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OFFICIAL PAPER OF NEW BERN AND CRAVEN COUNTY.
New Bern, N. C., March 3, 1907.

Heart Strength
Heart strength, or Heart Weakness, means Heart Disease, or more probably, a weakening of the heart muscle, which is the cause of many of the ailments that afflict the human race. It is a disease that is often overlooked, and its symptoms are not always recognized. It is a disease that is often overlooked, and its symptoms are not always recognized. It is a disease that is often overlooked, and its symptoms are not always recognized.

PERIODICAL GYPSY HERE THIS WEEK
Excellent Plays to be Produced by Talented Actors in Repertoire.
Wilmington Messenger.
Really high class performances, well staged and costumed, are being given by the Periodical Gypsy Company at the Academy of Music. The success of the "Senator's Wife" on Tuesday night was more than duplicated by that of "The Iron Master" of last night. The company will give performances each

three applications—external—absolutely cured me, and the doctors had already suggested internal arrangements. It was a terrible case of Rheumatism, but from this I shall sing the praises of Gowan's Rheumatism Cure. It is certainly a miracle what it does. We keep it in the house and will not do without it. All druggists handle it, and for goodness sake get a bottle and be prepared. Splendid for scrap and aches. It is also external and can do
CLARA.

WASHINGTON LETTER
Special Government Building
A new building by the Bureau of Engineering and Printing, to cost \$250,000 has been provided for in a bill which was recently reported by the House committee on public buildings and grounds.
The overcrowding of machinery and lamp-light has reached to every room in the building. Notwithstanding the ever increasing demand for space, the old building is a question under present conditions if the limit of capacity has not been reached.
The daily laughter, on the third floor, where the main hand press room is located. Here the conditions are said to be more aggravated than in any other quarter of the building. In continuous use the presses by necessity are placed against each other, and the aisles between the lines by actual measurement are sixteen inches wide. In these narrow aisles the printer and their women assistants work, the men performing the hardest kind of manual labor.
Only Young Women Employed.
The women who work in these surroundings are mostly young, between the ages of seventeen and twenty-five. It is the policy of the bureau not to employ women as assistants who are more than thirty-five years old. The nature of the work requires that it shall be done quickly, and the person doing it must possess agility of mind and body. It is not unusual for them to fall in a faint at their work.
A hospital, with a physician in charge, has been established, but for want of space even this is inadequate equipped.
Theater For Hospital.
The new amusement hall to be erected at the Government Hospital for the Insane, so far as modern construction and design are concerned, will be Washington's most up-to-date play house.
The designs show a building which will be practically a theater, although it will be known as an amusement hall. It will have every convenience, feature of equipment and advantage in design that is known in theatrical architecture. The hall will be devoted to performances, given for the patients at the hospital and will cost \$75,000 to build.
Besides being absolutely fireproof in construction, the building will be equipped with every known contrivance to kill enemies in case a fire should ever start. Among these are the water curtain, asbestos curtain, automatic sprinklers and automatic extinguishers. The hall will seat 700 people in the main auditorium and 300 additional in the balcony, which will be used by guests.
Stage Construction Modern.
In designing the stage every detail of modern equipment has been given careful thought and study, with the end in view to have a complete and "professionally correct" stage as possible. There is to be a brick fire wall between the stage and the auditorium, and the stage opening is to be provided with an asbestos curtain, curtain and drops to be hung upon a steel gridiron, with iron blocks and wire ropes.
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George Needed a Barry
The old courthouse had been replaced with a new one, though a very creditable monument to the citizens of Spottsylvania to make it of the same architecture as the old. By a great effort the old county records were preserved and conveyed to the new building, notwithstanding the Revolution by 100 years or more. One, dated 1760, cites that:
"Mary Scott and Clarissa Drury have this day been made to receive forty and sixty lashes, respectively, for stealing the clothes of one George Washington, Gentleman, whilst said George Washington, Gentleman, was in washing in the Rapidan river."
All who in youth sat at the head of the parental table and confronted a steel engraving of the dignified Father of His Country may cry out in protest against sending the devious Washington home in a barrel, but Spottsylvania county has the records to prove it—Metropolitan Magazine.

