

**Diabetes**  
As a young physician I learned to appreciate the fact that diabetes was practically an incurable disease, although, by watching one's diet carefully and not eating foods that would be ultimately converted into sugar in the laboratory of the body, it was possible to stand off the Angel of the Darker Brink for many, many years. Children and young persons suffering from this disease presented serious problems and the death rate was unusually high among this class. In elderly people a rigid diet helped materially in keeping them alive, but as a rule they died long before their time. Heavy eaters among those past middle life were prone to this infirmity. Jews and Italians being especially subject to its ravages. Among food handlers, such as chefs, waiters, restaurant keepers and the like,

there was always a large percentage to be found victims of diabetes. There are more female than male diabetics.  
**Insulin**  
Due to Dr. Banting of Canada and a second-year medical student named Best, who worked with him, insulin, made from the pancreas of animals sometimes called the sweetbread—the gland which secretes it—was discovered, and today the diabetic, once helpless against this scourge, may by using insulin properly, prolong his life indefinitely. By a series of trial diets and examinations, the physician is able to ascertain tolerated by the patient. By adhering to the quantity of food specified by the doctor and the administration of insulin, hypodermically and usually given by the patient himself, many cases yielded to treatment and the sufferer became sugar free and normal again and stops using this drug. In the more difficult cases, however, insulin must be resorted to continually, but in reality it causes the patient little difficulty or inconvenience.  
To carry on the preliminary

work in this study, Dr. Banting sold his instruments and furniture, gave up his practice and devoted his time to solving the problem, aided by the medical student who flipped a coin with another student to see who would become the doctor's assistant.  
I, like thousands of doctors, can testify to the efficacy of insulin and have had hundreds of cases now alive as a result of this medicine, who before its discovery would have been in their graves.  
**Tried Him With a Daisy**  
Little Angela rushed into the house sobbing as though her heart was breaking.  
"Why, what's the matter, darling?" asked her mother.  
"Oh, mother," said the little girl, beginning to cry again, "God doesn't love me."  
"Of course He does," her mother said. "What ever makes you think He doesn't. He loves everybody."  
"No, He doesn't," the child persisted. "He doesn't love me. I know He doesn't. I tried Him with a daisy."

## Stranger In Town

By Sarah Jane Clark

Jim saw Joan first as she stopped in at Du Vall's grocery.  
"Mother wants a T-bone steak, the kind she always gets, and a pound of bacon." Her voice was that delightfully husky kind.  
Jim, having finished his purchase, got out his money slowly, counted up the amount of his purchases and looked over his change carefully before he pocketed it.  
She looked like a grand girl. He wished he knew her. But he was a stranger in the big city, and he'd have to wait. Couldn't rush things with a girl like that. And perhaps she had a boy friend already. Unconsciously he slowed down at the corner of his apartment building. Stupid, to have to eat all alone, the night before Christmas.  
Jim turned to look back at the store he had just left, and found that the girl had overtaken him.  
"Hello, there, you going my way?" he asked. "I'm a stranger here, and it's mighty lonesome at Christmas—"

But the girl, with a cool, "Excuse me, please," hurried on. Jim's cheeks burned. He hadn't meant to be fresh, really.  
He turned the corner and entered the doorway of his apartment. Then he saw the girl the third time. She was just opening the door and going up the stairs. She lived in the same building with him!  
He ate his solitary supper in his one-room kitchenette apartment. Then, what was there to do? His first Christmas away from home. His job here was so new that he hadn't dared to ask for time off to go home. Well, he supposed he could go to a show.  
But when Jim got out onto Delaware Place he almost changed his mind. A snow had begun to fall, a heavy leisurely snow with big flakes



There was a bump and a crash as an armful of packages landed on the sidewalk.

that made a thick carpet on the streets and sidewalks, already icy from the drizzle of the afternoon. He hesitated a minute about starting out on such a night, then thinking of the lonely room he had just quitted, he shrugged his shoulders and started up the street.  
With his head down he trudged through the snow, plowing his way with difficulty against the strong wind. Too late he saw a dark figure directly in front of him. There was a bump, and a crash as an armful of packages landed on the sidewalk. Startled, Jim looked into the face of the girl he was thinking about. His face red with embarrassment, Jim picked up her bundles.  
Strange to say, the girl laughed amusedly. "Why go around barging into people this way? It's just my luck, Christmas eve, to have my bundles all scattered, and," a little ruefully, "some of them broken."

