

Help For Alcohol Problem Is Here

# Heavy Drinker Exposed To Several Hazards

by The Sandhills Center  
Hoke County Unit

This year in Hoke County we've had 5 deaths attributed to alcohol. Some places alcohol is called "slow

suicide."

Death due to alcoholism can come in many ways: on the highways and from cirrhosis of the liver, head injuries, suicide, mur-

der, and freezing to death.

Since winter is close, freezing or death due to exposure could be the next death attributed to alcohol.

Alcohol lowers the body temperature. It does not warm you up at the football game. It makes you colder. Alcohol causes the skin blood vessels to constrict and lowers the body temperature.

Exposure to cold can cause death in temperatures above freezing. The body loses heat and the normal body function cannot continue for long when hypothermia (loss of body heat) persists.

If you drink while hunting this winter, make sure you do not hunt alone. Do not go to sleep. If you drink alcohol to excess, make sure you are drinking in a warm place - not under a bridge or in the swamp or unheated house.

Be a knowledgeable drinker. Alcohol is a drug, perhaps the most dangerous drug available to people today.

If you see someone passed out this winter, please give assistance. Do not let the alcoholic die alone. He is sick, not a drunk. Remember the "good Samaritan"; do not judge the excess drinker as a drunk, no good, weak bum. He is a creation of God, just as you.

Most of the alcoholics in Hoke County work, have families, and are considered good citizens. We see these people every day and talk about how sad it is that they drink so much. Yet we look at those two to three passed out on the road or stumbling down the street with no coat, in the rain, and become filled with disgust instead of pity.

The alcoholic does not need pity or disgust. He needs help. Help is available at Sandhills Center, AA, and treatment centers such as Hebron Colony.

If you are concerned about your drinking or a friend's or family member's, come to Sandhills Center and talk with Dennis Brewster; go to AA on a third Wednesday at 8 p.m. at the Open Arms Rest Home; or contact the Hebron group.

Prevent other deaths caused by alcoholism. Do something now. Don't die because of the "fruit of the wine." Replace that fruit with the fruit of the spirit of sobriety. Start being happy again. Experience living instead of death.

Take time to care about yourself. Stop for a few minutes and ask yourself some serious questions about your drinking or your loved ones drinking:

Does drinking interfere with normal activities?  
Do you plan drinking and avoid

things that drinking is not a part of?

Do you drink alone?

Do you drink more than you did a year ago?

Do you ever have shakes after drinking?

Do you ever not remember what you have done while drinking?

Do you feel guilty about your drinking?

Has anyone ever told you, you drink too much?

If you are answering "yes" to these questions, talk with someone about your drinking. Don't find yourself jobless, homeless, feeling hopeless, trapped in a bottle before seeking help. Contact AA, Hebron, or Sandhills Center.  
Help is available.  
We care and can help.

## LEGALS

IN THE GENERAL COURT OF JUSTICE  
SUPERIOR COURT DIVISION

STATE OF NORTH CAROLINA  
HOKE COUNTY

ADMINISTRATOR'S NOTICE

Having qualified as Administratrix of the estate of Gladys Pridden of Hoke County, North Carolina, this is to notify all persons having claims against the estate of said Gladys Pridden to present them to the undersigned within 6 months from date of the publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.

This the 10 day of November, 1981.

Pearlie Pridden  
Route 1, Box 653A  
Red Springs, N.C. 28377  
31-34C

IN THE GENERAL COURT OF JUSTICE  
SUPERIOR COURT DIVISION

STATE OF NORTH CAROLINA  
HOKE COUNTY

ADMINISTRATOR'S NOTICE

Having qualified as Administratrix of the estate of Johnny Pridden, Jr. of Hoke County, North Carolina, this is to notify all persons having claims against the estate of said Johnny Pridden, Jr. to present them to the undersigned within 6 months from date of the publica-

## LEGALS

tion of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.

This the 16 day of November, 1981.

Mary Frances Pridden  
Route 1, Box 653A  
Red Springs, N.C. 28377  
31-34C

NOTICE OF SERVICE OF PROCESS BY PUBLICATION

STATE OF NORTH CAROLINA  
HOKE COUNTY

IN THE DISTRICT COURT

VERA EVERETT THOMPSON  
Plaintiff

vs.

