

# Dale Carnegie

Author of "How to Win Friends and Influence People."



## HOW TO GET OUT OF A RUT

Benjamin Franklin knew a thing or two. He is considered by many to have had the best mind of any American. Well, here is something he said about getting into a mental rut:

"There are two things easy to get into, and hard to get out of. One is debt. The other is a mental rut." Both are stagnating. Both will rob life of interest.

Here are ten suggestions to help you avoid a mental rut:

1. If you are a devout church-goer, why not mingle occasionally with the publicans and sinners? Jesus did. Make friends of people whose interests are wholly unrelated to yours. If you do not go to church, form acquaintances among church people. Get a glimpse of life through their eyes. They may be able to help you, or, at least broaden you—and you may be able to help them.

2. Win over your most ardent enemy. This will be an adventure, and will train you in the fine art of dealing with people. This one suggestion alone might be the means of revolutionizing your entire life.

3. Read a non-fiction book each month. The librarian at your public library will gladly recommend one.

4. Try thinking daily for five minutes consecutively on one subject. Glance at the subject of a newspaper editorial, then think the subject through for yourself. After you have done this, read the editorial and decide whether

the writer is correct from your viewpoint.

5. Be kind to everybody in your household for twenty-four hours. This may startle the household, but it will be in a good cause.

6. If you are a salesman, study every book on salesmanship that you can find in your public library. Try new ideas.

7. Break down your pet fear. If you are afraid to walk under a ladder, keep your eyes out for ladders and sail boldly under them. If you fear starting a new piece of work on Friday, launch one on Friday and see if it doesn't turn out just as successfully as a Thursday-started project.

8. Develop a hobby. This will not only add to your interests in life, but it is possible for a hobby to change from an avocation to a vocation. Many a man has established his life work through his hobby.

9. At least one day a week, make it a point to try to understand the point of view of everyone with whom you come in contact. You'll be amazed at what this can do for you. It will not only increase your mental capacity, but will make friends for you and enrich your life a hundred-fold.

10. If there is a public speaking class in your community, join it. If you speak at every session, it will do more than anything else I can think of to get you out of a rut.

Try these rules for a month

and see if you haven't broken down your old rut routine.

## BENHAM

Next Saturday and Sunday, is our regular preaching time. We wish to welcome everybody to come and be with us, also for prayer service Sunday night.

Friends of Miss Lois Byrd will be glad to know that her health is improving after several weeks of illness. She is now able to be out again.

Mr. and Mrs. Fred Burcham and their son and wife, Mr. and Mrs. Fredric Burcham, were the Sunday guests of Mrs. Charity McBride in Winston-Salem.

Mr. Sam Poplin, of Bel Aire, Md., is visiting friends and relatives here.

Friends of Mr. Ira McCann will be glad to know that he is able to be up again after a recent illness.

Among the Sunday guests of Mr. and Mrs. Otis Byrd were Mr. and Mrs. W. M. Sexton, of Joynes; Mr. Thomas Sexton, of Independence, Va., and Mr. and Mrs. H. F. Byrd.

Mrs. Molly Roberts, of Roaring Gap, was the guest of Mr. C. A. Ross last Friday night.

Mrs. Nancy Smith and Mr. and Mrs. Jim Adams were the Sunday guests of their daughter and sister, Mrs. Joe Reece, and Mr. Reece, of Yadkinville.

Mr. and Mrs. Ernest Byrd and family were the Sunday guests of Mr. and Mrs. Banner Tilly, of Little Mountain.

Mr. Paul Sexton spent the week-end with his parents, Mr. and Mrs. W. M. Sexton, at Joynes.

Mr. and Mrs. James Ross were the week-end guests of Mrs. Ross' parents, Mr. and Mrs. Melvin Macey, in Fieldale, Va.

Mr. Olin Harris, of Cool Springs, was the week-end guest of Mr. Posy Ross.

Mr. and Mrs. P. L. Byrd were

the guests of Mr. Watt Tucker and Mr. and Mrs. Claude Durham, of Ronda, recently.

Mr. and Mrs. Kelley Brown, of Winston-Salem, were the week-end guests of relatives here.

Mr. and Mrs. Fred Burcham were the guests of Mr. John Poplin, of Roaring River, Monday night. Mr. Sam Poplin, of Maryland, accompanied them there.

## SEEK REVOCATION OF BEER LICENSE IN CO.

The Brewers and North Carolina Beer Distributors committee this week petition for revocation of the retail beer licenses of two dealers in Surry county.

Edgar H. Bain, of Goldsboro, state director in charge of the beer industry's "clean up or close up" campaign in North Carolina, filed one petition with the Elkin board of aldermen and the other

with the Surry county board of commissioners.

Since the self-regulation campaign was launched in this state last year, the committee has secured the elimination of 131 undesirable beer outlets—107 by revocation, one by surrender and 23 by refusal to renew their licenses.