"Say, that's a shame. You must let me replace anything that's broken," Jim insisted. "Really I'm awfully sorry about this. I was facing the snow and had my head down. I'll never forgive myself if you don't let me do this last minute shopping with you. I am Jim Sheridan, from Dubuque, working for the Times."  
"Well, I'm Joan Siegfried. I've been feeling sorry for the way I squelched you a while ago. So I'm glad of a chance to say so." Her eyes were bright and sparkling and her cheeks glowing from the cold.  
Walking down the busy streets with a pretty girl, replacing Christmas decorations that had been smashed in the fall, and being allowed to help put them on the tree later, was a lot better than going to a picture show alone. And when Joan's cheerful, friendly mother asked the homesick lad to have dinner with them next day, Jim felt that he was no longer a friendless stranger in a big city, and that Christmas was a time of peace and good will, after all.

Christmas on the Highway  
CHICAGO.—With traffic increased by the Christmas rush, more American lives were lost in automobile accidents during the month of December, 1936, than in the Revolutionary war. But last December, in a campaign led by the National Safety Council, the toll was reduced by 400 lives. But still 3,890 people were killed that month. Pedestrians and motorists alike were responsible for this "field day" of the Grim Reaper. People are often less cautious during the holiday season.

## PLEASANT HILL

Rev. D. W. Day preached at New Hope, Surry county, Sunday morning at 11:00. The Happy Day quartet furnished special music. Following that service they went to Bessie's Chapel for a Sunday school convention.  
The "Pleasant Girls Trio" sang at Bessie's Chapel Sunday afternoon at 2:00 o'clock.  
Miss Anna Laura Ray spent the Thanksgiving holidays with Mr. and Mrs. Raymond Ray in the North Elkin community.  
Miss Frances Newman is ill in the Hugh Chatham Memorial hospital at this writing.  
The children and grandchildren of Mr. and Mrs. Charles R. Darnell returned home for Thanksgiving dinner. They were as follows: Mr. and Mrs. Joseph Darnell and daughter, Catherine, Mr. and Mrs. Harvey Gentry and son, Jack, of Booneville; Mr. and Mrs. Bonson Couch and children, Clara, Joan and Linda, Mr. and Mrs. David Darnell, Miss Mozell Darnell and James and John Darnell. Mr. and Mrs. Robert

Wilmoth and children were guests of the family.  
The Ladies Chorus will sing at New Hope, Iredell county, Sunday night, December 4.  
Mr. and Mrs. David Darnell had as their dinner guests Sunday Mrs. Darnell's parents, Mr. and Mrs. Monroe Collins.  
Mr. Raymond Ray has built a home and has moved into the Pleasant Hill community.  
Miss Venous Lyon entertained at a quilting party Thursday night. Delicious refreshments were served.  
Miss Nettie Adams, of Mount Airy, visited her sister, Mrs. Curtis Couch, and Miss Gladys Transou Sunday.  
F. H. C. Class Meets Wednesday  
The F. H. C. class of the Pleasant Hill Baptist church met Wednesday evening at the home of Mrs. David Darnell. She was assisted by Misses Gladys Transou, Beulah Couch and Anna Laura Ray. The living room was decorated to represent Thanksgiving.  
The class president, Miss Mozell Darnell, presided over the

meeting. A discussion on "What We Should Be Thankful For" was made by the teacher, Miss Vermell Money, and Rev. D. W. Day.  
After the business session a social hour was enjoyed, Thanksgiving games and contests were played with Mrs. D. W. Day, Misses Hazel Ray, Mozell Alexander, Beulah Couch and Margaret Couch winning prizes.  
At the close the members and guests, Mr. and Mrs. D. W. Day, were invited into a beautifully decorated dining room where they were served delicious refreshments.  
**No Expansion**  
"Stand up," shouted a colored evangelist, if you want to go to Heaven.  
"Everybody got up but one old man."  
"Don't you want to go to Beulahland, my brother?" shouted the preacher loudly.  
"Sho," said the old man, "but Ah ain't going with any excursion."  
Patronize Tribune advertisers. They offer real values.

