

On The Front Burner

Ellen Willis
Home Economics Extension Agent

Cold days our thoughts turn to such foods as chicken and pastry. Let me share with you three recipes that were used at food demonstrations we had several years ago. We had a morning, afternoon and night meeting on chicken pastry. Different ladies gave the demonstration at each session and they used different recipes. Let me share them with you in case you did not attend.

Morning - Mrs. G.C. Lytle
Allendale - Antioch
Extension Homemakers Club
4 cups sifted self rising flour
3 to 4 lbs. chicken
3 tablespoons butter (may be omitted)
2 tablespoons shortening
salt and pepper to taste.
Mix flour and shortening together with ice water. Make into a ball. Sprinkle ball of dough with flour and wrap in aluminum foil and put in refrigerator overnight. Boil eggs. Boil chicken in water that covers it until tender. Take out all bones and skin, cut into small pieces. Cut up eggs and put into meat and broth. Take dough and make it into 3 or 4 small balls. Roll out ball as if you were making a pie crust. Cut into strips. Strips can be pulled and dropped into boiling broth. Continue until all balls are rolled and made. (Do not stir, just push down with a fork.) Turn off burner, cover and let it simmer.

Afternoon - Mrs. Cleva Newton
Wayside Extension
Homemakers Club
3 cups plain flour, cold water to make a nice dough. Knead until stiff. Roll as thin as knife blade and cut in strips 1 1/2 to 2" wide. Pull the strips and stretch. Pull off pieces the desired size. Chicken is boiled until tender in salted water. Remove meat from bones. Bring liquid to a hard rolling boil. Quickly add a layer of pastry, pepper to taste. Add another layer, pepper to taste. Continue until all pastry is used. Do not stir, push pastry under liquid. Cook 8 to 10 minutes. Cook quickly and do not let it stick.

Night Session - Mrs. Ethel Hayes
and
Mrs. Blanche Hedgpeth
Raeford Morning Extension
Homemakers Club
4-5 cups (before sifting) plain flour sifted, 1 cup hot water from faucet. Make into a dough like biscuits. Let stand 10-15 minutes. Roll thin and cut in 2 inch squares. Chicken is boiled until tender in salted water (add pepper if desired). Remove meat from bones. If you use a young chicken adding a can of cream of chicken soup will add flavor. Have liquid boiling and add pastry. Cook 5 minutes.
The pastry can be frozen by putting between layers of wax paper. As you can see all of these recipes are different but good.
Flora Alice Crowder attended one of these workshops. She began to cook chicken and pastry at home. Her husband told her it was worth her joining an Extension Homemakers Club for her to learn how to make pastry. Won't you join one of the clubs in the county and learn many homemaking ideas in different areas? If so call 875-2162.

There will be a microwave use workshop Tuesday, January 25th, 7:30 p.m. in the assembly room of the Lester Building on Magnolia Street Extension. If you have microwave questions do come.

Have you been or are you going through the divorce experience and feel that you are alone in your confusion and depression?

You can receive support from persons who have had or are having similar experience.

You are invited to join others on January 31st at 7:30 p.m. in the assembly room of the Lester Building on Magnolia Street Extension to help with the organization of a group that will offer educational helps and social activities.

You can be a part if your divorce was ten years ago or yesterday. Call Ellen Willis, Home Economics Extension Agent at 875-2162 for further information.

BUYING CLOTHES FOR SOMEONE ELSE
Buying clothes for someone else may not be as easy as it sounds. But you can avoid some pitfalls by planning ahead.

One way to be a smart shopper is to get the person to talk about what clothing styles and colors he likes. And listen to what he says.

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Each of these advertised items is required to be readily available for sale at or below the advertised price in each A&P Store except as specifically noted in this ad

GOOD THRU SAT., JAN. 22 AT A&P IN RAEFORD, N.C.
ITEMS OFFERED FOR SALE NOT AVAILABLE TO OTHER RETAILERS OR WHOLESALERS



P SUPER SAVER COUPON
SAVE 00¢ ON
PLAIN • UNBLEACHED • SELF RISING
Pillsbury Flour
You Pay Only
69¢
5-lb bag
GOOD THRU SAT., JAN. 22 AT A&P
LIMIT ONE WITH COUPON AND \$7.50 ORDER. #611

P SUPER SAVER COUPON
SAVE 00¢ ON
REAL
Kraft Mayonnaise
You Pay Only
99¢
32-oz jar
GOOD THRU SAT., JAN. 22 AT A&P
LIMIT ONE WITH COUPON AND \$7.50 ORDER. #612

