

Spring Colds Are the Worst

They lead to catarrh and pneumonia. They weaken the entire system and leave it unable to resist the sudden changes. They interfere with your digestion and lessen your activity. Neglected they soon become that dread disease known as systemic catarrh. Don't neglect them. It's costly as well as dangerous.

PERUNA Will Safeguard You

Have a box of Peruna Tablets with you for the sudden cold or exposure. Tone your system up with a regular course of the liquid Peruna, fortify it against colds, get your digestion up to normal, take care of yourself, and avoid danger. If you are suffering now begin the treatment at once. Give Nature the help she needs to throw off the catarrhal inflammation, and again become well. Peruna has been helping people for 44 years. Thousands of homes rely on it for coughs, cold and indigestion. It's a good tonic for the weak, as well.

The Peruna Company, Columbus, Ohio

C. Kent Lewis

FOR

Electric Signs, Road Signs, Calendars, Summer Fans, Fly Swatters, Yard Sticks, Ice Cards, Aluminum Business Cards, Novelties in Leather, Celluloid, aluminum and wood.

Our office is now equipped with a Printype Oliver No. 9, and we make off statements, write business and love letters, and do special stenographic work.

Also carry a full line of paints, oils and leads, and are now selling dealers in Reidsville all the fish and oysters they handle.

Our office is quiet and businesslike and any and all work is strictly confidential. Phone 296-J.

Office over Rockingham Vulcanizing Co. Room No. 1.

If it's made for advertising, we either have it, make it or can get it.

Rheumatic Pains Relieved

"I have used Chamberlain's Liniment for pains in the chest and lameness of the shoulders due to rheumatism, and am pleased to say that it has never failed to give me prompt relief," writes S. N. Finch, Batavia, N. Y.

THE NEWS IN BRIEF SINCE OUR LAST ISSUE

The Florida Senate by a vote of 23 to 7 passed joint resolution to submit the equal suffrage amendment to the voter in 1918. The resolution goes to the House for consideration.

Official notification of the Turkish government breaking off diplomatic relations with the United States was received by the State Department from a dispatch from American Minister at Berne Switzerland.

Despite German submarine campaign, American exports in March reached a value of \$51,278,000, which has been exceeded only once, last January, the best month of the country's history. Imports of \$270,484,000 set a new American record.

According to the Berlin Vorwaerts, the strikes continue everywhere in Berlin and Chancellor von Bethmann-Hollweg's reply to a deputation of workers from the Seutsche Waffen and Munitionfabrik of Berlin, was a declaration to assume the task of arbitrator.

The United States battleship, New Mexico, was successfully launched at the Brooklyn navy yard Monday. The New Mexico is said to be the first battleship to be equipped with the electric drive, and will have a displacement of 32,000 tons, and carry 12 1/2 inch guns. She is a sister ship of the Mississippi now being built at Newport News.

The reserve of the Episcopal church fund of which \$5,000,000 was sought originally, has passed \$7,500,000, Bishop William Lawrence announced at a dinner given him by the Episcopalian club at Boston. The exact use to which the overflow will be placed is uncertain, because the insurance department of the State of New York must pass on the proposition. In time, Bishop Lawrence told the club, the overflow would go to aged or disabled clergy or to the widows and orphans of clergymen, and probably would be used toward bringing them into the full benefits of the system sooner than would otherwise be possible.

The fact that the banks of the country oversubscribed the two billion dollar treasury certificates indicates that there will not be a real deal of trouble in getting the money with which to fight this war with Germany. Some of the big bankers a few days ago expressed the opinion that the government would have trouble in financing the war on such a big scale. Of course the bond issue for five billion dollars may not go so rapidly, but the freedom with which the banks made bids for the certificates of indebtedness indicated that the banks of the country were very anxious to lend the government money even at the small rate

of interest that will be paid for this debt.

Proposed change of Durham's aldermanic form of government to a managerial form was defeated in an election Monday. Opponents on the managerial form rolled up a majority of 295 votes. The managerial form voted upon is known as plan D of the new municipal bill passed in last general assembly.

Charlotte voted by a majority of 422 to adopt the commission form of government. The new charter will become effective in May, the city to be governed by a mayor and two commissioners to be chosen by election May 8. The election was held under a new State law allowing cities to choose which charter it shall adopt from among several authorized by the legislature.

The R. J. Reynolds Tobacco Company has made the very gratifying announcement for its thousands of operatives that, beginning with the next pay day, all employees in the manufacturing departments would receive an increase of 10 per cent in wages. This will apply to every man, woman and child. This will mean a total increase of the company's payroll of about \$7,500, or \$390,000 per year, counting 52 weeks.

John A. Lamb, who shot himself through the head in his home Monday died in Richmond in Stuart Circle hospital. He did not regain consciousness from the time his body was found lying on the floor in his room. He was about forty-two years old, married, a successful lawyer and had been in poor health for some time. He was a son of Capt. John Lamb, for two years a member of Congress from that district. No cause is known for the shooting other than that his health had been poor for a long time.

"There are a million colored men in the United States awaiting the call to service; they are ready for a long or short war, hesitating at nothing," declared T. W. Thurston, colored at Kingston. Thurston, superintendent of a local manufacturing plant, holds one of the biggest industrial positions in the South for a man of his race. They are saying to the President, call us, arm and give us a place at the front and we will make America proud of her colored citizens or report to God the reason why," he said.

Further encouraging reports from Russia came in a dispatch to the State Department telling of the effect of President Wilson's war address and declaring that Russia under the new democratic provisional government is no more likely to abandon the war without achieving her object than is the United States. Recalling that one of the impelling causes for the overthrow of the imperial regime

was the belief that it was planning a separate peace, the dispatch said the revolution would expedite the defeat of Germany and the establishment of a general peace.