JAMES W. THOMPSON  
Defendant

TAKE NOTICE that pleading seeking relief against you has been filed in the above entitled action. The nature of the relief being sought is as follows:

Absolute divorce on the grounds of more than one (1) years' separation.

You are required to make defense to such pleading not later than the 30th day of December, 1981, and upon your failure to do so the party seeking service against you will apply to the Court for the relief sought.

This the 19 day of November, 1981.

DUNCAN B. MCFADYEN, III  
WILLCOX & MCFADYEN  
P.O. Box 126  
Raeford, N.C. 28376  
(919) 875-4065  
30-32C

IN THE GENERAL COURT OF JUSTICE  
SUPERIOR COURT DIVISION

STATE OF NORTH CAROLINA  
COUNTY OF HOKE

SIMMONS LUMBER COMPANY, INCORPORATED  
Plaintiff

vs.

KENNETH K. CREWS and wife,  
GEORGIA CREWS  
Defendants

By virtue of that execution heretofore issued on October 27, 1981 by the Clerk of Superior Court of Hoke County in that action entitled "Simmons Lumber Company, Incorporated vs. Kenneth K. Crews and wife, Georgia Crews," Hoke County District Court case number 81 CVD 4, the undersigned Sheriff of Hoke County will on the 8th day of December, 1981 at

## LEGALS

12:00 o'clock noon offer for sale for cash to the highest bidder at the Hoke County Courthouse door in Raeford, North Carolina, that real property described by metes and bounds as follows and upon which levy has been made by the undersigned.

That certain parcel or tract of land lying and being about 4 1/2 miles Northwest of the Town of Raeford; about 3 1/2 miles Southeast of Montrose. Bound on the North by N.C. Highway 211; on the South by Kimball land; on all other sides by other lands of Lou Vipperman; and more particularly described as follows, to wit:

BEGINNING at an iron pin with two oaks, one hickory pointer in the south line of the original tract of which this is a part (said pin being located N 72° 31' W 62.3 feet from an iron pipe in the edge of woods, the Southeast corner of the original tract) and running thence as the south line of the original tract N 72° 31' W 439.4 feet to an iron pin with maple and pine pointers; thence N 23° 14' W 1661.62 feet to an iron pipe; thence N 7° 51' E 200 feet to an angle-iron in the south right-of way line (50 feet from center) of N.C. Highway No. 211; thence as said right of way line S 82° 09' E 160 feet to an angle-iron; thence S 7° 51' W 200 feet to an iron pipe; thence S 29° 14' E 1875.92 feet to the BEGINNING, containing 9.83 acres, more or less, and being a portion of that tract of land described in Deed Book 183, Page 438, Hoke County Registry.

This property is offered for sale to satisfy that judgment entered heretofore in that case entitled "Simmons Lumber Company, Incorporated vs. Kenneth K. Crews and wife, Georgia Crews" and is made subject to all encumbrances of record heretofore existing upon the said property including but not limited to, that deed of trust recorded in Book 207 on Page 891, that deed of trust recorded in Book 188 at Page 435, both of the Hoke County Registry, that claim for allocation of homestead filed by Georgia Crews in special proceeding numbered 81 SP 61 in the office of the Hoke County Clerk of Superior Court, all taxes, liens and all other encumbrances of record.

The highest bidder at the said sale will be required to pay a deposit of five (5%) per cent of his bid.

This the 6th day of November, 1981.

DAVID M. BARRINGTON  
Sheriff of Hoke County  
East Edinborough Avenue  
Raeford, N.C. 28376  
Telephone: (919) 875-5111  
29-32C

## NOTICE OF PROPOSED BANK MERGER

Notice is hereby given that United Carolina Bank, Whiteville, North Carolina has made application to the Federal Deposit Insurance Corporation, Washington, D.C. 20429, for its written consent to merge with The Bank of Raeford, North Carolina.

This notice is published pursuant to Section 18 (c) of the Federal Deposit Insurance Act.

Any person wishing to comment on this application may file his comments in writing with the Regional Director of the Federal Deposit Insurance Corporation at its Regional Office, Eighth and Main Building, 707 East Main Street, Suite 2000, Richmond, Virginia 23219. If any person desires to protest the granting of this application he has a right to do so if he files a written notice of his intent with the Regional Director by December 26, 1981. The non-confidential portions of the application are on file in the Regional Office as part of the public file maintained by the Corporation. This file is available for public inspection during regular business hours.

