TAKE CARE OF THE BABY.

SOME VERY VALUABLE SUGGESTIONS

Rules Prepared for the Guldance of Moth ers With a View to Checking Mortality Among the Little Ones.

The heat of summer is extremely try-ing on the health of infants, and the mortality among them is always heavy during this season. The Baltimore American, in an issue recently, published rules which were prepared by James F. McShane, M. D., commissioner of health for the Monumental City. The rules were endorsed by the board of health, and are as follows:

Rule 1. Bathe the child once a day in lukewarm water. If it is feeble, sponge it all over twice a day with lukewarm water, or with lukewarm water and vin-The health of a child depends up-

on its cleanliness. Rule 2. Avoid all tight bandaging Have light flannel as the inner garment, and the rest of the clothing light and cool, and so loose that the child may have free play for its limbs. At night undress it, sponge it and put on a slip. In the morning remove the slip, bathe the child and dress it in clean clothes. If this cannot be afforded, thoroughly air the day clothing by hanging it up during the night. Use clean dispers, and change them often. Never dry a soiled one in a room in which the child is, and never use one for the second time without first

Rule 3. The child should sleep by itself in a cot or a cradle. It should be put to bed at regular hours, and be early taught to go to sleep without being nursed in the arms. Without the advice of a physician, never give it any spirits, cordials, carminatives, soothing syrups or sleeping drops. Thousands o children die every year from the use of these poisons. If the child frets and does not sleep, it is either hungry or else ill. It ill, it needs a physician. Never quiet it by candy or cake. They are the common causes of diarrhoa and of other troubles.

Rule 4. Give the child plenty of fresh air. In the cool of the morning and early evening have it out of doors for a little; take it to the shady side of broad streets, to the public squares, to the park, or make frequent excursions to the rivers. Whenever it seems to suffer from the heat, let it drink freely of water which has been boiled and cooled by ice. Keep it out of the room in which washing or cooking is going on. It is excessive heat that destroys the lives of young infants.

YOUR HOUSE.

Rule 5. Keep your house sweet, clean. cool and well aired. In very hot weather let the windows be open day and night. Do your cooking in the yard, in a shed, in the garret or in an upper Whitewash the walls every spring, and see that the cellar is clear of dl rubbish. Let no slops collect to poison the air. Correct all foul smell by pouring chloride of lime into the sinks and privies. This article can be got from the nearest druggist, who will give the needed directions for its use. Make every effort yourself, and urge your neighbors to keep the gutters of your street or of your court clean.

Rule 6 Breast milk is the only proper food for infants. If the supply is ample, and the child thrives on it, no other kind of food should be given-while the hot weather lasts. If the mother has not enough, she must not wean the child, but give it, besides the breast, goat's or cow's milk, as prepared under rule 8. Nurse the child once in two or three hours during the day, and as seldom as possible during the night. Always remove the child from the breast as soon as it has fallen asleep. Avoid giving the breast when you are over-fatigued or overheated.

Rule 7. If, unfortunately, the child must be brought up by hand, it should be fed on a milk diet alone—that is, warm milk out of a nursing-bottle, as directed under rule 8. Goat's milk is the best, and next to it, cow's milk. If the child thrives on the diet no other kind of food whatever should be given while the hot weather lasts. At all seasons of the year, not cut its front teeth. Sago, arrowroot, potatoos, corn flour, crackers, bread, every patent food and every article of diet containing starch cannot and must not be depended on as food for very young infants. Creeping or walking children must not be allowed to pick up unwholesome food.

LIME WATER.

Rule 8. Each bottleful of milk should be sweetened by a small lump of loaf sugar, or by half a teaspoonful of crushed sugar. If the milk is known to be pure, it may have one-fourth part of hot water added to it; but if the milk is not known to be pure, no water need be added. When the heat of the weather is great, the milk may be given quite cold. Have it as fresh as possible, and brought very early in the morning. Before using the pans into which it is to be poured, always scald them with the boiling suds. the vessels holding it in the coolest place in the house-upon ice if it can be afforded. Milk carelessly allowed to stand in a warm room soon spoils and becomes unfit for food.

