

### 3,000,000 FAMILIES AIDED BY RED CROSS

#### Distress In All Areas Met By Giving Food And Other Help

More than 3,000,000 families throughout the nation were given relief of various types by the American Red Cross in the past winter, to aid them in their distress caused by unemployment, disaster or other misfortune.

A major relief task, due to unemployment and other unusual conditions in the bituminous mining counties in twenty states, was met by the Red Cross chapters alone, or participating with other agencies. In these 143 counties, the Red Cross aided 90,000 families through giving groceries, school lunches, clothing, flour and other necessities to combat privation.

Flour, milled from government wheat turned over to the Red Cross by Congress, was given to 15,000,000 persons in the period from March 8 to June 30, the close of the fiscal year. Flour will continue to be given through the winter of 1932-33, and Red Cross chapters also will give cotton clothing, made from government cotton turned over to the Red Cross for distribution.

"The Red Cross faces the busiest winter since the days of the World War," Chairman John Barton Payne said. "It is organized in virtually every one of 3,072 counties in the United States, and will cooperate with all agencies to meet distress wherever found. The flour has proved of great benefit, and the cotton clothing will be given wide distribution."

#### NEW HIGH RECORD

Car loading of revenue freight for the week ending October 15, established another new high record for the year with a total of 650,578 cars.

### Overcome Pains this better way

WOMEN who get into a weak, run-down condition can hardly expect to be free from troublesome "small symptoms."

Where the trouble is due to weakness, Cardul helps women to get stronger and thus makes it easier for nature to take its orderly course. Painful, nagging symptoms disappear as nourishment of the body is improved.

Instead of depending on temporarying, take Cardul to build up your resistance to womanly ailments.

## 666

LIQUID - TABLETS - SALVE  
Checks Malaria in 3 days. Colds first day, Headaches or Neuralgia in 30 minutes.  
666 SALVE for HEAD COLDS  
Most Speedy Remedies Known.



### FINE REPAIRING

Two Expert Repairmen In Charge

C. W. STEELE  
Jeweler  
E. Main St Elkin, N. C.



### NERVOUS? SLEEPLESS?

If you are nervous and restless; if you can't sleep, tire easily, have Nervous Headache, Nervous Indigestion; if you have Sea Sickness, Train Sickness, Auto Sickness—take Dr. Miles' Effervescent Nerve Tablets.

Dr. Rogers, noted educator, writes:

"My wife has been suffering from nervousness and sleeplessness and we find Dr. Miles' Effervescent Nerve Tablets a great relief."

"I don't go much on patent medicines, but it's a pleasure to recommend a remedy that is really good."  
Rev. S. W. Rogers, Ph. D., P. O. Box 57, Key West, Fla.  
Get them at your drug store.  
Large Package \$1.00; Small 25 cents.



### HERE ARE TICKETS FOR YADKIN VOTERS

#### Both Democratic And Republican Candidates Given

In the interest of our many Yadkin county readers we are publishing both the Democratic and Republican state and Yadkin county tickets for the coming election on November 8. The tickets follow:

#### State Democratic Ticket

- For Governor J. C. B. Ehringhaus
- For Lieutenant-Governor A. H. Graham
- For Secretary of State Stacy W. Wade
- For Auditor Baxter Durham
- For Treasurer John P. Stedman
- For Superintendent of Public Instruction A. T. Allen
- For Attorney General Dennis G. Brummitt
- For Commissioner of Agriculture William A. Graham
- For Commissioner of Labor A. L. Fletcher
- For Corporation Commissioner, Term Ending 1932 Stanley Winborne
- For Insurance Commissioner Dan C. Boney

#### FOR UNITED STATES SENATOR

- For Term Ending March 4, 1933 Robert R. Reynolds
- For Term Ending March 4, 1939 Robert R. Reynolds
- FOR MEMBER OF CONGRESS Eighth Congressional District Walter Lambeth

#### County Democratic Ticket

- For State Senate J. B. McCoy
- For Representative T. W. Shore
- For Sheriff L. F. Amburn
- For Register of Deeds Loyd F. Craver
- For Coroner W. G. Leak
- For Surveyor T. A. Steelman
- For County Commissioners S. G. Allen, Paul P. Davis, C. W. Johnson

#### State Republican Ticket

- Governor: C. Erwin, Greensboro
- Lieutenant Governor: Boone D. Tillett, Charlotte
- United States Senator: Jake F. Newell, Charlotte
- Secretary of State: C. R. Brady, Conover
- Auditor: S. S. Jennings, Lenoir
- Treasurer: P. H. Gwynn, Leaksville
- Attorney General: H. S. Williams, Concord
- Commissioner of Agriculture: John L. Phelps, Creswell
- Commissioner of Labor: A. I. Ferree, Asheboro
- Commissioner of Insurance: Wm. H. Grogan, Jr., Brevard
- Corporation Commissioner: Virgie McClure, Canton

#### County Republican Ticket

- State Senate: Jeter Blackburn
- Representative: T. R. Eaton
- Sheriff: C. G. Reavis
- Register of Deeds: T. C. Prim
- Surveyor: L. A. Shore
- Commissioners: A. Dinkins, S. W. Vestal, John Davis

#### Cycle News

The heavy rains recently have thrown the farmers behind with their work.

