

SOCIETY.

Mrs. Grier Is Hostess to Bridge Club Thursday

Mrs. E. C. Grier entertained the members of her bridge club at a delightful bridge-luncheon at her home on Bridge street Thursday. A beautifully appointed collation was served at one o'clock and bridge was played during the afternoon. The club award for high score fell to Mrs. E. S. Spainhour at the conclusion of the play.

Mrs. Edworth Harris Is Hostess to Book Club Friday Evening

Mrs. Edworth Harris entertained the members of her book club at the regular fortnightly meeting at her home on West Main street Friday evening. Cards were played at three tables with the high score award going to Mrs. H. B. Holcomb and the consolation prize to Mrs. Chas. Stewart.

When the cards were removed a beautifully appointed refreshment course was served.

Guests were: Mesdames T. A. Leeper, L. I. Wade, W. C. Cox, H. B. Holcomb, J. Walter Darnell, David Brendle, E. A. Harris, Knox McKee, Chas. Stewart and Miss Mattie Mae Powell.

Farewell Party to Honor Miss Jane Wilson

As a farewell courtesy to Miss Jane Wilson, who will leave Saturday of this week for Washington, D. C. to make her home, Miss Sarah Kelley Lillard entertained at a delightful luncheon at her home on Gwyn Avenue Friday at one o'clock.

Covers were placed for ten at a charmingly appointed table, which was centered with a lovely bouquet of mixed garden flowers. Miss Wilson was given a remembrance and Miss Kate Cawthon, of Jackson, Tenn., who is the guest of her sister, Mrs. Thomas Roth, was also given a remembrance.

Those enjoying Miss Lillard's hospitality were: Miss Wilson, the guest of honor, Miss Doris Poplin, Sarah Atkinson, Margaret Abernethy, Lucille Cox, Regina Meed, Louise Grier, Emaline Neaves and Miss Cawthon.

Mrs. Marion Honors Brides at Party Thursday Afternoon

Mrs. J. Coke Marion entertained at a delightful party at her home on Bridge street Thursday afternoon honoring Mrs. Max Boyles of this city and Mrs. Delbert Boyles, of Pilot Mountain, both recent brides. Bridge was played at two tables, which were placed against a background of lovely summer flowers. In the final count of scores Mrs. O. N. Swanson received the high score award and Mrs. Neva Smith Gravitt the consolation prize. Each of the honorees were presented remembrances. Miss Jo Swanson, who did not play bridge, was also given a remembrance.

When the cards were removed a beautifully appointed collation in two courses was served the following guests: Mrs. Delbert Boyles, Miss Jo Swanson, Mrs. Neva Smith Gravitt, Mrs. Jack Thore, Mrs. O. N. Swanson, Mrs. Blake Carson and Miss Ruth Jarrell, of Pilot Mountain and Mrs. Carl Boyles and Mrs. Max Boyles of this city.

Mission Circles of First Baptist Church Meet Monday Afternoon

The Circles of the Woman's Missionary Society of the First Baptist church met Monday afternoon in the following homes:

The Neal Young circle met with Mrs. Chas. Alexander on Gwyn Avenue, with Mrs. T. V. Cockerham associate hostess, with nine members and one visitor present. The devotionals were in charge of Mrs. J. F. Cooke and the program was under the direction of Mrs. T. L. Parnell, assisted by Mrs. Chas. Alexander, Mrs. T. W. Church and Mrs. M. A. Royall.

An interesting feature of the meeting was a letter on mission work in Africa, written by Miss Neal Young, a missionary for whom the society is named.

The Naomi Shell circle met with Mrs. R. P. Crater on Gwyn Avenue, with Mrs. W. S. Sale associate hostess, with twenty members present. The devotionals were in charge of Mrs. E. C. James and the program from a current issue of "Home and Foreign Fields," was in charge of Mrs. T. G. Harris, assisted by Mrs. H. G. Harris, Mrs. R. L. Poindexter, Mrs. E. F. Adair and Mrs. Lulu Weir.

A miscellaneous collection of gifts were brought to the meeting to be sent as Christmas presents to Miss Naomi Shell, missionary to Japan. A tempting refreshment course was served by the hostess during a pleasant social hour at the close of the meeting.

Methodist Circles Meet Tuesday Afternoon

The circles of the Woman's Missionary Society of the Methodist church met Tuesday afternoon in the following homes in the regular monthly meetings:

Circle number one met with Mrs. J. G. Abernethy, on West Main

street with seven members and one visitor present. Mrs. E. G. Click, circle chairman, presided over the meeting and conducted the devotionals. The program for the month, which was studied simultaneously by each circle, was "Korean Village Life." Mrs. V. Whatley directed the study, assisted by Mrs. Knox McKee. A vocal solo, "Help Somebody Today" by Mrs. Fletcher Harris, was greatly enjoyed.

Circle number two met with Mrs. J. B. Parks, on West Main street, with eight members and one visitor present. Mrs. J. L. Hall, circle chairman, was in charge of the devotionals and directed the program, assisted by Mesdames George Royall, J. B. Parks, F. W. Graham, Carl Boyles, J. Coke Marion, W. W. Whitaker and Mason Lillard.

Circle number three met with Mrs. J. S. Atkinson on West Main street with Mrs. W. M. Evans associate hostess, with eleven members present. The devotionals were in charge of Mrs. C. G. Armfield, circle chairman, and the program was in charge of Mrs. H. P. Graham, W. M. Cundiff and A. L. Griffith.