THRIFT

(By J. Oscar Thomas, Spray High School—First Prize in Thrift Contest)

The common short definition of thrift is "frugality", which means a little something different from mere economy or saving. But this does not make the term clear enough to serve as the basis of a discussion. The word thrift means more than economy. It means intelligent economy. It has a much broader meaning than saving money for it also covers the conservation of other valuable things. It is poor economy to save dollars, and then carelessly permit the destruction of property that it takes dollars to replace.

Thrift is not miserliness, for it contemplates discrimination. It is not thrift to spend ten cents worth of time gathering up some wasted material that is worth but five cents. Thrift is consistent and sustained. It profits nothing to save small things to spend in periodical sprees of extravagance on larger things.

Thrift involves the intelligent use of money and necessities a good understanding of the real value of money. Money is useful only for the things it will secure. Just as the sun stored up energy in the ages past, and the squirrel hoards its stock of nuts for the coming winter, so we can conserve our own energy by saving a part of our earnings.

The main objects for which men save money are to protect themselves from poverty in old age, to give their children a start in life, and to secure some of the comforts of life for themselves. In early life the most intelligent object for which one can save his money is to secure an education or technical training which will enable him to increase his earning capacity and wield a greater influence in all walks of life.

It is not thrift, but foolish extravagance, to use poor or dull tools to save a little money, when good tools would increase the profits far beyond the mind to which the most wonderful of all instruments, and which responds to training as readily as an edged tool does to sharpening.

In order that the plan of saving may be a success one must begin in a methodical way. Form the habit of saving a certain amount in a given period of time and it soon becomes natural to reserve a part of your funds to the savings account. This not only adds to one's financial ability, but also develops within a person manliness and self-reliance, and gives him a fixed purpose in life.

One should use judgment in investing his savings. Thrift means nothing more to a man who permits some scheming fellow to come along and persuade him to invest his savings in some wild speculative enterprise. Savings should be invested in real estate or some business which is absolutely safe.

In short, thrift may be summed up as the art of getting most out of life—in a material way—in the best manner and for the longest time. And while this has nothing to do with the spiritual side of a man's nature, it is true that the self-denial necessary to save, and the sound business judgment to guard one's savings and utilize them wisely afterwards are very material helps in the development to steady character.

SPECIAL NOTICE TO COUNTY CROP REPORTERS

About twenty-five citizens of Rockingham County have been selected for their special fitness to give an accurate account each month of crop conditions. Forms will be furnished them and the reports will be forwarded, in envelopes, also provided, to Mr. J. W. Dunn, Secretary of the C. & A. Association, who will in turn tabulate these figures and forward the final result to the Department of Agriculture at Washington. The results will also be on file in the office of the C. & A. Association, for inspection by any who are interested.

We want to assure these gentlemen who are to furnish these figures that in the present condition of our food supply, it is of the utmost importance that accurate information be furnished from month to month to the U. S. Government, so that should a failure or partial failure, occur at any one point, special effort may be at once made at that, or some other point to meet this condition, to the end that we may as a nation avoid the horror of hunger in the part of any of our citizens.

It will be seen therefore that the collection of this data is not merely a fad by some department official with at taste for the accumulation of figures. It is a serious and organized effort to meet the existing condition of food shortage in the United States, and the gentlemen who have been trusted with the important work of reporting conditions in Rockingham County have a work to perform which, while it will take very little time, will be just as important to the nation as would their carry arms to defend the flag.

We trust that not one of these citizens of our country will fail to measure up to the full performance of the duty he is called upon to perform.

Read the paper regularly.

Vegetable Crops for Winter Use

Farmers should pay particular attention to putting in crops, not only for summer and fall use, but also crops that can be utilized to advantage during the winter. Any surplus of Tomatoes that are grown can be easily canned for winter use in the ordinary Mason preserving jars. Pole snap beans make excellent green snaps, and the dried beans of these can also be saved to advantage for winter use. Of course, any surplus of butter beans or blackeye peas can also be saved to advantage in this way.

It is also advisable to plant crops like carrots, collards, brussels sprouts, late cabbage, beets, salsify, and turnips liberally, as all of these crops make excellent winter vegetables, and it is during the winter that the scarcity of vegetables is most felt and when vegetables sell at the highest prices.

Hubbard and delicious Squashes are very desirable vegetables to grow for winter and can be stored so as to keep well through the winter and early spring. Some of the varieties of pumpkin, also make an excellent vegetable for cooking, as well as stock feeding.

It is advisable to plant seed sweet potatoes extensively. Indications are that there will not be anything like enough Irish Potatoes to plant for late crop for winter use. Seed sweet potatoes can be obtained at the present time without any difficulty, and as they make an admirable winter food crop and are likely to be very

SENSITIVE THROATS need careful treatment from within more than they need bundling wraps during changing seasons. The pure cod liver oil in

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is helping thousands to strengthen the tender linings of their throats; while at the same time it aids the lungs and improves the quality of the blood.

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Scott & Bowne, Bloomfield, N. J. 16-12

profitable, farmers should put in as large an acreage as possible. Sweet potatoes are also one of the surest crops the southern farmer can grow. —Wood's Crop Special.

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"DRESS UP"

Spring Is Here

People are "dressing up" today, all over the country. Dress up is the spirit of the times. And no wonder--because it pays--Pays not only in satisfaction, but it pays to look prosperous; it helps to make you prosperous, and it gives self-reliance and poise.

The new colors and fabrics are now ready; the new models and styles. New variations in the "Clothes Beautiful." Smart effects in light weights. Just come in and look if you want to, the lookings are very good. The prices are from

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