

Raeford Man Joins College

James L. McFadyen of Raeford has joined the staff of Presbyterian College in Clinton, S.C., as admissions counselor, admissions director Joe O. Nixon announced.

McFadyen will be primarily involved in the recruitment of new students to enter Presbyterian College in the fall. His work will include travel over several states to make individual contacts with prospective students, Nixon said.

McFadyen earned his B.S. degree with a major in business administration from Presbyterian College in June. He is the son of Mr. and Mrs. Duncan B. McFadyen of Raeford.

Service Personnel

Marine Lance Corporal Maxie L. King, son of Mrs. Annie M. King, Route 1, Aberdeen, participated in "Baxolex 6-75," a training exercise at the Marine Corps Base, Camp Lejeune.

He helped provide instruction for officers from the Basic School, Quantico, Va., on the use and capabilities of amphibious landing craft.

The exercise included a beach landing and a simulated assault on a mock enemy position.

King serves with the 2d Amphibious Tractor Battalion at Camp Lejeune.

A 1972 graduate of Pine Crest High School, Southern Pines, N.C., he joined the Marine Corps in February 1974.

William A. Conoly, son of Mrs. Roy D. Conoly, 111 E. Prospect Ave., Raeford, has been assigned to Kunsan AB, Republic of Korea, from Pease AFB, N.H.

Conoly, an Air Force staff sergeant, is a jet engine mechanic with the 8th Field Maintenance Squadron a unit of the Pacific Air Forces.

He is a 1968 graduate of Hoke County High School. The sergeant's wife, Janice, is the daughter of Mr. and Mrs. Kenneth Frederick of 507 W. Central Ave., Raeford.



BIRTHDAY - Mrs. Queen Ester Frierson celebrated her 90th birthday Monday, after she was honored by 350 people who attended a party. Mrs. Frierson, a widow, has eight children, 16 grandchildren, 35 great-grandchildren, and two great-great grandchildren. Very active, Mrs. Frierson is a member of Rock Hill Baptist Church.

1961 Upchurch Class Reunion

The class of 1961 of Upchurch High School held its first class reunion Saturday evening at the Downtowner Motor Inn in Fayetteville.

Of the 78 seniors who received their diplomas on May 30, 1961, 35 were present for the reunion. Two class members are deceased.

The class colors of navy blue and white were used for decoration on the tables. The buffet supper was followed by dancing.

Mrs. Betty Gilchrist McNeill was mistress of ceremonies and welcomed guests. Miss Gertrude Smith presided at the register.

Among the class members attending from out of town were the following: Lillie Roper Baldwin of Asheville, Gertrude Smith and Myrtice McLean Pollard of Red Springs, Jeannie Graham McLaurin of Wade, Helen Swan Peters of Hoffman, Gladys Dukes of Fayetteville, Vera Graham and Helen Laney Ferguson from Maryland, Lorine Dudley and Shirley Ray Conger of New Jersey, Lovanna Blue McNeal of Toledo, Ohio, Lela McDonald Smoakes, Mary Melvin Dixon and John Morrison of New York, and Jessie Warren McPhaul, Otha Shaw, John W. McPhaul and Truman Purcell of Washington, D.C.

Special guests were three former teachers, Mrs. A.G. Burns, D.R. Carroll and Charles Gibbs, all of Cumberland County.

Personals

Mrs. Virgie Hampton of West Palm Beach, Fla., is visiting her sister, Mrs. Hinton McPhaul, and Mr. McPhaul.

Mr. and Mrs. Harvey Young have returned from a two week visit with their son Johnny and family in Lawrenceburg, Tenn., and Mr. Young's mother, Mrs. John Young of Gore, Okla. Steven Young accompanied his grandparents on a trip to the Ozarks and Dogpatch, USA.

Mrs. Lacy McFadyen has been visiting Mr. and Mrs. Maxwell Fletcher and his mother, Mrs. Tom Fletcher, in Quincy, Fla., Mr. and Mrs. Herbert Fletcher in Tallahassee, Fla., and A.B. Williams in Marianna, Fla.

