

Keeping Yourself Well

DRIVING OUT CATARRH
If people know how the presence of catarrh is a constant menace, they would have none of it. It infests some part of the delicately adjusted body and makes it useless, thus throwing on the other organs more than their share of work.



PERUNA TABLETS
The aim is to clean out waste matter, to dispel the catarrhal inflammation, and to tone up the whole system.

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THE ROYAL CAFE
We take pleasure in announcing that we have secured the services of Mr. Hayward Swann as Caterer at the Royal Cafe.

THE ROYAL CAFE
We serve all the delicacies of the season. Our regular 35c dinner can't be beat.

THE ROYAL CAFE
O. W. GWYNN, Manager

RIGHT CARTRIDGES for your Pistol or Revolver

YOU want dependable ammunition, whether for target work or other shooting, ammunition in which the scientific combinations of materials—shell, powder, bullet and primer—have been worked out by experts.

Remington-Union Cartridge Co.
No matter what the make or caliber, we can supply you with Remington UMC world standard cartridges to fit your pistol or revolver.



Wood's Special Grass and Clover Seed Mixtures

Best for Permanent Hay and Pasture Yields. Put up in proportions as experience has shown best suited for the different soils and purposes for which they are recommended.

Wood's Seed Catalog for 1917 gives full information, together with letters from customers giving their experience.

T. W. WOOD & SONS, SEEDSMEN, - Richmond, Va.

The Review and Bryan's Companion \$2.00 per year.

A SUBMARINE ON ACTIVE SERVICE

Its Commander Has Almost Superhuman Task.

MENTAL STRAIN IS GREAT

Technical Skill of a High Order and Tireless Endurance Are Required. Men Must Be Temperamentally Qualified and Almost Perfect Specimens of Physical Fitness.

The submarine, with the memories it raises of a destructive career, dwarfs and shadows the land warfare of today. The successful submarine commander is the most skillful corsair of the time—perhaps not equaled in any time.

Qualities of a Commander. There is much mystery about the submarine commander. The Germans, who should know, have written nothing about him.

Great Mental Strain. Admiralty orders assign to a submarine (the context shows that a vessel of about 1,100 tons is meant) two chief officers, a commandant and an officer to take his place.

At an auction sale of registered Holstein-Friesian cattle, held recently in Rome, N. Y., Crumelle Topsy Ormsby Toke, reputed to be the world's champion milk producer under four years, was sold for \$5,000.

CASTORIA For Infants and Children in Use For Over 30 Years

Winter Brings Colds to Children. A child rarely goes through the whole winter without a cold and every mother should have a reliable remedy handy.

WOOD'S SPECIAL GRASS AND CLOVER SEED MIXTURES

WOOD'S SEED CATALOG

When Croup Comes Treat Externally

The old method of dosing delicate little stomachs with nauseous drugs is wrong and harmful. Try the external treatment—Vick's "Vap-O-Rub" Salve.

VICK'S VAPORUB SALVE

WOMEN EAGER TO SCRUB OR SPY

Others Want to Drive Autos For Uncle Sam.

SHOW PATRIOTIC SPIRIT

Women In New York City and In All Other Parts of the Country "Flock to the Colors" to Help in Case of Conflict.

"There will be lots of women to hold the hands of wounded soldiers in case of war, but we're ready for real work. Put us down for scrubbing floors or anything."

These were the actual words and this was the general spirit of a line of women volunteers that crowded the registration room of the League For Women's Service in New York to give their names as candidates for any tasks the men must leave undone if war comes.

The same patriotic spirit is being shown by women all over the country. More than 150 registered personally during the first day in spite of the blustery weather.

A woman who said that she had served with Lord Kitchener and another who said that she knew all the German methods of spying were among those who offered their services. A full fledged woman engineer wrote down her name.

"I have driven my own automobile for the last six years and would be willing to do so in the service of the country," said one wealthy woman.

To Meet Teuton Methods. "I think I might be of some service in case of war," a woman wrapped in furs suggested. "I lived in Germany for fifteen years, and I have seen a great deal of their methods of spying in the present European war."

"You can get me at any time," another quiet little woman offered hesitatingly. "I drove an ambulance under Lord Kitchener in England and would be glad to do anything that I could here."

Another woman offered herself for packing bandages. Her husband was a doctor, she said, and she knew that he would not be willing for her to do nursing, as he wouldn't consider her competent. But she was a good bandage packer, she said.

"I am an Australian and would like to be helping England. Since I can't do that I want to help America," one declared. "I'll do anything that no one else wants to do."

