

FAMILY DOLLAR GIANT JEAN JAMBOREE!



JEANS! JEANS! JEANS!
YOU DON'T HAVE TO PAY
\$8, \$10 OR \$12 FOR JEANS
WHEN YOU SHOP FAMILY
DOLLAR! WE HAVE THE
POPULAR STYLES FOR LADIES,
GIRLS, BOYS AND MEN AT A
SENSATIONAL LOW PRICE OF

\$5
VALUES
TO
\$11
PAIR

MISSES & GIRLS COTTON SCREEN PRINT TUBE SOCKS 77¢ PAIR	GIRLS 100% COTTON NOVELTY PRINT POLO SHIRTS \$2.00 EACH SIZES 6-16
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MENS BOYS YOUTHS BASKETBALL OXFORDS \$3 PAIR REG. \$3.47	MENS WOMENS CHILDRENS CANVAS CASUALS \$5 PAIR WITH LEVEL WALKING COMFORT NAVY
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170 COUNT Q-TIPS \$1.29 VALUE 2 FOR \$1 LIMIT 2	7.5 OUNCE PETROLEUM JELLY REG. 87¢ EACH 2 FOR \$1 LIMIT 2	TAPE CASE \$3.99
10 OUNCE INTENSIVE CARE LOTION REG. \$1.19 69¢ LIMIT 2	11 OUNCE JOHNSON'S BABY SHAMPOO REG. \$1.83 SAVE 84¢ 99¢ EACH WITH COUPON ONLY LIMIT ONE COUPON PER PURCHASE EXPIRES 3/13/76	6 oz. REG. 77¢ CUTEX NAIL POLISH REMOVER 2 FOR \$1 LIMIT 2

FAMILY DOLLAR

South Main Street - Raeford, N. C.
- Store Hours:

Mon. - Thur 9 - 7 Fri. & Sat. 9 - 9 Sun. 1 - 6
PRICES GOOD THRU SUN. WHILE QUANTITIES LAST

From The Home Agent's Desk

HINT — Sprinkle a liberal amount of baking soda or salt to extinguish a grease fire on the stove.

SCHEDULE

Thursday, March 11, Antioch Extension Homemaker's Club, Alendale Club House. Mrs. John Schell, leader.

Monday, March 15, Staff Conference, 9:00 A.M.

Monday, March 15, 7:30 P.M. Phillipi Extension Homemaker's Club, Mrs. June Rogers.

Tuesday, March 16, Raedeen Extension Homemaker's Club, Mrs. Lucille McLeod.

Thursday, March 18, 7:30 P.M. Raeford Extension Homemaker's Club, 7:30 P.M. Conference Room, County Office Building.

RICE IS NICE

Inexpensive meals don't have to be dull. In fact, they can be fun to fix and just as nourishing and appetizing as the more costly ones.

Take rice for example. There are many ways that you can add new interest and extra nourishment to a serving of rice.

First, add other ingredients to rice before or after cooking to give it a touch of color or a new texture or taste. Some of these ingredients might be grated egg yolk, raisins, celery, parsley, green pepper, crumbled bacon, grated cheese, nuts, chives, grated citrus peel or chopped pimiento.

Or you might look in the refrigerator for some ingredients. Peas, carrots or other vegetables left over from another meal could add color to a serving of rice. Or the rich pan drippings left from cooking meat can make an ideal topping for a serving of rice.

For a change of pace, you can cook rice in meat stock or broth -- or in water that has herbs or spices such as saffron, or curry added.

And for further economy you can combine rice with frankfurters, cheese, eggs, ham and vegetables. So include rice in family meals. There aren't too many foods that combine so well with meats, cheese, eggs or vegetables.

Cooking for one or two can be more interesting if you stick to buying small quantities and make use of convenience foods.

So if you are a newly-married homemaker -- or if you used to cook for a good-sized family but are now cooking for just your husband and yourself -- you may need to check your buying habits. The larger or giant-sized packages may no longer be the best value.

For instance -- the big box of cereal may get stale before all the cereal is eaten. So a better buy for you might be the more expensive individual serving size boxes.

Instead of the economical chuck roast -- you may do well to look at a smaller one - or two - serving pieces of meat.

Instead of a 10 - pound sack of potatoes, you may need to buy potatoes that are dried or frozen.

The amount of convenience foods you buy might make a difference in the amount of staples you need to buy. For instance, there's no need to have a large sack of flour around if you do most of your baking with packaged mixes.

Buying in smaller quantities or buying convenience foods may mean a large outlay of cash for each item. But in the long run, it could prove to be a money saver. You'll have fewer stale or spoiled products to throw away.

