

THOSE AWFUL GRAMPS

Suggestions that may save Much Suffering

Marysville, Pa.—“For twelve years I suffered with terrible cramps. I would have to stay in bed several days every month. I tried all kinds of remedies and was treated by doctors, but my trouble continued until one day I read about Lydia E. Pinkham's Vegetable Compound and what it had done for others. I tried it and now I am never troubled with cramps and feel like a different woman. I cannot praise Lydia E. Pinkham's Vegetable Compound too highly and I am recommending it to my friends who suffer as I did.”

—Mrs. GEORGE R. NAYLOR, Box 72, Marysville, Pa.

Young women who are troubled with painful or irregular periods, headache, dragging-down sensations, fainting spells or indigestion should take Lydia E. Pinkham's Vegetable Compound. Thousands have been restored to health by this root and herb remedy.

Write for free and helpful advice to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Only women open and read such letters.

PROFESSIONAL CARDS

IRA B. HUMPHREYS ATTORNEY AT LAW

Special attention to settling estates. Practice in all courts, except Record & Deeds Court. Office in Fels Building over A. S. Price & Co.'s Store.

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HOOVER TELLS OF RED CROSS WORK

Nation Comes to Rescue In Subscribing to Funds.

FRANCE NEEDS OUR HELP

Civilian Population In Reconquered Territory Left Absolutely Without Food or Homes by the Retreating Germans—Will Cost Over a Billion Dollars to Restore Their Homes.

The people of the United States showed their patriotism when they so greatly oversubscribed the Liberty Loan. Likewise in the appeal for \$100,000,000 for the Red Cross the people of this nation responded gallantly.

The Red Cross is the humanitarian side of warfare. It is just as necessary to have a good Red Cross organization as it is to have efficient fighting forces. In this connection the following statement made before the Red Cross chapters in Washington recently by Herbert C. Hoover, who has charge of the food supply of this country, is interesting:

“For nearly three years we had as one of our duties the care of the civilian population in northern France. We are, I think, the only Americans who have been in intimate contact or even in any contact with that imprisoned population. I think we are the only group who know of their suffering, of their misery, of their destruction, and who know of what confronts those people even after peace. We have always entertained the hope that possibly this or some other agency, some other organization, might be found that could bind up their wounds and take in hand their difficulties, rehabilitate them into a position again of self support.

“There is probably the greatest problem of all the war. There is an untold destruction of property, a total displacement of population, an enormous loss of human life, a loss of man power, a loss of animals, a loss of implements—a population of probably 3,000,000 of people totally and absolutely unable to get back on their feet without help.

“About the end of March the retreat of the German army over a small area opened up to the world a vision of what had really happened to the total of 3,000,000. It was but a little parcel in France that was recovered, with a population of only 30,000 people. But there was displayed the problem which confronts all of us partially today, but in a much greater measure at a later date.

“I had visited that area from behind the lines and again visited it from the allied side. I found that every village, with the exception of two small areas, had been utterly destroyed. The Germans had erected battering rams, had destroyed and burned villages, had leveled everything to the ground, had gathered up all the agriculture implements in open squares and burned them, had taken all animals and had removed all the male portion of the population between the ages of eighteen and sixty-five years.

“That is only one of the problems of France. That is but a sample of what we have to expect from practically the entire area. The cost of rehabilitation runs into figures which should startle all except Americans and perhaps Americans even in the large figures in which we have begun to think.

“I made a rough estimate of the immediate amount of money required to rehabilitate that little parcel of population. To support them for one year, to provide them with their implements, to give them the roughest kind of housing, to get them back to the point where they may get the land into cultivation and get into self support, would run somewhere from seven to ten millions of dollars. Altogether the north of France is probably faced with a total expenditure for rehabilitation which will run a billion and a half dollars.

“There is still a further field in France, and that is the children. The orphans of France increase day by day. That service is one which probably touches more nearly to the heart of every American than any other.