On last Monday when the rain was falling in torrents, R. A. Dobbins went to a field near his home to move some cattle staked there. Enroute he saw a small cyclone coming up the creek. He decided to take refuge in an outbuilding but on second thought held to a tree nearby, fearing that the building might crash on him. According to Mr. Dobbins the cyclone seemed to raise above the tops of the trees and go in the direction of the mountains. The cone was approximately 75 yards wide and in the center of the current roared like thunder.

Preston Riley is building a new store and filling station at Marler. Mr. and Mrs. Will Nicks, of Winston-Salem, spent the week-end at their summer home near Bald Knob. They were accompanied by Mr. and Mrs. L. G. Johnson and children who visited their father, Rev. W. V. Brown.

On Saturday, October 22, at 5 o'clock in the afternoon, Miss Grace Hutchins, of Siloam and Luther Vanhoy, of Hamptonville, were married at the home of Rev. W. V. Brown. Only immediate relatives and friends witnessed the ceremony. Mrs. Vanhoy is the daughter of Mr. and Mrs. J. H. Hutchins, of Siloam, and Mr. Vanhoy is the son of Mr.

and Mrs. John Vanhoy, of Hamptonville. At present they are residing with the groom's parents.

Dewey Myers, of Indiana, spent some time with Mr. and Mrs. M. C. Dobbins.

### The FAMILY DOCTOR

(By John Joseph Gaines, M. D.)

#### A TALK WITH TEACHERS

It is long ago now—that I was a teacher in rural schools. I can look back and see my unfitness for such responsible position, but my standing then was "average" or above. My license was based on qualification. Standards are higher today.

If I were a teacher today, I would spend much time in trying to bring about "health habits" in the children. It can be done without books. Habits of eating, drinking, posture, and study; the proper use of the eyes with regard to light; proper forms of exercise, with caution for the growing organism not to over-tax in eagerness to break records.

Children should be taught less of vitamins than of breakfast values—begin no day's work without a good breakfast. And no hard day's work with a heavy meal. A quart of wholesome water daily for second or third grades. Bad practice to wash down solid food with gulps of water; masticate the food better—never swallow coarse, hard fibers that have to be washed down. Sit and stand erect—do not "slouch" in the living room, at dining-table, or when walking. No hard exercise immediately after eating, nor with the stomach empty. Don't go to work hungry. Children should be able to sleep on either side—I should be suspicious of the little fellow who only sleeps on his back.

Class pride in the school-room may be increased by "every pupil erect." Children love a degree of parade. An upright battalion may be organized, to overcome slouching. A better, sturdier array of bodies will be the reward. Breathing exercises pay wonderfully, and may be practiced in concert drills. Talk to the children about the lungs and their importance; start an "anti-cough" campaign, with more handkerchiefs and cough-dodging. God bless our teachers!

The Union Jack, the national flag of Great Britain, is composed of the combined crosses of St. Andrew, St. George and St. Patrick.

#### TAKE NOTICE

All who owe the Elkin Hardware Co. will please pay same at once as I have to take steps to close out the accounts. Legal action will be necessary unless these accounts are looked after immediately.

ELKIN HARDWARE CO.,  
By C. G. Armfield, Receiver.



"RADIO" BURGISS  
Phone 70 Elkin, N. C.

# It Costs So Little to PLAY SAFE

#### Trade Your Tires That S-L-I-P for Tires That GRIP

Winter's looming ahead. Roads will be slippery. Brakes stop the wheels but tires must stop the car. Get Goodyear All-Weathers with highhold-fastblocks IN THE CENTER to dig in and grip!



**X ELECTED!**  
WORLD'S GREATEST TIRE VALUE



Leads All Candidates by MILLIONS of Sales

The public votes Goodyear Tires the best again in 1932 as it has every year since 1916. That's a record you can bank on. The public KNOWS tire values by experience—it buys more Goodyears than of any other make.

Why buy any second-choice tire when GOODYEARS cost no more?

#### BEFORE STARTING THAT TRIP

Drive by and let us check your car. Expert greasing, washing and polishing. Courteous service that leaves nothing overlooked.

Shell Gas and Oil Exide Batteries  
Ignition Parts — Fan Belts  
BRIDGE STREET PHONE 16

## Double Eagle Service Co.

Elkin, N. C.

# Count the STARS!

only 5 Essolube has

New Invention gives all FIVE qualities of perfect lubricant. Hydrofined . . . no extra cost

# Essolube

THE "ESSO" OF MOTOR OILS  
HYDROFINED BY "STANDARD"

QUALITIES	PARAFFINIC OILS	NAPHTHENIC OILS	Essolube
ENGINE BODY	*	*	*
WINTER FLUIDITY	*	*	*
LOW CARBON	*	*	*
LOW CONSUMPTION	*	*	*
LONG LIFE	*	*	*