Rule 9. If the milk should disagree, a tablespoonful of lime-water may be added to each bottleful. Whenever pure milk cannot be got, try the condensed milk, which often answers admirably. It is sold by all the leading druggists and grocers, and may be prepared by addding to six tablespoonfuls of boiling water, without sugar, one tablespoonful or more of the milk, according to the age of the child. Should this disagree, a tablespoonful of arrowroot, of sago, or of way or the other, we can look for no corn starch, to the pint of milk may be good to the market. However, the natucautiously tried. If the milk, in any shape, cannot be digested, try, for a few days, pure cream, diluted with three-fourths or four-fifths of water, returning to the milk as soon as possible.

kept perfectly clean, otherwise the milk is hardly unsatisfactory, and a week or will turn sour and the child will be made | so of good weather will put matters to ill. After each meal it should be emptied, rights again. Prices closed steady. rinsed out, taken apart and the nipple and bottle placed in clean water, or in water to which a little soda has been added. It is a good plan to have two nursing bottles, and to use them by turns. The best kind is the plain bottle, with a rubber nipple and no tube.

as a rule, until after its second summer. carefully keep it up against sickness; it closed yesterday, became very easy, it alone will often save the life of the child when everything else fails. When ported by the signal service, were excel-

the child is over six months old the mother may save her strength by giving it one or two moals a day of stale bread and milk, which should be pressed through a sleve and put into a nursing bottle. When from eight months to a year old, it may have also one meal a day of the yolk of a fresh and rare-boiled egg, or one of beef or mutton broth, into which stale bread has been crumbled. When older than this it can have a little meat finely minced; but even then milk should be its principal food, and not such food as grown people eat.

CASES OF EMERGENCY. Rule 1. If the child is suddenly attacked with vomiting, purging and prostra-tion, send for a doctor at once. In the meantime put the child for a few min-utes in a hot bath, then carefully wipe it dry with a warm towel and wrap it in warm blankets. If its hands and feet are gold, bottles filled with hot water and wrapped in flannel should be laid against

Rule 2. A mush poultice, or one made of flaxseed meal, to which one-quarter part of mustard flour has been added, or flannels wrung out of hot water and vinegar, should be placed over the belly.

Rule 3. Five drops of brandy in a tea-

sponful of water may be given every ten or fifteen minutes; but, if the vomiting persists, give this brandy in equal parts of milk and lime water. Rule 4. If the diarrhora has just begun, or if it is caused by improper food,

teaspoonful of castor oil or of the spiced syrup of rhubarb should be given. Rule 5. If the child has been fed party on the breast and partly on other food the mother's milk alone must now be used. If the child has been weaned, it should have pure milk, with lime water, or weak beef tea or chicken water. Rule 6. The child should be allowed to

A Human Failing.

drink cold water freely.

An old gentleman, evidently a gatherer of statistics, but with a kindly face which shaded off to something like philanthropy about the edges, was gazing abstractedly down the avenue.

Suddenly he stepped up to a gentleman who was waiting a horse-car, and touching him lightly on the shoulder, said "Excuse me, but did you just drop a five-dollar bill?" at the same time holding out in his hand the sum mentioned.

The gentleman questioned gazed a moment at the bill, assumed a look of excitement, made a hasty search of his pockets, and said: "Why, so I did, and I hadn't missed it," holding out an eager

hand. The old man drew forth a note-book and said: "I thought so." He then took the name and address of the loser, and putting the bill in his pocket, turned

"Well," said the other, "do you want it all as a reward?" "Oh, I did not find one," returned the

benevolent old man, "but it struck me that in a large city like New, York there must be a great quantity of money lost, and upon inquiry I find you are the thirty-first man who has lost a five-dollar bill this very morning."

Wearing a White Jacket. Detroit Tribune.

Colonel Gilkerson has a coachman who s the son of an old friend and whose prother was also in the colonel's employ until sporting proclivities estranged him from regular labor.

