



DOUBLE Coupon Savings!

FOR EVERY \$10.00 YOU SPEND, WE WILL DOUBLE 5 MFG'S COUPONS

EXAMPLE:
 \$10 PURCHASE = 5 COUPONS
 \$20 PURCHASE = 10 COUPONS
 \$100 PURCHASE = 50 COUPONS
 AND SO ON!

Between now and Oct. 1, we will redeem national manufacturer's cents-off coupons up to 50¢ for double their value. Offer good on national manufacturer's cents-off coupons only. (Food retailer coupons not accepted.) Customers must purchase coupon product in specified size. Expired coupons will not be honored. One coupon per customer per item. No coupons accepted for free merchandise. Offer does not apply to A&P or other store coupons. Whether manufacturer is mentioned or not, when the value of the coupon exceeds 50¢ or the retail value of the item, this offer is limited to the retail price.

Savings are Great with A&P's DOUBLE SAVINGS COUPONS!

MFG'S COUPON	MFG CENTS OFF	A&P ADDED CENTS OFF	TOTAL COUPON AT A&P
COUPON A	25*	25*	50*
COUPON B	18*	18*	36*
COUPON C	50*	50*	\$1.00
COUPON D	75*	25*	\$1.00

ADVERTISED ITEM POLICY: Each of these advertised items is required to be readily available for sale at or below the advertised price in each A&P Store, except as specifically noted in this ad.

PRICES EFFECTIVE THRU SAT., OCT. 1 AT A&P IN RAEFORD, N.C. ITEMS OFFERED FOR SALE NOT AVAILABLE TO OTHER RETAIL DEALERS OR WHOLESALERS

A&P WILL GLADLY ACCEPT CHECK CASHING CARDS FROM: BIG STAR • KROGER • HARRIS TEETER FOOD LION • WINN DIXIE • FOOD WORLD

ADDITIONAL COUPONS REDEEMED AT FACE VALUE!

SAVE \$1.02 LB.

Sirloin Tip
WESTERN GRAIN FED BEEF

Whole 9-12 lb. avg.

157

lb.

WESTERN GRAIN FED BEEF BONELESS **Ribeye Steaks 3.98** lb.

The Butcher Shop
with supermarket prices

Beef Specials

Ground Beef 5 lb. pkg. **99¢** lb.

SAVE 51¢

SAVE 31¢ LB.

Fryer Leg Qtrs.
FRESH U.S.D.A. INSPECTED

48¢

lb.

WESTERN GRAIN FED BEEF BONELESS **Sirloin Tip Roast** lb. **2.38**

WESTERN GRAIN FED BEEF **Cubed Steak** lb. **2.99**

WESTERN GRAIN FED BEEF BONELESS **Beef Stew** lb. **1.99**

FRESH LEAN COUNTRY FARM SHOULDER **Pork Picnic Roast** lb. **88¢**

FRESH LEAN COUNTRY FARM **1/4 Pork Loin** lb. **1.79**

A&P QUALITY **Pork Neck Bones** lb. **49¢**

A&P QUALITY SLICED **Beef Liver** lb. **88¢**

BUY ONE—GET ONE "FREE" BONNIE MAID • BEEF • PORK • CHICKEN • VEAL **Breaded Patties** 12 oz. pkg. **1.99**

OSCAR MAYER (BEEF 1.79) **Meat Wieners** 1 lb. pkg. **1.69**

A&P PREMIUM THICK OR THIN **Sliced Bacon** 1 lb. pkg. **1.79**

HORMEL D-SHAPE **Canned Ham** 1.5 lb. can **2.99**

JIMMY DEAN HOT OR MILD **Pork Sausage** 1 lb. pkg. **1.69**

A&P QUALITY **Turkey Necks** lb. **49¢**

COTTAGE BRAND **Smoked Sausage** lb. **1.29**

A&P QUALITY FROZEN **Dressed Croakers** lb. **99¢**

SANDWICH STEAK **Steak-Umm** 32 oz. pkg. **5.99**

Flav-O-Rich Milk
HOMOGENIZED OR LOW-FAT

gal. jug **1.68**

LIMIT ONE **SAVE 20¢**

Large Eggs
A&P GRADE "A"

