

AMONG THE PUBLIC SCHOOLS.

THE LOST OPPORTUNITY.

(A paper read before the Madison District Teachers' Association at Stoneville January 18, which was prepared by Miss Annie Bruce Terry, of the Madison Graded School faculty.)

To my mind the saddest thing on earth is a lost opportunity. The loss of opportunities should be taken more to heart by teachers than by any other people. Let us remember that when we have saved the child we have saved the future—all is saved. The youth of our land is our greatest possession; moulding them into manhood and womanhood in the image of Christ, should be our one aim. The children are the fairest, rarest only relics of paradise. The world revolves around the child. The responsibility—the terrible responsibility of what the lives of the future men and women of our country shall be, to a great extent, rests upon us. One day we shall be called before the bar of God to give an account of the way we used our opportunities and it will be sad if we have wasted our own, but think how much worse it will be to confess that we wasted, to a great extent, the opportunity He gave us to train the bodies, minds and souls of the children He entrusted to our care. Some one has said of opportunity:

'Master of human destinies am I; Fame, love and fortune on my footsteps wait,
Cities and fields I walk; I penetrate
Deserts and seas remote, and passing by
Hovel and mart and palace, soon or late
I knock unbidden once at every gate.
If sleeping wake; feasting, rise before
I turn away. It is the hour of fate,
And they who follow me reach every state
Mortals desire, and conquer every foe
Save death; but those who doubt or hesitate,
Condemned to failure, penury and woe,
Seek me in vain, and uselessly implore,
I answer not and I return no more.'

The teacher is in a degree responsible for the health of the child. The foundation of many serious diseases is laid in the school room. These diseases come sometimes from neglect of exercise; sometimes from too long confinement in one position; sometimes from breathing bad air. The teacher should not let nothing keep her from seeing that the school is properly ventilated, and in no way neglect the physical welfare of the child. Think of the many children that have had to wear glasses at the age of 12 because a teacher gave them a desk and told them to sit there, not noticing that the sunshine glared on their backs and as a result their eyes were strained for life. Talks on the care of the throat, nose, eyes, ears, skin and teeth should be made frequently. Emphasis should be placed on the importance of brushing the teeth and keeping them thoroughly clean, because if particles of food are allowed to stay in the mouth they cause the teeth to decay and decayed teeth

form a breeding place for millions of germs. These germs pass into the stomach and cause disease. The children should be required to sit, stand and walk erect.

Positive and definite movements of the body help clear thinking. A few minutes each day should be devoted to physical culture in order to strengthen the muscles and teach the child the proper way to breathe. Breathing the proper amount of fresh air is sadly neglected and—"Breath is life and the greatest of all miracles is breath, because life itself only exists from one breath to another. He who only half breathes half lives." The Greeks realized that physical health and mental development went hand in hand and the first two years of the child's life were spent almost completely developing that most wonderful of all machines, the human body. Remember that without physical training mental development cannot reach its highest standard.

We as teachers are expected to train the mind more than any other side of the child's life. Aimless teaching is wasteful teaching. And wastefulness is a grave wrong. Like theft, every half hour squandered is a bundle of precious opportunities thrown away. The school day is short. Only about four hours are given to direct instruction. Waste is worse than theft whereby riches are transferred from one person to another. Waste robs the world of substance. It leaves mankind poorer than he would have been otherwise. Opportunity flies with the moment that gave it birth. The teacher is the steward of the educational opportunities of his pupils. We ought to count every minute and make every minute count. There is much to be done. Every person carries within the key that unlocks either door of success or failure. Which shall it be?

A teacher who enters upon the day's duties without a plan is like the captain of a ship who travels without charts, trusting to experience and luck to carry him to his destination which ends in a failure. For example, in our county is a teacher who as high as the fourth grade gives the child no training in arithmetic, spelling, English, geography and hygiene, but allows it to drag through four reading lessons a day. The main purpose of an education is to strengthen the mind rather than to load it. Reading is the most important branch taught in the lower grades, but the child's education will be deformed if his mind is only developed in this one subject. As a result of such teaching his next teacher says, "O, that from such a dunce I might be spared; They send them up to me so unprepared."

The pupils of a teacher who is satisfied with what she knows must suffer, for how can she awaken a thirst for knowledge in others when she herself no longer thirsts? In the training of the mind the part that most teachers neglect is teaching the child how to study. This point should be brought out in the assignment of the next day's work. How can this be done by a teacher that performs social duties, such as going to a dance, playing cards, entertaining a friend or spending the night out, and goes into the school room not knowing what she is going to give for the next day's lesson? If you are teaching the same grade this year you taught last and do not study the work before you assign it, but depend upon last year's knowledge to carry you through, your work in the training of the child's mind will be a failure. You cannot take a child to the heart of the lesson if you have not been there yourself. Some one has said that "A child may almost be said to be educated, who has learned to study aright."

