

BRUCE BARTON Soap



* Rich Have No Cause to Worry
A young man, who is vice-president of a New York bank, told me that he dined recently at a fashionable resort.

"All the other guests were very rich," he said. "They were older people, many of them retired. They were shaking in their boots. They are afraid

there will be a social upheaval and that their money will be taken away."

I told him I thought these people had a right to worry. "The social order will not be over-turned," I said, "nor will people like your friends be stripped of their possessions. But I do believe that the rich will be poorer and the poor will have a degree of comfort and security that they have never possessed before. And this will be better for everybody."

In saying this, I am taking a position which is contrary to my own selfish interests, for, while I am not and never shall be rich, I have an income that is much above the average. If taxes are higher, mine will go up with the rest.

But shouldn't they? What have I done to deserve as much as I get out of life?

If I have used intelligence, it is not greatly to my credit. I happened to have been born into a home of culture. I was sent to college, and my expenses were paid.

Many rich people, who are worried for fear they will have to bear a larger burden in the future, have had all these advantages, plus the added advantage of inherited wealth. When they grumble they give me a pain.

Surely, we who have had the best luck in this country are go-

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ing to be wise enough to recognize it and to assume cheerfully our full share of the load.

... Take the Profit Out of War
My friend Admiral Samuel McGowan was purchasing agent for the Navy during the World War. He saw something of the fine idealism and sacrifice which war calls forth. But he saw, also, how greed and profiteering and the basest sort of foolishness wrap themselves in the cloak of patriotism and proceed cold-bloodedly to exploit the public necessity.

He suggests a plan for prevention that would entirely remove the present premium on war and in its stead impose a very heavy penalty.

I cannot see how any intelligent patriotic person can object to that proposal. If we had the sense and courage to write it into the Constitution at once we should destroy war propaganda, for no one would be so foolish as to spend money on propaganda when no money could possibly be made from war.

The silliness of war, under modern conditions of destructiveness, is almost as appalling as its horror.

The FAMILY DOCTOR

(By John Joseph Gaines, M. D.)

SUGAR IMPORTANT TO HEALTH

An authority from Vienna attributes "strikingly favorable results" in the treatment of heart disease and stomach ulcers, with table sugar. If I had these sort of complaints, I'd consult my doctor as to how to use the sweet. You know, sugar is one of our staples.

The value of sugar "in relieving fatigue and supplying quick energy," also has scientific endorsement. The Vienna authority is believed to be the first to suggest the use of sugar in the treatment of certain widely prevalent disease. He, (Dr. Rocht) claims to have used sugar in the treatment of stomach and duodenal ulcers, with good success. He noticed increase of appetite, with better food-tolerance, an increased supply of mucus, favored by the sugar.

He saw improvement in the habitual constipation in such cases, with notable gain in weight. Too, remarkable increase in nerve-force, less melancholia, and more happy disposition in the gloomy victims.

The relief was not immediate but gradual and lasting. He says, "sugar is the most important nutritional element of the heart, in that it lowers blood-pressure and stimulates the liver and kidneys." Dr. Donald A. Laird, of Colgate University, contributes to a scientific symposium on sugar; he states that sugar contributes to restful sleep. This argues, almost, for a chocolate at bedtime, doesn't it?

Dr. Laird also declares it to be valuable in curing "vague feelings of fatigue, so common among physicians' patients." A remedy for "that tired feeling," so commonly met. In short, if sugar helps relieve mental and physical tire, and favors restful sleep, then it certainly is among our most valued foods.

JONESVILLE, R. 1

Rev. I. W. Vestal filled his regular appointment at Pleasant Hill Baptist church Saturday evening and Sunday.

A special ordination service was held at Fall Creek Baptist church Saturday evening, at which time A. H. Bryant, Henry Groce and James Haynes were ordained as deacons. Several deacons from the Cool Springs church attended the service.

The condition of Mrs. Bitha Bryant shows no improvement, we regret to note.

Friends of C. J. Hemric will regret to know that his condition has not been so favorable for the past several weeks.

Mr. and Mrs. M. L. Pettyjohn were visitors in the home of C. J. Hemric Saturday evening.

Rev. E. C. Norman preached at Island Ford Sunday night to a large congregation. He brought a wonderful message.

Mr. and Mrs. James Holleman spent Sunday in Kernersville, visiting relatives.

Farmers in this community are very busy preparing land and planting their tobacco crop.

L. R. Hutchins and daughter, Miss Margaret Hutchins, spent Sunday in East Bend with the former's father, T. C. Hutchins.

CARD OF THANKS

We desire to express our grateful appreciation for the sympathy and kindness shown us during the illness and death of our father.

Mrs. Leota Chipman Cock-
erham
J. J. Chipman

IN WASHINGTON
WHAT IS TAKING PLACE BY
Put R. Reynolds
UNITED STATES SENATOR

As Federal reports and studies dealing with national affairs during the last few years are given to the Congress as a basis for considering new government programs and policies, ample evidence is found that North Carolina has underlying stability equalled by only a comparatively small number of states. Support of this statement is available in volumes of Federal statistics and data regarding the state's industry, commerce and agriculture. They tell a graphic story of how well North Carolina weathered the storms of the depression and how well the state is prepared to move forward during the fairer economic weather ahead.

One reason the state enjoys such a favorable position is because of the diversity of its agriculture and industry. Farmers are not forced to depend on a single commodity nor industrial workers on a single branch of industry. And along the seaboard, in the Piedmont region and in the mountains are found many indications that the economic stability in North Carolina is well-founded.

Naturally, the fine standing of the state, reflected in the reports and studies sent to Congress, is a source of much gratification to the members of the delegation in Congress. It should also bring pride to all citizens, particularly at this commencement season for schools and colleges, when so many of our younger generation prepare to face the problems of life, economic and social.

On numerous occasions, my colleagues in Congress who have visited North Carolina or passed through the state enroute to and from other destinations, have been loud in their praise of the physical appearance of the state. They have referred to the skyline of smoke belching from factory chimneys and the hum of busy machinery. They have referred to the well-painted and well-kept homes that line the highways. They have referred to the busy communities reflecting the active life of North Carolinians—all indicating that people are noticing the way in which our state is quietly going about solving its problems to the advantage of all citizens.

Hardly a day passes in Washington that some member of Congress does not pass along to North Carolina colleagues a favorable reaction to some activity within the state. As those who have their eyes on North Carolina come from every far-flung section of the United States, here is indeed evidence that the people throughout the country are favorably attracted to the state.

It has been said on many occasions that a steady flow of visitors to the state means new revenue for our people without undermining our soil, denuding our forests, depleting our mines or interfering with basic means of income. It is gratifying to know that the state is preparing to launch an aggressive program to increase the flow of visitors, many of whom will remain as residents. Many section of the state have been developed by the capital of the people who visited the state, became attracted by its possibilities, and have become North Carolinians in spirit and in deed.

These observations lead to one important conclusion. It is that North Carolinians should find in the interest of others refreshing evidence of what their state offers. Students should have full knowledge of the opportunities to be found. Tours of the state for and by North Carolinians should be encouraged. The fisherman at Nag's Head should know the woodmen in the mountains and vice versa. In this way a greater degree of state pride and civic consciousness will be developed and the high standing of North Carolina among the states will draw even more favorable attention.

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