# Stack Them High!

LOAD HIM DOWN WITH

# Gifts

HE WANTS FROM

## The Men's Shop



The Men's Shop caters to men only! We know their likes and dislikes, and we know what they want for Christmas. So regardless of whether your husband has or has not done his Christmas hinting early, hurry here and let us aid you in selecting a gift that will prove a sure fire hit!



What Finer Gift Than A New Suit!

You'll find our stock of men's suits are unsurpassed in style, fabric and correct color. All the new styles, single and double breast models. And prices range from—

\$14.75 to \$29.50

# The Men's Shop

W. Main Street

Elkin, N. C.

### Men's Shirts

Give Manhattan shirts. White, fancies and solid colors. He will like this gift.

\$1.95

### Men's Ties

Cheney, and Priestley's non-crush ties—

\$1.00

**KNOX HATS**—A real serviceable gift he will really appreciate. Newest colors, styles. Each \$5.00

**ROBES**—What more thoughtful or useful gift than one of these all-wool lounging robes? \$6.95

**SOCKS**—He will appreciate all the socks you give him. We have the patterns and colors he'll like 25¢ to 50¢

**PAJAMAS**—Pajamas will make a nice gift for him. They're here in the styles men like \$1.95 to \$2.75

**BELTS AND JEWELRY**—Hickok belts and jewelry for men make ideal gifts. Select today from our complete stock.



### Gloves

Give him gloves. See our complete line. We have them in plain, silk lined, fleece lined and rabbit fur lined styles. Gloves will make a useful gift for any man. Prices from

\$1.50 to \$4.50

**Greater Gift Values**

Come on to Turner's and get that Christmas gift problem solved quickly. For in our gift department we are featuring attractive gifts for practically everybody on your list. We have so many nice things here that you'll have no trouble at all in deciding.



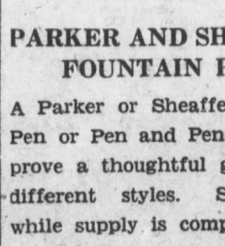
**FITTED CASES**  
A beautiful fitted case will make an instant hit with her at Christmas. See the attractive styles here and let us put yours away now.  
**\$10.00 to \$30.00**



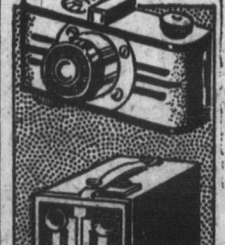
**TRAVELING KITS**  
Men will appreciate the convenience of a compact traveling kit. These kits will make ideal gifts that will prove of use long after the holidays have gone by. See them today.



**RAND AND KNAPP ELECTRIC RAZORS**  
Give him an electric razor. He will like these razors from the very first shave. Surprise him with one Christmas.  
**\$9.50 and \$10.00**



**PARKER AND SHEAFFER FOUNTAIN PENS**  
A Parker or Sheaffer Fountain Pen or Pen and Pencil Set will prove a thoughtful gift. Many different styles. Select now while supply is complete.



**A KODAK Will Make An Excellent Gift**  
Capture the joy of Christmas with pictures. A Kodak and several rolls of film will prove a dandy, inexpensive gift. Fine for both the children and grown-ups.

### Consider These Fine GIFT SUGGESTIONS

**Perfume Sets**  
Yardley's - Evening in Paris  
Max Factor - Coty

**Men's Sets**  
Yardley's - Williams  
Mennen's - Colgate's

**For "Her"**  
Compacts - Bath Powder  
Cutex Sets - Stationery  
Comb and Hair Brush Sets

**For "Him"**  
Billfolds - Flashlights  
Cigars - Cigarettes  
Tobaccos - Pipes

**Clocks and Watches**  
Electric Heating Pads

**DON'T FORGET TO RESERVE YOUR CHRISTMAS CANDY**  
Nunnally's and Whitman's

**A Complete Supply of CHRISTMAS CARDS AND SEALS**

# Turner Drug Co.

The Friendly Drug Store Phone 64