Let us remember there is no stand still training the child's mind; we either take them forward, or they go backward. Many excuse poor, slipshod work on the plea of lack of time. But in the ordinary situation of life there is plenty of time to do everything as it ought to be done. For the main growth of our lives, we must be steadily patient, content to aim in the true direction day by day, hour by hour, minute by minute. If we fail, we must pick our selves up and go right on, not stop to be discouraged for one instant, but remember that a fall comes sometimes just before a great victory.

We come at last to the greatest of all training—that of building character in the hearts of the men and women of tomorrow. Working on human hearts and destinies is to do imperishable work, to build within life's fleeting hours monuments that shall last forever. If such grand opportunities lie within our reach, how important it is that we live for the grandest for that which will be pleasing in the sight of God every minute of our existence. Let us not lose a single opportunity to do God's work, in training the hearts of His children. He has said, "As a man thinketh in his heart so is he." How important it is for us to give them the right thoughts. Yesterday was ours, but it is gone; today is all we possess, for tomorrow we may never see; therefore, in the golden hour of the present the seeds are planted whereby the harvest for good or evil is to be reaped. One day's work left undone causes a break in the great chain that years may not be able to repair.

It is a great mission that we are sent to fulfill. Life is a real and earnest thing and we should never fail to train the soul, for "What does it profit a man if he gain the whole world and lose his own soul?"

To develop a true, pure Christian life in yourself or some one else is the greatest and best thing under the heavens. Nothing can add to its honor or value. We are in the world to make the world better, to lift it up to higher levels of enjoyment and progress, to make the hearts and homes brighter and hap-

pier by giving to those who have their life before them, our best thoughts, actions and influences. Are we doing this? Habit is man's best friend and his worst enemy; therefore we should not lose an opportunity to help the child form the right habits. We should help the children form the habit of using to the best advantage the small opportunities of life so they will be prepared to use the greater ones when they present themselves.

O, God, from whom we have received life and all earthly blessings, give unto us each day what we need give unto all of us strength to perform faithfully our appointed tasks; bless the world of our hands and of our minds. Grant that we do not for a single day forget that we are an agent of Thee. May we daily go to you for the instruction we need to make the most of our opportunities. May our lives be such as will lure those with whom we come in contact, to love and practice all that is lovely, pure, noble and worth while. Grant that we may so instill the good and right in them that they will think no evil and turn their back to the harmful, hurtful things in life. May we ever serve Thee and Thy children as we should.

REIDSVILLE ROUTE 3.

Misses Leona and Annie Strader entertained a number of their friends on Saturday night in honor of their friend, Miss Smith. The guests were met at the door and invited into the parlor where games were played. The guests departed at a late hour declaring Misses Strader charming hostesses and wishing to meet with them again in the future. Among those present were Misses Mary Setliffe, Annie Smith, Janie and Lucy Strader, Ollie Wall, Bessie Wall, Mattie Gammon, Messrs. James and Cliff Smith, Edward Strader, Willie King, Arthur and Charlie Setliffe, Weaver Strader, Weldon and Daniel Gammon, Joe Summers, Frank Gammon, John Dye, Henry Carroll, Stratton and Gammons.

Miss Mary Setliffe, of Mt. Calvary, visited her cousin, Mrs. Powell, recently.

The party given by Mr. and Mrs. W. J. Powell was very much enjoyed by those present. They played many nice games and departed at a late hour declaring they had spent a delightful evening. Those present were Misses Mary Setliffe, Annie Strader, Blanche Talley, Leona Strader, Ollie Wall, Ollie Strader, Mattie Setliffe, Messrs. Clay Hundley, Robert Dixon, Arthur Setliffe, Charlie Setliffe, Joe Summers, Hill and Setliffe.

Mrs. R. J. C. Stone is very sick, we regret to know.

The wedding bells will soon be heard.

His Stomach Troubles Over.

Mr. Dyspeptic, would you not like to feel that your stomach troubles were over, that you could eat any kind of food you desired without injury? That may seem so unlikely to you that you do not even hope for an ending of your trouble, but permit us to assure you that it is not altogether impossible. If others can be cured permanently, and thousands have been, why not you? John R. Barker, of Battle Creek, Mich., is one of them. He says: "I was troubled with heartburn, indigestion, and liver complaint until I used Chamberlain's Tablets, then my trouble was over." Sold by Gardner.

