

FAMILY DOLLAR

HARVEST HOEDOWN OF SAVINGS!

VALU-PLUS®
HOUSEHOLD HELPERS

- 16 OZ. SPRAY DISINFECTANT
- 22 OZ. SPRAY STARCH
- 14 OZ. OVEN CLEANER
- 20 OZ. GLASS CLEANER
- 16 OZ. FURNITURE POLISH
- 19 OZ. GLASS CLEANER

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 PEANUT BUTTER CUPS PKG. OF 10 2 \$1 <small>LIMIT 2</small>	 RIGHT GUARD 8 OZ. REG. \$1.41 POWDER DRY, DOUBLE PROTECTION OR REGULAR ANTI-PERSPIRANT 88¢ <small>LIMIT 2</small>	 CORONET FACIAL TISSUES REG. 43¢ BOX 3 FOR \$1 <small>LIMIT 3</small>	 MISS BRECK SUPER BALSAM CONDITIONER 12 OUNCE SIZE 2 FOR \$1 <small>LIMIT 2</small>
 LADIES SHORT SLEEVE NOVELTY SWEATERS VALUE TO \$5. \$3.99 <small>EACH</small>	 LADIES BRUSHED LONG GOWNS SIZES S-M-L \$2.99 <small>EACH</small>	 MEN'S THERMAL UNDERWEAR SHIRTS OR PANTS \$2 <small>EACH PIECE</small>	 GIRLS 4-14 LONG SLEEVE MOCK TWIN SETS \$2.99 <small>SET</small>

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 LARGE SIZE MIRRORS 4 DECORATOR STYLES \$3.88 <small>EACH</small>	 FULL SIZE MACHINE WASHABLE 6 FASHION COLORS BEDSPREADS \$5 <small>NONE SOLD TO DEALERS!</small>	 NON-ALLERGENIC BED PILLOWS REG. \$1.27 99¢ <small>EACH</small>
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 18 GALLON PLASTIC TRASH CAN WITH LOCKING LID \$2 <small>EACH</small>	 SUPER CLEAR PLASTIC STORM WINDOW KIT COMPLETE WITH TACKS 57¢ <small>KIT</small>	 LADIES & MISSES ACRYLIC PLUSH SLIPPERS ASSORTED COLORS 88¢ <small>PAIR</small>	 MISSES FANCY KNEE-HI SOCKS REG. 99¢ 77¢ <small>PAIR</small>
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MEN'S BOYS & YOUTHS FASHION OXFORDS
 ASSORTED SIZES
 VALUES TO \$8
 SUPER RUGGED MATERIALS IN FALLS LATEST STYLE!
\$5
PAIR

FAMILY DOLLAR
GUARANTEED SATISFACTION

South Main Street
 RAEFORD, N. C.

HOURS:
 Mon. - Sat. 9 - 9 Sunday 1 - 6
 Prices Good Thru Sun. While They Last!

From The Home Agent's Desk

By Ellen Willis

HINT - Use glycerin instead of oil to lubricate your beater or grinder and you will have no unpleasant taste in your food.

SCHEDULE
 Thursday, October 16, 7 p.m. "Winterize Your Home" special interest program, Assembly Room of New County Office Building, South Magnolia St.
 Friday, October 17, 1:30 p.m., South Hoke.
 Friday, October 17, 7:30 p.m. Raeford Extension Homemakers Club, Hoke County Library.
 Monday, October 20, 7:30 p.m. Mildouson & Phillippi Extension Homemakers Club, Mildouson Club House.
 Monday, October 20, 9:00 a.m. Staff Conference, Assembly Room.
 Tuesday, October 21, 12:10 Group, New Office Building, Assembly Room.
 Tuesday, October 21, 2:30 p.m. Raeden Extension Homemakers Club.
 Tuesday, October 21, 7:30 p.m. "Carpet Cleaning" special interest, New County Office Building.
 Wednesday, October 22, 9:00 a.m. Interagency Meeting, New County Office Building.
 Wednesday, October 22, 2:00 p.m. Rockfish Extension Homemakers Club.
 Thursday, October 23, Raleigh Fair Committee Workshop.
 Thursday, October 23, 5:00 p.m. North Raeford Extension Homemakers Club.

diphtheria, whooping cough or tetanus - were not immunized.

There were also an estimated eight million children of the same age who had not been vaccinated against mumps.

