

**BIG JOB FOR RAILROADS.**

**Will Have to Transport 687,000 Men to Various Cantonments.**

Altogether 687,000 men will have to be transported to the various cantonments that the government is building to house the new national army. The movement will start Sept. 5. Between that date and Sept. 9 the railroads will complete the entrainment of 200,000 men, or approximately 30 per cent of the total number scheduled to be moved to the various training camps.

It is expected that a second movement of approximately 200,000 men will begin on Sept. 10, continuing for four days thereafter, and a third movement of the same size on Oct. 3.

Some conception of the magnitude of the task confronting the American Railway association in preparing schedules that will assure the safe and prompt transportation of these armies without interfering with regular traffic may be gleaned from the fact that to move merely one field army of 80,000 men requires 6,220 cars made up into 300 trains with as many locomotives and train crews.

Meanwhile, in addition to moving the 687,000 recruits for the national army, the railroads have been asked to supply transportation for the 350,000 members of the national guard to their training camps. This national guard movement has already started and will continue in increasing volume until all have been moved.

**RECRUIT DEPOT NAMED.**

**Designation of Fort Thomas Forecasts General Service.**

Fort Thomas, Kentucky, is designated as a recruit depot and turned over to the adjutant general of the army in orders issued forecasting the organization of a general recruit depot service.

Through this service new men will be fed into the regular and national guard regiments, including both volunteers and men mobilized under the selective draft law. Wounded soldiers who have recovered sufficiently to return to the front also will be sent forward through the general depot. Because of the time required to reach France, it is understood a general recruit depot will be established on the other side, which will be fed from the depot here and in turn supply men to regiments at the front as they are needed to fill the gaps. The preliminary training of recruits will be carried on at the depots, and the men coming back from the hospitals will be given the physical exercise necessary to harden them for active duty.

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**Lockjaw and How to Prevent It**

THE cause of lockjaw, or tetanus, as doctors call it, is a germ which naturally inhabits the intestine of horses, cows, sheep and other animals. This germ pollutes the ground wherever animals run, and in the summer time it may survive in the manure and dirt for a long period. There fore a wound sustained on the road way, about the barn or barnyard or in



**A GOOD CHANCE FOR LOCKJAW.**

A slight wound infected with manure is likely to cause lockjaw. Safety First.

the garden is more liable to admit the germ to the blood.

Every one knows that when we vacinate we endeavor to scratch the skin without causing actual bleeding, because bleeding washes out the virus and prevents a "take." Well, the same holds true in a certain measure in lockjaw infection or other kinds of blood poisoning. A slight abrasion, scratch, puncture or cut that bleeds little or none at all is more likely to be followed by lockjaw than a freely bleeding, open wound.

Perhaps if every slight wound were at once antiseptically treated by applying tincture of iodine thoroughly or by having the doctor cauterize it with stronger germicides no lockjaw or other blood poisoning could occur. But if you neglect the trifling injury for several hours there is always a certain chance of such infection.

Lockjaw is so named because one of the earliest symptoms is stiffness about the throat and jaw, a sensation like a "sore throat" coming on. This may be felt from a few days to two or three weeks after a slight injury. Besides, the victim is very nervous, twitchy and jumps when the least bit startled. As the attack goes on stiffness of the muscles of the body everywhere will be felt, with jerky twitchings and finally severe convulsions.

The safest treatment of all trifling wounds in warm weather is immediate antiseptic or cauterizing applications by a doctor and then a hypodermic injection of lockjaw antitoxin. Probably no case of lockjaw has ever occurred

after this antitoxin has been administered at the time of the accident.

A wound in which lockjaw infection is present may appear to be healing perfectly. Sometimes, however, there are drawing or shooting sensations in or near the wound, or a feeling of tension or fatigue annoys the victim for days before the onset of more serious trouble.

In a case of deep puncture or stab wound or a wound in which the tissues are much lacerated and crushed or one in which foreign matter, such as powder, clinders, dirt or particles of clothing, is imbedded it is always advisable to have the wound laid open and thoroughly cleaned out by a doctor at the earliest possible moment, as such injuries offer ideal conditions for the development of lockjaw infection.

**QUESTIONS AND ANSWERS.**

**A Test That Does Not Signify.**

If one placed a bottle of urine on a shelf and let it stand for twenty-four hours, does the appearance of a sediment indicate kidney trouble?

Answer.—No. Sediment would naturally settle in a specimen standing for several hours in a fairly warm place, even if the individual is perfectly well. That idea is one of the tricks by which purveyors of worthless kidney medicines persuade credulous folk to buy the stuff.

**Tonsillitis Is Catching.**

Is acute tonsillitis catching?

