## West Hoke Students Give Playlets

West Hoke students in Mrs.
Louise Barnwell's Third Louise Barnwell's Third and
Fourth grades, under the direction of Mrs. Joy Upchurch. presented an assembly program for parents, guests and all students at West
Hoke Elementary Hoke Elementary school on March
17. Mrs. Dona Bernherdt musical accompanist.
Third Grade's presentation was a
playlet "The Elves and playlet "The Elves and the Shoe-
maker" and Characters were: Storyteller I.

Ontario Flowers: Storyteller 11
Pam Blue: Shoemaker. Eddrick Tew; Shoemaker's wife Pam Deborah Shaw and Sara Campbell: and elves. Terry Thompson, Tammy Wilburn, Holly Hobson and Patricia Roper. Fourth Graders gave "The Story
of March $17^{\prime}$ which also included music "The Luck of the Irish" and "Saint Patricks' Day Jig. The program consisted of a
recitation "St. Patrick" by Jenny

Terry and a poem "I'll Wear
Shamrock" by Sharon Fairley. Characters in the play were: Leprechaun .. Lewis Baldwin; girls
Mary Ross and Cindy old man . Richard Cagle; old woman .. Grandell McGregor: Patrick .. Thomas McMillan; guards. John Patterson. Pam
Heath, Michael Maynor and Peter Duddey.
After the performance, parents
and and guests were invited to the

DISPLAY
Everyone enjoyed the display of items of yesteryear displayed by Mrs. Yvonne Snead but now it has
been replaced by crafts done by been replaced by crafts done by
Anna Lee Maxwell. It has been Anna Lee Maxwell. It has been
here a week and so many folks have really enjoyed it. Everyone will want to see how talented Anna Lee is so come by when you are in town.
You may also want to show some You may also want to show some
of your work and we would like for you to. Please, let us know if you will and when.

## MEETINGS, MEETINGS.

So many folks are using the library for meetings we're almost running out of space. Folks are
meeting in most every corner where meeting in most every corner where
they can find space. When it gets to they can find space. When it gets to
be more than four a night; 1 guess some will have to meet somewhere else. So far, there are Sandhill College classes of Sewing. Great Clinic is over. Also, Laubach, Girl Scouts, Retired Teachers, Teachers Workshop, Swimming Pool Assoc.. Parent volunteer groups. U.D.C..
etc.

## Tips For Picking

Vegetables

NUTRITION THOUGHTS Minnie Simmons and Delores Dial

Extenslon Expanding Nutrition Aldes
Vegetables can always be an
exciting part of a meal. They add exciting part of a meal. They add appeal.
With vegetables available all year
long fresh from the long fresh from the garden. frozen or canned, preparing and serving
them creatively is fun. There may still be gleanings of greens from the winter's garden, and some early garden's are busy trying to plant
vegetable seeds for early picking.
Produce counters in the stores have quite a variety of all the vegetables for the choosing, but
especially pretty dark-green and especially pretty dark-green and
leafy and the deep-yellow ones leaty and the deep-yellow ones.
There is always a good supply o frozen and canned ones.
The dark green, leafy, and yellow
vegetables - spinach, lards, turnip greens, kale, swee potatoes, carrots - excel as dependable and inexpensive sources of
Vitamin A. Most are low in Vitamin A. Most are low in
calories. Vitamin A is necessary in the growth and maintenance of tissue which comprises the skin and the covering of internal cavities. It is important in the development of
the bones. It plays a part in the maintenance of the outside of the eye, and in the part of the eye that makes it possible for us to see.
Careful storage of these will help Careful storage of these will help to
maintain color and crispness as well as nutrient content.
The vegetable drawer or crisper in the refrigertor is the best place
Or, use air tight containers Or, use air tight containers or
freezer bags. Most green vegetables freezer bags. Most green vegetables at room temperature. Cooking
vegetables softens tough tissue vegetables sottens tough tissue. Keep the bright, fresh color, good
tlavor, vitamins and minerals by: using a small amount of water, and not overcooking.
Cooking time may be shortened shredding vegetables. dicing, of tender vegetables. $1 / 2$ to 1 young tender vegetables. $1 / 2$ to 1 cup
water is usually enough for servings. Use a tight fitting lid. Do not use baking soda. This makes some vegetables mushy, and als causes destruction of the mineral

## EASY PEANUT BUTER SNACK

 (For Youth) 2 marshmallow
## Library News

Evangelist Team Anniversary
Pentecostal Holiness Christian Church will hold its first anniver sary observance Sunday at $3 p . m$.
The program is being sponsored by the Evangam ist being sponsored Bishop George McKoy is the assistant pastor, and Sis Roberta

