#### Gleaned Here and There.

When making brown gravy, try pouring cold water in pan to thin it instead of boiling water.. Result: No lumps in gravy.

An excellent method of keeping leather furniture from looking old and showing cracks is to go over it with a cloth dipped in olive oil, and then go over the whole again with a dry cloth. It is not necessary to go over the leather more than once in three or four months.

Gilt frames and moldings that have become discolored can be easily restored. Wipe clean and then go over with the beaten white of an egg to which has been added one teaspoonful of baking soda. Apply carefully with brush or soft cloth.

The best way to clean silverware is to let it stand in sour milk for awhile which will clean it as effectively as if an hour had been spent in scouring it.

Tea dregs wrung out dry with the hands and thrown on carpets brighten them and settles the dust when sweeping.

Flour bags, the printing washed out, and hemmed, make fine tea towels and bread cloths.

Before using a new broom, soak it a few hours in hot, strong salt water. This will toughen the bristles and make them last longer.

When melting chocolate for cake filling, if the inside of the pan is first rubbed with a little butter, it keeps the chocolate from sticking to the pan and prevents waste when removing.

Have a piece of pumice stone al ways handy about the sink. It will remove spots from all kinds of ware without defacing.

In case of poison ivy, try bathing the affected parts in a solution of bicarbonate of soda.

To prevent soreness from sunburn, bath the parts with glycerine and elder flower water.

To keep sleeves up when washing dishes, get a pair of bicycle clips and attach them to the rolled-up sleeve.

To keep silk gloves white after washing, always dry indoors, in a dark room is best. The sun makes them yellow.

Iron all colored goods on the wrong side unless they have a glossy finish when new.

If the iron is rough rub it on coarse salt, a sprig of cedar, or pine bough is good to rub them on. A piece of beeswax tied in a cloth is handy and excellent to make the irons smooth.

When washing put a few spoonfuls of coal oil in your boiler before putting in your clothes and they will be much whiter.

Turpentine will remove axle grease and tar from clothing.

To remove splinters from the flesh, put wounded part over the mouth of a bottle of hot water.

For starching muslins, ginghams, and calicoes, dissolve a piece of alum the size of a hickory nut for every pint of starch. This will keep the colors bright for a long time.

In cooking cabbage sauer-kraut or onions, laying a crust on it absorbs the odor.

In whitewashing in spring remember to add a little bluing to the whitewash, and it will be much whiter.

Scratches on furniture will disappear if rubbed well with a solution of linseed oil and turpentine. Rub this well into the scratches, and then polish with a soft cloth.

Soiled spots may be removed from silk or satin by rubbing them with a fine flannel cloth dipped in alcohol.

#### Suggestions For Mothers.

From earliest infancy inculcate instant obedience.

Unite firmness with gentleness. Let your children understand always that you mean what you say.

Never promise them anything unless you are quite sure that you can give what you say.

If you tell a child to do something, show him how to do it, and see that it is done.

Always punish your children for wilfully disobeying you, but never punish them in anger.

Never let them know that they vex you, or make them lose your selfcommand.

If they give way to petulance or ill temper, wait till they are calm, then reason with them on the foolishness of their conduct.

Never give your children anything because they cry for it.

Teach them that the sure way and easy to appear good is to be good.

Accustom them to make their recitals with perfect truth.

Never allow tale-bearing.

### HOW CANDIDATES SHOULD BE JUDGED.

All candidates for either the Upper or Lower House of Congress ought to be judged solely by their attitude toward great issues affecting the public welfare. For any man to ask for votes on the ground that he has got or can get bigger appropriations from the Federal Treasury than anybody else, is little less than an insult to the intelligence and morals of the people. We have quoted it more than once before, but we cannot refrain from repeating again what Robert Toombs, the great Georgian, said in the United States Senate fifty years ago when he spoke against an appropriation proposed for his own State. "I am just as much opposed to an abuse in Georgia as I am to an abuse in New York," he said; and then he uttered this sentiment which ought to be immortal:

"Whenever the system shall be firmly established that the States will enter a miserable scramble for the money for their local appropriations, and that Senator is to be regarded the ablest representative of his State who can get for it the largest slice of the treasury, from that day public honor and property are gone and all the States are disgraced and degraded."-The Progressive Farmer.

