

**SAVE UP TO 20¢ PER LOAF**  
**Jane Parker Bread**  
 WHITE  
 1 lb. loaf  
**19¢**  
 Limit Two

**SAVE UP TO 68¢ PER BAG**  
**Dixie Crystals Sugar**  
 PURE CANE  
 5 lb. bag  
**97¢**  
 Limit One

**SAVE 1.22 PER CTN.**  
**Breyer's Ice Cream**  
 ALL NATURAL  
 1/2 gal. ctn.  
**187**  
 Limit One



**DOUBLE Coupon Savings!**

FOR EVERY \$10.00 YOU SPEND, WE WILL DOUBLE 5 MFG'S COUPONS  
 EXAMPLE:  
 \$10 = 5 COUPONS  
 \$20 = 10 COUPONS  
 \$100 = 50 COUPONS  
 AND SO ON!

Between now and Aug. 27, we will redeem national manufacturer's cents-off coupons up to 50¢ for double their value. Other good on national manufacturers' cents-off coupons only. (Food retailer coupons not accepted.) Customer must purchase coupon product in specified size. Expired coupons will not be honored. One coupon per customer per item. No coupons accepted for free merchandise. Other does not apply to A&P or other store coupons. Whether manufacturer is mentioned or not. When the value of the coupon exceeds 50¢ or the retail value of the item, this offer is limited to the retail price.

**Savings are Great with A&P's DOUBLE SAVINGS COUPONS!**

MFG'S COUPON	MFG CENTS OFF	A&P ADDED CENTS OFF	TOTAL COUPON AT A&P
COUPON A	25¢	25¢	50¢
COUPON B	18¢	18¢	36¢
COUPON C	50¢	50¢	\$1.00
COUPON D	75¢	25¢	\$1.00

ADVERTISED ITEM POLICY: Each of these advertised items is required to be readily available for sale at or below the advertised price in each A&P Store, except as specifically noted in this ad.

PRICES EFFECTIVE THRU SAT., AUG. 27 AT A&P IN RAEFORD, N.C. ITEMS OFFERED FOR SALE NOT AVAILABLE TO OTHER RETAIL DEALERS OR WHOLESALERS

ADDITIONAL COUPONS REDEEMED AT FACE VALUE!

**SAVE \$1.00 LB.**  
**Round Roast**  
 WESTERN GRAIN FED BEEF  
 Boneless Bottom  
**1.99**  
 lb.

**The Butcher Shop**  
**SAVE 1.70 LB.**  
 WESTERN GRAIN-FED BEEF  
**Whole Rib Eye**  
 9-12 lb. avg.  
**2.99**  
 lb.

**SAVE 40¢ LB.**  
**Pork Roast**  
 FRESH LEAN COUNTRY FARM  
 Boston Butt  
**1.29**  
 lb.

- WESTERN GRAIN FED BEEF Bottom Round Steak Boneless lb. **2.69**
- A&P QUALITY FRESH Ground Round lb. **1.99**
- WESTERN GRAIN FED BEEF Chuck Steak Bone In lb. **1.68**
- WESTERN GRAIN FED BEEF Shoulder Steak Bone In lb. **1.98**
- WESTERN GRAIN FED BEEF Cubed Beef Steak lb. **2.99**

- WESTERN GRAIN FED BEEF Rib Eye Steak Boneless lb. **4.59**
- FRESH LEAN COUNTRY FARM 1/4 Pork Loin Sliced lb. **1.89**
- FRESH LEAN COUNTRY FARM Pork Spare Ribs Country Style lb. **1.79**
- FRESH LEAN COUNTRY FARM Pork Roast Boneless Rib End lb. **1.99**
- A&P QUALITY OCEAN Perch Fillet 1 lb. pkg. **1.49**

- U.S.D.A. INSPECTED FRESH Box-O-Chicken lb. **59¢**
- U.S.D.A. INSPECTED Turkey Breast lb. **1.29**
- U.S.D.A. INSPECTED FRESH Fryer Leg Qtrs. lb. **59¢**
- SMOKY CANYON BONELESS Turkey Ham lb. **1.29**
- A&P QUALITY HOT OR MILD Pork Sausage 1 lb. pkg. **79¢**