Bread Tranchoirs.

There is no city in the world where so much bread is consumed as in Paris. It is estimated that every inhabitant eats one pound a day on the average. Even in past centuries the French, especially Parisians, had a horror of stale bread. And as in those days people manufactured their own bread they had a curious way of making it palatable. Strange as it may seem, the bread prepared, huge round or square stabs, was used as a dish, on which the meat was carved and bore the name of "tranchoirs," or "tailloirs." The juice of the meat having penetrated into the bread imparted a pleasant taste and prevented it from becoming dry.—Baker's Weekly.

IN MEMORIAM—MR. THOS. M. THOMPSON.

Thomas M. Thompson died at the home of his son, J. H. Thompson, near Allison, Caswell county, North Carolina, January 15, 1913. He was born April 10, 1833, making his stay on earth 79 years, 9 months and 5 days.

He served in the War Between the States, in which he received two wounds, the marks of which followed him to his grave. He was married to Aurelia S. A. Smith, of Caswell county, Dec. 2, 1857. To this union was born 12 children, four of whom survive him—J. T. Thompson, of Melver; J. H. Thompson, of Caswell county; Mrs. Elizabeth Sutton, of Alamance county; Mrs. Rosa A. Underwood, of Rosemary, N. C. His wife preceded him to the grave 11 years, dying July 2, 1902. He had been a member of the Christian church over 40 years—showing his faith by his works. He was a kind and good husband and father, providing well for those of his household. He had been in declining health for some months, but never took his bed until about three weeks before his death. He suffered intensely, but strove to bear his pains with patience and spoke often of death, and said he was anxious for the change, and though he dreaded the sting of death he was not afraid to die. He prayed earnestly for his children left behind and the last words that we could understand was that he wished he could shout the praises of an eternal God.

He was buried beside his wife in the old church yard at Bush Arbor church, in Caswell county, funeral services being conducted by Elder B. B. McKinney, one for whom he had the most profound respect, and loved as a friend and neighbor.

While we mourn in loss, let us bow in humble submission to the will of Him who is too wise to err and too good to be unkind.

Written by his son,
J. H. THOMPSON.
Milver, N. C., Jan. 23, 1913.

The Republicans in the Legislature cast their votes for Dr. Cyrus Thompson for United States Senator in opposition to Senator Simmons.

A NOTRE DAME LADY'S 'PEP'

To all knowing sufferers of rheumatism, neuralgia or muscular or of the joints, sciatica, lumbago, backache, pains in the kidneys or in the legs, to write to her for a home treatment which has repeatedly cured all of these troubles. She feels it her duty to send it to all sufferers FREE. You cure yourself at home as thousands will testify—no change of climate being necessary. This simple discovery banishes uric acid from the blood, loosens the stiffened joints, purifies the blood, and brightens the eyes, giving elasticity and tone to the whole system. If the above interests you, for proof address Mrs. M. Sumner, Box R, Notre Dame, Ind.

NATURE'S ESSENCE... Extracted From Forest Plants.

Nature's laws are perfect, but disease follows if these laws are not obeyed. Go straight to nature for the cure, to the forest; there are mysteries here that we can fathom for you. Take the bark of the wild-cherry tree, the root of mandrake, stone, Oregon grape root, quercin root, blood-root and golden seal, make a scientific, non-alcoholic extract of them with just the right proportions and you have

Doctor Pierce's Golden Medical Discovery.

It took Dr. Pierce, with the assistance of two learned chemists, eight years of hard work experimenting to make this pure glyceric extract and alternative of the greatest efficiency and without the use of a particle of alcohol.

Just the sort of remedy you need to make rich, red blood, and cure that lassitude and feeling of nerve exhaustion. Dr. Pierce's Golden Medical Discovery bears the stamp of Public Approval and has sold more largely in the past forty years than any other blood purifier and stomachic tonic.

"Some time ago I got out of health—my stomach seemed to be the seat of the trouble," writes Mrs. EDNA WILLIAMS, of Belleville, Kans. "I consulted to doctor with all the doctors at home as well as with other specialists on stomach and digestive organs. None seemed to do any good—in fact, most of the medicines did me harm. Finally, I wrote to Dr. Pierce, Buffalo, N. Y., who replied, stating that I had liver complaint, indigestion and constipation, and advised Dr. Pierce's Golden Medical Discovery and 'Pleasant Pellets'.

