



GRADUATION HELD -- Sandhills Community College awarded Adult Education certificates to 13 residents of the Open Arms Rest Home in Raeford on Nov. 23. The eight-week general education classes were conducted by Lurain Mosley. She was assisted by Bill McFadyen and Mrs. Fannie Butler. Pictured left to right are [seated]: Bill McFadyen, John Blue, Roberta Jacobs, Fannie Butler and Clara Sanderson. Standing are [left to right]: Winnie Lee, Ferris Spivey, Ina Gales, Mallie McLean, Lillie Quiller, Sadie McQuage, Mary McFadyen and Robert Holland.

Two Health Educators Join Hoke Co. Health Department

Hoke County's first health educators have joined the staff of the Health Center here, it was announced this week.

Doris Leigh Frander has taken the position as Maternal Child Health-Family Planning Health Educator. Eunice Clemons is the new Adolescent Health Educator. They have offices in the health department.

Both programs are funded by the N.C. Dept. of Human Resources.

Miss Frander said that her responsibilities as a member of the health care team are to assist the health department with their educational components (classes, pamphlets, visual aids, media etc.) regarding Maternal Child Health and Family Planning. Also, she is to provide schools, civic groups, clubs and individuals with health related information and to acquaint them with the services offered by the Hoke County Health Center.

Her main goal is to educate the public about health needs, problems, conditions and diseases and to motivate people to work together to establish appropriate attitudes, as well as behavior, toward personal health and the improvement of the community's health, she said.

Miss Frander is a 1977 graduate of East Carolina University in Greenville, where she received a B.S. in Community Health and Education.

Eunice Clemons is a native of Goldsboro and a 1977 graduate of



HEALTH EDUCATORS -- Doris Frander [left] and Eunice Clemons have joined the staff of the Hoke Co. Health Center as the county's first health educators. They will be working in programs funded by the N.C. Dept. of Human Resources.

the University of North Carolina at Greensboro, where she received her B.S. in Health Education. She is also certified to teach Health Education for grades K-12.

She will be working specifically with a teen program funded by the Adolescent Youth Project through the Dept. of Human Resources. The program is designed primarily to improve the quality of life for young people, she said.

Other goals of the program are to create an awareness of the extent of teenage pregnancy; to gain com-

munity support for and an understanding of the Family Planning Program; to increase the number of wanted children or prevent unwanted pregnancies; to postpone sexual activity until teens are ready for that responsibility; and to promote a healthy understanding of human sexuality.

Miss Clemons said that she is keenly interested in working with the schools, PTA groups, civic organizations, churches, and other agencies. Her services are available to the entire county.

Christmas Safety Tips Given

Glass Christmas tree ornaments definitely are not recommended for baby's diet this holiday season.

Absurd statement? Of course. But not as absurd as you might think. Every Christmas season physicians are called upon to give emergency treatment to small children who have swallowed bits of ornaments and glass.

Christmas is a time of bright little lights on a tree in the parlor, or shiny glass ornaments and decorations, of filmy spun glass filaments, of toys that sometimes have sharp, rough edges, of lots of candy, nuts and other rich edibles.

These are part of Christmas, and no one is suggesting there's anything wrong about it. The American Medical Association at this holiday season, however, points out once again that there are safety hazards at the Christmas season that aren't encountered during the rest of the year....hazards that can turn a happy holiday into tragedy.

*Check over your old strings of Christmas tree lights and discard those that are worn or brittle. If there are very small children around your house, discard burnt-out bulbs with caution, so baby can't get at them.

*Keep the glass ornaments and filmy glass "angel hair" out of baby's reach. The ornaments crumble readily into sharp slivers.

*Make absolutely certain that no toys coated with lead-based paint are included in Santa's pack. Lead poisoning is a danger should the child chew on the toy. Almost all manufacturers now avoid dangerous paints.

*Select toys with a minimum of sharp, rough edges, toys that won't burn quickly if flicked through a candle flame, toys that are large enough so that babies can't swallow them.

*Electrical toys, such as trains, should be selected with safety in mind. Is the wiring intact and

strong, or is it loose and flimsy?

*Air rifles, sling shots, archery sets and other missile throwing toys are obviously dangerous if carelessly used. Set up a target range and make certain the youngster is taught to use the toy properly and safely.

This list could be continued, but you can make your own. The prime thing to remember is that in the bustle and excitement of Christmas, accidents can happen. Certainly no one wants to spoil the holiday with undue worry. Make your plans for a safe Christmas, and then enjoy it to the hilt.



SAFETY AWARD -- Jeann Newton [center] receives a new pair of safety shoes from Safety Coordinator Charles Willis in recognition of her winning safety suggestion for Oct. at Burlington's Raeford Plant. She is inspector/regrader in the Cloth Room. The winning suggestion involved installation of warning lights near the safety mirror in the spinning department. These lights draw attention to the mirror, which shows traffic flow at a blind corner. Also in the picture is Arnold Monroe, supervisor, fourth shift Cloth Room.

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