- VALLEYDALE Sliced Bacon 1 lb. pkg. **1.69**
- ARMOUR (BEEF 1.18) Meat Franks 12 oz. pkg. **1.08**
- A&P SLICED (BEEF 1.89) Meat Bologna 1 lb. pkg. **1.59**
- HORMEL SLICED (ALL VARIETIES) Cooked Ham 4 oz. pkg. **99¢**
- TALMADGE FARMS CHIC. BOLOGNA OR Chicken Franks 12 oz. pkg. **79¢**

**SAVE 38¢**  
**Margarine Qtrs.**  
 KRAFT PARKAY  
**2.10**  
 1 lb. pkgs.

**SAVE 11¢ PER PKG.**  
**Krispy Crackers**  
 SUNSHINE  
**58¢**  
 16 oz. box Limit Two

**SAVE 20¢ PER CAN**  
**Star-Kist Tuna**  
 IN OIL - IN WATER  
**59¢**  
 6.5 oz. can Limit Two

**SAVE UP TO 50¢ PER CAN**  
**Orange Juice**  
 MINUTE MAID FROZEN  
**79¢**  
 12 oz. can Limit One

- PILLSBURY BIG COUNTRY Buttermilk Biscuits 2 6 oz. cans **69¢**
- SEALTEST Sour Cream 16 oz. ctn. **99¢**
- KRAFT SLICES Velveeta Cheese 16 oz. pkg. **2.19**
- A&P CHILLED Orange Juice 64 oz. ctn. **1.09**
- FLAV-O-RICH REGULAR OR LIGHT Cottage Cheese 12 oz. ctn. **69¢**

- CORONET ASSORTED Paper Towels big roll **69¢**
- 15¢ OFF LABEL Purex Bleach You Pay Only gal. jug **79¢**
- 75¢ OFF LABEL Tide Detergent You Pay Only 84 oz. box **2.59**
- CHATHAM Dog Food 5 lb. bag **99¢**
- BEEF/CHICKEN - LIVER - TUNA - SALMON Bright Eyes Cat Food 4 8 1/2 oz. cans **1.00**

- ANN PAGE Mayonnaise 32 oz. jar **88¢**
- ANN PAGE Tomato Ketchup 32 oz. btl. **88¢**
- ANN PAGE CUT Green Beans 4 15 1/2 oz. cans **1.00**
- A&P DINNER Macaroni & Cheese 4 7 1/2 oz. pkgs. **1.00**
- KELLOGG'S Sugar Frosted Flakes 20 oz. box **1.79**

- HAMBURGER - PEPPERONI - SAUSAGE/PEPPERONI - CHEESE Chef-Boy-Ar-Dee Pizzas 10 oz. pkg. **99¢**
- CHICKEN - MEAT LOAF - SALISBURY STEAK - TURKEY Morton Dinners 11 oz. pkg. **79¢**
- PLAIN - RAISIN & HONEY Lender's Bagels 6 ct. pkg. **69¢**
- LACREME Whipped Topping 8 oz. tub **89¢**
- FROZEN A&P Peas 3 10 oz. pkgs. **1.00**

**SAVE 00¢**  
**Coca-Cola**  
 DIET COKE SPRITE TAB  
 2-Liter  
**89¢**  
 GOOD ONLY IN RAEFORD

**THE FARM**  
 Fresh With Quality  
**SAVE \$1.00**  
**Ripe Honeydews**  
 each only **1.49**

**SAVE 90¢**  
**Pepsodent Toothpaste**  
 30¢ OFF LABEL You Pay Only  
**89¢**  
 6 1/2 oz. tube

**Budweiser**  
 12 oz. 6 pk.  
**\$2.35**  
 GOOD ONLY IN RAEFORD

- U.S. #1 White Potatoes 5 lb. bag **99¢**
- ZESTY Yellow Onions 3 lb. bag **99¢**
- LARGE CRISP Fresh Broccoli each bunch **99¢**
- GREEN ONIONS (BUNCH) - CUCUMBERS Green Peppers 3 for only **1.00**
- SUNNYSLOPE Nectarines lb. **69¢**
- SNOW WHITE Cauliflower each bunch **99¢**
- WASHINGTON STATE Bartlett Pears lb. **59¢**