FRIDAY, MARCH 12
Sloppy Joe in Bun
Slaw W/Carrots - A.C
Applesauce
Cake W/Chocolate icing
Milk

MONDAY, MARCH 15
Hamburger in Bun
Mustard, Catsup
Slaw - C
French Fries, Catsup
Sugar Plum Pudding
Cake Milk

TUESDAY, MARCH 16
Chili Beans
Steamed Cabbage - C
Applesauce
Cornbread

April Bride Elect



Mr. and Mrs. Sammy Cox of Lumberton announce the engagement of their daughter, Bonnie Faye, to George Parker Brown, son of Mr. Walter D. Brown of Raeford, and the late Mrs. Brown. The wedding is planned to take place on April 11 in the Godwin Heights Baptist Church of Lumberton.

Hospital News

MOORE MEMORIAL
Mrs. J.W. McPhaul
Pat McAnulty
David Richards, home
Everett Bowen, surgery Tuesday.

CAPE FEAR VALLEY
Mrs. Jeff Harris
Mrs. Sadie McCrimmon

Omission

The name of Miss Terri Tucker, maid of honor for the Keaton - Thompson nuptials was omitted from last week's edition of The News-Journal.

College News

Miss Helen Page, a Livingstone College sophomore from Lumber Bridge, is reigning as the college campus "Miss United Negro College Fund Queen".

Miss Page, whose class reported the highest amount of money in the student campaign, was chosen MISS UNCF by her class and represented the college in the National MISS UNCF COMPETITION February 5th - 8th in Daytona Beach, Florida.

Miss Page is the daughter of Mr. and Mrs. Clarence Page, Rt. 1, Lumber Bridge. Miss Page is a 1974 graduate of Hoke High School.

Patricia Campbell of Raeford and Ruby Joe Woodell, formerly of Raeford, were among 18 Sandhills Community College students who completed the practical nurse education program and received pins and caps at recent graduation exercises.

Among the 341 students named to the president's list at Fayetteville Technical Institute for earning a grade of B or better in all subjects taken during winter quarter were James Baker, Jr., Jimmie Conoly, Vicki Conoly, Jenny Delk, Ann Evans, Donald Hough, Clyde Knox, Theresa McCraney, Jerry McGregor, David Norton and Quang Tran of Raeford.

School Menu

Betsy Ross Cookie
Milk

WEDNESDAY, MARCH 17
St. Patrick Day
Irish Stew W/Vegetables
Buttered Broccoli A.C
Lime Gelatin W/Pear Cubes
Milk, Rolls

THURSDAY, MARCH 18
Fried Chicken, Gravy
Rice
Tossed Salad, A.C
Peanut Butter Delight
Milk, Rolls

The nation's veteran population is expected to peak at 29.7 million in fiscal year 1979, according to the Veterans Administration.

Bridge Luncheon For Mrs. Copper

Mrs. Sam Copper was honored Saturday with a bridge luncheon at the home of Mrs. Norman McKenzie. Hostesses other than Mrs. McKenzie were Mrs. Chuck Clark and Mrs. Bill Niven.

The McKenzie home was decorated with arrangements of spring flowers.

High score prizes went to Mrs. John Pecora and Mrs. Mike Wood.

Mrs. Copper who will be moving to her new home in Rockingham soon, was presented a gift of shrubbery.

Birthday

Ed Manning

Ed Manning was honored on his birthday when his wife and sons entertained at their home on East Donaldson Avenue, Wednesday evening of last week.

Mr. and Mrs. Manning, accompanied by friends dined out. Upon their return home he was surprised by a gathering of around 30 friends to honor the occasion.

Guests served themselves refreshments from a table of hors d'oeuvres, which had been set up while Mr. and Mrs. Manning and friends were out for dinner.

Open House

Mr. and Mrs. Lide C. Rogers are being honored with an open house at their new home on Route 3, near Five Points Sunday afternoon from 3 until 5 p.m.

All friends and relatives are invited.

Personals

Mrs. Crawford Thomas, Sr. had as her guests Tuesday her sister, Mrs. J.L. Carver of Chapel Hill and Mrs. Gilbert Whelless of Durham. Mrs. W.E. Freeman accompanied her daughter, Mrs. Carver, home for a visit.

Mrs. Carson Davis, Jr. and Mrs. Alfred Leach attended the statewide meeting of the N.C. Bicentennial Festival planning committee at the Royal Villa in Raleigh last Friday. Mrs. James E. Holshouser was the speaker.

Mr. and Mrs. Crawford Thomas and daughter spent last week at Holden Beach. They had as their visitors, Mr. and Mrs. Gary Ashburn of Apex and other friends from Raleigh.

Dr. and Mrs. Bob Townsend, accompanied by Mr. and Mrs. Ed Murray of Greensboro, attended the ACC Tournament in Landover, Maryland.

Mrs. P.M. Winchester returned to her home in Lake City, S.C. after a visit here with her son and daughter - in-law, Mr. and Mrs. Gerald Winchester and family.

Mr. and Mrs. Lawrence Forrester and daughter, Meg, of High Point spent the weekend with her parents, Mr. and Mrs. Ragoer Dixon.

Mrs. Dorothy Moore of Fayetteville spent the weekend with her mother, Mrs. Elsie Kiger.

