

Savings Bonds Sales Exceed \$50,000

Sales of Series E and H Savings Bonds in Hoke County during the first quarter of 1977 were \$52,590.00. This represents 15.9

percent of the County's goal of \$329,840.00, according to F.G. Williams County Volunteer Chairman.

Sales of U.S. Savings Bonds in North Carolina during the first quarter of 1977 were the highest on record since the War Loan days of 1945. Series E and H sales were \$27,918,142, which is 6.5 percent above a year ago and represents 23.7 percent of the state's 1977 dollar goal of \$117,800,000.

Nationally, total cash sales of E and H Bonds for the first three months of 1977 amounted to two billion, 56 million dollars (\$2,056,000,000), almost four percent above the first quarter of last year. Interest accumulated during the first quarter of 1977 on bonds outstanding amounted to a little more than \$957,000,000; so cash sales, plus interest accruals, totaled \$3,014,000,000 saved or earned by Americans through Savings Bonds in the past three months.

Jesse Adams, acting national director of the Savings Bonds Division, called the upswing in sales "a heartening sign. More Americans than ever are saying hello to the good buys that are United States Savings Bonds."

Since 1941, Americans have purchased more than four billion actual bonds, worth nearly \$241 billion dollars in value. The cash value of Series E and H Savings Bonds currently outstanding totals \$73 billion. This is an average of \$2,900 for each of the 25 million families owning Savings Bonds.

Farm Items

By W. S. Young, Agri. Extension Chairman
& Freddie O'Neal, Asst. Agri. Extension Agent

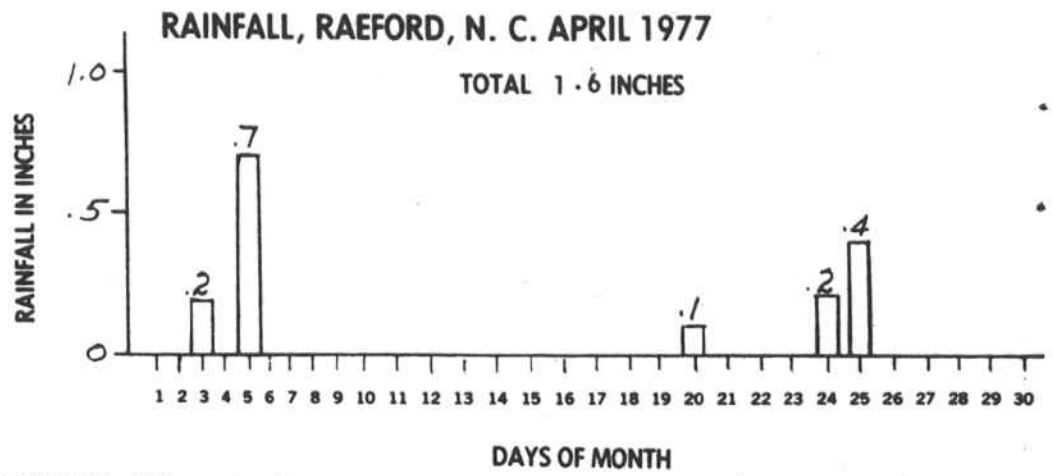
Tobacco farmers should begin to pay close attention to their plant beds. The cool nights that we have had recently have started the damping off disease. It usually occurs in spots on the beds and the plants sometime fall over at the ground line. Dusts or sprays of ZINEB, FERBAM or MANEB will control this disease if applied about twice a week. This will also give protection for blue mold.

Persons with home peach orchards should thin the fruit if they are extremely thick. You should do this before the pit hardens. Space the fruit about four to six inches on the top one-third of the tree; about six to eight in the middle of the tree and about eight to twelve on the bottom of the tree. Remember to keep the spray program on a regular schedule to insure good protection.

A new bulletin has just been prepared entitled: "What Farmers Need to Know About Pesticide Aerial Application Regulations." It states the areas that cannot be sprayed aerially with pesticides and the recommended practices to avoid residue and crop injury.

Every farmer who uses aerial applicators should have a copy for reference. They are available from the county agent's office.

Farmers should work on a planned program to get rid of some of the plant pests on the farm that reduce yield. Some of these include large patches of bermuda grass, nut grass and fall panicum. There are many others but these are the ones that are most visible as I visit farms. Chemicals, rotation and fall plowing must all be used to reduce the stands.