doz. ctn. **68¢**

LIMIT TWO **SAVE 21¢**

Cheese Food Slices
CHED-O-BIT

8 oz. pkg. **69¢**

LIMIT TWO **SAVE 50¢**

Instant Coffee
MAXWELL HOUSE

10 oz. jar **3.29**

LIMIT ONE **SAVE 70¢**

Star-Kist Tuna
CHUNK LIGHT

In Oil In Water 6.5 oz. can **58¢**

LIMIT TWO **SAVE 21¢**

Tide Detergent
25¢ OFF LABEL

You Pay Only 49 oz. **1.47**

LIMIT ONE box **SAVE 67¢**

SHEDD'S SPREAD **Margarine Qtrs** 3 1 lb. pkgs. **1.00**

BUTTERMILK • HOMESTYLE **Ann Page Biscuits** 4 8 oz. cans **88¢**

TROPICANA GOLD N° PURE **Orange Juice** 64 oz. ctn. **1.19**

SEALTEST **Sour Cream** 8 oz. ctn. **59¢**

MEAT • PLAIN • MUSHROOMS **Prego Spaghetti Sauce** 32 oz. jar **1.49**

THIN • REGULAR **Skinner Spaghetti** 16 oz. box **59¢**

REGULAR • NATURAL **White House Applesauce** 2 25 oz. jars **1.00**

WHITE HOUSE **Apple Juice** 48 oz. btl. **97¢**

A&P CREAMY • CRUNCHY **Peanut Butter** 18 oz. jar **99¢**

KELLOGG'S **Raisin Bran** 20 oz. box **1.69**

Hi Dri Towels 2 big rolls **1.00**

80¢ OFF LABEL MEDIUM • LARGE CONVENIENT PACK **Luv's Diapers** 48 ct. pkg. **6.99**

ANN PAGE BEEF • CHICKEN • TURKEY **Pot Pies** 3 8 oz. pkgs. **1.00**

TOTINO'S COMBINATION • SAUSAGE • PEPPERONI **"My Classic" Pizza** 22.5 oz. pkg. **3.49**

MEAT LOAF • SALIS STEAK • CHICKEN • TURKEY **Ann Page Dinners** 11 oz. pkg. **79¢**

SARA LEE REGULAR **Pound Cake** 10 1/2 oz. pkg. **1.59**

SAVE 00¢

Coca Cola
DIET COKE • SPRITE • TAB

2-Liter Plastic **99¢**

GOOD ONLY IN RAEFORD

THE FARM
Fresh With Quality

WASHINGTON STATE RED OR GOLDEN **Delicious Apples** 2 **1.00** lbs. only

SAVE 49¢ LB.

SAVE \$3.00

Quaker State Super Blend
10W30 MOTOR OIL

Regular Retail 10.68
Mail-In Rebate 3.00
Net Cost 7.68

case of 12 quarts **7.68** (after rebate)

WITH \$3.00 MAIL-IN REBATE SEE STORE DISPLAY FOR DETAILS

MILLER **Beer** 6 Pak **2.29**

12 oz. Can

CALIFORNIA RED OR THOMPSON **Seedless Grapes** lb. **88¢**

WASHINGTON STATE **Bartlett Pears** 2 lbs. only **1.00**

RED RADISHES (BAG) • CUCUMBERS OR **Green Peppers** 3 for only **1.00**

LOCALLY GROWN **Sweet Potatoes** 3 lbs. only **1.00**

FAMILY PACK RIPE **Red Tomatoes** 26 oz. pkg. **99¢**

JUMBO SIZE **Crisp Celery** each stalk **59¢**

SOLID **Crisp Carrots** 3 1 lb. bags **1.00**

ORVILLE REDEBAUCHER **Popcorn** 30 oz. jar **1.99**

35¢ OFF LABEL **Aqua Fresh** 8.2 oz. tube **1.69**

COLGATE **Shave Cream** 11 oz. can **99¢**

DEODORANT **Ban Roll-On** 1.5 oz. btl. **1.59**

DRISTAN TABLETS 24 ct. pkg. **2.49**

On The Front Burner

(Continued from page 4B)
 may not check the merchandise. So these endorsements aren't always an assurance of quality or durability.