Mr. and Mrs. Monty Lamont of Chapel Hill spent the weekend here with their parents, Mr. and Mrs. John K. McNeill and Mrs. Bill Lamont.

Mr. and Mrs. Jack Scarborough and son Tom had as their visitors Sunday, his parents, Mr. and Mrs. D.T. Scarborough and Talmadge of Candor.

Mr. and Mrs. W.E. Wilkerson of South Boston, Virginia visited in the homes of her brother - in-law, Mr. and Mrs. James Wilkerson, and her sister and brother - in-law, Mr. and Mrs. Kenneth Sturgeon.

Mrs. Charles Avera of Winston - Salem left yesterday after visiting her parents, Mr. and Mrs. R.B. Lewis for several days.

Mr. and Mrs. R.B. Lewis accompanied their daughter and son - in-law, Mr. and Mrs. Watson Lawhon of Martinsville, Va. to Lynchfield, S.C. for several days last week.

Mr. and Mrs. Hubert Cameron have as their guest their granddaughter, Mary Jo Wray, of Charlotte.

Mr. and Mrs. Jake Austin attended the ACC Tournament in Maryland last week. They were accompanied by friends from out of town.

Among the ASU, Boone, students who will arrive in Raeford this weekend for spring holidays are Misses Caroline Niven, Kim Thacker, Debbie Davis, Debbie Leach and Susan Bounds.

Mrs. Charles Stewart has returned to her home in Roxboro after a visit of several weeks with her son - in-law and daughter, Mr. and Mrs. Bob Gentry and family.

Mr. and Mrs. J.W. McPhaul spent the weekend at their Holden Beach cottage.

Cole - Fuller



Mr. and Mrs. Herman Preston Cole of Fayetteville announce the engagement of their daughter, Constance Elizabeth, to William Louis Fuller, son of Chaplain and Mrs. William Calvin Fuller of Charlotte. A fall wedding is planned. The bride - elect is also the granddaughter of Mr. and Mrs. B.B. Cole of Raeford.

A senior at Wake Forest University, the bride - elect is a politics major and a dean's list student planning a career in journalism. She has been president of Mortar Board national women's honor society and the Wake Forest College Democratic Club as well as Associate Editor of Old Gold and Black, the student newspaper.

An English major and dean's list student personnel relations, the prospective groom is also a senior at Wake Forest University. He is a Fullbright Fellowship candidate and has been secretary of the Men's Residence Council at Wake Forest. A member of the residence staff at the university, he is also a member of the Poteat House organization. Both Miss Cole and Mr. Fuller are Phi Beta Kappa students.

Couple Honored On Anniversary

Mr. and Mrs. Solon James, Sr. of Wallace celebrated their 50th wedding anniversary here Sunday afternoon at the home of their son Solon James, Jr. and family. The couple was treated to lunch out and then were served refreshments at their son's home. Guests were served cake, punch, nuts and mints from the dining table centered with an arrangement of bronze mums and gold wedding bells.

Out of town guests were Mr. and Mrs. Earl James and family of Sumter, S.C. Those from Raeford were Mr. and Mrs. Steve James and Timothy, Linda James and Karen Lewis.

Christian Woman's Club To Meet

The Christian Women's Club will meet Marth 17th at the Country Club of North Carolina at 11:30 A.M.

The Art of Japanese Flower Arranging will be demonstrated by Mrs. Sam Hutaff of Fayetteville. Special music will be presented by Margaret Leatherman, the current Miss Southern Pines. Holiday Inn's Al Trotter, Reidsville business man, will be the speaker.

The Christian Women's Club is a National Association of interdenominational women which meets for luncheon once a month in many of the leading cities and areas throughout this Country and Canada. All are welcome. Call 875-3759 for your reservations by Monday, March 15th.

Mrs. Gibson Is Honored

Mrs. Danny Gibson, recent bride, was honored at a miscellaneous bridal shower Saturday evening. Hostesses were Mrs. Ray H. Jones and Mrs. Earl Conoly at the Conoly home.

Mrs. Gibson was presented a corsage of pink carnations upon arrival.

After games, the honoree opened and displayed her gifts.

Guests served themselves, assorted open face sandwiches, nuts, cookies, potato chips and dip from the dining room table which was centered with an arrangement of yellow daisies. Mrs. Jones served guests punch.



Births

Mr. and Mrs. Earl Parks announce the birth of a daughter, Melissa Marie on Feb. 25. Mrs. Parks is the former Judy McNeill.

Mr. and Mrs. James McKethan of Fayetteville announce the birth of a son, Jonathan David, on March 1, at Cape Fear Valley Hospital. Mrs. McKethan is the former Judy Gillis of Galatia Community.

A Growing Concern A Greenhouse Vegetable - Flower Plants Hanging Baskets NOW AVAILABLE Bill Crawley

Rt. 2, Box 130 Raeford
Located Near Arabia Golf Course
TELEPHONE
875-2401