During a pleasant social hour at the conclusion of the meetings the hostesses served tempting refreshments.

The FAMILY DOCTOR

(By John Joseph Gaines, M. D.)

HEART AND MENTAL STRAIN
Some men endure mental strain and worry better than others; but it still remains a fact that the over-taxed brain, in any man, affords one of the most certain routes to "death from a heart attack."

The case of former President Wilson may be cited. His was a brilliant mentality which was worked to more than capacity limit. I never have known of a man who endured greater strain, till the collapse and the crash. His circulation gave way to cerebral hemorrhage. The strain was the real cause of death.

Then Warren Harding. A man not fitted for bearing heavy mental burdens that were his. He stimulated, laughed, struggled, and steadily weakened. It was the heart. He dropped almost as from a gun-shot. President Coolidge. I could not call him either a physical or mental giant, rather a plain, honest little fellow, capable within certain limits. The big fellows did his figuring, while he wondered what it was all about. Sensing catastrophe he announced, "I do not choose to run." Self-preservation warned—he heeded the message, maybe not knowing exactly why. At least he never explained. His heart, it was—and the end.

I could name many others, if space permitted, where men simply strained themselves into the most certain of deaths from heart disease. Yet men keep on doing it. My object in this letter is, to urge YOU to avoid worrying over-affairs that you cannot alter to suit yourself. An old farmer near me has lived to 105; I never knew him to worry over anything.

MANAGEMENT OF FEVERS
Probably four-fifths of our human ailments exhibit at one time or another a rising temperature above the normal. It is called "fever." The elevation may vary from a barely detectable increase to a raging flame that menaces life itself. There are certain principles here that most of us should know.

To attempt to demolish every fever the moment we encounter it must never be attempted. We have remedies for reducing temperature, but they must be used with the utmost care and watchfulness. The fever may be kept within safe limits, but just that, while the CAUSE of the disturbance is being eradicated.

Take the case of measles, scarlet, fever, small-pox, or any other self-limited disease. To rush the temperature to normal my first visit would be utterly stupid and maybe cost a life! These eruptive diseases must have fever, if they are to pursue a safe course to recovery. They are "self-limited" diseases that run a definite course. They must be managed and nursed to recovery.

The protracted fevers, pneumonia, typhoid, and the like, have a temperature which is an index to the amount of infection. To attempt to maintain anything like a normal temperature from drugs may bring about a weakened heart-muscle from which the victim cannot rally. To keep the temperature within SAFE limits is the art of the good physician and nurse.

Too many drugs lower temperature at the expense of the heart. How careful we must be! To lay low on the acetanilide or the acetonite the heart must be saved at all hazards. Bathing reduces temperature without harm to the vital organs in the

protracted struggle. A good "fever-doctor" is worth his weight in gold.

Yadkin Health Officer Makes Monthly Report

A total of 15 new cases of pellagra were reported in Yadkin county dur-

ing the past month, Dr. J. Roy Hege, health officer, announced Monday in his monthly report.

Health report statistics for the county during July follow: Typhoid immunization completed, 1,037-926 white and 111 colored; three vaccinated against smallpox; 70 infants immunized against diphtheria; 57

visits to pre-school children; 119 visits in the interest of school children; 143 visits in the interest of adults; 143 homes visited by nurse and sanitary inspector.

The smallest electric light, a pan-endoscope bulb, is only 1-8 inch long and 1-16 inch wide.

Judge—"You stole no chickens?"
Suspect—"No, sir."
Judge—"No geese?"
Suspect—"No, sir."
Judge—"No turkey?"
Suspect—"No, sir."
Judge—"Case dismissed."
Suspect (grinning)—"Boy, I sure was scared you'd say ducks."

Is Your Wife Cooking In A Hot Kitchen?

SHE NEEDN'T BE!

With an Electric Range her kitchen will be as comfortable as the Living room. And get this—

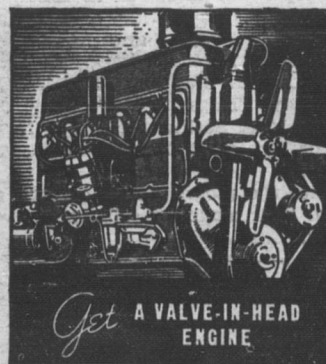
WITH ALL ITS ADVANTAGES—Coolness, Cleanliness, Convenience, Better Cooking Results, the Release of Time from kitchen work, the Elimination of drudgery, healthfulness, etc.—

- 1 The electric range, per year of service it will render, is the cheapest cook stove on the American market today.
- 2 With our new low rates, it is as cheap to cook with an electric range, according to housewives who use them, as it is to cook with any fuel.
- 3 Under our special proposition, open for a limited period, it is as easy to purchase an electric range as it is any other sort of cook stove.

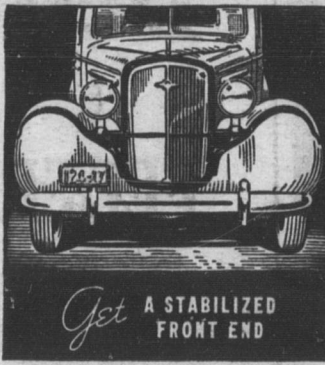
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