

In District Court

Traffic, Livestock, Check Cases Heard

The following Hoke County District Court judgments were issued Thursday.
 James Gibson, Box 208, Raeford, driving under the influence, 90 days suspended for 12 months, \$150 and costs, surrender license and not drive for 12 months, granted limited-driving privilege, and complete successfully within 90 days the Drug and Alcohol Abuse School.

Lizzie McPherson, Rt. 1, Red Springs, allowing livestock to run at large, pleaded not guilty, found guilty, 30 days suspended for 12 months, probation for 12 months, \$150 restitution to Wilson McEachin, Rt. 1, Red Springs, and costs.
 Mitchell Maurice Cox, Rt. 1, Aberdeen, speeding 65 in a 55 zone, prayer for judgment continued, costs.

Randy Dwight Blackburn, 1912 Autry St., Raeford, failing to stop at a stop sign, voluntary dismissal by the prosecutor; driving under the influence, 90 days suspended for 12 months, \$150 and costs, surrender license and not drive for 12 months, granted limited-driving privilege, and complete successfully within 90 days the Drug and Alcohol Abuse School.
 Randel Dale Bennett, Ft. Bragg, speeding 82 in a 55 zone, and not displaying a current approved inspection certificate, 30 days suspended, \$50 and costs.

Jennie LongCondo Killens, Rt. 1, Red Springs, speeding 60 in a 35 zone, and driving while license revoked, six months suspended, \$200 and costs, and not drive for two years except as provided for by law.
 Thaddeus Jones, Rt. 1, Box 822, Raeford, worthless check, \$10 restitution to Frank Tucker, Tucker's Grocery, and costs.
 Friday's judgments follow.
 Bruce King, Rt. 3, Box 101, Raeford, nonsupport, prayer for judgment continued, costs; costs remitted.
 Jeffery Purcell, Rt. 4, Box 13, Raeford, driving while license re-



MCFADYEN CELEBRATES 20 YEARS -- Daisy McFadyen has recently completed 20 years continuous service at Burlington Menswear Raeford Plant. Ms. McFadyen began as a Mender in the Cloth Room, and has also worked as a Fabric Dyer/Inspector and a Swatch Checker, which she is still performing. She received a service certificate, a necklace and a pearl studded pin. She is pictured above with [left to right] Ralph White, Superintendent; Shuford Pennell, Department Manager and Leroy Lee, Supervisor.



SAYS IT -- This sign, erected in the northeast corner of Edenborough Shopping Center, gives all the essential information about the coming Masonic Fish Fry September 18, an annual benefit to raise money for the Shriners' hospitals for crippled and burned children.

Thaddeus Jones, Rt. 1, Box 822, Raeford, worthless check, \$10 restitution to Frank Tucker, Tucker's Grocery, and costs.
 Friday's judgments follow.
 Bruce King, Rt. 3, Box 101, Raeford, nonsupport, prayer for judgment continued, costs; costs remitted.
 Jeffery Purcell, Rt. 4, Box 13, Raeford, driving while license re-

voiced, and careless and reckless driving, pleaded not guilty, found guilty, six to 18 months suspended for two years, \$300 and costs, and not drive for two years except as provided for by law.
 Eugene Campbell, 211 E. Edinborough Ave., Raeford, intoxicated and disruptive, costs.
 David Lee McMillan, Fayetteville, larceny, 181 days, each of two counts; driving under the influence, 60 days.
 John Henry Lloyd, Paterson, N.J., domestic criminal trespass, pleaded not guilty, found guilty, 181 days; resisting, delaying and obstructing an officer, 30 days, to begin at the expiration of the latter sentence.
 Vincent Ross, Rt. 3, Raeford, injury to real property, 30 days.
 Daniel Kyle Erbstoesser, McCain Prison Unit, McCain, larceny, six months, to begin at the expiration of the term the defendant is currently serving.
 Eugene Locklear, Rt. 1, Box 22, Shannon, driving under the influence of alcoholic beverage, and possession of marijuana, 90 days and a \$150 fine; one day spent in confinement prior to date of judgment credited to sentence.

Hoke Literacy Days

September 8 was designated International Literacy Day, and

September 11 and 12 Literacy Weekend, in Hoke County by John Balfour, chairman of the Board of County Commissioners, Tuesday.

The text of the proclamation follows.

WHEREAS, illiteracy is a serious world problem hampering at least 800 million adults in their attempt to gain an adequate standard of living; and

WHEREAS, illiteracy prevents citizens of our county from full participation in our civic, social and economic life; and

WHEREAS, we desire that all citizens of Hoke County have the basic skills necessary for a productive and satisfying life; and

WHEREAS, the Hoke Reading/Literacy Council, a voluntary group, is engaged in teaching persons in our county, on an Each One Teach One basis, to read and write; and

WHEREAS, the Hoke Reading/Literacy Council is part of a state, national and international literacy movement; and

WHEREAS, many of these public-spirited volunteers support the self-help teaching programs of Laubach Literacy International in six developing nations; and

WHEREAS it is desirable to encourage all citizens of Hoke County to involve themselves in this important effort as tutors, learners, leaders or donors; and

WHEREAS, the United Nations has declared that September 8, be observed throughout the earth as International Literacy Day;

NOW THEREFORE, I, John G. Balfour, Chairman, Hoke County Commissioners do hereby PROCLAIM that Wednesday, September 8, 1982 be designated as International Literacy Day and September 11 & 12, 1982 be designated as "Literacy Weekend" in Hoke County and command its observance to our citizens.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of Hoke County to be affixed this 7th day of September, 1982.

