

# NATIONAL 4-H WEEK OCTOBER 3-9

## PATHWAYS TO THE FUTURE

### HEAD HEART HANDS HEALTH

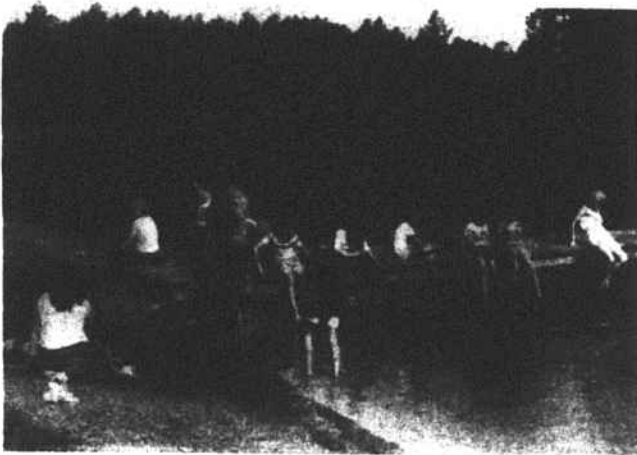


These are the foundations on which every 4-H'er learns to live. The boys and girls, young men and women who belong to 4-H clubs are taught through experiencing. Group activities and individual projects are all part of their education.

They're taught to be active leaders, dedicated workers, compassionate friends. They're truly a credit to us all. 4-H is for everyone!



**4-H is open to all youth 9-19 years old**  
**4-H is not just for farm youth, but for everyone**  
**- - boys and girls**



4-H'ers participated in 4-H Camp near Ellerbe with 55 from Hoke County attending, and a weekend county campout near Ashley Heights with about 75 attending.



First aid and CPR is an important project for 4-H'ers to get involved in.



The 4-H Pigeon Club meets and learns more about different breeds of pigeons and raising them.



4-H offers sewing classes for youth with the help of volunteer leaders. The 4-H Fashion Revue is also a popular activity.



The 4-H Horse Club offers horse lovers a chance to get better acquainted with their horses and associate with others across the county. This 4-H'er, Candace Cameron, attended 4-H Horsemanship Camp.

**To learn more about 4-H - - Call 875-2162**

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