

On The Front Burner

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And by all means, make sure your child can state his name and address, understand and follow simple directions, talk clearly, take care of his toilet needs and obey traffic rules.

Last, but not least, remember that your child's school day starts at home. Therefore, see that he gets plenty of rest, eats a good breakfast, gets up early enough to get to school on time, and starts the day in a happy mood.

I was visiting out of town recently and I was served Fresh-Fruit Chantilly which I enjoyed. Naturally I inquired about the recipe. It had come from the August *Better Homes and Garden*. Here it is in case you missed it.

FRESH-FRUIT CHANTILLY
 6 6-inch squares cheesecloth
 1/2 teaspoon vanilla
 1 cup whipping cream
 Fresh strawberry slices, peach slices, raspberries, and/or blueberries
 1 8-oz. pkg. cream cheese, softened
 1/2 cup sifted powdered sugar
 1 recipe peach-orange sauce, raspberry sauce, and/or strawberry sauce
 Fresh mint sprigs (optional)
 Line six 1/2 cup molds with damp cheesecloth squares, allowing cheesecloth to hang over edges. Beat together the cream cheese and vanilla. Gradually add the sugar, beating at medium speed of electric mixer till fluffy. Beat whipping cream to soft peaks; fold into the cheese mixture. Spoon mixture into molds. Cover; chill several hours. To serve, invert on plate. Holding onto cheesecloth ends, lift off mold; peel off cheesecloth. For molds without holes, let molds set upright in refrigerator for several hours till set. Then invert onto paper toweling, leaving cheesecloth intact. Chill several hours to drain and firm up. Serve each mold with desired sauce, fresh-fruit garnish and a mint sprig. Makes 6 servings.
Peach Orange Sauce: Place 1 cup fresh or frozen (thawed) peeled peach slices in a blender container or food processor bowl. Cover; process till smooth. Press mixture through a sieve to remove solids. In saucepan combine the peach puree, 3/4 cup orange juice, 1 tablespoon light corn syrup, and 1 teaspoon cornstarch. Cook and stir till bubbly. Cook 2 minutes more. Skim off foam. Cover; chill. Makes about 1 cup.
Raspberry Sauce: Press 2 1/2 cups fresh or frozen (thawed) red raspberries through a sieve to remove seeds. In saucepan combine the raspberry pulp and juice, 1/4 cup water, 2 tablespoons sugar, and 2 teaspoons cornstarch. Cook and stir till bubbly. Cook 2 minutes more. Cover; chill. Makes 1 cup.
Strawberry Sauce: Place 2 cups fresh or frozen (thawed) strawberries in a blender container or food processor bowl. Cover; process till smooth. In saucepan stir strawberry puree into 1 teaspoon cornstarch. Stir in 1/4 cup currant jelly. Cook and stir till bubbly. Cook 2 minutes more. Press mixture through cheesecloth or sieve to remove seeds. If desired, add few drops red food coloring. Cover; chill. Makes 3/4 cup.

CABBAGE ROLLS
 8 large cabbage leaves cooked
 1/2 cup chopped onion
 1 cup cooked rice
 2 eggs, beaten
 1 lb. lean ground beef
 1 tablespoon beef-flavor instant bouillon
 2 tablespoons chopped parsley
 1 (15 oz.) jar marinara sauce
 Preheat oven to 350 degrees. In large skillet, brown meat with onion; pour off fat. In medium bowl, combine meat with remaining ingredients except cabbage leaves and marinara sauce; mix well. Divide mixture among cabbage leaves; tuck in ends and roll up. Arrange in 9 inch square baking dish. Top with sauce. Cover. Bake 45 minutes. Serve immediately. Refrigerate leftovers.

HOT SPINACH DIP
 1 (10 oz.) pkg. frozen chopped spinach, thawed and well drained
 2 tablespoons butter or margarine
 1/8 teaspoon ground nutmeg
 Assorted crackers or chips
 1 (8 oz.) pkg. cream cheese softened
 1/2 cup milk
 2 teaspoons chicken-flavor instant bouillon
 1 tablespoon lemon juice
 In medium saucepan, combine cheese, milk, butter, bouillon and nutmeg; cook and stir over low heat until thickened and smooth. Stir in spinach; heat through. Remove from heat. Stir in lemon juice. Serve hot with crackers. Refrigerate leftovers. Tip: Can be served chilled as a spread.

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