Biking for Pocket Money

If you've got a bike, check the possibilities of running errands for senior citizens, busy housewives or shopkeepers.

Family Health

By CLAY WILLIAMS
 A service of the
 North Carolina Academy of Family Physicians

Organized Sports for Kids
 It was the first little league game of the season, first inning, first pitch and first organized baseball game ever for the first baseman.
 He was a gangly kid of 11, tall for his age, but poorly coordinated. Still, his height got him a starting role. The first pitch was hit sharply to short. The throw to first was on the mark, but the first baseman "froze," as they say, and the ball struck him squarely between the eyes. Acutely anxious about the game and playing his position, he couldn't get his hands up in time. No permanent hard was done, but the incident spoke volumes of the stress some kids encounter in organized sports.

Dr. Daniel Garfinkel, associate director of the Moses Cone Family Practice Department in Greensboro, writing in a recent edition of the UNC Family Practice Department's *Family Medicine Review*, brings into sharp focus the psychological trauma that can result among pre-puberty children who compete, or try to compete, in organized sports. He pointed out that while nearly all of us have to face psychological stress throughout life, it is during the formative years that excessive psychological stress that might be encountered in sports competition has its most lasting effect.

Dr. Garfinkel cited a study in which Little League baseball players were wired to monitor heart rate during a series of games. The results proved to be dramatic. When sitting on the beach before the game, the boys' heart rates averaged 95 beats per minute. During play, however, the average rate jumped to 127 beats per minute. When the youngsters came to bat, their heart rates increased to an average 167 beats per minute.

The study concluded that participating in Little League baseball can produce excessive stress and anxiety among young athletes -- especially when they are called upon to perform individually.
 Dr. Garfinkel noted that kids competing in a sport where individual performance is highlighted has the capacity to produce severe stress and anxiety and, when reinforced by repeated failure, it can become chronic and result in injury and illness. He said the child who is depressed may not be thinking or concentrating and may have difficulty defending himself against a thrown ball, or an oncoming runner, or may have less body control, making him more vulnerable to injury.

Dr. Garfinkel suggested that the knowledgeable family physician should be able to detect the physical and psychological symptoms resulting from stress in organized sports. He said many youngsters will complain of headaches, dizziness, stomach pain and muscle soreness -- all secondary to an anxiety-producing situation that has occurred on the playing or practice field in organized community sports.
 The family physician stressed that children with low self-esteem are the ones most affected by what coaches do or say. Such children have the most to gain from a positive experience in sports. Sometimes coaches and parents need to be taught how to respond more positively to this type of youngster, otherwise negative feelings may have lasting effects. A positive experience in sports can help children learn to believe in themselves and learn to form healthy relationships with others.
 Dr. Garfinkel said coaches and managers occupy an important part of the young athlete's life, leaving impressions of themselves which may have an impact in the future. Good coaches exhibit worthwhile traits for youngsters to model in their future lives.
 The sports medicine expert concluded that, unfortunately, the vast majority of Little League coaches are untrained volunteers. Therefore, difficulties often arise because such coaches cannot properly handle the emotional problems that sometimes occur.

PUBLIC REAL ESTATE AUCTION

Raeford, N. C.
Saturday, September 11th, 1982
11:00 A. M. On Premises

LOCATION: From Raeford follow Hwy. 211 toward Aberdeen. Go 3 miles, turn right at Big Auction Sign. Follow signs to sale site.

26 Waterfront Lots & Tracts
 Property Located On The
Rockfish Creek

This newly developed Waterfront Parcel of land is well located only a short 20-25 minutes from the Ft. Bragg - Fayetteville and Southern Pines - Aberdeen area. The present owners business interest has changed and they have commissioned us to conduct this land liquidation sale offering these lots and tracts at auction for the top dollar bid. These waterfront lots and tracts are 1/4 to 10 acres, high wooded and level to gently rolling. One waterfront lot has a 12x56 mobile home on it. Restrictions are moderate allowing campers, mobile homes or on site construction. This section of the Rockfish Creek offers some of the best fishing in the Tri-County Area of Cumberland, Moore & Hoke. Whether your interest be for Recreation, Investment or Weekend Retreat, we urge early inspection. Remember at Auction the Buyer sets the price. Sale to be held on the property Rain or Shine.

TERMS: 15% Deposit Day of Sale. Owner financing on the Balance 3 - 4 - 5 years @ 12% A. P. R.

For Maps & Further Information Call
 Jimmy Cain, Surveyor, at (919) 648-4382
 or the Auction Company
 Now Through Sale Day.

\$1000.00 Cash Prizes To Be Given Away
No Obligation To Bid Or Buy
Just Come To The Sale & Register

SALE CONDUCTED BY
McLAME
 Auction and Realty Company
 The Land Auctioneers
 North Myrtle Beach, S. C. (803) 249-1101
 NCAL 713 1397

Subscription Offer For College-Bound Students

The News - Journal

TAKE ADVANTAGE OF THIS GIFT SUBSCRIPTION RATE
9 Months for only \$5.82

IF YOU RETURN THIS ORDER BEFORE SEPT. 15th.

Check Enclosed Send Gift To

Your Name _____ Name _____
 Address _____ School _____
 City _____ Address _____
 State _____ City _____
 Zip _____ State _____
 Zip _____ State _____
 Start Subscription On _____

62309081