

College News

Ashley S. Tomlin, Jr. was named to the president's list at Piedmont Virginia Community College for the fall term for maintaining an 'A' average in all subjects.

He is the son of Mr. and Mrs. A.S. Tomlin, Sr., of Charlottesville, Va., and formerly of Raeford.

Richard Wayne Thames received his A.B. degree during commencement exercises Dec. 18 at Pfeiffer College. Thames, who graduated cum laude, an English major, is the grandson of Mr. and Mrs. James Thames, Rt. 1, Raeford.

Charlene Averitt was crowned Sweetheart of Tau Kappa Epsilon fraternity at Pembroke State University during the TKE Red Carnation Ball in Fayetteville. She received a dozen red roses, a TKE locket, and a plaque.

Miss Averitt is the daughter of Mr. and Mrs. Charles A. Averitt, 714 E. Prospect Ave.



HONORS PROGRAM - Charlene Averitt of Raeford (seated third from left in second row) is among 16 students at Pembroke State University chosen as charter members of the new Honors Program. A sophomore majoring in communication arts, she is the daughter of Mr. and Mrs. Charles A. Averitt.

Library News

Delving Into History

If you need information or books on any type of subject try our services. We go so far as calling in our local folks as well as State Library and other libraries, etc. Thursday of last week we had a traveler looking for a certain historical marker, so we called in one of our local historians who took the man right to it. Seems Gen. Kilpatrick of the marker at the North Main and 401 crossroads was an uncle of his wife. We didn't get

the man's name but Gen. Kilpatrick was with Gen. Sherman when he fought through this area and along the Cape Fear River. Thanks Jo for helping with our library extension. Also we made calls for another patron about McCain Hospital to find out who started the first Sanitorium which was originally started by a Dr. Brooks. The building was approximately 1/4 mile east of the present location and was called Brooks Hall. It was started in the early 1900s and burned some several years later. The iron from the burned building was bought by another local history man, J.P. Smith for "Smith Plow Works" to be used in his business one mile west of Raeford.

The Sanitorium is the first of four in North Carolina. Thanks again to one of our local patrons for this information.

We have received more new books and again want to remind our patrons, "ALL of our books are issued for two weeks and overdue fines have been reduced to two cents a day for every over-due article you have borrowed."

We have been real busy this past week registering folks for our new loan method. It's going to take less time for everyone when we have all of you registered. Please come in soon and do so.

You will find many different magazines on our shelves now also. We may have some you have been asking for. Also, don't forget our art prints that are to be loaned for six weeks at the time.

We are waiting for some of you to put your exhibit in our library for the folks to see. We have had one on dolls for a good while and know some of you must paint, sew, crochet, knit or just any kind of

craft or hobby. So many patrons want to know what we have on exhibit now and we haven't changed in a while. If you are talented in this line please share your art with us and friends of the county. Just call the library and ask for Mrs. Maxwell or someone else will be glad to explain how we exhibit these crafts.

BOOKMOBILE SCHEDULE
MONTROSE, JANUARY 20 -- Mrs. Josephine Parks, Mrs. Elizabeth Lide, Miss Katie Cameron, Mrs. Leanne Thompson, Mrs. Carol Brown, Mrs. Valerie Hollman, Mrs. Reeta Baker, Mrs. Doris McAllister, Mrs. Gaston Shaw, Mrs. Eloise Tew, Mrs. Anthony McAllister, Mrs. Moyer Calloway, Donald Wilson.

ASHLEY HEIGHTS, JANUARY 21 -- Prison, Mrs. Mamie McNair, Mrs. Regina Smith, Mrs. Laura Stephens, Mrs. Margaret Innman, Mrs. Mary Murphy, Mrs. Jean Vanhoy, Mrs. Lillian Smith, Mrs. Willie Sheppard, Mrs. Ethel Carroll, Mrs. Gail Ellis, Mrs. Linda Simmons, Mrs. Betty L. Sandy.

Personals

Mr. and Mrs. M.A. Maxwell attended the Durham Debutante Ball on December 30 to see their granddaughter, Pamela Maxwell, presented.

Mr. and Mrs. Brown McNeill of Burgaw were weekend guests of Mrs. C.J. McNeill Sr. Together they visited Mr. and Mrs. C.J. McNeill and Mr. and Mrs. Bill Harris of Fayetteville and attended the Guy Lombardo concert Sunday night at Cumberland Memorial Auditorium.

Mrs. Lilmar Taylor and daughter Trent of Alexandria, Va., and Dick Williams of Arlington, Va., were weekend guests of Mr. and Mrs. Marion Gatlin. Mr. and Mrs. Harold Gatlin and son Casey have returned to Kerrville, Texas after visiting his parents for several days.

Mr. and Mrs. Carson Davis Jr. returned Sunday from a two week vacation in Florida. They were joined for several days the first week by their son Ted, and Johnny Balfour.

Mr. and Mrs. H.D. Harrison and son of Raleigh were weekend visitors here.

Mr. and Mrs. Ken McNeill spent several days last week in Raleigh.

Mr. and Mrs. Jeff Harris attended the funeral of Rufus Johnston in Raleigh on Sunday and were overnight guests of Mrs. Harris's cousin, Miss Helen Stanfield.

