

Some of the Upchurch Seventh Graders are showing the certificates they received from Principal Allen Edwards [right] on passing the state examinations at the end of the Upchurch course in gun safety. Leo Salzer, rear, is the instructor. L-R -- Mark Chavis, Lemita Easterling, Kristel Barefoot, Jacqueline Hunt, Harry Diehl, and Ronald McCray. [Staff photo.]



**SOUTH HOKE HEALTH PROGRAM** -- Hoke County Ambulance Service staff people gave South Hoke senior citizens Friday a program on the Cardiopulmonary resuscitation life-saving method and also gave them free blood-pressure checks. The talk on CPR was given by Jim Henley, owner and operator of the ambulance service, and the blood-pressure tests were made by Guy Hardman, an Emergency Medical Technician of the ambulance service. The group of senior citizens is shown here with Hardman giving Mrs. Odessa Harris [seated] a blood-pressure check. In the other photo, Hardman is checking Mabel McLaughlin's blood pressure. Llie Johnson is standing behind them at left. The program was held at the South Hoke Neighborhood Center. [Staff photo.]

## Attended S. Hoke Program

The following attended the South Hoke Neighborhood Center program given Friday by the Hoke County Ambulance Service: Belorthea Locklear, Willie Johnson, Pearlle McLean, Ollie Johnson, Eloshie McBryde, Mable Mc-

Laughlin, Mottie Gilchrist, Jessie Haynes, Lula Carthens, Cora Copeland, Minnie McQueen, Odessa Harris, Ella Jane McLean, Charlie Woddy, May Bell Hunt, Bertha Goodman, Mary Lou Norris, Mary Lou Jones, and Louise Morris.



Upchurch Eighth Graders Jasper McGilvary [seated, left] and Allen Graham try their hands at forming pottery pieces on potter's wheels under the supervision of Lyn Morrow [standing, left]. [Staff photo.]

## Two-day Class At Upchurch

# Artist Teaches Pottery Making

Hoke County High School and Upchurch Junior High School students were given lessons at Upchurch last week in making pottery and were allowed to try their hands at it, using a regular potter's wheel and other tools.

The teacher was a visiting artist, Lyn Mallison Morrow of Laurinburg. She teaches art history at Richmond Technical College and also works in the studio she built at her home, converting a garage into her workshop. Her equipment there includes a kiln which she built herself.

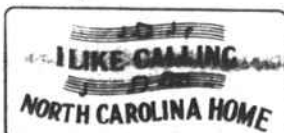
Art teachers Eloise Carter of Upchurch and Teresa Marion of Hoke High had their students in the special classes.

Miss Morrow has taught in Henderson, conducted workshops in ceramics in Stokes and Guilford county schools, and has displayed her work in exhibitions in Richmond, Va., and Winston-Salem, Greensboro, Charlotte, Atlantic Christian College, Louisburg College, Fayetteville, and Wilmington in North Carolina, the past 10 years.

She became interested in pottery while she was a student in history at Stratford College, Danville, Va. She says she became fascinated when she saw students working in pottery as she was passing by the art building. Then she just had to take a class.

She holds a Bachelor of Science

degree in studio art, with a concentration in ceramics, from Atlantic Christian College at Wilson, and a degree of Master of Fine Arts in ceramics with a minor in art history from the University of North Carolina at Greensboro. She also has studied sculpture and fesco in Italy, at Accademia di Belle Arti Pietro Vannucci at Perugia; and ceramics at East Carolina University at Greenville, N.C., and Stratford College.



## In New Course

# Seventh Graders Learn Gun Safety

Upchurch Junior High School is offering a course in hunter and firearms safety to all Seventh Grader, and up to late last week 93 students had completed the eight hours of instruction successfully, passing the state examination.

Leo Salzer, a regular member of the Upchurch faculty, is the instructor, certified by the state. The course is sponsored by the North

Carolina Wildlife Federation, and has been approved in all the 50 states and in Canada, Salzer said Thursday.

He said Upchurch is one of the first schools in the state to establish the course.

Now, he said, all Seventh Graders at Upchurch can take the older course, in boating safety

taught every year at the school.

The materials for the gun safety course have been supplied by Robert N. Tatum, of Lumberton, a hunting safety officer for the State Wildlife Resources Commission.

Salzer pointed out that the gun safety course is valuable for students whether they like to go hunting or not.



**BANK EXECUTIVES**--These executives of United Carolina Bank's corporate and Raeford offices are shown during Monday's Open House held for the public at the local office. The Bank of Raeford became United Carolina Bank officially on Monday. L-R -- Bill Adams, chief administrative officer; W.E. "Gene" Carter, president of The Bank of Raeford at the time of the merger and senior vice president of the Raeford UNC bank. E. Rhone Sasser, president and chief executive officer of the UCB system; Ed Kizer, executive vice president of the banking group; and Robert L. Conoly, also senior vice president of the local bank. [Staff photo by Ann Webb.]



**BLACK AMERICANS DEPICTED** -- These students of Mrs. E.M. Colema's Fourth Grade class are shown in costume Friday after portraying first and famous Black Americans. Each has a sign bearing the name of the person he or she is representing. In front are, L-R, Michele McGee, Chris McGee, Jason Huffman, and Torry Bratcher. Behind them are Denise Jacobs, Penny McNeill, Teresa Henley, Retha Ellerbe, Charles Locklear, Melondy Oxendine, and Reggie Bell. [Staff photo.]

## Health Watch

# Characteristics Of Alcoholism

Alcoholism is a serious and debilitating disease and it affects not only the individual but also his family, friends and co-workers. It is difficult to distinguish between the heavy drinker and one who has crossed the line and become an alcoholic who no longer can control his drinking.

The North Carolina Medical Society points to the following as some characteristics of alcoholism:

--Increasing consumption of alcohol with frequent, perhaps unintended, episodes of intoxication.

--Drinking to handle problems or relieve symptoms.

--Obvious preoccupation with alcohol and frequent need to have a drink.

--Secretly drinking or gulping drinks.

--Tendency towards making alibis and weak excuses for drinking.

--Refusal to concede what is obviously excessive consumption and expressing annoyance when the subject is mentioned.

--Frequent absenteeism from the job, especially following weekends and holidays.

--Repeated changes in job, particularly to successively lower levels, or employment in a capacity be-

neath ability, education and background.

--Shabby appearance, poor hygiene, and behavior and social adjustment inconsistent with previous levels or expectations.

--Persistent vague physical complaints without apparent cause, particularly insomnia, stomach upsets, headaches, loss of appetite.

--Numerous visits to the doctor with disorders that are alcohol-used or related.

--Persistent marital and family problems, perhaps multiple marriages.

--History of arrests for drunkenness or drunken driving.