The old man takes a friendly interest in both boys and yesterday he asked James what had become of his brother. "Tim is running a preparatory school, sir," was the somewhat astonishing re-

"The —— he is?" ejaculated Colonel Gitkerson.

"Yes, sir." "Where?" "In Chicago, sir." "Well, what in the name of education

does he prepare for?"

"The Keeley Institute, sir." MARKETS BY TELEGRAPH. Special to Harrison Watts, Commission Merchant, 10 South College Street.

COTTON.

NEW YORK, July 12 - Early Liverpool reported a firm market there and a better inquiry from Manchester. Our market here opened a trifle steadier than last night's closing prices, but as soon as the opening orders were filled, relapsed once more into extreme dullness, traders taking advantage of the absence of any orders to hammer the market. There seems to be no sustaining power and in the complete absence of buying orders the market offers no resistance to the slightest onslaught. The general opinion is bearish, tased on the large stocks and weather lasts. At all seasons of the year, but especially in the summer, there is no last government report. We think, safe substitute for milk, if the infant has however, the present low prices discount the large stocks and that cotton purchased at present prices will handsomely pay a patient holder. Much, however, will depend on the weather during the

next month. To-day's advices from all over the South report much rain and damage to the growing crop. The effect of this news is, however, overshadowed by the belief that the anti-option bill may become a law. We do not believe that such will ever be the case and therefore feel very friendly to cotton at present

J. S. BACHE & Co. LEHMAN COTTON LETTER. NEW YORK, July 12.-Liverpool this morning in great part disregarded the weakness from this side and opened about 1-64 lower. It afterwards, however, lost another 1-64, closing steady at the decline. Here the first trading was In very hot weather, scald the milk as soon as it comes, and at once put away very short while an abundance of offerings again set in, mainly, as before, for European and Southern account, which had the tendency to force an almost uninterrupted decline during the day. This late selling is more or less attributable to the apprehension that the Hatch bill is now seriously near a settlement and unfortunately it seems from present indication that the Senate may possibly pass the same. Of this of course no forecast may be made and possibly the fear that exists is not wholly warranted. Such as it is, however, a very nervous feeling has sprung up and this in itself is a source of weakness. Until this very mo mentous question has been settled one ral influences may change. The weather seems a little more stated. The weather philadelphia seems a little more settled and in a number of sections the temperature has risen, with a general promise of clearing, so that of the crops it may be said that al-Rule 10. The nursing bottle must be though the condition is a little mixed it

LBHMAN BROS.

GRAIN. CHICAGO, July 12.—Wheat opened a fraction higher this morning, presumedly on the large decrease in the amount on passage, as this is the only item of Rule 11. Do not wean the child just news that could in anyway have been before or during the hot weather; nor, called bullish. The demand was not enough to take what was offered and the If suckling disagrees with the mother, price receded about half a cent per she must not wean the child; but feed it bushel and remained during the rest of in part out of a nursing bottle, on such | the session in a very dull and almost lifefood as has been directed. However less condition, with trade very narrow, small the supply of breast milk, provided finally closing about same as yesterday. it agrees with the child, the mother should carefully keep it up sgainst sickness; it closed yesterday, became very easy.

feat. Some tired longs are believed to have sold out, closing at about a reaction from the low point of the day, but a cent low-er than it closed yesterday, with light

Oats became very easy after opening because they apparently had nothing to keep them up—no news to inspire buy-ing. Considering the weakness in corn, oats were rather firm when the markets are compared, closing about 1 lower than

yesterday.

Provisions have been the strongest market to-day, prices slightly higher at the stockyards. Our opening was firm, with free offerings for a short time, but later not so plentiful, and shorts became good buyers, ribs leading the advance,

LAMSON BROS. & Co.

