

# The Carolina Home and Farm and The Eastern Reflector

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FRIDAY, DECEMBER 3, 1915.

Regular Charlie Chaplin stuff that Raleigh Times gets off. No city no country.

Reports say Kitchener is back in London. He is getting to be a regular portable kitchenette.

We trust that the Kaiser will leave at least two Serbians for exhibition purposes if nothing else.

It is not the fellow that can yell the loudest who does the most. It is usually the one who keeps quiet and goes to it.

That fellow Stephen Bard has started up his colyum of funnygraphs again. Steve ought to do pretty well after awhile.

"The word should not survive the Spirit," editorializes the Virginian-Pilot. But that is exactly what is happening today if our observation is clear.

Men should be governed by their own opinions says an exchange. But how many men would fall to be governed if this was universally put into practice.

Evidently that dirty lot next to the post office will remain in the same condition for an indefinite period. It seems to us, though we may be mistaken, that someone of the town officers would have the power to see that this lot is given the overhauling that it is due. If we are mistaken, all right, but if that is the function of certain town officers, why don't they see that the work is done?

The Kinston Free Press thinks the criticism of the State Board of Health has been unwarranted. While we appreciate the manner in which the Free Press states its case, we believe that a little criticism once in a while is the best thing for public institutions. In this case we know that it has brought a promise from the Board that it will attempt to stop Louisburg from dumping sewerage into Tar river.

Commenting upon our remarks about what "the city gives the country," Editor Gray, of the Raleigh Times gets off a real brilliant thought. He says that the country couldn't get along without the city. Didje mean that real serious like, or hadn't you thought how long this country got along without any cities? The rule can be applied both ways. Without the country—the people of the rural districts—farmers if you will, there would be no cities, likewise, without the cities rural life would be unbearable.

### TOO MANY LOAFING NEGROES

We believe that there is a way for the loafing negroes of Greenville, who are ever ready to ply their trade of stealing, and selling whiskey, to be driven out, or at least put where they belong and where they will be safe from any harm and where they can help to build up the roads of Pitt county.

It is very easy to see from twenty to thirty negroes loafing around the tobacco section of town each day. At least we take them to be loafing for we have not observed them doing any work. It is hardly possible that they are all farm negroes in town to sell their tobacco.

Then it is evident that they are loafers, bums, if you will call them that, and there is no excuse for them to be idle when there is plenty of chances for them to secure employment.

The police force should exercise an eternal vigilance and every opportunity it gets should nab these loafers or vagrants. They will become a serious menace to the town if those here now are given free reign and first thing we know, Greenville will be a veritable dumping ground for negro hoboes.

Yesterday a farmer was robbed by one of these vagrants and he made his escape. This negro, according to the statement of the farmer, has approached him on three different times. We take it then that this negro has been loafing here for at least a month, but the police had failed to get him.

They can not be too strict on these menaces to the town.

### SELF SUPPORTING AGRICULTURE

Self supporting agriculture is the subject of an article in the current University News Letter by Mr. Bradford Knapp, Farm Demonstrator Chief, who says: "We have a good thing in the South, if we will only go to work and make agriculture self-supporting.

"The plan of the Federal Department of Agriculture is to foster home gardens, to encourage thrift by teaching people to can fruit and vegetables for home use as they do in every thrifty community, to have farmers grow their own corn, oats, hay, peas, beans, potatoes, and some cane or sorghum for syrup, and to produce their own meat supply from a reasonable industry in poultry, hogs and cattle.

"Of course this would require some reduction of the cotton acreage, unless more acres were taken up; but under this plan we would establish a live-stock industry sufficient to utilize the waste land. On every farm there is waste land which could be made productive with live stock.

"This is purely a business proposition, but one that has been sadly neglected in all our Southern territory.

"The bankers have the power, in my judgment, to institute a safe, sound, self-supporting agriculture in the South if they will do it. The key to the whole situation lies in the hands of the bankers and credit merchants of the South.

"If the bankers and credit merchants of the South still fail to lend their constructive backing to the establishment of self-supporting agriculture, and are still going to make their loans and finance the agriculture of the South as a one-crop agriculture, then we are going to have a one-crop agriculture until such time as human nature breaks and we have a revolution which will overthrow the present system.

"Can you blame the farmer, especially the little farmer or tenant, if he does not follow the advice of agriculturists and does not diversify, when he well knows that when he goes to the small banker or supply merchant of the South the basis of his credit is fixed on the number of acres of the one cash-crop that he is going to produce?

"I want to tell you now there is nothing more important, nothing more helpful, you can do than to help the Southern farmer find reasonable markets for locally grown produce other than the one cash-crop of the community."

The foregoing smacks of good wisdom and is, in our opinion, something that should be taken hold of by the banks and bankers and fostered in its growth. True, it is a business proposition, but it is one that the bankers and farmers can both make a good thing out of if they see fit to cooperate as is suggested by Mr. Knapp.

### MEDICAL SCHOOL INSPECTION

Since the introduction of medical inspection into the schools of this State, many of them, it may be taken for granted that the health of the school children has been guarded safer than it was before. It has been made possible that many of the physical deficiencies in the children could be corrected, and those counties that have tried it will emphatically declare that they would not be without it on any grounds.

Medical inspection of school children is comparatively new in this State, but it is hoped to have it spread until it is universally adopted by every county. There is no argument that can be produced to tend to show where the medical school inspection is not almost of as much value as the mental examination and development which is accorded school children, for if the child is handicapped by any physical deficiency, it can not advance in the studies.

## RANNDOM REELS

Howard L. Rain

### THE SOMNAMBULIST

The somnambulist is a person who is sound asleep everywhere except in the legs. An expert somnambulist who is in good training can go to sleep sitting bolt upright and release a deep, cavernous snore, but both feet will remain wide awake and carry him hither and yon without missing a stroke. The only way to wake up a somnambulist is to steer him out of a third-story window and have a little fancy crochet work done on his collarbone by a hardened interne with a Van Dyke goatce.

Somnambulism results from various sources. Science says it is brought about by the victim eating something which failed to digest in a thorough and workmanlike manner, causing him to get up in his sleep and hunt around restlessly for the ipecac. Some authorities believe it is due to the same microbe that produces the nightmare which winds up in the Indian war whoop, but this is merely supposition, as nobody has even seen the microbe in question except on a colored plate in some medical journal. It is a familiar practice of the medical fraternity to attribute a baffling ailment to some innocent microbe, and then give a photograph of the microbe and his entire family as circumstantial evidence.

The somnambulist is the only known mammal who sleeps with his eyes wide open. This is a merciful dispensation of Providence which enables him to walk around the house in total darkness without stepping on the upturned face of the family cat or barking both shins against the piano stool. One seldom hears of an accident befalling an agile somnambulist, whereas a sleepless husband who goes down stairs for the baby's bottle will run into four dining room chairs and come back with both feet full of stray needles. This serves to emphasize the fact that commanbulist ought to be taught in the public schools.

If persisted in for any length of time, somnambulism leads to some very embarrassing situations. It is a great shock to a modest, unassuming citizen to go to bed in a long, single-breasted night robe and wake up a few hours later on the corner of Main and Eleventh streets, surrounded by interested friends and the Chief of Police. The only way to prevent this is to chain the victim to a brass bed and susinize the nightwatch.



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