



**SCRATCHING**

Of course it's probably of little interest to you, but we got to thinking about scratching a little bit ago with the result that we began to wonder just why it feels so good to scratch sometimes?

Why is it, for instance, that when your ear gets to itching a gentle scratching will relieve it? What does the scratching do? Why shouldn't your ear just keep right on itching regardless of how industriously one applied himself?

Now there's a problem for some one to do some research. Of course, to do a thorough job, one would first have to find why one itched, and then work on up to the soothing scratch by degrees. And after the soothing scratch was taken up in detail then further work could be undertaken on why some scratching lasts longer than others. For instance, one type of scratching we know about lasts only a few moments, while another type will last for hours. Still, it is possible that the type itch governs the effectiveness of the scratch applied.

For some types of itching a gentle rubbing is far superior to a hearty scratch, and those who have had experience with each procedure will testify that one must use a gentle scratch in cases

where the itching slightly resembles a tickle. In scratching a tickle one must be very careful how one goes about it or the scratch is liable to aggravate instead of soothe.

Most authorities on scratching are in accord when the back scratch is brought up. It is necessary to apply the back scratch only when bothered with elusive itching—that itching that asserts itself in a spot so located between the shoulders that one finds it almost impossible to reach with either hand. And in applying the back scratch, one should do so with vigor, because the elusive type of itching will not yield to a mere lady-like type of scratching. One must be firm and give no quarter.

Another type scratch that is particularly enjoyable and practiced in all realms of society is the "double hand, just before retiring" scratch. This type scratching is always needed as one disrobes for bed, and gives best results about the torso, front, sides and back. However, it has been found that the more one scratches the more territory develops need of scratching.

Yet another scratch in almost daily use is the bottom of the foot scratch, and one must be an expert in order to perform this scratch satisfactorily. Due to the sensitiveness of the bottom of the foot, should one not use the right technique, scratching only makes matters worse. Some persons find it more satisfactory to scratch gently and lightly, while others prefer a vigorous, hardy type of scratch similar to the rugged back scratch. Personally, we use both.

The various scratches outlined above are for use where normal itches are concerned. However, should you have the seven-year itch we would advise that you see your doctor.

**THIS AND THAT**

Bobby was in while ago to show us his report card, proudly pointing out the fact that he had been promoted to the third grade. And in going over his grades it dawned on him that he had only made a B on music. "Huh," he said, "they must think I can't sing."

It seems no time since we were in school ourself. And now here we are with a kid in both the third and fourth grade come next term. Time marches on — and how!

It was Fred Lineberry, they said who walked calmly into Abernethy's last Wednesday night a week ago and announced the Cross Arm company was on fire and he guessed someone ought to turn in the alarm.

Those big round dinkuses that are located in the middle of the street at several intersections in the downtown district may be all the world to those who put them there but they are a pain in the neck to motorists. Already one of them has been responsible for turning one car over.

The way people park here a motorist either has to straddle them or hit them in order to turn a corner—and they were made neither to be straddled nor hit.

Earl Raeford, one of the owners of the Elkin Lumber & Manufacturing Co., happened to be in town last week when the plant caught fire. "It's a pretty come off," he said, "that on my first trip here in I don't know how long, my business has to catch fire," or words to that effect. Mr. Raeford is from Asheville.

Bong BONG bong. Here, John.

**PLEASANT HILL**

Mrs. Rosa Byrd, of West Virginia, is spending sometime here visiting Mr. and Mrs. Dallas Gilliam.

Mr. David Day, Jr., of this community is spending a few days in Winston-Salem visiting his grandmother, Mrs. Ida Howell.

Mr. and Mrs. Paul Darnell, Mrs. Zora Couch, Messrs. Linville and David Couch and Russell Darnell, all of this community, spent the week-end in Leaksville, N. C. visiting relatives and friends.

The "Happy Day" quartet sang at New Hope Sunday.

Mr. and Mrs. David Darnell, of this community, spent Saturday night with Mr. and Mrs. Daniel Creed of Elkin.

Rev. Richard Day preached at our church Sunday night.

Miss Gladys Couch, of this community spent Saturday night with Miss Vernell Money, also of this community.

Mr. Clarence Darnell, of this community had his tonsils removed last week.

The first Sunday night in June Rev. C. C. Cockerham is expected to preach at our church.

Mr. and Mrs. C. R. Darnell, of

this community were the Sunday guests of their son and wife, Mr. and Mrs. David Darnell, also of this community.

Mr. and Mrs. Clayton Noble of Pennsylvania, will be the guests of Mr. and Mrs. Milas Couch, of this community, next week-end.

Rev. J. L. Powers is expected to preach at our church next Sunday night.

**A. H. WOLFE IS TO HEAD DOBSON SCHOOL**

A. H. Wolfe, who until recently was principal of the Union Grove high school in Iredell county, has announced his resignation and that he has accepted the principalship of the high school at Dobson. Mr. Wolfe, a native of this section, was principal of the Dobson school several years ago.

J. H. Gentry, who has been head of the Dobson school, will go to Harmony to be principal of the high school, replacing T. Ward Guy, who will head the school at Union Grove. These changes will become effective at the opening of the schools for the 1937-38 sessions.

Paper underwear, which may be discarded after it is worn, is now being offered by manufacturers.

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Premium Grade  
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At No Extra Cost!

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**Lyric Theatre**

**PROGRAM**

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Pills for their ills... laughter for their souls... romance for their hearts... horse-sense for their happiness!  
What he prescribed for them is good for what ails you!

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In a Special Return Showing of  
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ROCHELLE HUDSON • MARIAN NIXON  
RALPH MORGAN • BERTON CHURCHILL  
ANDY DEVINE  
Directed by John Ford  
Based on "The Last Adam" by James Gould Cozzens

News Adm. 10c-25c

**FRIDAY ONLY —**

**SPECIAL!**  
ON THE STAGE  
**Dick Hartman**  
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Just Back From Hollywood With a Brand New Program!  
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A Thrilling Story  
With the Surge  
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**FRIDAY NIGHT—MIDNIGHT SHOW—**  
**"DODGE CITY TRAIL"**  
Admission 10c-25c

**SATURDAY —**

She was more ruthless than any man... and more dangerous!

Hopalong Cassidy meets the Queen of Mesa Grande and matches his wits and heart against her brains and beauty.

Adolph Zukor presents  
**CLARENCE E. MULFORD'S**  
**"HOPALONG CASSIDY RETURNS"**  
A Paramount Release with  
**WILLIAM BOYD**  
Cartoon—Serial—Comedy Adm. 10c-30c

**NEXT WEEK—MONDAY-TUESDAY—**

**JOAN CRAWFORD**  
**WILLIAM POWELL**  
**Robt. MONTGOMERY**

Joan's "on the spot"... with the two loveliest men in pictures after her heart! It's a riot!

**The Last of Mrs. Cheyney**  
with  
**FRANK MORGAN**  
**JESSIE RALPH • NIGEL BRUCE**  
Directed by Richard Boleslawski  
Produced by Lawrence Weingarten  
News—Cartoon Adm. 10c-30c

**TUESDAY—MIDNIGHT SHOW—**  
**"WOMAN OF GLAMOUR"**  
Admission 10c-25c

**WEDNESDAY—FAMILY SHOW—**  
**"PENROD AND SAM"**  
Admission Only 10c to All

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