

NO ACHING BACKS

When using

STANDARD

Sit Straight

Central Needle Sewing Machines

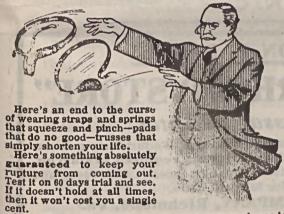
The Standard Sewing Machine Company

Cleveland,

- Ohio



Trusses Like These Are a Crime



Has relieved some of the worst cases on record—made them entirely well. Doctors and surgeons who know of it recommend it instead of operation. No belt, no legstraps, no springs. Is water-proof—will hold in bath. Write for Free Book and find out all about it. Book is full of facts never before put in print. Cloth-bound 96 pages. Explains why elastic and spring trusses can not help you. Shows dangers of operation. Exposes the humbug "appliances," "methods," "plasters," etc. Will save you from wasting money Shows why 60 days trial we allow is the only safe way to test anything for rupture and how we offer you the only thing good enough to stand such a long and thorough test.

Book gives over 5,000 voluntary endorsements. Write for it today—it tells you things you could never find out by going to doctors or drug stores. Address

Box 336—Cluthe Co., 125 E. 23rd St., New York.

Pure Seed of Lewis Long Staple Cotton \$1 per bushel in lots of five or more bushels.
H. Q. ALEXANDER, Matthews, N. C.

25 cents silver brings you a booklet that tells all about Fertilizing and Farming for profit. \$2 doz. to Locals. Address

Box 150 Picayune, Miss.

Frost Proof Cabbage Plants

Now ready. Best seed, best varieties, best plants. Set early for best results. One to three thousand at \$1 25 per 1,000
1,000 to 3,000 at \$1.25 per 1,000

4,000 to 8,000 at \$1.00 per 1,000 9,000 up at 90 cents per 1,000 Special prices to Local Unions and dealers. HIGH CREST TRUCK FARM G. L. B. Penny, Prop, Route 1.

Cheapest Place to Buy Fine Jewelry in the World

Do not buy your Christmas presents until you see my catalogue. Write for catalogue today. WILL C. WALKER, Butler, Tenn.

Country Home Department.

Conducted by Mrs. E. D. Nall, Sanford, N. C., to Whom all Matter for this Department Should be Sent.

THE CHRIST-CHILD.

Over the crowded Judean town,

The shadows of night gloomed darkly down;

"No room in the inn," the only place For the weary girl with fair, young face,

Was a bed of straw 'mid wond'ring

Where was born, that day, your Lord and mine.

No sheltered spot, but a stable bare, Yet the Lord of Light was cradled there;

While a mother, with all a mother's charms,

Enfolded him close in loving arms, And the days that came were passing sweet

For the halting tread of her baby's feet.

I think of the wondrous, shining star, I think of the Magi from afar,

Adoring shepherds, the Angel Host-Thoughts blessed are these, but always most,

With willing heart, I think of the

And hail my Lord in the Undefiled.

Oh, my soul grows warm for His dear

And hope burns bright, and I bid him make

Of me His herald, to bear His Word 'Till all men everywhere have heard; For now the Heav'nly Host again

Sings, "Peace on earth; good will to men.'

I want God's peace for the troubled heart.

I want God's will in the busy mart, I want God's love to girdle the earth, For 'tis the time of the Christ-Child's

birth; And the olive branch in His baby

He raises to bless a waiting land. —Selected.

KEEP-SAKE GIFTS.

If you value gifts by an expenditure of time and money, this will not appeal to you, but on the other hand, for the pleasure they give, and bearing personal thought from you, let me suggest a Life-Book. Procure some heavy white paper and divide into sheets of equal size. For the cover, use heavier paper cut a trifle larger than the pages. An inch from the top and the bottom edge, and a half-inch in, punch holes, through which run ribbon and tie to hold the pages together.

From old magazines cut pictures depicting life in its most important periods from babyhood to old age. On the first page, paste two or three pictures of babies with suggestive titles under each, as "Baby's First Tooth," "First Photograph," etc. On the next page put pictures of an older baby with such titles as "First Short Dress," "Baby's First Prayer," and on and on through "She Starts to School, "Goes to College," "First Beau," "Wedding Day." Her real name is, of course used in these titles. Little bits of verse and sentiment may dot the pages here and there.

When made for a young person, it is a prophecy, but such a book can be made for an old person of their past, and afford them much merriment, for they appreciate other things, besides religious books and necessities.

I saw a grandmother presented with a Life-Book by her granddaughter. I wish you could have seen how eagerly she perused it, and

in her reminiscent mood related the difference from the pictures and the actual facts. For instance, under the picture of an out-going train, "They Leave for Niagara on Their Bridal Tour," the old lady laughed till the tears rolled down her cheeks, as she said: "Dearie, grandfather and I drove Dobbin a couple of miles through the crisp November air, to his new home prepared for me." "At Seventy," she found true to life, with spectacles and knitting, pictured in wrinkled hands.