Answer.—Every simple "cold," so called, and every acute sore throat is catching. The germs which may produce a "bad cold" in one case may produce a severe attack of tonsillitis in the next victim or an attack of pneumonia in some one else. If all alleged common "colds" and sore throats were dealt with as carefully as diphtheria is dealt with by intelligent people nowadays this disease would become as rare as diphtheria now is.

**Preparedness Against Typhoid.**

I am planning to spend a month in a place where there has been considerable typhoid fever. What precautions can I take to avoid the fever?

Answer.—Present yourself to the family doctor a month before you go away and have him administer the prophylactic (vaccine) treatment, which will be your best protection against infection in any circumstances.

**The Dose of Antitoxin.**

Are 20,000 units of antitoxin an overdose for a moderate case of diphtheria in a boy eleven years old?

Answer.—Often at least 20,000 units would be necessary in order to neutralize 20,000 units of diphtheria poison in a little patient's blood. The diphtheria germs work night and day to kill the boy. The antitoxin ought to be given in too small doses, never too large doses.

**Beef, Iron and Wine Versus Milk.**

Is beef, iron and wine a good thing to build up the blood of a person who is run down and weak?

Answer.—You could put about all the beef and iron in the bottle in your eye without irritating the eye much. It is present chiefly on the label. As for the wine, after you have extracted the kick from the wine—the alcohol—there is little left in it for your blood. A plate of milk or a sandwich or an apple or a dish of hog and hominy will give the blood more building material than many bottles of beef, iron and wine.

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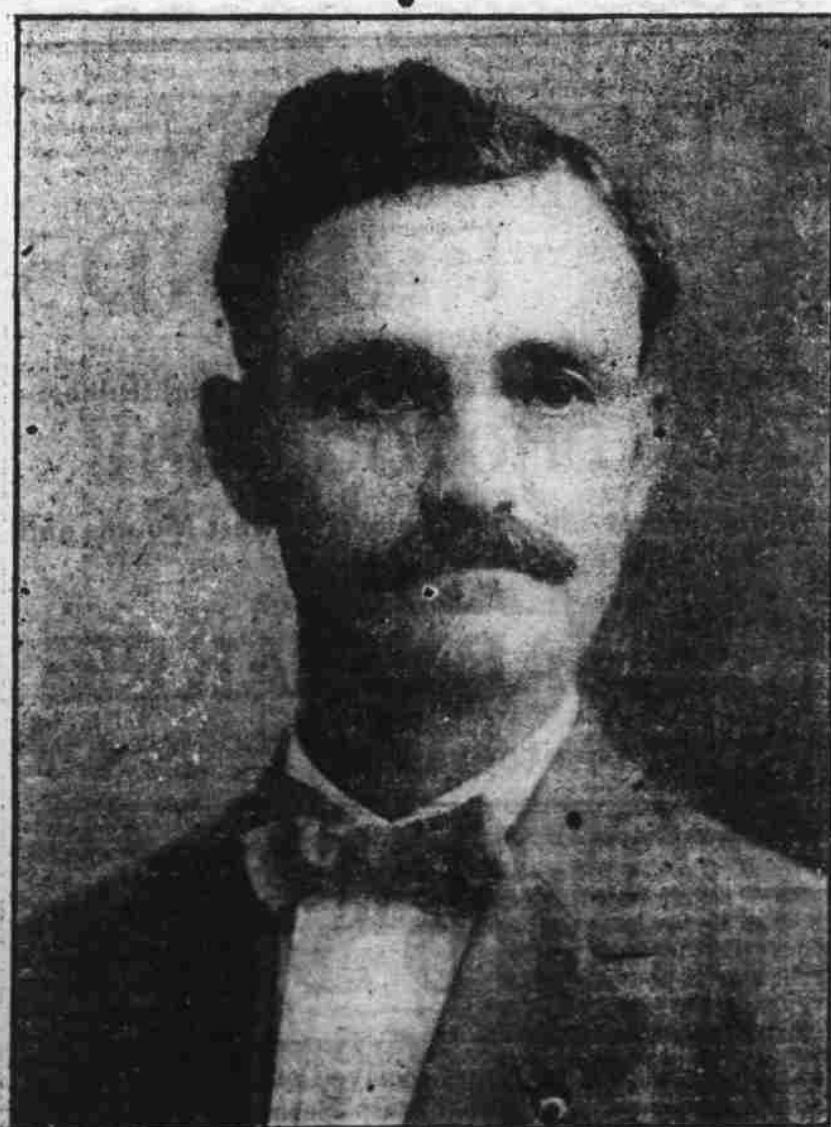
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