

# COUPONS!



You can count on A&P to look for new ways to help you save! Through Sat., Feb. 19—we're offering you savings you can actually add up before you even come into our stores!

**Savings are Great with A&P's DOUBLE SAVING COUPONS!**

MFC'S COUPON	MFC "CENTS OFF"	A&P ADDED "CENTS OFF"	TOTAL COUPON AT A&P
COUPON A	25¢	25¢	50¢
COUPON B	18¢	18¢	36¢
COUPON C	50¢	50¢	\$1.00
COUPON D	75¢	25¢	\$1.00

**A&P Doubles the Savings on Mfgs. Cents-off Coupons!**



**COUNTRY KITCHEN**

GOURMET Turkey Breast 1/2 lb. **99¢**  
SHARP CHEDDAR HOOP Cheese Wedges 1/2 lb. **1.49**

SLICED TO ORDER Russor Bologna 1/2 lb. **99¢**  
2 PIECE SNACK PACK Fried Chicken each only **99¢**

AVAILABLE AT:

A&P QUALITY HEAVY WESTERN GRAIN FED BEEF

## Chuck Roast

Bone In

# 129

lb.

U.S.D.A. INSPECTED FRESH

## Box-O-Chicken

Limit Four

# 45¢

lb.

EXTRA LEAN SPECIAL TRIM COUNTRY FARM

## Pork Chops

- Economy Package
- 8 lbs. or more
- Equal number of Loin & Rib End Chops

# 129

lb.

**Variety Shop Specials**

**Meat Specials**

**Meat Specials**

MARKET STYLE BULK **Pork Sausage** lb. **1.29**

A&P CHIP CHOPPED **Luncheon Meats** 2 2.5 oz. pkgs. **99¢**

ARMOUR-COOKED HAM (6 OZ. PKG. 1.99) BEEF **Meat Franks** (12 oz. pkg. 1.29) 12 oz. pkg. **1.19**

A&P QUALITY HEAVY WESTERN GRAIN FED BEEF **Cubed Steak** lb. **2.99**

A&P QUALITY **Smoked Picnic** lb. **99¢**

U.S.D.A. INSPECTED **Turkey Wings or Necks** lb. **49¢**

A&P QUALITY HEAVY WESTERN GRAIN FED BEEF BONELESS **Top Round Steak** lb. **2.69**

A&P QUALITY FRESH **Ground Chuck** 3 lbs. or more lb. **1.79**

A&P QUALITY HEAVY WESTERN GRAIN FED BEEF BONELESS **Beef Stew** lb. **1.99**

SWIFT HOSTESS **Canned Ham** 4 lb. can **988**

**Fresh Fish!** **Pan Trout** Dressed lb. **99¢**

U.S.D.A. INSPECTED FRESH WHOLE **Fryer Legs** 6 lbs. or more lb. **89¢**

**Meat Specials**

A&P QUALITY HEAVY WESTERN GRAIN FED BEEF WHOLE BEEF

## Top Round

16-20 lb. avg

# 199

lb.

**Pork Specials**

BLUE RIDGE

## Sliced Bacon

12 oz. pkg.

# 129

**Variety Shop Specials**

BUY ONE GET ONE FREE! TALMADGE FARM

## Smoked Sausage

# 129

lb.

M.C. LARGE RED **Rome Apples** lb. **39¢**

COUNTRY STAND SNOW WHITE **Mushrooms** 1 lb. pkg. **1.59**

**THE FARM** At A&P Fresh With Quality

FINEST QUALITY **A&P Raisins** 15 oz. box **1.49**

U.S. #1 FRESH - HIGH IN VITAMIN "A" **Crisp Carrots** 2 lb. bag **69¢**

GREEN LEAF - RED LEAF - OR **Romaine Lettuce** large bunch **49¢**

SOLID FIRM HEAD **Fresh Cabbage** 5 lbs. only **1.00**

N.C. GROWN - FRESH **Sweet Potatoes** 5 lbs. only **1.00**

EASTERN GROWN ALL PURPOSE **White Potatoes** 10 lb. bag **99¢**

FLORIDA GROWN SWEET & JUICY **Temple Oranges** Jumbo 80 Size **1.00**

FLORIDA GROWN RED OR WHITE **Fresh Grapefruit** 3 Jumbo 23 Size **1.00**

**SAVE 20¢ ON A&P QUALITY French Fried Potatoes**

You Pay Only 2 lb. pkg. **99¢**

GOOD THRU SAT., FEB. 19 AT A&P. LIMIT ONE WITH COUPON AND 7.50 ORDER.

**SAVE 20¢ ON ANN PAGE Handi Whip**

You Pay Only 12 oz. ctn. **79¢**

GOOD THRU SAT., FEB. 19 AT A&P. LIMIT ONE WITH COUPON AND 7.50 ORDER.