- VIDAL SASSOON Shampoo or Conditioner 8 oz. btl. **1.99**
- 25¢ OFF LABEL SUPER HOLD Miss Breck Hair Spray 9 oz. can You Pay Only **1.29**
- A&P Alcohol 2 16 oz. btl. **1.00**
- KOTEX Maxi-Pads 12 ct. box **99¢**

**On The Front Burner**

(Continued from page 4B)  
 "when it's okay to lie" and when it isn't.  
 A final reminder. Try not to over-react to a child's lie or boast. Children seek attention. If they get it when they tell a lie, they will continue to do so.

**GIVE HOUSE PLANT GOOD SUMMER CARE**

Don't forget to give your houseplants proper care during the warm outside gardening months. You'll want them green and healthy next winter when they will be the center of attention again.  
 The best method of feeding your house plants is to use liquid fertilizer. If a soluble fertilizer is used, dissolve one teaspoonful in a quart of warm water. Stir well and let stand overnight before using. Then use enough of the solution around well established plants to wet the soil well.

If some plants have outgrown the containers and become root-bound, repot into a larger container.

A good potting medium is a mixture of three parts loamy soil, two parts peat moss and one part coarse sand. To this mixture add one cup of 20% super phosphate to each bushel of prepared soil. Bone meal may be substituted for the superphosphate.

Many plants do better out of doors in the summer if they are adapted to outdoor conditions. They may be grown on porches, terraces or in the garden border. This would not apply to African violets and certain sensitive specimens.

A good way to carry many types of house plants through the summer is to bury them up to the rim of their containers in a choice site out-of-doors. A layer of gravel at the base of each pot will assure good drainage.

**BLEACH IS KEY TO CLEAN WASH**

Chlorine and oxygen-based bleaches whiten fabrics and help remove stains and heavy soils. The oxygen-based bleach may be used on all types of fabric. It should be used regularly for best results and can be added along with the detergent.

Thanks to Betty McLean Ritchie of Charlotte (formerly of Raeford) for the two following recipes.

**ORIENTAL SALAD**

- Bring to boil:  
 1/2 cup sugar  
 1/2 cup oil  
 3/4 cup vinegar  
 1 tablespoon water  
 1/2 teaspoon salt  
 1/4 teaspoon pepper

Remove from heat and cool.

- Drain in colander:  
 1 can french beans  
 1 can bean sprouts  
 1 small can shoe peg corn  
 1 can green peas

- Chop:  
 1 cup onions  
 1 cup celery  
 1 green pepper (1 cup)  
 1 cup pimiento (drained)  
 Mix. Store covered in refrigerator 24 hours before serving. Will keep 2 weeks when refrigerated.

**DOOEY GOOEY**

- Mix:  
 1 box yellow cake mix  
 1 egg  
 1 stick of butter, melted  
 Pat into 9" x 13" lightly greased and floured pan.

Mix:  
 1 box of confectioner's sugar  
 18 oz. pkg. cream cheese, softened  
 2 eggs  
 Pour over first batter. Bake 350° for 35-40 minutes. Cool completely before cutting into pieces.

I have just returned from a visit with my daughter and her family in Detroit, and I would like to share with you one of the dishes I enjoyed there.

**SWEDISH MEAT BALLS**

- 1 1/2 to 2 lbs. ground meat
  - 1 egg
  - 1/2 teaspoon allspice salt and pepper to taste
  - 2 cans chicken gravy
  - 1 onion grated
  - 3/4 cup bread crumbs (toasted or dried out)
  - 1/2 pint sour cream
  - Parsley flakes
  - 1 can mushroom gravy
- Mix all together and shape into balls - small ones are nice. Brown the balls. Pour gravy over meat and simmer. Can be served over rice, toast or noodles.

**Hint**

From time to time, clean the top and side rins of the inside of a dishwasher. These areas are sealed off from wash water when the machine is in operation.