This despite the fact that vaccines against these diseases exist and are readily obtainable.

If you have delayed in immunizing your child you are urged to visit your physician or health clinic and start an immunization program as soon as possible. If your child has been vaccinated in the past, find out from your family doctor if booster shots may be needed.

The U.S. Public Health Service, in an all-out campaign to reach the millions of preschool children who have not been immunized, has designated October as Immunization Month. The program is backed by a number of the nation's major health organizations, insurance companies, private and public health practitioners and pharmaceutical firms.

Here is a suggested schedule for vaccinations, based on the recommendations of the American Medical Association and the American Academy of Pediatrics:

For diphtheria, tetanus and whooping cough, the recommended age for a child to be immunized is at two months with an additional two doses at two month intervals each. The fourth dose is to be administered about one year after the first. The child should get booster shots again a year and a half and also between the ages of four and six, before entering school.

For polio, the age for first immunization is recommended at two months, with another two months apart. At a year and a half the child should get another booster and one again before entering school. Any later boosters should be taken as recommended by the family doctor or health clinics.

For vaccinations against rubella German measles and mumps the child should be about one year old. If a prepared triple vaccine is not given, each vaccination should be separated by at least one month.

Youngsters are not the only ones who need the vaccine protection. Polio vaccinations for adults are also strongly recommended. The Public Health Service suggests that a tetanus-diphtheria booster with a combination vaccine, developed especially for adults, should be administered every ten years.

"QUARANTINE! KEEP OUT!" is a sign seldom seen on a front door these days. People don't worry much about childhood diseases any more, but they should. The U.S. government's Center for Disease Control, recently warned that unless more children are vaccinated, outbreaks of preventable diseases such as polio and measles could once again strike the nation's young.

There is evidence that despite a growing number of vaccines developed against dangerous childhood diseases, a great many children are still allowed to go unprotected.

Records show the percentage of adequately vaccinated children has been dropping steadily, hitting a low point in 1973 and rebounding only slightly in 1974. That year, a survey indicated, approximately half of the nation's some 13.6 million children between the ages of one to four - those most susceptible to such diseases as polio, measles, rubella,

Education Dept. And Arts Dept. Met On Tuesday

The Education Department and the Arts Department of the Raeford Woman's Club met Tuesday, October 7, in the home of Mrs. John Balfour with co-hostesses, Mrs. Gene Carter and Mrs. Hubert Cameron.

Frances B. Floore of Chapel Hill, who is presently serving as consultant to President and Mrs. Terry Sanford for the official entertaining at Duke University, gave a review of her book "The Bread of the Oppressed."

Her review included humorous, sad and heartwarming stories of her experiences while associated with UNNRA, the United Nations Rehabilitation and Relief Ass'n., in their efforts to feed starving populations in the Middle East, Greece and Germany after World War II.

Mrs. Floore was introduced by Mrs. Robert Senior, a Raeford native, who accompanied her from Chapel Hill.

Personals

Mrs. Leonard Frahm spent last weekend in Norfolk, Va., with her daughter and family, Mr. and Mrs. Billy Jones and son Chad.

The Rev. and Mrs. Kelly Wilson Jr. spent the weekend in Durham with their son and family, the Rev. and Mrs. Kelly Wilson III and son, Timothy Lough. Mr. Wilson gave the homecoming sermon at his son's church, Wellons Village United Methodist Church and baptized his grandson.

Mr. and Mrs. Don Steed attended his tenth class reunion Saturday night at East Montgomery High School in Biscoe.

Mr. and Mrs. Sammy Prince of Tappahannock, Va., spent the weekend with her parents, Mr. and Mrs. Paul Burnett.

Michelle and Jennifer Osborne of Fayetteville, spent the weekend with their grandparents, Mr. and Mrs. Henry Birnstein.

Mr. and Mrs. Berder Niven vacationed recently in Williamsburg, Va., and visited her sister and brother-in-law, Mr. and Mrs. Richard Duke in Tappahannock, Va.

Mrs. Bill York of Lumberton, spent the weekend with her mother, Mrs. Bennie Kelly.

H.W. Ellis, Mr. and Mrs. Leonard Ellis and Mr. and Mrs. Raymond Ellis and daughters, Glynda and Rhonda spent Sunday in Williamston visiting the Rev. and Mrs. W.H. Ellis and family.