STOCK. New York, July 12—London was disposed to buy L. & N., and although the bears made frequent onslaughts they did not bring about a further reaction in this stock. The short interest in this stock especially is quite large, and unless Europe turns seller the bears will have a hard job to recover the stock they have sold yesterday and to-day. This stock is held so extensively on the other side that the Europeans can engineer a little squeeze whenever they see

it. The meeting of the advisory board took place this morning at the Windsor Hotel, and the meeting adjourned with-out doing anything. There was no fur-ther trouble in Homestead, and the troops, have taken possession of the place. The silver bill is to come up tomorrow, and we hardly think it will come to a vote, as some of the Democrats will resort to filibustering. The fate of the anti-option bill is also un-certain, and if it should pass would exert a decidedly unfavorable influence on speculation, but we do not see how the President can sign a measure of this kind. The general market showed strength throughout the day, as no long stocks are coming out. Unless the reports become unfavorable regarding the silver bill a rally on the shorts will ensue. J. S. BACHE & Co.

MONA? MARKET.

New York, July 12 .- Money closed at highest rate; lowest 15.
Exchange closed quiet and steady. Posted rates 4 88/984; actual rates 487 for 60 days and 4 887 for demand. Governments dull and steady; currency 6's 106 bid 4's coupons 1 16% bid; extended 2's registered 100 bid.

BALTIMORE PRODUCE MARKET

FLOUR—dull and lower.... Western super 2 10a2 45; do extras 2 55a3 65; do family 3 00 64 40; winter wheat patent 4 50a4 85; spring wheat patent 4 50a4 85, spring wheat straight l 25(q4 40. WHRAT—steady; No 2 red spot 80 v (@ k June July የዕኔ (@ 80 5 ; Aug 10 ኔ @ \ Sep 81 asked; Oct. 82 v asked; steamer No 2 red Southern wheat easy; Fultz 73282; Long

berry 75(a)83,

CORN—weak; mixed spot 53% asked; Jane
....; July 58 asked; Aug 52% asked;
steamer mixed—asked,
Southern corn steady—white 62; yellow 59,
OATS—casier; No.2 white western 41 asked;
No.3 mixed western 38% 6359,
BYB—dull; No.2, 83 asked, Stock...
HAY—steady; good to choice timothy 11 50a
B5 59.

HAY steady; good to choice timothy it see B. 50.

GRAIN—freights quiet; steamer to Liver-pool, per bushel, 1, 2\d.

COTTON—nominal,

MIDDLING—7\d.

PROVISIONS—teady; mess pork, 18 50; long clear \$\dagger{s}\$, clear ribs sides, 5; sugar pickled shoulders 8; sugar cured smoked shoulders 8; hams, small, 14; large, 13\dagger{s}\$, lard, refined 8\dagger{s}\$; crude 7. 8%; crude 7.

BUTTEE steady, creamery fancy 21; do fair to choice 18620; ladel fancy 16; good to choice 146215; store-packed 12614.

EGGS firm, 18638.

COFFEE—firm rio cargoes fair 16%, No. 7. 18.

8UGAR - steady, granulated 4%, COPPER - refined II. WHISK EY - firm, 1 25@26. PEANUTS - Virginia hand-picked 3%@4%.

NEW YORK PRODUCE MARKET. NEW YORK, July 12 .-

New York, July 12.—
FLOUR — closed weak
superfine spring 18%52 20; do winter 2 36/2 60;
extra No. 2 spring 2 10/62 85; extra No. 1 spring or winter 2 35/63 50; city mill extras 4 25/64 45.
Southern dour steady; treding slow; extras 3 25/3 75; Trude and family extras 3 20/4 420; Fatents 404 56.
Wheat opened steady at x advance, then declined 8 and at noon was steady and closed with prices unsettied. No. 2 fied winter, spot 88; do July 83; do Aug 83; Sept 334; Oct 84.
CORN—options steady, closing at x decline, fell le further and closed weak, Spot lots were weaker with light trade. caker with light trute No 2 mixed spot M; July or Aug 53%; Sept

OATS—options fairly active, closing & high-er. Spot lots inactive but prices firm. No 2 mixed spot 35; July 35x; Aug 31x; Sept 31x; No 2 white 36x; No 3 do 35x; No 2 mixed

Ay, NO2 winds and those is the state of the LARD—closed functive; Aur 7 45647; Sept 7 48653; Oct 7 52, SUGAR: raw, quiet but steady; Muscovado 80 tost 24; centrifugulos test34; refined quiet mid easy; cut lonf or crushed 5 a 5 5 Powdorad 4 ba 4 5; granulated 4 5 4 5 4 5; Cubes 4 5 4 5 Mould A 4 5 a 1 5 Cubes 4 5 Tutures closed quiet. July, Aug or Sept 11 85; Oct 11 80; Nov 11 80.