“The Red Cross is perhaps founded fundamentally for the care and comfort of soldiers, but we are not fighting this war alone for the direct efficiency of battle. We are fighting here for infinitely greater objectives, and there is no support that can be given to the American ideal, to the American objective of this war, better and greater than a proper organization of that side of our civilization which we believe is today imperiled. We are fighting against an enemy who had become dominated with a philosophy, with an idea for which there is no room in this world with us. It is a nation obsessed with the single idea that survival of the strong warrants any action, demands any submergence of the individual to the state, which justifies their mastery of the world.

“Our contention of civilization lies in the tempering of the struggle for existence by the care of the helpless. The survival of the strong, the development of the individual, must be tempered, or else we return 2,000 years in our civilization. While the Red Cross devotes itself to the strengthening of the strong, to the support of the soldier, it is a duty of the Red Cross to illumine that part of American character and American ideal which stands for the care of the helpless.”

Teach Watchmaking.

A tentative plan to provide employment for wounded and otherwise incapacitated American soldiers returning from the war with Germany was outlined at the session of the New York State Retail Jewelers' association held in New York city.

Eugene Tanke, president of the association, in giving his reasons why he could not stand for re-election said he had offered his services to the government to found a school of watch and clock making and repairing for the benefit of soldiers permanently crippled at the front and who otherwise might not be able to support themselves after the return of peace.

“A school of this kind,” Mr. Tanke said, “has been started in Canada and has proved most helpful in solving the problem of employment for returned soldiers losing an arm or a leg on the European battlefields or incapacitated in other ways from doing heavy labor. Schools of this kind, representing various lines of industry, have already been founded in France and are doing a great work.

“In the school I have suggested to the government the instruction would not only cover watch and clock making and repairing, but include engraving and, in fact, the general artisan features of the jewelry business. The Canadian school interested me immensely, and the thought came to me that it would be an excellent plan for such an institution to be started here promptly in order to make provision for the earlier contingents of men suffering casualties in the present conflict.”

Mr. Tanke added that, while he had not received word from the government authorities as to their attitude in the matter, he was hopeful the plan proposed would receive full official approval and co-operation. The retiring president's statement was received with applause by the 300 jewelers present, and many offers of assistance were made in the event of the government adopting Mr. Tanke's suggestion. As a token of their appreciation of his services as president the members gave Mr. Tanke a bronze piece of statuary.

FRANK DIXON

One of the most interesting lecturers who will appear at the local Chautauqua is Frank Dixon of New York. He was born in North Carolina after the Civil War, of Scotch-Irish parents, and graduated from the University of his native state. He taught school a year, entered the ministry, held pastorates in West Virginia, California and Connecticut and about twelve years ago became a Chautauqua lecturer, where he at once achieved national distinction. Since that time he has



filled an average of more than 150 lecture engagements a year in every section of the United States, returning to many towns and cities again and again.

This is Mr. Dixon's fourth season with the Swarthmore Chautauqua, and he is returning for re-engagements in practically every town.

The value of a lecture to any community lies largely in its challenge to fixed custom and established modes of thought. The moment a people becomes content with its achievements it begins to lose the power of action. The moment it ceases to create it begins to decay. To move only along the grooves of familiar thought is to invite brain paralysis. The lecturer must be the aggressor and call all men to give a reason for the convictions that they hold or abandon them for better.

Frank Dixon does this and more. He so stirs up the communities in which he lectures that something has to be done.

This year his lecture, “Uncle Sam, M. D.,” turns to the health conditions of the town in which you are living. It is economic and constructive. It is educational without being academic. He is returned to the circuit this year because there is almost a unanimous request for him.

Cholera Morbus

This is a very painful and dangerous disease. In almost every neighborhood someone has died from it before medicine could be obtained or a physician summoned. The right way is to have a bottle of Chamberlain's Colic and Diarrhoea Remedy in the house so as to be prepared for it. Mrs. Charles Enyeart, Huntington, Ind. writes: “During the summer of 1911 two of my children were taken sick with cholera morbus. I used Chamberlain's Colic and Diarrhoea Remedy and it gave them immediate relief.”

