

Gift For Children To Be Given August 27

A yard sale to help pay the medical expenses for Mr. and Mrs. William Sheppard's children raised nearly \$800 when it was held August 7 at Edinborough Shopping Center and it will be given to them at a dinner August 27 at a family night August 27 at the home of John Furnage, 610 Bethel Rd., near the Hoke County High School tennis courts.

The yard sale was held by the Hoke County Beekeepers Associa-

tion for 7-months-old Abby Sheppard who has a spinal ailment, and 17-year-old Randy Sheppard, who was injured seriously in a traffic accident at Aberdeen.

Both children have been in intensive care.

The Beekeepers Association expressed gratitude to the public for its generous support.

The August 27 presentation program is scheduled to start at 6 p.m.



Mr. and Mrs. Sheppard with baby Abby and son Randy at the yard sale.

Carolina Telephone Magazine Is First Place Winner

Carolina Telephone's monthly employee magazine Cross Talk has recognition from an international business communicators organization.

The internal magazine was judged best overall in its category in the "1982 Compleat Communicator Competition" sponsored by the Triangle Chapter of the International Association of Business Communicators. J.R. "Jim" Nichols, editor of the magazine and manager - information and publications with Carolina Telephone, received the first-place award.

More than 300 entries were submitted by some 100 professionals from across the state. Nichols was among 50 winners and nine honorable mentions honored at the Marriott Hotel in Raleigh Tuesday night.

A native of Wilson, Nichols holds a journalism degree from the University of North Carolina at Chapel Hill. Prior to joining Carolina Telephone in 1978, he held positions at the Rocky Mount Evening Telegram as reporter, city editor, Sunday editor and managing editor.



BIG CROPS -- Dennis Little of Rt. 1, Raeford, is shown holding a Healy squash and a Zucchini he grew in his garden. The squash is three feet two inches long. (Staff photo by Pam Frederick).

Former President To Speak

Congressman Charlie Rose (D-N.C.) announced today that former President Jimmy Carter has agreed to speak at a fund-raising event for Rose to be held in Fayetteville, North Carolina.

Congressman Rose said, "I am honored and delighted that President Carter has agreed to speak at this fundraising dinner. He was a very good friend to my congressional district while he was president, and he has many personal and family ties with Fayetteville. He is a man of tremendous ability and integrity. Since his successor was elected and the real truth about the failures of Reagan's economic policies have become more obvious, my admiration for President Jimmy Carter has grown even greater. It will be good to see him again. I wish he was still in the White House."

Rose indicated that Sanford Doxey of Fayetteville was in charge of ticket sales for the event. The dinner will be held at 7:00 p.m. on Tuesday, August 24, 1982, at the Bordeaux Motor Inn in Fayetteville.

Carter is expected to bring his wife, Rosalynn, to the event, Rose added.

Chairman Named For Vance-Aycock

Senator Russell Walker, chairman of the State Democratic Party today announced that Ronald K. Payne will be the chairman of the Vance-Aycock celebration to be held on October 23 in Asheville at the Grove Park Inn.

Payne, 30, is a native of Buncombe County and a partner in the law firm of Long, Parker, Payne and Matney, P.A.

He is the past chairman and treasurer of the Buncombe County Democratic Party.

He is a member of the Buncombe County Young Democrats Club, Buncombe County Democratic Women, Buncombe County Democratic Men's Club and the N.C. State Democratic Executive Committee. He has served as a delegate to the county, state and district conventions.

Family Health

By CLAY WILLIAMS
A service of the
North Carolina Academy of Family Physicians

Hepatitis can be a very serious disease that can hang on indefinitely in its milder form or can result in cirrhosis of the liver, or even liver cancer.

"Hepatitis" means inflammation of the liver just as "tonsillitis" means inflammation of the tonsils. The disease can be caused by a number of things -- some of them infections like bacteria and viruses and some from chemicals like alcohol. There are, according to Dr. Robert G. Townsend, Jr., a Raeford family physician, some anesthetic gases that can also cause inflammation of the liver.

Viral hepatitis is a group of types of hepatitis caused by several specific viruses. The most common one is type A, which used to be called infectious hepatitis. Type B, which used to be called serum hepatitis, is the most serious. It was called serum hepatitis because it was thought to be associated with the transfusion of blood or drug abuse or contamination of the blood stream in some other manner.

According to Dr. Townsend, people can have mild hepatitis and still carry on -- especially if they have type A. In type B, on the other hand, about five percent of the cases of the disease turn serious -- mostly in adults. You see, type A and B are actually two different viruses that are spread in different ways. Their only similarity is that they cause inflammation of the liver.

Dr. Townsend said type A hepatitis is more common because it is more easily spread. He said most of us probably have had the disease in a mild form by the time we reach middle age. Type A is usually spread by living in the same household with someone who has it. Type B hepatitis, to the contrary, is caused mostly by contamination of the blood stream and can, in its most destructive form, cause inflammation of the liver, cirrhosis and, in some instances,

cancer. In addition it can leave its victim a carrier of the disease -- a condition for which there is no cure.