RAINFALL -- This year, April brought few showers as seen in the monthly precipitation chart. Compared to last year, however, it was wet. Last April, only .8 inch was recorded. In 1975, the amount was 3.6 inches.

From The Home Agent's Desk

By Ellen S. Willis
Home Ec. Ext. Agent

Anna Peele
Home Ec. Ext. Agent

Monday, May 9, 8:30 a.m., Staff Conference

Monday, May 9, 1:00 p.m., 4-H County Demonstration Day
Thursday, May 12, 2:00 p.m., Antioch-Allendale EHC

HINT - PLANTING SHRUBS -- As long as they are container-grown or balled-and-burlapped, shrubs can be planted now -- in fact, through the summer. It is very important to water well at time of planting.

GARDEN NOTES -- We have had rain on the garden and plants have had a spurt of growing. One or two heads are forming on the broccoli and cauliflower. More tomatoes have been planted. Also eggplants. Growing, but not wanted, is bermuda grass! Do you have that also?

And don't overlook the inexpensive. Someone may appreciate an object you already have. A file of your tried-and-true recipes perhaps. Or jars of favorite jams or preserves might be an appropriate gift for a wedding or shower.

Create or purchase a gift with the receiver in mind -- not just because you yourself are highly attracted to an object.

Then once you decide on a present -- write a note or tell the receiver why it was given. Take time to add this bit of yourself. It will make the gift - and the giving - more meaningful.

Control That Sweet Tooth

America's sweet tooth has us in trouble. Tooth decay is the number one health problem among grade school children. And 91 per cent of the U.S. population suffers some tooth decay in their lifetime. But this is one health problem we can do something about.

The key is to cut down on the sticky, sugary foods in our diet -- like candy, cake, cookies, jams, caramel rolls, sugar-coated cereals and carbonated beverages. Here's why.

When you eat sugary food, dental plaque -- that sticky substance of saliva and bacteria on our teeth -- changes the sugar to acid. The plaque holds the acid to the tooth surface and the acid attacks your teeth.

Repetition of such attacks breaks down tooth enamel. Then the bacteria can get to the body of the

tooth and cause a cavity. The first twenty minutes after eating sweets is prime time for such attacks.

Amount of sugar we eat isn't the only problem. Frequency hurts, too. Every snack of cookie, candy bar, or other sweet allows for another acid attack -- and boosts the chance of cavities. Especially harmful are bubble gum, cough drops and candies that remain in the mouth for a long time.

So don't let that sweet tooth get the best of you. Limit those sugary foods -- especially at snack time -- and brush after eating whenever possible.

May 1-7 is National Homemakers week. There is no profession as great as that of being a homemaker.

House Tour

Hoke Extension Homemakers have a housing tour planned for Saturday, May 14, 1-6 p.m. Four or five homes will be included on the \$2 tickets. Homes to be toured and headquarters for purchasing tickets will be announced next week. Mark your calendar for May 14!

Intensive cultivation of cotton, Egypt's major crop, produces one and a half times as much per acre as in the United States. National Geographic reports.

SUPER DOLLAR

To Mother with Love

GIFTS SPECIALLY PRICED!