It is contemplated that all of the offices of the above named banks will continue to be operated.

November 10, 1981  
United Carolina Bank  
Whiteville, North Carolina  
The Bank of Raeford  
Raeford, North Carolina  
29-33C

IN THE GENERAL COURT OF JUSTICE  
SUPERIOR COURT DIVISION

STATE OF NORTH CAROLINA  
HOKE COUNTY

EXECUTOR'S NOTICE

Having qualified as Executrix of the estate of Alfonso Jacobs of Hoke County, North Carolina, this is to notify all persons having claims against the estate of said Alfonso Jacobs to present them to the undersigned within 6 months from date of the publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.

This the 5th day of November, 1981.

Marie Jane Jacobs  
Route 1, Box 121F  
Raeford, N.C. 28376  
29-32C

# Hoke Highlights

Pamela McNeill

Earl Rose, an Insurance Salesman from the Farm Bureau Insurance Agency spoke to Mr. Barkley's Driver Education classes. Mr. Rose spoke about the importance of car insurance.

The Science Club sponsored a cook-out on Tuesday at 5:30. The event was held at Mr. Lassiter's apartment. Members were asked to bring their food and whatever they thought necessary for the outing. This was the club's first event of the year, and they hope to have many following.

Hoke County High will present the work of their newly organized newspaper and newspaper staff. The paper will be distributed Wednesday, November 25. Nadine Wadsworth and Patty Smith are the paper's co-editors. Mr. Charlie Parsons is the staff sponsor. Requirements for being on the news-

paper staff are being a member of FBLA or VICA and being a selected member. The students worked diligently to present the paper for the enjoyment of their classmates.

Eighteen students from the Senior Vocational Class will take a trip to the Corporate Headquarters of Burlington Industries in Greensboro. The students will tour the area. Their guide will be John Richardson; Mr. Richardson will be host and show the students the media center, the television center and a year end report on business conditions of Burlington. The students will be served lunch and later meet the staff. Students are employed with the two plants here in Raeford. They work four hours per day and five or six days a week. Even though part-time, they are eligible for all benefits of full time.

Jim Conoly EXTERMINATOR      Gary Conoly EXTERMINATOR      Ken Conoly EXTERMINATOR

## Enviro-Chem Co.

### EXTERMINATORS

Household Pest Control

120 W. EDINBOROUGH AVE.      OFFICE 875-8146  
RAEFORD, N.C.      HOME 875-4419

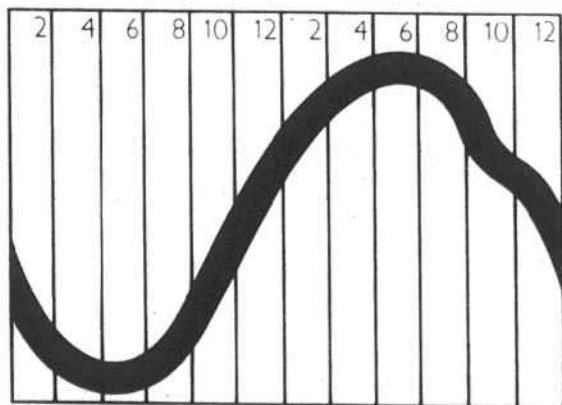
**William L. Poole Insurance Agency**  
122 NORTH MAIN      TEL. 875-3571

**Homeowners Coverage**  
PREMIUM DISCOUNTS UP TO 30%

**Mobile Home Owners and Fire Coverage**  
PREMIUM DISCOUNTS UP TO 15%

PREMIUM FINANCING AVAILABLE WITH INTEREST RATES AS LOW AS 6%

# BEAT THE PEAK.



10 A.M. TO 10 P.M. IS THE PEAK TO BEAT DURING THIS TIME OF YEAR

During each day there are times when the most people want to use the most electricity.

Heating, cooling, cooking, laundry. Everybody wants more electricity all at once.

It's called the Peak Load. And our future electric rates are affected by how high these peaks get.

But we can beat the peak, if we'd all use less electricity during peak periods. And more at other times.

It's not easy changing when we use electricity. But if we do, the peak wouldn't go up quite so fast.

And neither would the cost of electricity. **CP&L**