The public is fairly well aware these days that there is no effective cure for viral diseases. And since hepatitis A and B are caused by viruses, they do not respond to antibiotics. Now, however, a vaccine has been developed that shows promise of being highly effective in immunizing against type B hepatitis virus. The vaccine, made from the blood of carriers of the type B virus, has been on the market since July 1 of this year. Trouble is the vaccine is so expensive that it probably will be some time before many high risk people can afford it. A series of three injections costs in the neighborhood of \$120. But when you consider that it takes over a year to make the vaccine, it is little wonder that it costs so much. It has to go through an elaborate purification process and a number of steps are necessary to kill the hepatitis virus. Still, the vaccine has been shown to be very effective to date among the highest risk groups who have received it.

A patient who gets viral hepatitis may or may not develop yellow jaundice, but is more apt to with type B. It is called yellow jaundice because it causes the white of the eyes and the skin to turn yellow. Other symptoms include fever, nausea and vomiting, pain in the upper right abdomen over the area of the liver, loss of appetite and a general "feel bad" feeling. A person may lose his taste for cigarettes if he is a smoker. Jaundice comes about when inflammation prevents the liver from properly handling pigments in red blood cells. As these cells pass through the liver they are changed and are excreted into the bile system and out the gastrointestinal tract. When the liver swells, as it does when it is inflamed, the pigments back up into the blood stream causing the skin and white of the eyes to turn yellow and the urine dark.

Hoke Youth Receive Camp Awards

Forty-seven youth and four adults spent a fun-filled week at 4-H camp August 8-13.

They attended Millstone 4-H Camp near Ellerbe. They were divided into five groups for classes on archery, swimming, nature appreciation, canoeing, handicrafts and electric. The rest of the day was filled with a choice of activities such as making braided hair ribbons, and leather key chains, and free swim, and recreation.

The group from Hoke County camped with Yadkin, Cleveland, and Catawba counties. The group visited Town Creek Indian mounds on Thursday evening.

The adult leaders who attended camp were Lester Simpson, Juanita Holland, Denise Melton, and Alan MacDonald. Alice Lancaster, 4-H agent, also attended.

A special awards program was held on Thursday night, and Hoke

County youth took their share of awards. In each of the five groups, an archery competition was held and the top three winners were named.

Competition was held with these top three from each group, and an overall top three were named.

Winners from Hoke County were: Leslie Tatum - first in her group in archery; Beverly Woods - third in her group in archery; Gerald Bundy - second in group; Jimmy Fisher - first in his group in archery; Ivan McLaughlin - third in archery; Mark Miller - second in archery in his group; Tim Wilcox - third in his group. In overall competition, Gerald Bundy placed third and Patrick Miller placed first. Patrick Miller also received an award for leadership and helpfulness in archery.

Other awards were: Andre Dood and Jeff Propst - outstanding in handicraft; Troy Morgan, Edward Burns, Robert Wright, and Melissa Pratt - most enthusiastic in their group. Ronnie Cash and Tim Wilcox received an award for helpfulness in their group.

Patricia Jackson, Toni Mosso, Ivan McLaughlin and Edward Burns received an award in beginners swimming; and Jeff Propst received a best swimmer award in advanced swimming. Patrick Miller received an award for skill and enthusiasm in advanced swimming.

Jackie Graham received an award for most growth and improvement. Luther Paul received a canoe survivor award.

John O'Tuel, Erica Snow, Mary Bailey, and Virginia Thompson received an award for the most helpful in their cabin.

Oldham Completes 30 Years

Parmer M. Oldham recently completed 30 years continues service with the Raeford Plant of Burlington Menswear. Oldham began work at the local plant as a sweeper in the Spinning Department and over the years was promoted to several jobs in that department. For the last several years, he has worked as an Overhauler in the Spinning Department.



Mr. Oldham is shown here with his 30-year certificate. He also received a gold/diamond pin and a Cross Pen and Pencil set.

Deaths And Funerals

Preston Badgett

Preston Badgett, 36, of Mocksville, died August 6. He is survived by his wife, Hilda Snow; one daughter, Amy; one son, John, both of the home; his parents, Mr. and Mrs. Hoyt L. Badgett of Ararat; three brothers, Jack, of North Wilkesboro, Jim, of Gainesville, Ga., Ray, of Martinsville, Va.; six sisters, Mrs. James (Edith) Nixon, Rt. 1, Aberdeen, Mrs. Alton (Madge) Mills of Ararat, Mrs. Jackie (Dorothy) Scott of Pilot Mountain, Mrs. Jack (Gladys) Shuler of Kingsport, Tenn., Mrs. Wayne (Edna) Wilmouth of Elkin and Mrs. Edgar (Annie Leigh) Wall of Siloam.

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Retirement Planning

If you or close relatives are almost 65 and thinking about retiring, you probably have some questions about Social Security.

Here, to make your retirement planning a little easier, are tips from the folks at Colonial Penn Insurance Group.

1. Be sure to apply for benefits 2 or 3 months before you reach 65.

2. Make sure you have your social security card or number.

3. Have proof of your date of birth.

4. Bring your W-2 forms for the last two years of your employment.

If you have any questions, contact the Social Security office.