D. A. R. Begins Its Work. "The greatest amount of service any group of American women have ever offered to their country," is the ideal of the 95,000 Daughters of the American Revolution, who were called to organize for possible war by their president-general, Mrs. William Cunningham Story.

CASTORIA For Infants and Children in Use For Over 30 Years

WOOD'S SEED CATALOG

An Avoided Judicial Murder

By RICHARD MARKLEY

One morning a comely young woman entered a pawnshop and offered a diamond ring as security for a loan. The broker, after examining the stone, looked at the inside of the ring and saw the initials E. A. B. to J. S.

"What is your name?" asked the broker.

"Julia Amory," J. S. might mean Jane Severance, a widow for whose murder Andrew Bowers was to be hanged the next day.

Julia Amory upon examination broke down and confessed that she had murdered Jane Severance. She said that she had been a seamstress in Mrs. Severance's home, had seen the ring in a box of silver articles and jewels and had coveted it.

Andrew Bowers was a young man about twenty-five years of age. He had become acquainted with the widow, who was thirty years his senior, and she made a ward of him.

As soon as the authorities were convinced that Julia Amory's confession was true they released Andrew Bowers, but not before they had confronted him and her. They took him to the prison where she was confined and left him with her for a few minutes, the detectives keeping within hearing.

After his release Bowers went to the house where Mrs. Severance had lived and possessed himself of the box she had told him contained articles that concerned him.

When Bowers told his story: "When I was taken to the jail where the woman who confessed was confined I recognized my betrothed. She gave me a look of caution and slipped into my hand a paper telling me that if I were released to disappear; she would later offer proof of her innocence."

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OUR LUNGS ARE DELICATE

Overwork, lack of fresh air, mental strain or any sickness disturbs their functions. Stubborn coughs tear and wear the sensitive lung tissues.

SCOTT'S EMULSION

should be taken promptly for hard coughs, unyielding colds, or when strength is lowered from any cause. Its high nutritive value creates resistive force to ward off sickness.

Refuse Alcoholic Substitutes Which Exclude the Oil.

SEVENTEEN BILLS CALL FOR SPY PROSECUTIONS

Reported In the Senate and Pressed For Early Passage by the President.

The seventeen bills drafted by the department of justice to give the federal government greater power in the prosecution of spies, conspirators and offenders against American neutrality have been reported to the senate by the judiciary committee.

Acting Chairman Overman expects to call them up for action at the earliest possible moment. They were favorably reported to the house the other day and will be pressed for early passage there also, in compliance with a request from President Wilson.

Among the bills are measures to punish spying on any work of national defense, forgery or fraudulent obtaining of passports, destruction or crippling of foreign ships in American harbors, conspiracies to interfere with the export of munitions and many other provisions suggested by the plots of foreign sympathizers since the war began.

TO BUILD SHIPS FOR ENGLAND

San Francisco Order First Placed by Britain In United States In 50 Years.

"It is the first time in fifty years that England has ordered a ship built in the United States," said an official of the Union Iron works of San Francisco in announcing recently that the concern had closed a contract to build three 10,000 ton steel freighters for British firms.

The price was not made public, but speed, it was said, was a feature of the contract, which called for the completion of the three ships within eleven months.

USE "CASCARETS" FOR LIVER AND BOWELS WHEN CONSTIPATED

When Bilious, Headachy, Sick, For Stomach, Bad Breath, Bad Colds.

Get a 10-cent box. Take a Cascaret to-night to cleanse your Liver, Stomach and Bowels, and you will surely feel great by morning.

Cascarets immediately cleanse and regulate the stomach, remove the sour undigested and fermenting food and foul gases; take the excess bile from the liver and carry off the constipated waste matter and poison from the bowels.

Remember a Cascaret to-night will straighten you out by morning. A 10-cent box from your druggist means healthy bowel action; a clear head and cheerfulness for months. Don't forget the children.

Chamberlain's Cough Remedy Highly Recommended.

"I'm thoroughly convinced that if Chamberlain's Cough Remedy that if a fair trial it will cure the most severe cold. I cannot speak too highly of it as it always cures and is pleasant to take," writes Mrs. Charles Saxby, Litchfield, Ill.

Chamberlain's Cough Remedy Highly Recommended.

Economical Power of Printing

WE OFFER YOU QUALITY Of the Highest Character

PRICES LOWEST POSSIBLE SERVICE Efficient and Prompt.

W. M. Oliver Printing Company, REIDSVILLE, N. C.