#### CAROLINA UNION FARMER

# Thursday, February 22, 1912.

# than all his pills .- Success Maga-Country Home Department zine.

# Gonducted by Mrs. E. D. Nall, Sanford, N. C., to whom all Matter for this Department Should be Sent

PA.

Why pa, he didn't go to town Last evening after tea, But got a book and settled down As com'fy as could be. I'll tell you I was awful glad To have my pa about, To answer all the things I had Been trying to find out.

And so I asked him why the world Is round, instead of square, And why the piggies tails are curled, And why don't fish breathe air? And why the moon don't hit a star, And why the dark is black? And just how many birds there are, And will the wind come back?

And why does water stay in wells, And why does June-bugs hum, And what's the roar I hear in shells, And when will Christmas come? And why the grass is always green, Instead of sometimes blue, And why a bean will grow a bean, And not an apple too?

And why a horse can't learn to moo, And why a cow can't neigh? And do the fairies live on dew, And what makes hair grow gray— And then my pa got up, and gee! The awful words he said, I hadn't done a thing, but he Just sent me off to bed .--- Selected.

#### A Girl Who Loves Books.

I am a little girl thirteen years old and have been reading with much interest, what some of the readers of this page have written concern-Sketch-Book," by Washington Irving, "The Spy," by Cooper, "The A jolly physician is often better Companion.

House of the Seven Gables," by Hawthorne, "The Lady of the Lake," and "Marmion," by Walker Scott, "The Swiss Family Robeson," and "Evangeline," besides several others from the Sunday School Library, during the past year. Of those, I have read this winter, "The House of the Seven Cables," "The Lady of the Lake," 5% and "The Swiss Family Robeson." The one we have selected to read next is the "Last of the Mohicans." Our plan is, after we have finished reading a book, to make a synopsis of it. In this way we remember more about the book than we would otherwise. We all read them aloud and, of course, there is a lively 8 spirit of rivalry to see who has the best synopsis. I do not think there is a better way for boys and girls to spend their leisure time than in reading good books. It makes one familiar with the best authors. You learn to talk well from reading well. Good reading furnishes much to think about. Good books are the best of companions. I wish some other girl or boy would tell us what they are reading. LILLIAN.

GETTING INFORMATION OUT OF | save you years of your life. There is good philosophy as well as good health in the maxim, "Laugh and grow fat." Laughter is a foe to pain and disease, and a sure cure for the "blues," melancholy, and worry.

> Laughter is contageous. Be cheerful and make everybody around you happy, harmonious and healthful.

> Laughter and good cheer make love of life, and love of life is half of health.

> Use laughter as a table sauce. It sets the organs to dancing, and thus stimulates the digestive organs.

> Laughter keeps the heart and face young, and enhances the physical beauty.

> > 5%

Laughter is nature's device for exercising the internal organs, and giving us pleasure at the same time. It sends the blood bounding through the body, increases the lady sank back in her seat with respiration, and gives warmth and tears in her eyes. "Oh," she said, glow to the whole system. It ex- "I thought I saw my own mother in pands the chest and forces the that dear old lady. She had just poisoned air from the least-used such a sweet face and pleasant lung-cell. Perfect health, which voice. You don't know how I felt

"What If It Were My Mother?"

If we could see our own loved reflected in the poor around us, how often would our hands reach out to help? A lady was riding one judge you ever saw. No matter day in a carriage, when she came how dreadful or how true the news upon an old woman with a queer little hood on her head and a staff in her hand. She was neat and delicate, but her back was bent and sent you away with the shamed and clean, and her skin smooth and her feet were without shoes.

and stopped the carriage. "Here is whom you had told the tale and some money," she said in a tender voice. "What for?" said the woman, looking up pleasantly.

To buy shoes for your poor feet Do you not want a pair?" The woman laughed a little low laugh which seemed to come from a heart ing and reminding to gentleness and filled with simple happy thoughts. "Don't you want a pair of our dealings with those about us. shoes?" asked the lady, a little hurt. "God bless and reward you," answered the woman heartily.

The carriage drove on, and the may be destroyed by a piece of bad when I thought of my mother, old ing books. I have read "The news, by grief or anxiety, is often and feeble, walking with bare feet, restored by a good hearty laugh. over this rough rocky road.-Girls'

## Judge Gently.

"It was a liberal education in charity to go to her with a bit of gossip. "The speaker laughed softly over the memory. "She was the gentlest hearer and the kindest might be she always managed to find some pity or some praise to mix in and sweeten it. She always chastened resolution to gossip no The lady saw she was shoeless more, or to go back to every one to modify it after her pattern. Such a gentle hearer and kindly judge would be a blessing in every comnunity, aye—in every household. For we all need more or less trainkindliness of thought and word in It is so easy to judge keenly and harshly, to get into the habit of seeing the faults and allowing them to obscure the virtues, of gossip and criticism instead of praise and encouragement.

Suppose we try instead, to ignore the faults that we cannot remedy by notice, and bring forth to the light every virtue we can find in everybody we know. Would it not make a wonderful and splendid change in our view of our friends and neighbors .- Orphan's Friend.

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DON'T MAKE A MISTAKE --- SIMPKINS' PROLIFIC COTTON SEEL Buy from the originator and from his farms which produced 1100 pounds of lint average per acre. Write me or call on me at once, as the supply is limited. W. A. SIMPKINS, Raleigh, N. C.

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### The Laugh Cure.

5%

Laughter induces a mental exhililation.

The habit of frequent and hearty laughter will not only save you many a doctor's bill, but will also 465

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