

Faberge Celebrates July Birthdays

The Faberge, Inc., Raeford plant management was host Tuesday at lunch to employees with birthdays in July.

Betty Daniels blew out the candles on the birthday cake in the plant cafeteria.

The other employees with July birthdays are Patricia Stubbs, Catherine Murray, Beatrice Ray, Jerry Locklear, Rose Jones, Evelyn Hess, Ernestine Godwin, Bertha Pandure, Larry Lunsford, Earle Jones, Brenda Jacobs, Louis Chester, Kathy Davis, Shirley M. Blue, Mark L. Eline, Rebecca Dean, Barbara Barefoot, Brenda Rice, Katie McNair, Dianne Hubbard, Sheila Tew, Yvonne Parter, Eric Sinclair, Patricia Tenorio, Sherman Ellison, Dorothy McIntosh, Betty Bundy, Nigel Baldwin, Debra Pate, Jacqueline Vanner, Carrie Purcell, Brenda Locklear, Philip Sheets, Ronnie Taylor, Cathy Locklear, Frances Jacobs, Russell Smith, Harriet Wright, Carl Barfield and Charles Thomas.



Betty Daniels just blew out the candles on the birthday cake.



Some of the July birthday people at lunch.

Agency To Examine Inspection System

North Carolina Department of Human Resources Secretary Dr. Sarah Morrow said today she is concerned about the increasing number of complaints the department is receiving relating to patient care in the state's nursing homes and rest homes.

As a result, Morrow said she has asked her staff to closely examine the state's present system of inspecting and monitoring health care homes for the elderly.

The Department of Human Resources' Division of Facility Services is responsible for licensing and regulating the more than 1,000 nursing homes, homes for the aged, and family care homes in North Carolina.

"We in the department want to make sure that all the elderly citizens who are patients in rest homes and nursing homes across the state receive the best care that is humanly possible," Morrow said. "I want to know if we need to change our system of monitoring these facilities, or enact stronger laws to guarantee that this type care is being provided."

Morrow said she also will encourage county commissioners in every county to appoint community advisory committees to monitor rest

homes at the local level. The North Carolina Rest Home Bill of Rights, which became law in October 1981, provides for the creation of these voluntary committees on a county-by-county basis. Morrow said about 30 counties across the state already have established advisory committees to inspect local rest homes and to investigate patient complaints to help insure a high level of care.

The Nursing Home Bill of Rights, a companion bill which was passed by the Legislature in 1977, requires that community advisory committees be established in all counties where nursing homes are located. There are presently 77 of these committees in the state.

"The advisory committees allows communities to become directly involved in providing the proper care for their elderly residents," Morrow said. "It is important that we encourage North Carolinians to get involved at the local level in promoting the well-being of our senior citizens."

Morrow said she has advised her staff to report back to her as soon as possible with any recommendations for improving the department's present methods and laws for monitoring the state's nursing homes and rest homes.

Raeford Man Helped NCSU Alumni Drive

Al Potts of Raeford was one of the alumni volunteers who helped the North Carolina State University Alumni Association raise more than \$500,000 in contributions during the association's fiscal year just ended.

Potts served as NCSU Alumni Loyalty Fund Chairman for Hoke County during the 1981-82 fund campaign.

Funds raised by the NCSU Alumni Association are used to support academic programs at North Carolina State University. The association's main program, the John T. Caldwell Alumni Scholarship Program, currently provides 24 scholarships valued at \$3,000 per year for students studying at NCSU. The scholarships, awarded to incoming freshmen on the basis of academic achievement and leadership potential, renewable for four years of study, will be increased in number as the association's fund-raising efforts allow expansion of the scholarship program.

In addition to the Caldwell Alumni Scholarships, the NCSU Alumni Association supports professorships; awards for outstanding teaching, research and extension work at NCSU; a student loan program; and need-based scholarships.

Prevent Hypertension

Are you on speaking terms with your blood pressure? If you are overweight, use a lot of salt or tend to be "up tight," you could be headed for a close encounter of the worst kind.



High blood pressure, or hypertension, is a major killer in the United States. And more than 90% of hypertension cases are caused by one or more factors which only you can control.

To help prevent hypertension, say the folks at Colonial Penn Insurance Group:

- Stay away from salt.
- Stay slim and keep moving.
- Learn to relax.

"Things That Matter"

by Lucien Coleman

GARDENING WITH A SLEDGE HAMMER

If you want to start a garden in your back yard, you first take a sledge hammer and...

Sledge hammer? An unlikely tool for gardening.

But that's how Barbara Wagner, a 60-year-old resident of Louisville got started.

What is now the Wagner garden used to be buried under 4 inches of concrete, not exactly what you would call an optimum situation for growing a garden. But a lady with 50 years of gardening experience doesn't let a little thing like that stop her.

With her landlord's permission, she pounded that concrete into pieces small enough to tote away in five-gallon buckets. Then she planted her garden. This summer she has a nice stand of tomatoes, wax beans, sugar peas, squash, broccoli, cantaloupe, and a little corn. All on 12 square feet of ground that used to be covered by concrete.

Not bad for a 60-year-old wo-

man. I don't know that lady personally. But she has my profound respect. Her love for the soil. The profound optimism it takes to hack a garden out of such forbidding circumstances. Her powerful sense of purpose. Her patience. But, most of all, her willingness to do what must have been a lot of back-breaking work, to put tomatoes, peas, beans, and squash on her table. All of these qualities impress me immensely.

There's also a kind of courage here. A spirit that doesn't wilt when times get hard.

We are a nation of hero worshippers. Forty-million viewers will watch big-name athletes lob a tennis ball back and forth, or demonstrate their prowess on the ball diamond, or annihilate each other in the boxing ring.