MOTHER'S DAY IS MAY 8TH

<p style="text-align: center; font-weight: bold;">SAVE 51c</p> <p>4-PIECE VANITY TRAY SET</p> <ul style="list-style-type: none"> • COMB • MIRROR • BRUSH • TRAY <p>SUPER PRICE \$1.99 COMPARE AT \$2.50</p>	<p style="text-align: center; font-weight: bold;">SAVE 30c</p> <p>5 OZ. PINKS DREAMFLOWER DUSTING POWDER</p> <p>SUPER PRICE 69c OUR REG. LOW PRICE 99c</p>	<p style="text-align: center; font-weight: bold;">SAVE 52c</p> <p>3 OZ. DUSTING POWDER & 2 OZ. COLOGNE SET</p> <p>SUPER PRICE \$1.87 SET COMPARE AT \$2.39</p>
<p style="text-align: center; font-weight: bold;">SAVE \$1.03</p> <p>LADIES VINYL HANDBAGS</p> <ul style="list-style-type: none"> • HANDLE AND SHOULDER STYLES • LARGE ASSORTMENT OF COLORS <p>SUPER PRICE \$4.94 REG. LOW PRICE \$5.97</p>	<p style="text-align: center; font-weight: bold;">SAVE 23c</p> <p>LADIES MOON BOOTS</p> <ul style="list-style-type: none"> • TERRY CLOTH & NYLON • SIZES SMALL 8-9 MED. 9-10 LARGE 10-11 <p>SUPER PRICE \$1.24 OUR REG. LOW PRICE \$1.47</p>	<p style="text-align: center; font-weight: bold;">SPECIAL BUY</p> <p>3-PIECE GIFT SET</p> <ul style="list-style-type: none"> • LIGHTER • KEY CHAIN • CIGARETTE CASE <p>SUPER PRICE \$1.97</p>
<p style="text-align: center; font-weight: bold;">SAVE 53c</p> <p>LADIES DENIM SHORTS</p> <ul style="list-style-type: none"> • PRE-WASH AND CUT OFF STYLES • DENIM BLUE • SIZES 8-18 <p>SUPER PRICE \$3.44 OUR REG. LOW PRICE \$3.97</p>	<p style="text-align: center; font-weight: bold;">SAVE 43c</p> <p>LADIES TANK TOPS</p> <ul style="list-style-type: none"> • SOLID COLORS, STRIPES AND PRINTS • S-M-L <p>SUPER PRICE \$1.54 OUR REG. LOW PRICE \$1.97</p>	<p style="text-align: center; font-weight: bold;">SAVE 43c</p> <p>LADIES DUSTERS</p> <ul style="list-style-type: none"> • WALTZ LENGTH • NYLON ACETATE TRICOT • LACE TRIM & QUILTED STYLES • S-M-L <p>SUPER PRICE \$4.54 REG. LOW PRICE \$4.97</p>
<p style="text-align: center; font-weight: bold;">SAVE 92c</p> <p>GIFT BOXED GLASSWARE</p> <ul style="list-style-type: none"> • CHOOSE FROM: • CANDY DISHES • FOOTED BOWLS • RELISH DISHES • AND MANY OTHERS <p>SUPER PRICE \$1.57 COMPARE AT \$2.49</p>	<p style="text-align: center; font-weight: bold;">SAVE \$1.02</p> <p>DECORATIVE FLOWER CENTERPIECES</p> <ul style="list-style-type: none"> • LARGE ASST. OF STYLES & COLORS <p>SUPER PRICE \$1.97 COMPARE AT \$2.99</p>	<p style="text-align: center; font-weight: bold;">SAVE TO 50c</p> <p>GLASSES</p> <ul style="list-style-type: none"> • SOLIDS & DECORATIVE PATTERNS • ICE TEA BEVERAGE • JUICE • PKG. OF 4, 6 or 8 <p>SUPER PRICE 97c PK.</p>

SUPER DOLLAR

Satisfaction Guaranteed

MAIN STREET RAEFORD, N. C.

Monday - Saturday 9 a.m. - 6 p.m. Sundays 1-6 p.m.

Prices Good Thru This Weekend While Quantities Last

MOTHER'S DAY

\$29.00

Regular up to 40.00

Beautiful Ladies' Dresses That Make Summer More Attractive In Time For Mother's Day Gifts

Dresses, dresses and more dresses... we've got the best dress assortment ever offered at this price before. A large collection including one-piece styles, two-piece styles and jacket dresses. Dresses with scarves, with belts, with zip fronts, with pockets, dresses that are short sleeve and sleeveless... dresses that won't be available again at this price until the July clearances. A beautiful array of colors and patterns in Junior, Misses & Half sizes. Shop now while the selection is at its best... surprise her this Sunday with a new dress from Collins.

Collins Ladies' Fashions

See Our Beautiful Gift Department. We have dozens & dozens of unusual gifts including glass, wood, ceramics, brass & crystal. See them to appreciate.

Also for Mother Jewelry Lingerie Handbags Accessories

CASH - CHARGE - LAY-A-WAY CHARGE CARDS WELCOME

THE COLLINS CO.

Town & Country Shopping Center / Aberdeen

Hours: Monday Thru Friday - 10:00 a.m. - 9:00 p.m.
Saturday - 10:00 a.m. - 6:00 p.m.