P SUPER SAVER COUPON
SAVE 00¢ ON
15% OFF LABEL
Tide Detergent
You Pay Only
149
49-oz box
GOOD THRU SAT., JAN. 22 AT A&P
LIMIT ONE WITH COUPON AND \$7.50 ORDER. #613

P SUPER SAVER COUPON
SAVE 20¢ ON
JIM DANDY
Quick Grits
You Pay Only
59¢
2-lb pkg
GOOD THRU SAT., JAN. 22 AT A&P
LIMIT ONE WITH COUPON AND \$7.50 ORDER. #614

Chunk Light Tuna
75¢
5-oz can
A&P TUNA

HUNT'S Tomato Ketchup
99¢
32 oz. btl.
HUNT'S

Applesauce
3 100
46 oz. can
GREEN

P SUPER SAVER COUPON
SAVE 20¢ ON
MRS. BUTTERWORTH'S
Syrup
You Pay Only
199
24-oz. jar
GOOD THRU SAT., JAN. 22 AT A&P
LIMIT ONE WITH COUPON AND \$7.50 ORDER. #615

SPRITE • TAB • MELLO YELLO
Coca-Cola
99¢
2 liter bottle

Lipton Tea Bags
129
24 ct. pkg
LIPTON FAMILY SIZE

SUNBRIGHT FLORIDA PINK
Grapefruit Juice
59¢
46 oz. can

P SUPER SAVER COUPON
SAVE 10¢ ON
REGULAR
Eggo Waffles
You Pay Only
89¢
11-oz. pkg
GOOD THRU SAT., JAN. 22 AT A&P
LIMIT ONE WITH COUPON AND \$7.50 ORDER. #616

1000 ISLAND • BACON & TOMATO
Kraft Dressings
69¢
5 oz. btl.
KRAFT

KEEBLER Zesta Saltines
89¢
1-lb. pkg.
Zesta

KRAFT Grape Jelly
99¢
2-lb. jar

P SUPER SAVER COUPON
SAVE 10¢ ON
POST-TOASTIES
Corn Flakes
You Pay Only
79¢
18-oz. pkg
GOOD THRU SAT., JAN. 22 AT A&P
LIMIT ONE WITH COUPON AND \$7.50 ORDER. #617

PILLSBURY HUNGRY JACK
Buttermilk Biscuits
3 100
5 oz. cans
HUNGRY JACK

PEPPERIDGE FARMS
Layer Cakes
149
17-oz. pkg
Devil's Food, Choc. Fudge, Golden, German Choc., Coconut

CARTON OF 12
Old Milwaukee Beer
3 79
12-oz. cans

P SUPER SAVER COUPON
SAVE 10¢ ON
ELECTRIC PERK • REGULAR • AUTO DRAIN
Maxwell House
You Pay Only
209
1-lb. bag
GOOD THRU SAT., JAN. 22 AT A&P
LIMIT ONE WITH COUPON AND \$7.50 ORDER. #618

FLAV-O-RICH
Light Milk
99¢
gal. ctn
FLAV-O-RICH

KRAFT
Parkay Margarine
2 100
1-lb. pkgs.

PEPPERONI • SAUSAGE CHEESE
A&P Pizza
79¢
10 oz. pkg

P SUPER SAVER COUPON
SAVE 10¢ ON
PINTO • GREAT NORTHERN • NAVY
Lucks Beans
You Pay Only
45¢
15-oz. can
GOOD THRU SAT., JAN. 22 AT A&P
LIMIT ONE WITH COUPON AND \$7.50 ORDER. #619

FLAV-O-RICH SOUR CREAM
French Onion Dip
59¢
8 oz. pkg.
KRAFT

BANQUET
Fried Chicken
2 99
2 lb. pkg.
FARMER'S CHOICE

QUAKER STATE MOTOR OIL 10W30
Super Blend
89¢
qt. can
TOOTHPASTE 30% OFF LABEL

P SUPER SAVER COUPON
SAVE 20¢ ON
LONG GRAIN
Mahatma Rice
You Pay Only
1 19
5-lb. bag
GOOD THRU SAT., JAN. 22 AT A&P
LIMIT ONE WITH COUPON AND \$7.50 ORDER. #620

A&P CHILLED
Orange Juice
99¢
1/2 gal. ctn.

SEALTEST
Polar B'ars
1 69
6 ct. pkg.

TWIN PACK SAVE \$1.40
St. Ives Shampoo
2 49
36 oz. btl.
JoJoBa, Hanna, Aloe Vera
or Conditioner

EDENBOROUGH CENTER