Mr. and Mrs. Tom McBryde vacationed last week at Myrtle Beach, S.C.

Mrs. L.S. Brock and Mrs. Dean White returned Monday from a nine day tour from Charlotte to see New York and view the New England fall foliage.

Mr. and Mrs. Earl Gordon spent the weekend in Williamsburg, Va.

Miss Becky Pope, student at East Carolina U., spent the weekend with her parents, Mr. and Mrs. Jack Pope.

Mr. and Mrs. Glenn Smith of Jacksonville, Fla., spent several days last week with Mr. and Mrs. Berder Niven, and visited other relatives while here. They came here from Brevard after vacationing there for several days.

Mr. and Mrs. Chalmers Davis spent the weekend in Boone with their daughter Deborah, a student at Appalachian State U.

The Rev. and Mrs. Ben Ferguson attended homecoming Sunday at Beulah Presbyterian Church in Monroe.

Club Women Gather At 35th Annual Meet

A full and busy schedule awaited the Ninth District club women of the North Carolina Federation of Women's Clubs Wednesday in the Bordeaux Convention Center in Fayetteville.

From the time that the ladies from more than the 20 Women's Juniors and Sub-Junior's district women's clubs arrived that morning until they left that afternoon all activities evolved around the just completed club years activities.

Mrs. E. Lee Jones of Hamlet, district president, presided over the 35th annual meeting assisted by Mrs. Gerald Hayes of Dunn, district junior director.

The president of the North Carolina Federation of Women's Clubs, Mrs. V.H. Creech of Tarboro, spoke to the ladies on "Is It Worth It?"

State Junior Director, Mrs. Curtis Albertson of Elizabeth City, entitled her message to the North Carolina club women "North Carolina Juniors, 1926-1976."

Both spoke during the morning assembly and reports were made from the different departments in the district. Club reports were heard in the afternoon session.

During the afternoon, awards for outstanding club work were given and reports were heard from the nominating committees.

The Fayetteville Junior woman's Club president Mrs. Joe Stowe hosted the annual fall event with Mrs. Julian Mann and Mrs. J.C. Johnson serving as co-chairman of general planning.

The Fayetteville Women's Club, (Mrs. Assad Meymandi, president) hosted the morning coffee hour.

Chaminade Music Club Meets

The Chaminade Music Club met Tuesday night, October 14 in the Raeford Presbyterian Church Fellowship Room.

The Hoke High School Choral under the direction of Mrs. Neill A. McNeill presented a program consisting of music honoring the Bicentennial. The program began

with "The Star Spangled Banner" by Francis Scott Key and concluded with selections from "The Music Man" by Meredith Willson. Soloists from the Choral included Joanna Best, soprano; Dwan Upchurch, flute solo; Leo McRae, Baritone; and Russell McAllister, Tenor.

After a brief social hour with the Choral, Miss Frances Ward Greene, program leader introduced the Hymn of the Month "Lonesome Valley" by Hunkins which was then sung by the club members accompanied by Mrs. Ralph Huff. Hostesses for the meeting included Mrs. Eugene Carter, Mrs. Tommy Stone, Mrs. B. J. Kolb, Miss Betty Smith and Miss Kathy Davis.

College News

Charles Edward Barefoot Jr., son of Mr. and Mrs. Charles E. Barefoot of Raeford, has been elected to the student legislature at Wake Forest University.

Barefoot is a senior majoring in political science and history. He will represent Potat Residence House.

Carpet Cleaning Demonstration

Tuesday October 21 at 7:30 P.M. in the assembly room of the new County Office Building the Hoke County Extension Service in cooperation with Raeford Cleaners will present a steam cleaning of carpet demonstration.

Steam cleaning machines can be rented in Raeford. The public is invited to learn to operate this machine so you can get a nice looking cleaning job done.

Join the Payroll Savings Plan.

Hospital News

MOORE MEMORIAL
 Mrs. W. K. Beaty
 Mrs. John McVicker, home
 Wilfred Walters, home
 Steve Wilburn

CAPE FEAR VALLEY
 Jimmy Bowles

VETERANS, FAY.
 Chandler Roberts

VETERANS, DURHAM
 W.H. Faulk

DUKE
 Mrs. Dan Wilkes

WHITAKER CENTER, FORSYTH MEM.
 Bill McFadyen

SUPPORT THE BUCKS