But, maybe -- just maybe -- one of our real heroes is a little 60-year-old lady who has guts enough to batter a garden out of a 12-foot concrete slab.

Events From Mountains To Coast

Shrimp, Music Festivals Set

August in North Carolina is being celebrated as "Outdoors in the Sun." The surf will be one of August's most favored tonics, a cure-all to heal a year's worth of jangled nerves.

One of the big events in August is the Shrimp Festival at Sneads Ferry, (Route 210 just south of Camp Lejeune) which will mark its 12th anniversary August 14, with 15-18,000 people expected. The event begins at 11 a.m. with a parade of some 100 units. At noon until 7 p.m. visitors will be served 2,500 pounds of shrimp and flounder, while 500 clams will make a delicious chowder. Proceeds go to the fire department and rescue squad for that area.

The Carteret County town of

Beaufort will host the sixth annual Strange Seafood Exhibition on August 19 at the Hampton Mariners Museum from 1-4 p.m. This nationally acclaimed event features more than 30 strange edible seafood including octopus salad, conch clam chowder, shark creole and mullet roe hors d'oeuvres.

Earlier in the month, mountain breezes will replace salt spray during the 55th annual Mountain Dance and Folk Festival August 5-7 at the Asheville Civic Center. The finest performers in the nation will compete for \$2,000 in prize money and trophies. Held in conjunction with the folk festival is the Shindig-On-the-Green every Saturday in August, except for August 5-7. Sponsored by the

Asheville Chamber of Commerce, these shindigs held at the City County Plaza are outdoor gatherings of mountain traditional music makers and dancers, string and bluegrass music and clogging. Some 3,000 people attend each week.

The North Carolina Apple Festival in Hendersonville is August 24-September 6. Several events are scheduled, beginning August 24 at the Opportunity House with an Arts and Crafts Fair for three days. The big King Apple Parade is August 26. Two golf tournaments will take place at the Etowah Valley Golf Course with the Hendersonville YMCA will sponsor a tennis tournament and a road race August 28.

For the bicyclist, the North Carolina Bicycle Touring Society is sponsoring two events in August. One is set August 2 beginning at Blowing Rock with a 220 mile ride to the Peaks of Otter which is north of Roanoke, Va. On August 14 and 15 the society is also sponsoring the Great North Carolina Bicycle-Balloon Chase at Tanglewood Park in Clemmons. This includes bike riding, camping, canoeing, horse backriding and a lecture on Saturday night.

A special event in the piedmont area of our state is the Sixth Annual Lazy Daze Arts and Crafts Show in Cary August 28. This year 300 artists and craftsmen from all over the southeastern United States will be at the Lazy Daze event. Some 20,000 people are expected.

If your favorite hobby or sport is fishing, good fishing days in August are August 15-21, according to the "Outdoors, North Carolina" calendar.

From the mountains to the sea, there is truly something fun for everyone "Outdoors in August."

Many more outdoor events will occur in August. To find out what else is happening contact Ms. Strickland, Department of Natural Resources and Community Development, P.O. Box 27687, Raleigh, N.C. 27611 or call at 919-733-6376.

Students To Give Musical Revue

On Thursday and Friday, August 5 and 6, the Summer Youth Theatre will present a two-act musical revue, "Live on Broadway," at 8:15 p.m. at the Upchurch Junior High School auditorium. Admission for these performances is \$1.

Over 30 Raeford students, ages 10 to 16, have been selected to participate in this program. Intensive vocal and dance rehearsals have been held for the past three weeks. Performers have prepared

over 30 of Broadway's favorite musical selections. They are combining the skills of dance and song in a musical revue format.

The program is jointly sponsored by the Hoke County school system and the Hoke County Arts Council. Mrs. Mary Archie McNeill, cultural arts coordinator for Hoke County schools, has acted as the program coordinator. If successful, the program will be proposed as an annual, ongoing project.

Three professionals have been hired as artistic directors for this project. Mrs. Ann Freeze, an area musician and music teacher with the Hoke County schools, has been acting as the vocal coach for this program. Jeff Whicker, choral director of the Pinecrest High School Choral Arts Program in Southern Pines, is the music director and accompanist for the program. Production director for the musical revue is Pat Yates, the Theatre Arts director at Pinecrest High School.

Area residents are urged to support the performing students through their attendance at this program.

Tickets will be available through the cast members and the Hoke County Board of Education office in the upcoming week.

Hoback Campaign Manager

Mike Hoback, a former Republican National Committee staff member, has joined the Blake for Congress Committee as campaign manager.

He replaces former campaign manager Joe Balak, who resigned to resume his real estate practice in Southern Pines after successfully managing the primary race.

Hoback, 41, was assigned to manage congressional candidate Harris D. Blake's campaign by the National Republican Congressional Committee. Blake is seeing the Eighth District congressional seat occupied by Rep. W.G. Hefner.

Hoback, a native of Huntington, W. Va., was educated at Marshall University there. He worked for *The Herald-Dispatch* in Huntington for 10 years as an editor and writer before joining the gubernatorial campaign of Congressman Arch Moore (R-W. Va.) as press secretary in his 1968 election in West Virginia.

From 1968 through 1976, Hoback was assistant to the state highway commissioner in West Virginia, and from 1976 through 1980, he was executive director of the West Virginia Republican Party.

He returned to political campaigning early in 1982 as campaign manager for a U.S. Senate campaign in Maryland. Hoback joined the Blake campaign July 19 as campaign manager.

Hoback is married to the former Elizabeth Thabit of Huntington, W. Va., since 1968, and they reside in the Washington, D.C. suburbs. He is living in Pinehurst for the duration of the Blake general-election campaign.

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