## When planning your IRA, your ira, checkinto these important factors:

UN-NEEDED PROBLEMS You mothers who are leaving
youngsters at the library while you go shopping or if you are still at work when they get out of school, or maybe you have a tennis game.
tc.. or your children just be coming by instead of coming home This has become a PROBLEM for us here at the library. Your
child is unruly especially when he child is unruly especially when he
gets with others who are coming by. There are so many folks trying to do school research and other library needs and when there are oud youngsters running, spilling comes pretty hazardous and annoying. Now. I'm sure if its your
child, he or she does no such thing child, he or she does no such thing
so why would we have this problem. We can assure you it does exist. Candy papers and chewing gum get thrown into the books, magazines.
and papers. We do have a NO and papers. We do have a NO
DRINK and NO FOOD sign posted but these seem to be disregarded.
Again. you are probably won-
dering why we dering why we don't stop this or call
you if your child does this. We are you if your child does this. We are
wondering why you allow your child to come to the library to wait if they have no studying to do that involves
library seryices. We are under-
staffed and are rushed to help those ho need library help and are not given to your library and librarians. We are librarians and paid for helping with library aids he county has no money to instal When oose together sters are turned oud, and disrespectful of giggly, furniture, yard, shrubbery, and are rampling down new tulips that are coming up. These were gifts. an we are sure the giver would like to PLEASE them in full bloom to wait for you at the library. By the ime they've had to be still and quiet all day at school and they get to the library, they're all ready to
let loose and we prefer they let loose in their own yard or home. If library work is needed we will be glad to help any person bu
please respect our request. Your tax money pays for the library and staff and we're sure you want it maintained in the best of manne NEW HELP
Dressie Denise Graham, a con tinuing education student under
Dwight Jackson, is working with the library and learning all phase of library work. Denise is working
week and attending
25
Hoke High a week and attending Hoke High
classes. She is an only child and classes. She is an only child and
ives with her mother on the Airpor road (Clay Hill). It's good to hav her since our staff has been so sho

BOOKMOBILE SCHEDULE March 29, MONTROSE -- Jose phine Parks, Katie Cameron Elizabeth Lide, Peggy Colborn Venetia Walters. Rosemarie God in. Reeta Baker, Tracy Ferguson March 31. ASHLEY HEIGHTS Lillian M. Schriener, N.C. Sanitorium, Annie Neal Guy, Inez Smith, Ethel Carroll, Kathy Shields.

## J.H. ACISTIN

INSURANCE

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2 soda crackers sheet or pan. Spread peanut butter on cracker. Top with marshmallows. Place on cookie sheet and put
in oven. Turn on Broiler of oven. Leave until marshmallow browns lightly. (Watch closely-it doesn't
take long).

AUTO - FIRE - LIFE

South Freedom Masonic Lodge PETERKIN FOR SHERIFF


MARCH 17 STOR Y.. West Hoke School's students who participated in "The Story of March 17" are shown here front, Lewis Baldwin: second row. L-R $\cdot$ Sharon Fairley. Thomas McMillan. Mary Ross. Peter Duddey. and Pam
Heath; third row $\cdot-L \cdot R \cdot$ Grandella McGregor. Michael Maynor: Richard Capel, John Patterson. Jenny Terry. and Cindy Sanders. [Staff photo by Pam Frederick.]

Notice is hereby given that pursuant to Article 21, GS 105.322 of the Machinery Act, a meeting of the Board of Equalization and Review will be held:

MONDAY, APRIL 5, 1982
beginning at 2:00 p.m. by appointment only Courthouse Annex Conference Room

After notices of new property values have been received, these values can be reviewed at the Tax Supervisor's Office.

You are urged to check your property values and in the event you are dissatisfied, complaint procedures will be furnished at the Tax Supervisor's Office and if requested, an appointment will be made to appear before the Equalization and Review Board.

NO COMPLAINTS WILL BE HEARD BY THE BOARD EXCEPT BY APPOINTMENT.

All meetings will be held at the Hoke County Courthouse Annex in the Commissioners meeting room.

The Board expects to adjourn April 5, 1982. In the event of later adjournment, notice to that effect will be published in this newspaper.
HOKE COUNTY BOARD OF COMMISSIONERS

## **Time For A Change**

## A Vote for PETERKIN

is a vote for honesty, loyalty, experience and effective law enforcement.


When it comes to preparing you for a secure future, no financial institution checks out better than United Carolina Bank. The new UCB IRA can help you make the most of every dollar, both now and after your retirement. We want to help and assist you, so for more information, come in or call your nearest United Carolina Bank.

## UNITED CAROLINA BANK

## Substantial penalty