### CORRECT YOUR STOMACH!

Bodi-Tone gives the Stomach new strength and vitality, and it converts food into the pure blood elements which the body needs. It stops the bloating, distress after eating, nausea, etc., by making the stomach well. Thin persons gain flesh, strength and energy, for the blood becomes filled with vital elements, which were lost by the stomach's weakness. You can try a dollar box without a penny. See offer on last page.

### RESOLUTIONS OF SYMPATHY.

Whereas, it has pleased the Almighty to remove from our midst, by death, our esteemed friend and co-laborer, James F. Staton, who has maintained under all circumstances a character untarnished and a reputation above reproach; therefore, be it-Resolved 1. That in the death of Brother Staton we have sustained the loss of a friend whose fellowship it was an honor and pleasure to enjoy; that we bear willing testimony to his many virtues, to his unquestioned probity and stainless life; that we offer to his bereaved family and mourning friends our heartfelt condolence and pray that infinite goodness may bring speedy relief to their burdened hearts and inspire them with the consolation that hope in futurity and faith in God give even in the shadow of the tomb.

2. That a copy of these resolutions properly engrossed, be presented to the bereaved family of our deceased brother, a copy spread on the minutes of Staton's Local Union, No. 1520, F. E. & C. U. of A., and a copy be sent to the Carolina Union Farmer.

MRS. AUGUSTA W. LEGGETT,

J. D. SAVAGE,

W. D. HYMAN, Committee.

W. D. HYMANS, President.

R. H. NORWOOD, Sec.-Treas.

Scotland Neck, N. C. November 1, 1912

Scotland Neck, N. C., November 1, 1912.

Watch the date on your label.



# SIX SQUARE MILES OF LAND FOR SALE.

Moore County is the home of Pinehurst, Southern Pines, Pinebluff, Jackson Springs and other less noted winter and summer resorts and has a national reputation for its healthy climate. Since it has been discovered that long staple cotton will grow where the long leaf pine did grow, Moore County is rapidly becoming the home of progressive farmers from many States and sections of North

I have some wonderful bargains on sand-clay roads and close to growing villages and good schools. Good land at from \$6 to \$15 per acre.

Welcome to my home. Free railroad transportation to my customers.

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J. B. FRIX, Eagle Springs, N C

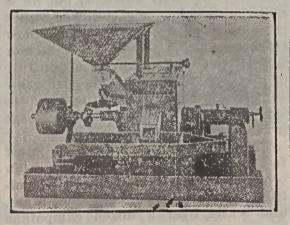
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Secure protection to your estate and your leved ones by at once securing a Life Insurance policy in The Union Central Life Insurace Co. We lead in lowest net cost. This makes ours the Best Policy for you. Write to Cary J Hunter and Bro., State Agents, Union Central Life Insurance Co., Raleigh, N. C.

SOME FACTS ABOUT THE BELL GRIST MILL; THE ONLY PRO-GRESSIVE MILL.

The words Simple, Strong, Durable, and Efficient represent the Bell Grist Mill in their fullest capacity.

It is the latest designed most modern-up-to-date mill of its type offered.



Its features are as near perfect as can be had by mechanical skill and workmanship. It is built in lines with the principle of the old time horizontal mill; in other words it is the old time horizontal inproved and made vertical.

Its Features: The disk feed which is the most reliable of all feeds. The oil bearing box preventing lubricating oils from entering mill. The large bearing box containing the end thrust or regulating screw and large coil spring which has proper tension to furnish uniform mealthis is what others have tried but failed to reach.

The double twistful screw distributing the grain uniformly against the rocks.

Lose pully furnished extra on end of shaft when desired. It looks well, it does well, it is well. It is the mill people will buy.

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