James and Susan Bundy have returned to their home in Fayetteville after spending the week with their grandparents, Mr. and Mrs. H.T. Bundy.

Mr. and Mrs. Jeff Harris and Tom visited relatives in Roxboro last weekend.

Mr. and Mrs. Bill Upchurch, Mrs. Larry Phillips and son, Brad, spent last week at Bogue Sound.

Lodges Host Annual Meet

Masonic Lodge No. 328 hosted the annual district 18 meeting at Silver Grove Baptist Church Friday night, publicity chairman Willie McKaskill announced.

Also hosting were South Freedom Lodge No. 158, Center Grove Lodge No. 286, Burlington chapter No. 189, order of the Eastern star, Evening Light Chapter No. 256, order of the Eastern star, and Golden Link Chapter No. 167, also order of the Eastern star.

Guest speaker was Dr. W.T. Holland, presiding elder of New Bern district, African Methodist Episcopal Church.

Walker Coley and Mike Wood's

Pharmacy Phlashes

How To Avoid Streak Lightning

For those living in mortal fear of being struck by lightning, here are a few precautions:

Stay indoors during an electrical storm and away from open windows, doors, fireplaces and metal pipes. In an open boat stay low. On the golf course drop metal golf clubs, doff cleats and never stand under a lone tree.

In the home don't use plug-in appliances. Avoid the phone and TV. If your skin feels tingling and your hair stands on end, drop to the ground because lightning may be about to strike. Finally, persons hit by lightning carry no electrical charge and should be given immediate mouth-to-mouth breathing for revival. It's not nice to tempt Mother Nature, so abide by these tips for greater safety.

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From The Home Agent's Desk

By Ellen Willis & Brenda Canady

PROPER JARS

Perhaps you've wondered—can I use peanut butter and pickle jars for home canning?

The answer is an emphatic no. These jars are one-time jars—usually made of thinner glass than standard canning jars.

Since the thinner glass is less resistant to extremes of temperature and mechanical shock—these jars are more likely to break during processing than are jars made especially for home canning.

Also, the necks of peanut butter or pickle jars may not be perfectly round—or they may have other irregularities.

For example, many times these jars have such short necks that the screwbands cannot fit all the way down.

And many of these pickle and peanut butter jars cannot be correctly matched with appropriately sized lids. All this can prevent a tight seal—and you risk botulism.

As long as you're spending the time and money to can food—you might as well do it right. Buy the proper canning jars.

BACKYARD BARBECUE

With warm weather around the corner it's time to get out the new barbecue grill—or to polish up the old one.

But there are other things you need to think about at outdoor cookout time, too—food safety. For

serving properly handled food is important.

When should you buy your ground beef? Preferably, a day or two before the party—no sooner. Unless of course, you plan to freeze the meat for a short period to preserve its freshness.

If hamburger is to be thawed first you should do it from freezer to refrigerator to prevent the growth of bacteria. Don't allow hamburger to be unrefrigerated for more than an hour at the most.

Cleanliness in preparing food is always important, but especially with hamburgers. Wash your hands with soap and hot water—before and after handling the raw meat. Don't even handle the meat if you have cuts or sores on your hands.

Having coleslaw? Keep it chilled—bring out in small batches to refill the bowl. Coleslaw should never sit in warm temperatures. Even baked beans should not be allowed to sit at more than two hours in room temperatures.

Keep in mind that food borne illness can cause diarrhea, vomiting, stomach cramps and other unpleasant symptoms that can last for several hours or even days.

So to keep food safe—keep perishable foods cold—that is, below 40 degrees. Then keep cooked meat, seafood and poultry hot—that is above 140 degrees.

Make the barbecue habit a safe one.

HINT: Regular washing and touching up with paint are the secret of the good looks of wrought iron porch or patio furniture.

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