIFT--Linda Croft, Quewhiffle 4-H club president, presents a \$100 check to R.B. Lewis, Bicentennial Library Fund treasurer, given in memory of Floyd Deese. The money was raised by the club of which Dawn Deese is a member.



RETIREMENT -- Army Sgt. Maj. George E. Yosich (right), son of Mr. and Mrs. Milan Yosich, Red Springs, is presented his second award of the Meritorious Service Medal upon retiring from the Army at Ft. Riley, Kan. He has more than 28 years of military service. Presenting the award is Maj. Gen. Marvin D. Fuller, commanding general of the 1st Infantry Division and Ft. Riley.

Hurricane Safety Guidelines Issued

The National Weather Service cautioned the hurricane season here is approaching now and people should be alert to the dangers presented by a hurricane.

Civil preparedness coordinator Bill Niven said everyone should familiarize themselves with hurricane safety rules.

Hurricanes are an annual threat whose average annual toll for the past 50 years has been about 100 deaths and \$150 million worth of property damage. The official hurricane season is from June 1 through November 30, although a few have occurred outside this span, the state civil preparedness office said.

HURRICANE SAFETY RULES
A hurricane watch means a hurricane may threaten an area within 24 hours.

A hurricane warning means a hurricane is expected to strike an area within 24 hours.

Enter each hurricane season prepared. Each spring, recheck your supply of boards, tools, batteries, nonperishable foods, and other equipment you will need if a hurricane strikes your town.

When your area is covered by a hurricane watch, continue normal activities, but stay tuned to radio or television for National Weather Service Advisories. Ignore rumors.

When your area receives a hurricane warning:

Continuously monitor the storm's position through Weather Service Advisories.

Check battery-powered equipment. A portable radio may become your only link with the outside world. Emergency cooking facilities and flashlights will be essential if utilities are interrupted. Have your car fully fueled.

If you own a boat, secure it before the storm arrives or move it to a safe area. When the boat is moored, leave

it. Don't return to it once the wind and waves are up.

Board up windows or protect them with storm shutters or tape.

Secure outdoor objects that might be blown away or damaged, or bring them inside.

Store drinking water -- your town's water supply may be contaminated or diminished by hurricane floods.

Leave low-lying areas when advised to do so. If you live in a mobile home, leave it for more substantial shelter. Mobile homes are extremely vulnerable to high winds.

If your home is sturdy and at a safe elevation, remain indoors during the hurricane.

Because hurricanes often cause severe flooding as they move inland, stay away from the banks of rivers and streams.

Tornadoes are often spawned by hurricanes and are among the storms' lethal effects. When a hurricane approaches, listen to radio and TV for tornado warnings.

Equivalency Certificate Program A Success

RALEIGH -- Since the high school equivalency program was begun in North Carolina in the early 1940s, approximately 66,780 adults have been awarded the equivalency certificate, according to Larry Roberson, General Education Development Administrator (GED), Department of Community Colleges.

The high school equivalency program is administered by the Department of Community Colleges and certificates are issued by the State Board of Education.

This program was begun in North Carolina to afford adults who have not completed high school the opportunity to demonstrate their general education competence by taking a series of tests and qualifying for the certificate.

The certificate is generally recognized by industry, governmental agencies, colleges and other schools as the equivalent of the high school diploma.

One North Carolina woman is an example of what can be accomplished after receiving the high school equivalency certificate. This person had completed the eighth grade when she took the GED tests. After she successfully completed the tests she was accepted as a student by North Carolina State University.

After she finished her studies at North Carolina State, she was awarded a scholarship to Oxford University in England where she received a degree in philosophy. This woman said the certificate opened a whole new world for her.

According to Roberson, there are 70 GED testing centers in the state. The great majority of these centers are located at technical institutes and community colleges. Some technical institutes and community colleges have more than one testing center.

Persons who are not high school graduates may apply and take the tests, providing they are 18 years of age and have been out of the public school program for at least six months. They must also be residents of this state.

Men and women 16 to 18 years of age may be considered persons with special needs and permitted to take the high school equivalency examination. According to Roberson, this is allowable only if the application for admission to the examination is endorsed by a local superintendent of schools or a letter of release is obtained from the office of the local superintendent.

One of the ways men and women can prepare themselves for the GED tests is through study in a learning laboratory at a technical institute or community college.