Mr. and Mrs. Theodore C. Gill of Williamsburg, Va. were guests of Cindy Gill while her parents, Mr. and Mrs. William Gill, toured the Caribbean Islands. The Gills visited Nassau, San Juan and St. Thomas with 204 members of Order of the Eastern Star aboard the cruise ship Mardi Gras.

Miss Sallie Bray returned to Watts Hospital School of Nursing in Durham on Sunday after a holiday visit with her parents, Mr. and Mrs. Bernard Bray.

Mr. and Mrs. Carlyle Barrington, Victor Barrington Jr., of Clio, S.C. and Miss Estelle McIntyre of Bennettsville, S.C. visited Mrs. Helen S. Barrington on Sunday.

Miss Debbie Leach returned to ASU, Boone, this week for her last semester, after doing her student teaching in Winston-Salem last semester, and spending the holidays here with her parents, Mr. and Mrs. Alfred Leach.

Hospital News

MOORE MEMORIAL
Eli Shankle, home
John Pecora
Miss Bootsie Barrington
Mrs. John K. McNeill Sr.
Mrs. Flora Alice Crowder
Carson Clippard
Mrs. Angus Currie
Mrs. Claudia Young

CAPE FEAR VALLEY
Mrs. Allen McDonald, home Tues.
Jimmy Bowles

V.A., FAYETTEVILLE
Chandler Roberts

WHITAKER CENTER, Forsyth
Memorial
Bill McFadyen



W. Coley



M. Wood

Don't be afraid to approach our pharmacist and ask him to help you select over-the-counter medicines. You aren't imposing on his time; it's his professional duty to provide such help. Our code of ethics says, "A pharmacist should hold the health and safety of patients to be of first consideration - he should render to each patient and full measure of his ability as an essential health practitioner." Our pharmacist can assist you in rational drug selection.

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Friday Night 8:30 Til 12:30
At The Armory In Raeford
ALL LADIES ADMITTED FREE THIS WEEK
All Men \$2.00 B.Y.O.B.
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AND
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RECITAL - Barbara Ann Plummer, daughter of Mr. and Mrs. James P. Plummer, Sr. will present her senior piano recital Jan. 19 at 7:30 P.M. in the A.J. Fletcher Music Hall at East Carolina University. Miss Plummer is vice-president of the Sigma Alpha Iota music sorority and a member of the Music Educators National Conference. The recital is open to the public.

Golf Award Given Ex-local Woman

Mrs. Marvin English of Morehead City was presented a certificate from Golf Digest for the most improved golfer of the year at a recent luncheon at the Morehead City Country Club. She brought her handicap down 19 strokes in a year and received a pin from the Club for breaking 80 and shooting a 79. Mrs. English was the former Margaret Willis, daughter of Mrs. Ruth Willis of Hoke County.

From The Home Agent's Desk

HINT: To remove old decals when you do your housecleaning, douse them with hot vinegar. Let the decals soak a few minutes and they will wash off without damaging the surface underneath.

OATMEAL

For many Americans, the day doesn't get off to a good start without oatmeal for breakfast. Sometimes, for variety, they add fruit, such as raisins or applesauce during cooking. Or they may serve oatmeal with a pat of butter and brown sugar, instead of the more traditional milk or cream. Oatmeal is a welcome addition to other meals, too. It can be used in main dishes, such as meat loaf, meatballs or patties, soups and souffles -- and even in sweet puddings. It goes into baked goods -- oatmeal bread, light rolls, cakes and the ever-popular oatmeal cookies.

Oatmeal is made from rolled oats -- which have been one of the staples in our diets for generations. Rolled oats are fairly inexpensive since little processing is required, so you should find oatmeal in your store now at attractive prices. Oatmeal is a quick cooking, energy food. So serve it often during cool weather months.

BUYING POTATOES

There's more to the potato than meets the eye. For potatoes can give you nutritional returns for the money you spend. Here's what I mean. One medium-size potato -- cooked in water -- baked or pressure cooked -- can supply vitamin C niacin and thiamine -- plus small amounts of other minerals and vitamins. So when you select potatoes -- look for those that are well-shaped and firm, free from blemishes, sunburn and decay.

And keep in mind that the inside texture helps determine how a potato is best used. A slightly mealy potato is good fried or mashed -- while a very mealy potato is good for baking.

Waxy potatoes hold their shape well after cooking. So they are not likely to break apart when mixed into a salad -- or when used to make creamed potatoes or hash browns.

Those good quality potatoes you buy will keep for several weeks -- if stored properly. So, sort out the decayed or defective potatoes. Then put the good ones in a cool, dark humid place where the temperature is between fifty degrees and room temperature.

Oh, by the way, it's better to keep potatoes at room temperature than in the refrigerator, if you have to make that choice. For potatoes stored in the refrigerator can develop a sweet taste.

"Let the people know the facts, and the country will be safe."
-Abraham Lincoln

Let the sunshine in.
By opening the curtains
at sunny windows,
you'll give your heating
system a little help.

CP&L
Ask for a free copy of our 24 page booklet, "How to Save on Your Electric Bill," at your nearest CP&L Office.