This little booklet may be handed down through generations and cherished long after the little maker has grown old and passed away. It will not only give pleasure the year 'round, but the years around.

Many other booklets can be made on the same plan, such as Joke Books, etc., and the longer we posses them the more we prize them.

SARAH.

Lee County.

CAKES.

"Who Eats Rich Cake at Christmas tide Will Find Good Luck Doth Come and Bide."

Cape Cod Fruit Cake.

Cream one and one-half cups sugar and one cup of butter till smoothly blended. Add three eggs, one-half teaspoonful salaratus, one-half teaspoonful of each kind of spice, a little salt. For fruit, one-half pound seeded raisins, one-half pound currants and one-half pound finely shredded citron. Mix to a stiff batter with two cups of flour.

Christmas Cake.

Three pounds raisins seeded, one and one-half pounds currants, washed and picked, one pound of butter, one pound sugar, one-half pound alwalnuts cut fine, two bars unsweetened chocolate, seven eggs, a liberal pinch of salt, one and one-half teaspoonfuls of allspice, one-half teaspoonful cloves, two teaspoonfuls cinnamon, one-half nutmeg grated, two heaping teaspoonfuls baking powder sifted in six cups of flour, one-fourth pound citron peel, one-fourth pound orange and lemon mixed, one-fourth pound figs.

Gold Loaf Cake.

Cream a quarter of a cupful of butter with half a cupful of sugar, then add the yolks of five eggs beaten until light-colored. Sift together one cupful of flour with one teaspoonful of baking powder and add alternately with three tablespoonfuls of milk to the egg mixture, then add one teaspoonful of rose extract. This can be doubled, to make a larger cake than the recipe calls for.

Chocolate Cake.

Cream one-half cup butter with one and one-half cups sugar, add two beaten eggs, one-half cup sour milk in which has been dissolved one teaspoonful soda, two cups flour and one teaspoonful vanilla. Melt two squares of chocolate and stir in onehalf cup boiling water; when smooth, stir into the cake batter. Bake in two layers. Frosting between and on

CHRISTMAS IS HERE.

Are you ready for it? Very few, if any of us are, and the days are flying by so fast that our unfinished work seems to grow larger instead of

less, especially if we think of and plan something new each day, which many of us are doing.

Those of us who begun our Christmas preparation on the gift question weeks ago are more fortunate than those who put it off till the eleventh hour. There are so many little articles that are real pretty and useful, which can be made of bits of leftovers and remnants, in such a little time, too, that one made now and then at odd moments, soon fill the box, ready for distribution, when the holidays arrive.

I appreciate the little personal touch about gifts, as most every one does, and that keeps many of us at work unceasingly just before Christmas, while it would be easier ofttimes, to select something at the stores for our friends, but we know that they do not usually carry with them the pleasure and appreciation that those we plan and make ourselves do.

One year I failed to complete my list, and the gifts that I had expected to make for two of my friends were untouched, and as a substitute. I sent them a subscription to a magazine which they both liked so well, that they are both subscribers to that periodical yet. I think a subscription to such periodicals as Woman's Home Companion, Mother's Magazine, and many others, make an ideal gift for a housekeeper or mother.

I was allowed to peep into a Christmas box yesterday. There was a crocheted belt to be sent to an old friend living on the Western prairies.

7HAT DO YOU WANT TO PURCHASE?

Write me your wants. I will then send you a long list of articles to select from, sold at wholesale and factory prices at a saving to you of from 15 to 40 per cent. I have nothing to sell. I show you how to keep retailers' profits yourself. Send 3 cents in stamps to cover postage for Bulletin No. 13397. Address

J. E. RUE, Littleton, N. C.

Luberger Pig & Poultry Farm, Concord, N. C. Offer best strain Orpington and Leghorn Chickens-Buffor White. Cockerels \$2.00. Also Registered Berkshire Pigs. Write us.

monds cut up fine, one-fourth pound Suits Made to Measure

\$10.50 UP, EXPRESS PAID At Wholesale Prices to Members of F. E. & C. U. of A.



Ask the Secretary of your Local to show you our line of woolen samples. If he hasn't it, write to us at once. We will send it to you FREE. Fit and satisfaction absolutely guaranteed—no risk to you.

Producers & Consumers Alliance TAILORS TO MEN AND YOUNG MEN

231 to 241 S. MARKET ST., CHICAGO

I have made contract with the above company to supply F. E. & C. U. of A. members with clothes to measure at wholesale prices express prepaid.

J. R. RIVES, State Business Agent North Carolina Division.

DAN T. SMARTT,

State Business Agent Tennessee Division.

NS FREE Send us \$10 for one of our famous special 36
lb. Feather Beds. We will ship Bed and include 6 pound pair Feather Pillows FREE, freight on all prepaid. Satisfaction guaranteed. New Feathers. Best Ticking.

Agents Wanted.

Turner & Cornwell Charlotte, N. C.
Reference: Commercial National Bank.