"The 'Discovery' and 'Pellets' have put me on my feet again!—I seemed to be just what I needed. I could not have recovered without them."

Dr. Pierce's Pleasant Pellets are for liver ills.

HOW YOU CAN HELP THE POOR WITHOUT GIVING THEM MONEY

A man comes to you with a story of distress. You give him a dollar or a meal and send him on his way. What permanent good did you do?

SEND HIM TO US.

And not only one who applies for help, but if you hear of any one sick, in need, and distress, notify some member of the committee whose names are given below.

It is our mission to give all cases of distress immediate attention and to find means suitable to the individual, to remove the cause and place him on the road to self-support. We need friends to help us care for the cases we are receiving. We need clothing of all kinds, sizes and ages. We need undergarments, shoes. Take inventory of your second-hand garments, let us have what you can not use. Phone us and we will send for them.

ASSOCIATED CHARITIES
Reidsville, N. C.

LOOKOUT COMMITTEE.

Mrs. A. S. Galloway, Chairman, 'Phone 121.
Mrs. J. D. Huffines, District No. 1, 'Phone 235-J.
Mrs. R. B. Montgomery, District No. 2, 'Phone 83-J.
Mrs. W. B. Wray, District No. 3, 'Phone 111.
Mrs. Francis Womack, District No. 4, 'Phone 141-J.
Mrs. J. H. Womack, District No. 5, 'Phone 115.
Miss Parks, City Missionary, 'Phone 212-L.
Miss Mollie Fetzer, 'Phone 223-L.

(This space compliments The Reidsville Review.)

IS YOUR SUBSCRIPTION DUE?

Lameness

Sloan's Liniment is a quick and reliable remedy for lameness in horses and other farm animals.

"Sloan's Liniment surpasses anything on earth for lameness in horses and other large animals. I would not sleep without it in my stable."
MARTIN DOYLE,
62 West 12th St., New York City.

Good for Swelling and Abscess.
Mr. H. M. Gibbs, of Lawrence, Kan., R. F. D., No. 3, writes: "I had a mare with an abscess on her neck and one 50c bottle of Sloan's Liniment entirely cured her. I keep it all the time for calls and small swellings and for everything about the stock."

SLOAN'S LINIMENT

is a quick and safe remedy for hog cholera.

Governor of Georgia uses Sloan's Liniment for Hog Cholera.

"I heard Gov. Brown (who is quite a farmer) say that he had never lost a hog from cholera and that his remedy always was a tablespoonful of Sloan's Liniment in a gallon of slops, decreasing the dose as the animal improved. Last month Gov. Brown and myself were at the Agricultural College building and in the discussion of the ravages of the disease, Gov. Brown gave the remedy named as infallible."
"OBSERVER."

SAVANNAH DAILY NEWS.
At All Dealers, 25c., 50c. & \$1.00.
Sloan's Hook on Hoses, Cutlery, Hogs and Poultry and Iron.

Address Dr. Earl S. Sloan, Boston.

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Is caused by indigestion, and that disorder brings on headaches, sallowness, languor, dizziness and a general discouraged feeling.

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(THE POWDER FORM)

Corrects All Disorders in the Stomach and Bowels

Its powerful, reviving and regulating influence in the liver and digestive organs brings an immediate improvement. You feel better. The bowels move freely so that the impurities that have clogged up the digestive tract find an outlet. When the system has been thus purified the bilious half-sick feeling disappears; the complexion improves, the breath becomes sweet, the mind throws off gloomy forebodings, and there is a fine feeling of energy and exhilaration all through the body.

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Price, Large Package, \$1.00

Ask for the genuine with the Red Z on the label. If you cannot get it refer to us, we will send it by mail, postpaid. Simmons Liver Regulator is put up also in liquid form for those who prefer it. Price, \$1.00 per bottle. Look for the Red Z label.

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By placing your order with JIM ROBINSON for a new STUDEBAKER Auto mobile. The STUDEBAKER 35, electric light, self-starter, 6-passenger car is the biggest value on the market for the money—\$1290 f. o. b. Detroit. Also the STUDEBAKER 25 for \$885 is another winner.

AND KEEP IT RIGHT

By going to his place if you need anything in the Farmers' Hardware line, such as Plows, Harness, Buggies, Wagons, Binders, Mowers, Hay Rakes, Plow Steels and Castings, and the best line of Fertilizers to be found anywhere. Also a big car of the best Rubber Roofing on the market. We have got the goods—as good as, or the best, on the market—and don't want them. You do. The prices are right. Come and get them. Cash or on time.

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