



Each of these advertised items is required to be readily available for sale at or below the advertised price in each A&P Store, except as specifically noted in this ad.

PRICES EFFECTIVE THRU SAT., MAY 28 AT A&P IN RAEFORD, N.C. ITEMS OFFERED FOR SALE NOT AVAILABLE TO OTHER RETAIL DEALERS OR WHOLESALERS.

DOUBLE COUPONS

FOR EVERY \$10.00 YOU SPEND, WE WILL DOUBLE 3 MFG'S COUPONS

EXAMPLE:
 \$10 PURCHASE = 3 COUPONS
 \$20 PURCHASE = 6 COUPONS
 \$100 PURCHASE = 30 COUPONS AND SO ON!

ADDITIONAL COUPONS REDEEMED AT FACE VALUE!

Between now and May 31, we will redeem national manufacturer's cents-off coupons up to 50¢ for double their value. Offer good on national manufacturer's cents-off coupons only. (Food retailer coupons not accepted.) Customer must purchase coupon product in specified area. Expired coupons will not be honored. One coupon per customer per item. No coupons accepted for free merchandise. Offer does not apply to A&P or other store coupons whether manufacturer is mentioned or not. When the value of the coupon exceeds 50¢ or the retail value of the item, this offer is limited to the retail price.

| MFG'S COUPON | MFG CENTS OFF | A&P ADDED CENTS OFF | TOTAL COUPON AT A&P |
|--------------|---------------|---------------------|---------------------|
| COUPON A | 25¢ | 25¢ | 50¢ |
| COUPON B | 18¢ | 18¢ | 36¢ |
| COUPON C | 50¢ | 50¢ | \$1.00 |
| COUPON D | 75¢ | 25¢ | \$1.00 |



Liles retires
 Florence S. Liles recently retired after 19 years continuous service from the Raeford Plant of Burlington Industries. Ms. Liles was a Spinner in the Spinning Department during her entire career with Burlington. She is looking forward to retirement and plans to "do a lot of work" in her garden and yard.

Orange Juice

A&P CHILLED

99¢

1/2 gal. ctn.

HOT DOG OR Hamburger Rolls

JANE PARKER

88¢

2 8 ct. pkgs.

Mayonnaise

ANN PAGE

88¢

32 oz. jar

Ground Chuck

A&P QUALITY FRESH

168

lb.

New York Strip

WESTERN GRAIN FED BEEF

288

lb. Whole Bone In

Whole Fryers

U.S.D.A. INSPECTED FRESH

39¢

lb. 2 in a bag Limit 2 bags

Pork Sausage

JAMESTOWN

88¢

1 lb. pkg.

Box-O-Chicken

U.S.D.A. INSPECTED FRESH

38¢

lb.

Sliced Bacon

OSCAR MAYER

199

lb. pkg. OSCAR MAYER Meat Wonders reg. 179

Chuck Steak

WESTERN GRAIN FED BEEF BONE-IN

148

lb.

Boneless Ham

AGAR HAM ROYALE

189

lb.

Margarine

BLUE BONNET

2100

1 lb. pkgs.

Hi Dri Towels

SAVE UP TO \$3.00
SUPPORT YOUR AMERICAN HEART ASSOCIATION

59¢

big roll

Potato Chips

ANN PAGE

79¢

8 oz. bag

Ice Milk

LIGHT N' LIVELY

169

1/2 gal. ctn.

Yogurt 2

BLUEBERRY · STRAWBERRY · PEACH
Light n' Lively

79¢

8 oz. ctn.

Facial Tissue

SEE STORE DISPLAY FOR DETAILS
KLEENEX WHITE OR ASST.

79¢

200 ct. pkg.

Macaroni & Cheese

KRAFT DELUXE

99¢

14 oz. pkg.

Strawberries

LAND-O-SUN SLICED FROZEN

59¢

10 oz. pkg.

Pillsbury Biscuits

BUTTERMILK

99¢

4 7 1/2 oz. cans

Green Beans

STOKELY CUT · FRENCH STYLE

100

3 16 oz. cans

Pillsbury Cake Mixes

ALL VARIETIES

81¢

18 1/2 oz. pkg.

Pound Cake

OREGON FARMS

139

12 oz. pkg.

Velveeta Cheese

KRAFT SLICED

229

1 lb. pkg.

Pork & Beans

VAN CAMP

100

3 16 oz. cans

Pillsbury Frosting

READY-TO-SPREAD

129

16 1/2 oz. can

Pie Shells

PET RITZ

69¢

2 ct. pkgs.

Coca-Cola

DIET COKE · TAB · SPRITE

89¢

2 LITER

GOOD ONLY IN RAEFORD

THE FARM

A&P Fresh With Quality

Red Ripe Strawberries

CALIFORNIA

139

quart box

Towels

ALSO GREAT SAVINGS ON FIRST QUALITY TASTE MAKER

THIS WEEK

| | | |
|------------|-----------|-----|
| Hand Towel | each only | 299 |
| Wash Cloth | each only | 169 |

Miller Beer

12 PAK · 12 oz. CANS

\$449

GOOD ONLY IN RAEFORD

Honeydews

WESTERN GROWN

129

each only

Crisp Carrots

RED RIPE SOLID

49¢

2 lb. bag

Shampoo or Rinse

VIDAL SASSOON SAVE 70% OFF LABEL

199

8 oz. btl.

Asparagus

FARM FRESH

119

lb.

Shortcakes

CONTINENTAL PIE GLAZE (16 OZ. 89¢) OR JANE PARKER

69¢

8 ct. pkg.

Playtex Tampons

DEODORANT

279

28 ct. box

Hodges Named Governor Elect Of Ad Federation

Jean Hodges, President of Hodges Associates, Inc., was chosen Governor Elect of the American Advertising Federation's Third District at the Spring Conference held in Raleigh April 22-24. The AAF Third District includes all of Virginia, North Carolina and South Carolina. The purpose of the AAF is to improve standards of advertising and to educate business in the effective use of advertising. Mrs. Hodges has been a successful advertising professional for many years. Her company, Hodges Associates, is a full service advertising, promotion and public relations agency in Fayetteville. The agency services an extremely diversified roster of clients doing regional, national and international advertising.

... Blood Pressure

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prescription drugs might cause problems if you take them in combination with high blood pressure medication. Or your pharmacist can help you find the way to ask your doctor about things that trouble you. Some pharmacists may even have the facilities to measure your blood pressure. Some health professionals have specialized in aspects of care traditionally performed by physicians. If you live in a rural area, you may find a physician assistant or nurse practitioner taking your personal and family history, performing a physical examination, ordering basic laboratory tests, or adjusting your medication dosage. The advice of these health professionals should be followed as closely as your doctor's advice, for they usually work directly under the supervision of a physician, often in the same office. Your doctor, or someone at your local health department can put you in touch with a health professional specially trained to help with your problems. Sometimes the services of these health professionals are available through community health centers. Or, you may find them set up in separate practice. Whatever the treatment setting, they can help with your high blood pressure control. Keep your appointment and follow their advice. Cooperate with your health professionals, take your medication, and make the recommended lifestyle changes. Your progress will give you the encouragement you need to reach your goal blood pressure and to maintain it for life. Some health professionals can measure blood pressure for you and advise your doctor of the results. The nurse or doctor on duty where you work and others who see you regularly for health needs. ... weight, diet, or other lifestyle changes for the rest of your life will be easier if you have help. Along with your own commitment to lifelong treatment, the help of your family, friends, a close neighbor, and health professionals can be vital to you in reaching and maintaining it for a longer, healthier life.