## DOUBLE

Flue-cured tobacco growers of Australia are to cooperate in an immediate attempt to double the country's output of the leaf, this decision being reached after a meeting between growers and manufacturers.

## NOTICE OF SALE

By virtue of the power conferred upon the undersigned Trustee in a deed of trust executed on the 7th day of July, 1939, by T. W. McBride and wife, Geneva

McBride, and recorded in the office of the Register of Deeds of Surry County, in Book 142, page 66, default having been made in the payment of the indebtedness thereby secured, I will offer for sale and sell to the highest bidder for cash in front of the Post Office in the Town of Elkin, Surry County, on Friday, November 15th, 1940, at 11 o'clock A. M., the following described property: Adjoining the lands of John Pardue, Chatham Manufacturing Company, and 200 foot alley:

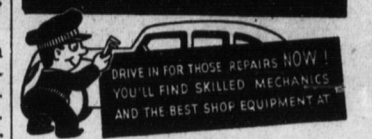
Being Lot Number 9 as shown on map of said property by Pegram, Ellerbe and Reynolds, consulting engineers, Winston-Salem, N. C., and recorded in their office as number 2752. For more particular description, reference is made to deed from W. B. H. Pegram and wife to W. W. Pegram, registered in Book 69, page 50, in the office of the Reg-

ister of Deeds for Surry County; also deed from L. J. Bray and wife to John Pardue, registered in Book 87, page 200.

This the 15th day of October, 1940.

11-7 EARL C. JAMES, Trustee.

**EXPERT AUTO REPAIRS**  
THAT WILL HELP YOU GET THE VERY BEST OF SERVICE FROM YOUR CAR!



**F-W CHEVROLET COMPANY**  
Elkin, N. C.

FREE ESTIMATES MADE!

## We're Showing So Many Things You Need For Fall . . .



## Soft, Lovely SWEATERS



They weigh next to nothing, but they're warm as a kitten's fur. Get several in this season's "nature" shades of green, brown, gold or berry blue. We have them in button, slipover, zipper and Cardigans.



\$1.98

to \$4.98

## Shoes to Wear With Slacks and Suits and Bare-Knee Skirts They're Campus Favorites

Calf, suede . . . the leathers you want in the styles you want including moc-casins.



Many sport and dressier styles. Just come in and pick out the pair you want.

\$1.98 to \$3.98

It's a comfort, isn't it, to know that here at McDaniel's you can find just exactly what you need in the way of new coats, dresses, etc., for the current season. And that goes for accessories, too, and sport clothes, shoes, hats—everything that you must have for a complete wardrobe. Better yet, at McDaniel's you know that price will be satisfactory.

## A Hat Style For Every Costume



With your suit . . . with your dress . . . with your jackets and skirts—what hat will you wear? If your wardrobe doesn't include the right hat type for each costume, you'll find it here.

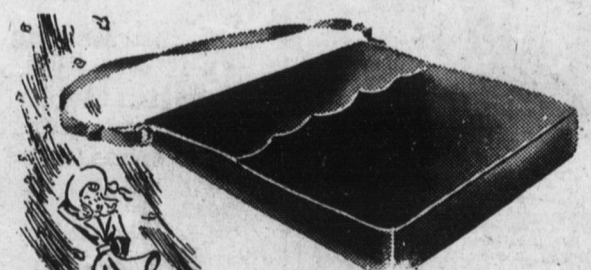
\$1.00 to \$3.98



Many new styles and shapes to make selection so easy

## SMOOTH SUEDES

Beautiful new bags in soft suede to go with your new costume. Many attractive new shapes and styles. Nicely fitted and beautifully made.



98c to \$2.98

**McDaniel's**  
Department Store  
Elkin, N. C.

## We Have The Answer To Your WINTER NEEDS! Overcoats



The coat you want . . . in the fabric, weight, style and color . . . is waiting for you here! Tweeds, Coverts, reversibles — all finely made of quality materials throughout in a variety of colors that are stylish for this fall and winter. Get yours now while stocks are complete.

\$12.95 up

## JACKETS

What kind of jacket do you want? We have it. Suede, leather, meltons—in button and zipper models. All finest quality that will stand up under the roughest or most constant wear.

\$2.98 to \$12.95



## Youngsters Will Go for These JARMAN, JR. SHOES

Every youngster will want a pair of Jarman Junior shoes, for they have the style and quality which have made Jarman Shoes famous for years! All new styles and leathers. Sizes 3 to 6.

\$3.95

## SHIRTS

Hundreds of shirts in white, solid colors or fancy patterns. Shirts that fit well, wear long.

98c to \$1.95

## Sweaters

Every wanted color, every wanted style in sweaters. Pullovers, button and zipper styles. Two tones, solid or patterns.

98c to \$3.98

**McDaniel's Dept. Store**  
ELKIN, N. C.