TUESDAY, DEC. 18, 1917



Positive—Convincing Proof

Many so-called remedies for anaemia are only so in name. Their mak-ers are afraid to prove their claims by telling what their medicines contain. The only way to be honest with the

people is to let them know what they are paying for. Here is the Vinol formula. When the doctor knows what a medicine contains, it ceases to be a "patent" medicine.

B Cod Liver and Beef Peptones, Iron and Manganese Peptonates, Iron and Am-monium Citrate, Lime and Soda Glycero-phosphates, Cascarin.

Any doctor will tell you that the ingredients of Vinol, as named above, will enrich the blood and banish anaemia and create strength. When the blood is pure and rich and red, the body is strong and robust.

You can prove this at our expense because your money will be returned if Vinol does not improve your health. Sold by

CHAS. FETZER

Bleach Your Dark Skin



HAVE SOFT, FAIR, CLEAR BRIGHT SKIN

Use Black and White. Sent by Man 25c. Agents Make an Easy Living

Just try Black and White Ointment (for white or colored folks). Apply as directel on label, to face, neck, arms and hands. It is very pleasant to the skin and has the effect of bleaching dark, sallow or blotchy skin, cleaning the skin of risings, bumps, pimples, blackheads, tan or freckles -giving you a clear, soft, bright complexion, making you the envy of everybody. Sold on money-back guarantee, only 25c (stamps or coin) sent by mail.

Free

If you siend \$1 for four boxes of Flack and White Ointment, a 25c cake of Black and White Soap included free. Agents make an easy living repersenting us. Apply for territory and special deal. Address Cenn. Write now-today-while you



FOIL ATTACKS

Back-Yard Gardeners Now Turn Attention to Building Bomb-Proof Shelters-Hunt for Safety Brings to Light Many Curious Structures In London-Learn to Be Careful.

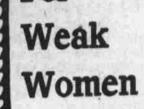
PLAN

The Londoner's particular form of individual self-sufficiency is giving way to a new feeling of real social conscience. It has been a characteristic of the Londoner that he seldom knew more than the few people who came in touch with him in relation to his work or pleasures and the neighbors dwelling on either side of his residence.

Today one can safely say that this system of isolated existence has passed away. The air raids have changed his outlook. No longer has he a reserve that takes months to break down. He meets the neighbor who lives up the street and stops him for a discussion as to the best method of cover, the details of the nearest bomb-proof refuge, the result and powers of the highexplosive shell that was last dropped in the district and the never-ending question as to the best way of defeating the German airmen.

In the days of the Zeppelin raids curiosity was the moving spirit. The resident of London or Greater London did not trouble about cover. He sought the point of vantage where it was possible he could see the picture of the great gas bag outlined in the defenders' searchlights and expressed freely his disappointment if it failed to come within his range of vision. Now he does very little star gazing, but makes for the best cover obtainable. Learn to Be Careful.

The details given at inquests on the victims of previous raids with the comprehensive instructions issued by the authorities have given him a new sense of the danger of carelessness. The instructions issued, which deal under different heads with action during raids, that cover the subject from taking cover to how to remove powder from unexploded bombs, unlike the usual official publication, make an easily understood document. It might almost be said to be the most lucid document ever issued by a government department. This has helped the Lon-00/11/11/000 doner to replace curlosity by caution. . It cannot truthfully be said that the Londoner is rattled, but it is obvious that he does not intend the Germans to win the war in the air if he can possibly help it, and with the aid of his Plough Chemical Co., Memphis, fellow citizens he hopes to reduce the danger of raids to the absolute minimum possible. Therefore the Londoner is studying cover and the resident of Greater London is digging, or rather sand bagging himself in. In practically every division the problem of shelter from bombs or shrapnel is a live subject. Many districts have a distinct shortage of decent cover, especially on the borders of London, where with the exception of the churches and public buildings there are few structures that could withstand a high-explosive bomb and few that would be a defense from an unexploded shell or large piece of shrapnel. As a consequence London is learning to dig itself in, to make a bomb-proof shelter with sand bags and to utilize other articles having a defensive value. **Busy With Shovels.** Many hundreds of Londoners have been working on the vacant lots during the earlier part of the year with the object of adding to the food supply of the country; their hard work with the spade and the hoe has taught them to dig successfully and many a snug dugout has been the result. Numbers of these can be seen around London. The fortunate possessor of a house with a basement has found no lack of visitors since raid warnings have been issued, while houses possessing good cellars have been also used as havens of refuge. The need of shelter has brought to light curious structures around London. During the last raid the police had to close a tube station owing to the number of people seeking shelter and directed the refugees to a neighboring tenement building. The visitors were conducted under the building and were astonished to find themselves in the garbage dump. The vaults under a great furniture depository made accommodation for over 1,800 people, who spent their enforced inaction sitting round in parties on old ledgers in the store. In the vaults of a factory bordering a canal several hundred people waited for the "All Clear" notice entirely unaware that the canal was running above their heads until they were dismissed by a door on the opposite side of the canal from which they entered the building. In all those temporary shelters the accommodation has been granted under the rule "women and children first," and with the slight exception of panic among the foreign element discipline has been the rule and the special police have had little trouble in controlling the crowds.



For

In use for over 40 years! Thousands of voluntary letters from women, telling of the good Cardui has done them. This is the best proof of the value of Cardui. It proves that Cardui is a good medicine for women.

There are no harmful or habit-forming drugs in Cardui. It is composed only of mild, medicinal ingredients, with no bad after-effects.

TAKE

The Woman's Tonic

You can rely on Cardul. Surely it will do for you what it has done for so many thousands of other women! It should help. "I was taken sick, seemed to be . . . ," writes Mrs. Mary E.Veste, of Madison Heights, Va. "I got down so weak, could hardly walk . . . just staggered around. ... I read of Cardul, and after taking one bottle, or before taking quite all, I felt much better. I took 3 or 4 bottles at that time, and was able to do my work. I take it in the spring when run-down. I had no appetite, and I commenced eating. It is the best tonic I ever saw." Try Cardui.

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Full of useful and valuable information in advance.

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I will be in my office in Reidsville for collection of Taxes from Friday, Dec. 21, to Tuesday, Dec. 25.



At 103 She Does War Work. Mrs. Emily Hyams of Natchitoches La, aged one hundred three, has registered for active war work. She is engaged in Red Cross and other way lief activities.



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> Make Christmas Merry We Have the Gifts

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