School clothes that don't break budget

Stylish clothes that fit well are important to children. But without proper planning, keeping children clothed can be a financial disaster. Put the most money into the clothing which will be worn and washed often. Make certain seams are sewn uniformly and that the stitches are not too long. Check button holes and see that they are not raveling. On fabrics that will ravel, make certain the seams are overcast. Look for reinforcement at the knees and pockets and for flat, smooth, well-matched seams. Children who are growing rapidly do not need an excessive amount of clothes. Stretch a child's wardrobe by buying clothes that are seasonless. Look for growth features, such as adjustable shoulder straps, deep hems, undefined waistlines in one-piece garments and roomy armholes. It's safest to always have the child try on a new garment. If this is impractical, purchase garments by current measurements and weight.

Carry a card with each child's measurements and take a measuring tape to check the dimensions of the garments. Allendale-Antioch Extension Homemaker Mrs. Edna McGougan shared this easy recipe. It is good for a meat loaf or for stuffing peppers. 1 lb. ground beef 1 egg 1 can Spanish rice 1 onion Mix all ingredients. Bake at 350° for 1 hour.

Creamy Mustard Sauce
 1 cup (1/2 pt.) sour cream
 1 tablespoon prepared mustard
 1/2 teaspoon salt
 1 tablespoon instant minced onions
 2 teaspoons steak sauce
 Combine all ingredients in bowl, blending well. Chill. Makes 1 cup sauce or about 8 servings.

Sweet And Sour Chicken
 1/4 cup all-purpose flour
 dash pepper
 2 tablespoons cooking oil
 1 8 1/4 oz. can crushed pineapple
 1/2 teaspoon ground ginger
 1/2 teaspoon salt
 1 2 1/2 to 3-lb. broiler-fryer chicken cut up
 1/2 cup bottled barbecue sauce
 Hot cooked rice
 Combine flour, salt, and pepper; coat chicken. In 10-inch skillet, brown chicken, half at a time, in hot oil. Return all chicken to skillet. Combine undrained pineapple, barbecue sauce, and ginger, add to chicken. Cover and simmer about 30 minutes or till chicken is tender. Serve with hot cooked rice. Serves 6.
Hint
 Fresh eggs can be kept in the refrigerator in the carton with the large end up for up to 5 weeks.



Nicholson Named VP At Northwestern

John F. Nicholson, Jr., has been named vice president and commercial loan department manager of Northwestern Bank's Raleigh office. He was previously employed as corporate banking manager in Wachovia Bank's Durham office. Nicholson is a 1973 graduate of the University of North Carolina, Chapel Hill, with a B.S. degree in Industrial Relations. He is an instructor for the American Institute of Banking, a member of the North Durham Rotary Club, chairman of the Durham CrimeStoppers Program, and president-elect of the Council of Civic Clubs of Greater Durham. He is active on various committees of the Durham Chamber of Commerce and a graduate of the chamber's Leadership Development Program. He and his wife, Patricia, have two sons and reside in Durham. Nicholson is originally from Raeford and was a graduate of Hoke High School.

Now... Save A&P Gold Register Tapes for great savings on quality

Stainless Steel Cookware

10 1/4 INCH OPEN FRY PAN \$9.99
 WITH \$200 WORTH A&P GOLD REGISTER TAPES

Here's how it works . . .

- Save your valuable A&P gold register tapes
- When you have the amount of A&P gold register tapes needed, redeem them at the A&P Check Stand
- Naturally, you can start saving more A&P gold register tapes for the next cookware item you plan to select
- And remember, all items are on sale for the duration of this program. This offer is scheduled to end Saturday, December 17, 1983

EDENBOROUGH CENTER