



## Holidays Can Be Alcohol Free

The Sandhills Mental Health Center staff has spent long hours of research getting ready for this holiday season.

Staff members have forced themselves to drink a series of concoctions, which, to some palates, might have seemed strange. However, the end result has been dubbed "marvelous" by those who have tried these recipes for a "hangover-less holiday."

**FANTASY ISLAND**  
1 jigger creme of coconut  
2 jiggers pineapple juice  
1 1/2 jiggers club soda  
Mix over ice.

**FRUIT PUNCH**  
1 cup pineapple juice  
1 cup white grape juice  
1 pint club soda sugar-to-taste  
1 quart raspberry sherbet or ice  
Add soda to fruit juices, sweeten to taste. Pour into punch bowl, add scoops of sherbet

**CHAMPAGNE SUPREME**  
1 serving of ginger ale  
generous dash of bitters  
Shake bitters into highball or old-fashioned glass. Add ice and ginger ale. Stir and serve with rod and twist of orange.

**CREAMY COCKTAIL**  
1/2 of 6-oz. can (1/3 cup)  
frozen orange juice concentrate  
1/2 cup milk  
1/2 cup water  
1/4 cup sugar  
1/2 teaspoon vanilla  
5 or 6 ice cubes  
Combine all ingredients in blender container; cover and blend till smooth.

**CAROLINA MOON**  
1 gal. apple cider  
1 qt. hot water  
1/2 cup instant tea

2 tablespoons lemon juice  
1 1/2 tsp. powdered cloves  
1 1/2 tsp. cinnamon.  
1/2 cup sugar  
1 cinnamon stick  
Heat water, add tea, cider, lemon juice, sugar, cinnamon, cloves and cinnamon stick. Serve warm.

**BITTER MARTOONIE**  
Generous dash of bitters  
1 serving of club soda  
Add bitters to club soda. Garnish generously with lemon twist. Serve over ice.

**ACAPULCO SUNSET**  
1 cup chilled orange juice  
1/2 jigger grenadine  
Into a tall glass pour the orange juice. Add grenadine and allow to settle on bottom. May be served over ice.

**HAWAIIAN COOLER**  
4 ice cubes, broken  
juice of 1 lime  
2 teaspoons confectioners' sugar  
5 tablespoons pineapple juice  
1 ripe medium banana, cut into chunks

In electric blender, combine the ice, the lime juice, sugar, pineapple juice and banana. Blend with cover on, at high speed until smooth. Add remaining ice; blend more. Serve in stem glasses.

**PINEHURST PUNCH**  
1 quart cranberry juice  
1 pint orange juice  
2 lemons squeezed or 2-ozs. lemon juice

4 quarts ginger ale  
Combine juices with ice and chill. Pour into punch bowl over block of ice and add ginger ale. Garnish glasses with mint spring. (May add orange sherbet scoops)

**BURGUNDY SPITZER**  
2 jiggers cranberry juice  
2 jiggers pineapple juice  
Lemon slices  
Mix pineapple and cranberry juices in large pitcher; pour over crushed ice in tall glass; garnish with lemon slices.

**OLD FASHIONED**  
1 serving of cola beverage  
2 generous dashes of lemon juice and/or lime (i.e. Roses Lime or lime juice) and/or grenadine and/or any other fruit syrup or juice.  
Serve over ice and garnish with orange slice and cherry.

**PURPLE PASSION**  
1 jigger pineapple juice  
1 jigger Passion Fruit Mix  
1/2 jigger Orgeat (almond-orange flavored syrup)  
1/2 jigger grenadine  
3 jiggers water  
Blend into tall glass with lots of crushed ice and garnish with orange slice and cherry and pineapple wedge.

### TIPS FOR THE HOST OR HOSTESSES:

\*Considerate hosts and hostesses have non-alcohol beverages available for their guests. Many guests will prefer these thirst-quenching, delicious, "alcohol-less" drinks.

\*Don't rely on alcohol to keep your party going strong. Music, games, dancing, and good conversation are some of the most important ingredients for a successful party.

\*Don't "push" alcohol - when a guest says "no thanks!" to an alcohol drink, don't insist.

\*Always serve food with alcohol - not just after. Food slows down the rate at which alcohol is absorbed into the body.

## Christmas Is A Worldwide Festival

Christmas is the most nostalgic of all festive occasions and its ancient joy is truly reflected in the world-wide customs of this very special holiday.

The singing of old-time Christmas carols is a celebrated British festivity. This charming custom is still a favorite in both England and America today, where enchanting voices carry the musical message of Christmas.

In certain parts of Italy, children hang stockings near the head of their beds. An old fairy is supposed to visit each child and leave either sweetmeats or stones in the stocking, depending upon whether the child has been good or naughty throughout the year.

In Spain, everyone must be able to claim at least one good deed for the year before Christmas day arrives. Many Spaniards stay awake on Christmas Eve until midnight,

when church bells announce the birth of the Holy Child.

The pinata breaking is a well-known custom of Mexico. On Christmas Eve, a papier-mache' figure filled with toys and candy is suspended from the ceiling; children are blindfolded and then allowed to break the pinata with a stick to release the goodies.

In Portugal, children leave their shoes in front of the fireplace so that Santa can fill them with gifts on Christmas Eve.

## YULETIDE GREETINGS

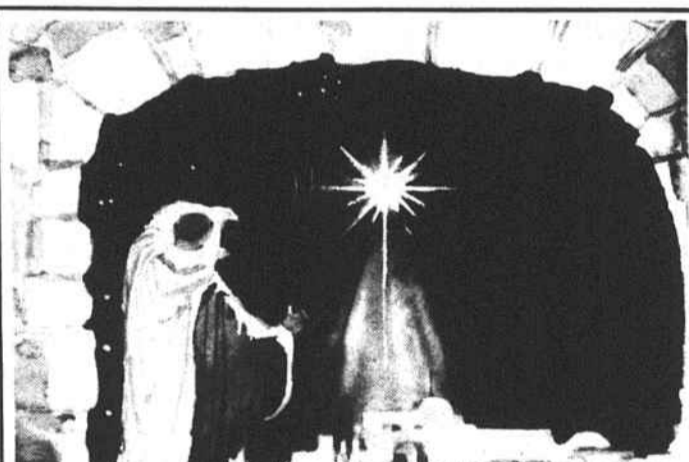


# Merry Christmas

Our best wishes for a joyous Noel to all our wonderful patrons. May the best of the Holiday Season be yours!

## McNair Cleaners

RACKET ALLEY  
RAEFORD, N.C.



# NOEL

May the Child King who came to save us all bestow His special blessings on us this Holy Season.


## Juanita Edmund

CLERK OF COURT HOKE COUNTY

# Merry Christmas

Wishing you health and happiness this holiday season and throughout the coming year. Thank you for your loyal patronage.

## Howell Rexall Drug Co.





We wish our friends and patrons a very Merry Christmas and may your Holidays ring with good cheer!

Lester Baker & Staff

## Wagon Wheel Restaurant

HARRIS AVE.



# Merry Christmas

Bouquets of good wishes to our many fine customers for a wonderful holiday season. Let's keep our friendships growing all year long!

## Calico Corner and The Gingham Edition

Main St. Raeford

# Happy Holidays

The entire staff at McLaughlin Hardware & Lock Co. extends to all our friends and customers a warm and wonderful Holiday Season and a prosperous New Year!



## McLaughlin Hardware & Lock Company

MAIN ST.

