



You Women Who Suffer From

**Heed This Advice!** 

If you—like so many women between the ages of 38 and 52-suffer from hot flashes, weak, dizzy, rous feelings, distress of "irregularities", are blue at times—due to the functional middle age period in a woman's life—try taking Lydia E Pinkham's Vegetable Compound at once. It's the best known medicine you can buy that's made especially for women.

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Pinkham's Compound is famous to relieve such distress. Taken regularly-it helps build up resistance against such annoying symptoms. It also is a fine stomachic tonic. Thousands upon thousands of women—rich and poor alike—have reported benefits. Time and again Lydia Pinkham's Compound that you would be the proved some women's happiest dates often can be during their "40s". Also beneficial for younger women to halprelieve distress of female monthly functional disturbances. Follow label directions. Worth to



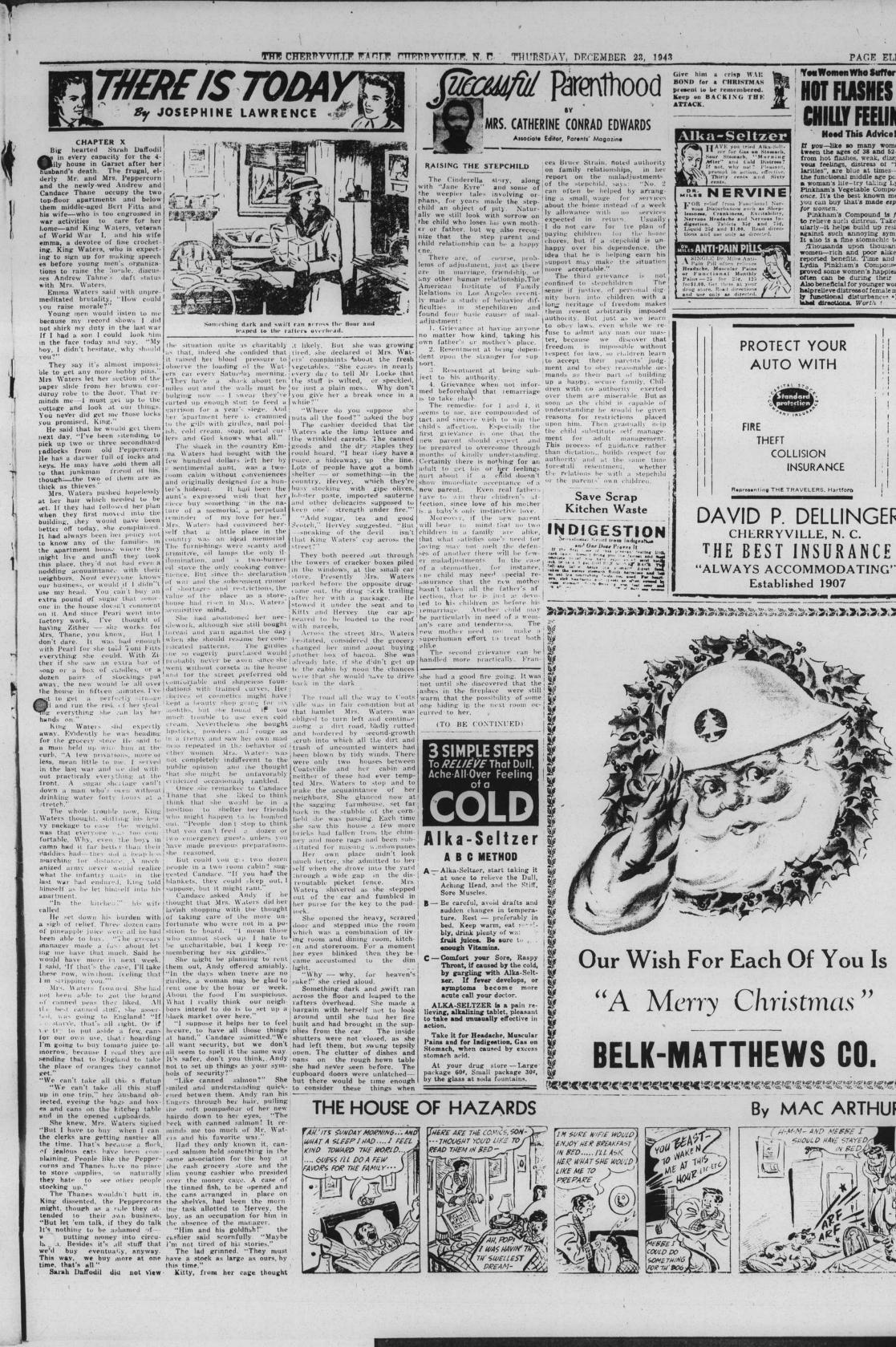
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Our Wish For Each Of You Is "A Merry Christmas"

BELK-MATTHEWS CO.

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By MAC ARTHUR

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