CHICAGO PRODUCE MARKET.

CRICAGO, July 12.-LEADING FUTURES. The wheat market was extremely dull and arrow during the entire session. It closed drify firm but with a loss of \openings from has ight. Corn started weak on the weather but frmed up in sympathy with the great strength a provisions, closing, however, at a decline of

Outs followed the ups and downs of corn and losed to a lower. Provisions became very strong during the ast hour on good buying by one or two local sackers, and the shorts who at the same time roof to even up the standing contracts. Fork rained 20c, ribs 25c, and lard 5c.

Highest Closing

Corn	Aug Sept Dec July Aug Sep Oct. May		76 % 76 % 76 %	75.3	75.5 75.5 78.5 48.4 47.5 48.4 48.5	
			18 47 % 08 %	4.8		
Onts	Jun July Aug Sept		293, 30 30	29 1	20 % 20 % 20 %	
Mess Pork	July Sep Jan		12.02 S 12.17 S 13.40	11.5 12.1 13.2	25	
Lard	July Sep Jan		7.25 7.35 7.30	7.30	7.32% 7.32% 7.27%	
Short Ribe	July Sep Oct		7.02 % 7.76	7.6	85 57.56	
*****		OTTO	N		-	
OITY.	SALE	TONE	M'KT.	RECP	их	
Galveston Norfolk Baitimore Boston Wilmington Philadelphia Sayannah	546	ensy stendy nom quiet stendy stendy stendy	7 × 7 × 7 × 7 × 7 × 7 × 7 × 7 × 7 × 7 ×	15 99 500 728 8 18	71 4. 400	
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NEW	YORK COT	TON FUT	URES.
_!	Highest	Lowest	Closing
June July August September October November December January Feb Meh	7 16 1 23 7 83 7 42 7 55 7 60 7 68	7 06 7 13 7 22 7 32 7 42 7 59 7 68	7 02(a) 7 06(a) 7 13 7 23(a) 7 32(a) 7 42(a) 7 50(a) 7 50(a)

Market closed dull, sales 96,200. Middling 7.5-16. LIVERPOOL COTTON MARKET.

CINCINNATI PRODUCE MARKET. PORK—family 19 75(313); regular 12 00(3): 25 LARD—Kettle dried 7% BACON—Shorts clear sides, 8%(38 65 WHISKEY—sales of 856 barrels of finished cods on the basis of 1.15 per gal., high wines.

NAVAL STORES. WILMINGTON, N. C. July 12.—Spirits turpen-tine, steady 25% Rosin firm; strained 85; good strained 00; tar firm; 1 40; crude turpentine steady; hard 1 00; yellow dip 1 65 virgin 1 65. CHARLESTON, July 12.—Turpentine firm

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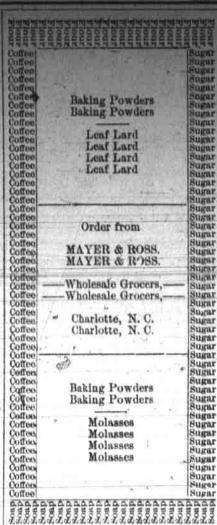
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8.8. CALDWELL.

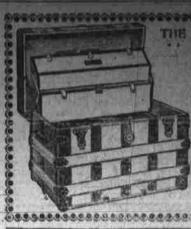
Charlotte, N. C. July 7, 1892
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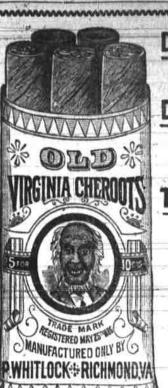
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