**SAVE 10¢ ON REGULAR FROZEN A&P Pie Shells**

You Pay Only 2 ct. pkg. **69¢**

GOOD THRU SAT., FEB. 19 AT A&P. LIMIT ONE WITH COUPON AND 7.50 ORDER.

**SAVE 50¢ ON RATION DOG FOOD Field Trial**

You Pay Only 25 lb. bag **4.09**

GOOD THRU SAT., FEB. 19 AT A&P. LIMIT ONE WITH COUPON AND 7.50 ORDER.

**SAVE 20¢ ON DISH LIQUID Dermassage**

You Pay Only 32 oz. btl. **1.39**

GOOD THRU SAT., FEB. 19 AT A&P. LIMIT ONE WITH COUPON AND 7.50 ORDER.

**SAVE 20¢ ON REFILL Glass Plus**

You Pay Only 64 oz. jug **2.19**

GOOD THRU SAT., FEB. 19 AT A&P. LIMIT ONE WITH COUPON AND 7.50 ORDER.

**SAVE 20¢ ON FOR YOUR LAUNDRY Punch Detergent**

You Pay Only 42 oz. box **1.19**

GOOD THRU SAT., FEB. 19 AT A&P. LIMIT ONE WITH COUPON AND 7.50 ORDER.

## On The Front Burner

(Continued from page 4B)

smoothing the top with a spatula. Bake in preheated 350 degree oven for about 1 hour and 15 minutes or until the top is brown and a toothpick inserted into the center of the cake comes out clean. Let the cake cool for 15 minutes, then remove the sides of the pan. With the help of a large metal spatula, slide the cake off the base onto a wire rack. Let cool to room temperature before serving. Top with whipped cream if desired.

### AFRICAN FRITTERS

1 1/4 cups pancake and waffle mix  
1 egg  
1/2 teaspoon vanilla  
1/2 cup sugar  
1/2 teaspoon cinnamon  
1 cup milk  
1 tablespoon vegetable oil  
4 large or 5 medium sized ripe bananas, peeled  
Combine pancake mix, milk, egg, oil and vanilla in medium-sized mixing bowl; mix until well blended. Cut bananas into 1 inch pieces; coat in batter, draining slightly. Fry about 6 at a time in 1 inch deep oil (375 degrees F.) for 1 to 2 minutes turning frequently until light golden brown. Drain on absorbent paper. Roll in combined sugar and cinnamon; serve warm. Makes about 30 fritters.

### WHEN THE BILL COLLECTOR KNOCKS

Many of the families you are working with may have already gotten into credit trouble. Failure to talk with their creditors about their trouble and ignoring payments and late notices will probably result in their accounts being turned over to a debt collection agency.

If that happened, your families should be aware of their rights under the Fair Debt Collection Practices Act.

**Your Rights** - This act ensures that debtors are treated fairly by debt collectors.

The act applies only to collection agencies, however; businesses that handle their own collections aren't subject to it.

The Fair Debt Collection Practices Act does not cancel a debt, but it provides the following protection for you as a debtor:

--Within five days after contacting you, a debt collection agency must send you written notice stating the amount of money owed, to whom it is owed, and what you can do if you feel you don't owe the money.

--If you respond within 30 days in writing stating that you don't owe the money, the agency cannot make further efforts to collect the money until it has sent you information (in writing) verifying that the amount is owed.

--Collectors cannot use abusive language, threaten violence, or contact you at inconvenient times or places.

--Collectors cannot claim to be someone other than a debt collector. For example, they can't pretend to be a lawyer, government official, or policeman.

Collectors cannot use unfair means to collect a debt.

--They cannot contact anyone else concerning your debt except in an attempt to locate you.

--Collectors cannot collect more than what is legally owed.

**Stopping the Knocking** - If necessary, you can stop a collection agency from making further contacts by telling the agency (in writing) that all contacts are to stop. You should understand, however, that if you actually owe the money, court action will probably then be taken against you. And remember; The Fair Debt Collection Practices Act does not cancel your obligation to pay your debts.

### CREDIT WHERE CREDIT IS DUE

Most of us need to use credit at one time or another. But whether or not we get credit when we need it depends on our credit rating. Your credit rating is used by stores, banks, and others to determine if you are a good risk. So it's important to have a good rating. Your rating is based on information given to the local credit reporting association or bureau by businesses you have dealt with in the past.

This information shows how you paid your debts - if you paid them when due, if your checks bounced, if certain court actions had to be taken, etc. So, how do you know how you rate? Well, if you are denied credit, you can, by law, look at your credit file at no charge. Otherwise, the bureau may charge a small fee.

No information will be given out on the phone, however. And note: the credit bureau does not approve or disapprove credit applications. That's up to the creditor.