FOR SALE: Couch and chair, 875-3593. 11P

FOR SALE: 1974 Monte Carlo, black. Call 875-5248 after six. 11-12P

HOUSE FOR RENT: 2 bedrooms, living room, combination kitchen-dining room, bath and utility room. 875-4992. TFC

FOR SALE: 4 ft. sides (six parts) for 71 Chevy pickup truck, never been used, 6 ft. long made of 3/4 x 6 pine boards, cost new \$65, now only \$45. Clarence Lych, Raeford, N.C. 11C

Will clean up vacant lots, trim or take down trees and shrubs. Call 875-2306 from 4:15 to 9:00 p.m. TFC

Having car trouble? Call me for general car repairs and tape player installation. Reasonable rates. Call 875-2520, David Norton. 11P

\$4.00 hour possible part-time. Show sample, take orders for engraved metal social security cards. Send name, social security number for free sample, details. Lifetime Products, Box 25489, Raleigh, N.C. 27611. 10-11P

FOR SALE: Trundle bed w/mattress, \$15. 875-3640 11P

Two families having yard sale, Sat., July 19, 313 Jackson St. From 9:00 'til 6:00. 11P

Reduce excess fluids with Fluidex-Lose weight with Dex-a-Diet capsules. Hoke Drug. 10-13P

Immediate openings for sheet metal mechanics and welders with electrical and heli-arc abilities. Excellent wages, paid vacations, profit sharing plan, group hospital and life insurance. Send resume or apply in person to Industrial Sheet Metal and Mechanical Corp., Airport Rd., Rockingham, N.C. Equal Opportunity Employer. 10-11P

FOR SALE: 3 bedroom house with central heat and air on Turnpike Road. 20x40 outbuilding on nice lot. Call Graham Monroe, 875-2186 day and 875-3775 night. TFC

Karen Bloss call me, need to talk to you, Love Gordon. 11 pd.

CARD OF THANKS
Our recent bereavement leaves us with grateful hearts towards neighbors and friends. Your expressions of sympathy will always be remembered. Mr. and Mrs. Gordon Treadwell. 11P

CARD OF THANKS
James and Estella McRae would like to thank every one for the help you have given after the loss of our home. Your kindness will never be forgotten. May God bless you all and heaven smile upon you. The McRae family. 11P

CARD OF THANKS
We would like to say thank you to the many friends and neighbors who were so good to our father during his long illness. We would also like to thank you for your kindness and sympathy during our time of sorrow. The children of Luther A. Douglas. 11P

Homemakers can do something about pollution. Next time you open canned goods, pour out the contents, then also open the other end of the container. Step on the remainder of the can to mash it flat. The mashed can and flat ends will take up 90 percent less space in the garbage truck and in the landfill, says extension home economics specialists, North Carolina State University.

North Carolina dairy cows produced 10,092 pounds of milk each last year, up 446 pounds from the previous year. Average production in some of the state's leading dairies runs 15,000 to 17,000 pounds per cow and higher.

LOT FOR SALE
120' x 210' LOT
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NOTICE
All classified advertising must be paid for in advance unless you have an established advertising account. The advertising deadline is 5 p.m. each Tuesday. If you plan to call in your ad, please call in advance so we can receive payment in the mail by Tuesday.

FOR SALE: Used tractor parts. Can be seen at Byrd's Grocery at Ashley Heights or call 944-1125. 10-11P

Immediate opening for registered x-ray technician with experience in a progressive community hospital planned program to increase from 260 to 400 beds, excellent fringe benefits. Contact Personnel Dept. Moore Memorial Hospital, Pinehurst, N.C. 28374. Phone 295-6861, Ext. 578. 10-11P

FOR RENT: Ocean front cottage. Downstairs, 3 bedrooms, 2 baths, television, washer and dryer, sleeps 8, \$190.00 weekly. Saturday to Saturday. Call 875-3322 or 875-3785. 10-11C

WANTED TO BUY: We are in the market for good quality rye. Either FOB or delivered. Call collect 803-634-6557. Douglas Seed Co., Ruby, S.C. 7-13C

FOR SALE: 133 acre farm, 1 mile road frontage, 8700 lbs. tobacco, 2 houses, near McCain. Sale price, \$62,500. Moss Realty 692-2424. TFC

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FOR RENT: 2 and 3 bedroom mobile homes, also spaces, country living, fishing, hunting, playground and security. On State Rd. 1413, 13 miles from Fayetteville and 10 miles from Raeford. Shamrock Isle Mobile Homes, Raeford, 875-5574. TFC

Crumpler Handy Mart has fresh peaches, corn 75c per doz., watermelons, and other homegrown vegetables. 9-12P

SEE US for all your steel needs. Miscellaneous and structural. DuBose Corporation Mon-Fri. Roseboro, N.C. Phone 525-4161. TFC

SERVICE: Discount prices on central air conditioning available now. Free estimates - Financing available. Call 484-0495 - Fred Dew, Central Heating and Air Conditioning Co., Inc., Fayetteville, N.C. TFC

Trade in your present home for a new one and get up to \$2000.00 income tax credit. Only 1 home available on first come, first served basis. Carson Davis, Jr., 501 Harris Ave. 875-4870. TFC

FOR SALE: Residential lots, city water and sewer, financial terms can be arranged. Contact Younger Sneed, Jr., at Hoke Auto Co. Phone 875-3363 between 7:30 a.m. and 5:30 p.m. TFC

Fully equipped restaurant now operating for sale; located in Wagram. Call 369-2858 between 11 a.m. and 2 p.m. weekdays. TFC

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