The Evils of Constipation

Constipation is one of the main reasons why the average human life is below 40 years. Leaving waste material in the body, poisons the system and blood and makes us liable to sick headaches, biliousness, nervousness and muddy skin. When you note these symptoms, try Dr. King's New Life Pills. They give prompt relief, are mild, non-gripping in action, add tone to your system and clear complexion. At your druggist, 25c.

Sour Stomach

This is a mild form of indigestion. It is usually brought on by eating too rapidly or too much, or food not suited to your digestive organs. If you will eat slowly, masticate your food thoroughly, eat but little meat and none at all for supper, you will more than likely avoid the sour stomach without taking any medicine whatever. When you have sour stomach take one of Chamberlain's Tablets to aid indigestion.

Messrs. S. Heiner & Co., now located on West Market street will move into their new store on Scales street, now occupied by Harris Bros., about July 15. In the meantime they are offering their reasonable stock of goods at prices that will astonish the most exacting purchaser, about 50 per cent below the regular price.

Coming to Reidsville!

Associated Specialties Will be at the New Southern Hotel for one day only, Monday, July 2, 1917, from 9 a. m. to 4 p. m.

OFFER THEIR SERVICES FREE OF CHARGE

The Associated Doctors, Officers and Laboratories Philadelphia, licensed by the State of North Carolina are experts in the treatment of diseases of blood, liver, stomach, intestines, skin nerves, heart, spleen, kidney, or bladder; bed-wetting, rheumatism, sciatica; tapeworm, leg ulcers, appendicitis, gall stones, goitre, piles, etc., without operation and they offer their services free to sufferers on the first visit.

No matter what your trouble may be, call and see these Specialists and have a friendly talk with them. Hundreds of people have found health and happiness in using their treatments so might you. You are taking no chances. Their opinion and services are free.

Remember the date and place.

What Does "ECONOMY" Mean?

It does not mean hoarding of money, for such miserliness would paralyze this country's industries. Nor does it mean buying the lowest-priced goods, because the better the quality, the lower the cost, when measured by the period of service. And so, if there ever was a time when quality counted, it is NOW. If there ever was a time when a man ought to buy the best clothes he can afford, that time is NOW. When in need of anything in the Clothing line be sure to see us.

CARHART OVERALLS for sale here.

WILLIAMS & CO.,

“The Man's Store.”

NOTICE TO CUSTOMERS

Frequently we are asked concerning our storage rules. Since we do not cultivate to storing plan for grain and do so only as a matter of accommodation to customers having no place to take care of their grain, and making no charge for same we feel it to our interest to protect ourselves in the following manner:

1. We will not store grain for speculation under any circumstances. If you have grain for sale we will pay market prices day of delivery.
2. It is understood that when you store grain in our elevators that we are to grind same.
3. Flour due of wheat left in our

4. We are not responsible in case of fire or other unavoidable accident.
5. We reserve the right to refuse any grain which we deem unfit for milling or that will cause us any expense while in our hands.
6. Unless you agree to above rules we will thank you not to ask us to store your wheat.

W. B. & J. F. WRAY

Has a Good Opinion of Chamberlain's Tablets

“Chamberlain's Tablets are a wonder. I never sold anything that beat them, writes F. B. Tressy, Richmond, Ky. When troubled with indigestion or constipation give them a trial.”



“When you pay more than Fisk prices, you pay for something that does not exist.”

Who Wouldn't Smile!

THIS man has learned that tire satisfaction is to be measured by the extent of the manufacturer's interest in the car owner's personal experience.

His money buys unusual mileage and real non-skid protection plus the basic Fisk Policy to see that dealers and users alike get full value from

FISK TIRES

“The price is right and fair”

Fisk Tires For Sale By

AMOS MOTOR COMPANY.