

ALL OVER THE HOUSE.

Salt Useful as a Medicine and For Many Other Purposes. Salt cleanses the palate and fevered tongue, and a gargle of salt and water is often efficacious.

Salt rubbed into the scalp or occasionally added to the water in washing prevents the hair falling out. Feathers uncurled by damp weather are quickly dried by shaking over a fire in which salt has been thrown.

Stains on Marble.

To take ink stains from marble make a paste of soap jelly and powdered unslacked lime. Let it remain for several weeks, then scour with unslacked lime, soft soap, hot water and a brush.

To Clean Books.

Ink spots or writing may be removed from a book by applying spirits of salts, diluted with five or six times their bulk in water, which may be washed off in two or three minutes with clear water.

To Wash Delicate China.

The proper way to wash delicate china is to have two bowls, one with warm soapy water and the other filled with cold water to rinse them in.

Washing Flannels.

The secret in washing woollens is not to let the articles get chilled. Wash in warm suds, do not rub the soap on the articles, and rinse in waters all of the same temperature.

Hemming Sheets.

In hemming tablecloths, napkins, sheets and towels begin to hem about an inch from the end and sew toward the end. When you reach the hem turn back and hem in the usual way to the opposite end.

Cleaning Bottles.

Some people use shot with which to clean the inside of vases, fruit jars and narrow necked bottles, but raw rice has proved to be better for this purpose.

Deviled Ham.

Cold boiled ham that is not much cooked is nicer for this or for broiling than the raw ham. Dip the slices in dissolved butter or oil until coated all over, sprinkle lightly with curry powder and broil with a clear but not too hot fire, turning frequently.

To Keep Stoves Clean.

Save all pieces of beeswax. After the day's work is done rub a little wax on the top of the stove with a cloth. The heat will melt the wax and will remove stains and leave the stove bright and clean.

Spot on Polished Wood.

A spot on polished wood made by placing a heated dish on it will disappear if a little salt and salad oil are poured on it and allowed to remain for an hour or so and then rubbed off with a soft cloth.

FOR THE LITTLE ONES.

How a Sagacious Bear Evaded the Trap Laid For Him.

The captain of a Greenland whaler being anxious to procure a bear without wounding the skin made trial of the stratagem of laying the noose of a rope in the snow and placing a piece of meat within it.

The noose with another piece of meat being replaced, he pushed the rope aside and again walked triumphantly off with his capture. A third time the noose was laid. But, excited to caution by the evident observations of the bear, the sailors buried the rope beneath the snow and laid the bait in a deep hole dug in the center.

Fun Under the Snow.

The colder the weather and the deeper the snow the more rejoicing there is among the tiniest of the forest folk, whitefoot and the meadow mice. Now come the happiest days that these nimble little fellows ever enjoy.

The Cushion Dance.

This is fun for children. First of all they divide into two parties. They then form a ring and commence dancing around a hassock, which is placed end upward in the middle of the room.

Diet For Every Man.

Jam—for car conductors. Cereals—for novelists. Mince-meat—for autoists. Beets—for policemen.

Such a Big Girl.



"Look at me, eve'ybody. I'm 'most as tall as a broom!"—Woman's Home Companion.

"Be Thorough."

Such was the advice given by Field Marshal Sir Evelyn Wood, V. C., to the boys of Felsted school. In the course of his speech Sir Evelyn said: "When construing a passage, easy or difficult, look up every word of the meaning of which you are not certain."

THE SUNDAY SCHOOL.

Lesson X.—First Quarter, For March 8, 1908.

THE INTERNATIONAL SERIES.

Text of the Lesson, John vi, 22-51. Memory Verse, 32, 33—Golden Text, John vi, 35—Commentary Prepared by Rev. D. M. Stearns.

The bread of life, the water of life, the river of life, the fountain of life, are all suggestive of Him who is the life and whom it is our privilege to receive, to eat, to drink, to live by and to let Him live in us.

The multitudes whom He had taught and healed and fed, not flouting Him where He had fed them the previous day, sought Him till they found Him at Capernaum. Then He said: "Ye seek Me because ye did eat and were filled; labor not for the meat which perisheth, but for that meat which endureth unto everlasting life, which the Son of Man shall give unto you For Him hath God the Father sealed" (verse 27).

What can be more simple than for a hungry man to receive and eat that which is set before him and then in some way express his gratitude? But, oh, that does not set it forth! Wretched and miserable and poor and blind and naked, the whole head sick and the whole heart faint, only wounds and bruises and putrifying sores from head to foot; unclean and clothed with filthy rags (Rev. iii, 17; Isa. l, 5, 6; lxi, 6), these are some of His own words which describe our condition.

He came down from heaven and became one of us, sin excepted; He became a poor man, earning a living by working at a trade; He taught us how to live so as to please God always and in all things. But we are sinners, and God is holy, so He, having no sin of His own, became a sacrifice for our sins, bearing them in His own body, suffering in our stead, dying the just for the unjust. He rose from the dead and is alive forevermore, having all power in heaven and earth, and He will fill this earth with His glory and cast out every evil thing and reign forever.

"Will He who provides salvation for me at the cost of His own life continue to love me and care for me?" Hear the answer in Rom. viii, 32. "He who spared not His own Son, but delivered Him up for us all, how shall He not, with Him also, freely give us all things?"

If we have truly received Him, let us evermore be thankful to Him for life eternal, a resurrection body, a kingdom and glory, all the riches of His grace and glory, and as He, while here in humiliation, ever lived by the Father, so let us live by Him, believing His love, continuing in it.

BUSINESS LOCALS.

If you want good Leather Shoe Findings see T. J. Keever & Son, next door to News office.

WOOD FOR SALE—Dry oak rails cut into stove wood. Joe Powell, Jr.

Weak Kidney

Weak Kidneys surely point to weak Kidney Nerves. The Kidneys, like the Heart, and the Stomach, find their weakness, not in the organs itself, but in the nerves that control and guide and strengthen them.

Dr. Shoop's Restorative

J. E. SHELL.

A LITTLE NONSENSE.

The Troubles of Jeems as Related to a Personal Friend.

A "ge'man of color" in relating some of his troubles to a friend said in part:

"Yais, suh. En, mo'ovah, dey's somebody done gone en tole main lady frien', Miss Sybil Jackson, dem things whut is vey' highly detremenshul ter mah standin' in de community. Miss Sybil tole me no mo' den viddydy dat she done up en beached f'om diffunt pahities ob 'reproachable rep'tation dat Ah was, in dey vey' own language, a low down, upbish, double dishones' scound'el en god'obate; dat Ah'd be a monst'ous good liah of Ah didn't hab such a monst'ous bad 'membance en dat Ah'd steal de worm f'om a po' of 'crippled up bird of day wa'n't nobody lookin'."

"No, suh. Dey said mo', much mo' dat's cal'lated ter 'tar me down in Miss Sybil's esteem." "Well," said the friend, "ez yo' pussonal frien', Jeems, all Ah kin say is dat whosomever de 'sponsible pahities is dey's done come pow'ful close ter locatin' yo', pow'ful close." —Lippincott's.

Afraid of the Bow-wow.

"Say," growled the first hobo, "why didn't yer go up ter dat big house, like I tole yer to, an' git a handout?"

"I started ter," replied his pal, "but a minister lookin' guy gimme a tip not ter. He sez, 'Turn from yer present path, foolish man; yer goin' ter de dogs.'" —Philadelphia Press.

A Proper Kick.

"Well," demanded the warden of the prison, "what are you kicking about now?"

"I'm kicking about this striped suit," complained the new convict. "All the silly dudes are going for stripes now, and it's a shame to make us wear 'em." —Boston Herald.

She Was His Queen.



Cheeky Tiger—And they call you the king of beasts, do they? Leo the Trillionth — 'Sh! For goodness' sake, not so loud! You'll have my wife hear you! —New York Mail.

Not What He Seemed.

"Sir," remarked the solemn traveler, "you appear to be one who is making the good fight."

"Well," replied the clerical looking stranger, "I'm sometimes accused of making the good and the bad ones fight. I'm a whisky distiller." —Catholic Standard and Times.

The groundhog has a wholesale grin a-coming.

CAROLINA & NORTH-WESTERN RAILWAY CO.

Schedule Effective February 2nd, 1908.

Table with columns: Northbound, Passenger, Mixed, No. 60, Mixed, No 62. Rows include Chester, Yorkville, Gastonia, Lincolnton, Newton, Hickory, Lenoir, Southbound, Lenoir, Hickory, Newton, Lincolnton, Gastonia, Yorkville, Chester.

CONNECTIONS.

CHESTER—Southern Ry., S. A. L. and L. & C. YORKVILLE—Southern Railway. GASTONIA—Southern Railway. LINCOLNTON—S. A. L. NEWTON and HICKORY—Southern Railway. LENOIR—Blowing Rock Stage Line and C. & N.

Mixed it Often.

Some remarkable stories are being told about town and among the country people coming in of this simple home-made mixture curing Rheumatism and Kidney trouble. Here is the recipe and directions for taking: Mix by shaking well in a bottle one-half ounce Fluid Extract Dandelion, one ounce Compound Karagon, three ounces Compound Syrup Sarsaparilla. Take as a dose one teaspoonful after meals and at bedtime.

No change need be made in your usual diet, but drink plenty of good water. This mixture, writes one authority in a leading Philadelphia newspaper has a peculiar tonic effect upon the kidneys; cleansing the clogged-up pores of the eliminative tissues, forcing the kidneys to sift and strain from the blood the uric acid and other poisonous waste matter, overcoming Rheumatism, Bladder and Urinary troubles in a short while.

A New York druggist who has had hundreds of calls for these ingredients since the first announcement in the newspapers last October stated that the people who once try it "swear by it," especially those who have Urinary and Kidney trouble and suffer with Rheumatism.

The druggists in this neighborhood say they can supply the ingredients, which are easily mixed at home. There is said to be no better blood-cleansing agent or system tonic known, and certainly none more harmless or simple to use.

Kodol Dyspepsia Cure

Digests what you eat.

NOTICE.

According to a ruling of the Post-office Department, effective April 1, 1908, Semi-Weekly papers cannot be legally sent to subscribers who are nine months or more in arrears. This is to give notice therefore that all such on our books at that time will be cut off and the paper stopped until payment is made.

Very Respectfully, H. C. MARTIN, Editor The News.

LAND ENTRY NO. 6686.

North Carolina, } Caldwell County, }

D. B. Kirby enters and locates 40 acres of land more or less in Lower Creek township said County on the waters of Little Zacks Fork: Beginning on Mrs. Alice Coffey's black gum corner, runs North 80 poles to the Wilson Lumber Co.'s line and with their line East to their corner, then South with Smith Barlow's line to Mrs. Alice Coffey's line, then with her line to the beginning. Entered 11 a. m., February 4th, 1908.

D. B. Kirby. A true copy.—J. L. Miller, Entry taker.

LAND ENTRY NO. 6688.

North Carolina, } Caldwell County, }

T. S. Robbins locates and enters 25 acres of land on the waters of Buff also creek, in Yaddin Valley township, said County and State. Beginning on a chestnut tree corner of a 19 acre tract and in said T. S. Robbins' line and runs East with said line to the J. L. Hawkins' line, thence Northward with said Hawkins' line to J. W. Cottrell's line, thence West with said line to a spruce pine corner of it, thence South with said line to the line of 19 acre tract of the first mentioned, thence East to corner of it, thence South to the Beginning. Entered this 21 day of Feb. 1908.

T. S. Robbins. A true copy.—J. L. Miller, Entry taker.

HOLLISTER'S Rocky Mountain Tea Nuggets

A Busy Medicine for Busy People. Brings Golden Health and Reawakened Vigor. A specific for Constipation, Indigestion, Liver and Kidney Troubles, Pimples, Eczema, Impure Blood, Bad Breath, Sluggish Bowels, Headache and Backache. It's Rocky Mountain Tea in tablet form. 85 cents a box. Genuine made by HOLLISTER DRUG COMPANY, Madison, Wis. GOLDEN NUGGETS FOR SALLOW PEOPLE

C. B. McNairy, M.D. Claude Moore, M. D. McNAIRY, & MOORE.

The undersigned offer their services to the people of Lenoir and vicinity for the practice of Medicine in all its branches. Office at Lenoir Drug Co. Store Phone 28, N. Main St., Lenoir, North Carolina.

McNairy & Moore.

L. G. Reid, D. D. S.

Denistry in all its Branches. Office, Shell Building, Lenoir, N. C. Phone 85.

E. W. MOOSE, D. D. S.

I have moved my office to rooms over the Postoffice, where I do all kinds of Dental work. I will be absent from my office one week beginning with the first Monday, in each month.

Respectfully, E. W. MOOSE.

It Does The Business.

Mr. E. E. Chamberlain, of Clinton, Maine, says of Bucklen's Arnica Salve: "It does the business; I have used it for piles and it cured them. Used it for chapped hands and it cured them. Applied it to an old sore and it healed it without leaving a scar behind." 25c. at J. E. Shell's drug store.

Kodol For Indigestion.

Relieves sour stomach, palpitation of the heart. Digests what you eat.

KILL THE COUGH AND CURE THE LUNGS

WITH Dr. King's New Discovery FOR COUGHS, COLDS, AND ALL THROAT AND LUNG TROUBLES. GUARANTEED SATISFACTORY OR MONEY REFUNDED.

OPIMUM COCAINE AND WHISKEY

Habits cured at my Sanatorium in a few weeks. You can return to your home in 30 days well, free and happy. I have made these habits a specialty for 25 years and cured thousands. FREE Book on Home Treatment sent. Address DR. E. H. WOOLLEY, 102 N. Tryon Street, Atlanta, Ga.

Lax-ets 5 C Sweet to Eat. A Candy Bowel Laxative. J. E. SHELL.

DeWITT'S KIDNEY AND BLADDER PILLS FOR

BACKACHE

Weak Kidneys, Lame Back and Inflammation of the Bladder. A WEEK'S TRIAL 25c. For Sale by J. E. Shell, Dr. Kent and Granite Falls Drug Company.