CRIME STORIES AND THE PRESS.
The murder trial now going on in New York city, has aroused in some quarters a protest, that it is too unclean for newspaper publication. This protest is not a new thing. Nearly every great criminal proceeding, involving scandal and testimony that goes in social affairs of an intimate character, has provoked an outburst against its detailed publication. Only the newspaper man knows how much crime matter is both suppressed in its entirety, or given out in meager accounts. Some great crime will come in for a detailed publication and will cause a protest. That crime news is but meagerly published compared to what might be, is best known to those who know of the inside of the news gathering.
The detailed story of crime is wanted by a great many people. The small city or town, where crime is committed, will protest against its local newspaper giving any details. It is too personal. It affects too many individuals and families. But the crime of a great city becomes public property because its surroundings are cosmopolitan, therefore does not touch so personally, except those immediately concerned, and these cannot well hold the press from giving the detailed sensations. It is not that the story of the crime in the small town is not wanted for local consumption, but it is the personality of the affair that demands its suppression.
It is the morbid tendency on the part of human nature that causes even the present amount of crime publication. This morbid tendency is to be seen on the public streets when the unusual occurs. Let there be an accident, causing the destruction of human life, and there will be a rush to view the dead, no matter how revolting and shocking the sight may be. And it is not the ignorant and depraved, alone, who rush to look at shocking sights. Watch any scene of disaster, and there will be seen men and women of apparent, if not real, refinement, and culture. And so in the matter of crime stories published by the newspapers, it is not the lower classes that are the sole readers. If they were, the chances are that the detailed sensation would not be so prominent. There is the demand for the sensational, in every class of society, and the newspaper must give to the best of its ability, the crime story, as well as other news matter. The press does not exactly cater to a depraved public taste. It gives crime stories, so that they may serve to render such affairs less in the future, by giving prominence to men and women, and so check off others who might commit crimes, if there was the chance to escape the newspaper publicity.

Dr. Shoop's Restorative
F. S. DUFFY.
CHURCH SERVICES
Regular services at the Presbyterian church today at 11 a. m., no services at night on account of the meeting at the Baptist church, which all Presbyterians are urged to attend. Those who wish to contribute to the Presbyterian building at the exposition at Norfolk, will please place the amounts in envelopes with the words, "For Presbyterian Building at Exposition" written on them.
Sunday School at three o'clock p. m. Christian Endeavor meeting at 6:45 p. m. Topic: "Be honest with yourself and God."
There will be some change in the regular services at the church of Christ today. The Little Builders meet at 10 a. m., preaching at 11 a. m., subject, "God's Missionary Purpose in Christ." The pastor will give a sermon on the subject, "The Holy Spirit's Mission of Forgiving will be given by the pastor of the church is urged to be present at this service, as there is a matter of business of special interest to every one. Preaching at 7:30 p. m., subject, "The Bible." A cordial invitation is extended to all to attend these services. Come and bring your friends.
First Church of Christ Scientist corner Broad and Hancock streets. Services at 10:45 a. m., and 7:30 p. m. Subject—"Man," Hebrews, 7:5. Pastor—The Bible and Science and Health, with key to the Scripture. Sunday School at 12 m. All are invited to attend.
Christ Church—Rev. L. G. H. Williams, Rector, 3rd Sunday in Lent. Holy Communion, 8 a. m., morning Litanies and Holy Communion 11 a. m. Sunday School at 3:30 p. m. Evening Prayer and Sermon at 7:30 p. m. Daily services (except Saturday) 8 p. m. Wednesday and Friday 11 a. m.—admission free.
Tuesday—To children. Wednesday—Confirmation. Thursday 8 p. m.—To men. All Saint's Chapel Sunday School at 9:30 a. m.
The usual services will be held at the Church of Christ today, the Junior Builders 10 a. m., preaching at 11 a. m., Bible School at 3 p. m., preaching at 7:30 p. m. The pastor, A. J. Edmondson, will preach morning and evening. A cordial invitation is extended to the public.

Miss Amy Laird, Leading Lady of Pe-ruchi Gypsies Co.
This night week with a matinee Saturday afternoon.
"The Iron Master" gives Robert Mansfield a fine opening and he takes full advantage of it, depicting the character with ability. Miss Amy Laird as "Ethel Oromption" was very apt and able assistance.
The play tonight will be on comedy lines, this being "In Mexico." At the matinee Saturday "Humpty Dumpty" will be presented, and perhaps "Trilby" on Saturday night. The specialties are bright and are changed nightly.
The admission prices are 10, 20 and 30 cents, and the performance is far above the price.

Queer Timekeepers.
To ascertain the time at night the Apache Indians employ a gourd on which the stars of the heavens are marked. As the constellations rise in the sky the Indian refers to his gourd and finds out the hour. By turning the gourd around he can tell the order in which the constellations may be expected to appear. The hill people of Assam reckon time and distance by the number of quills of betel nuts chewed. It will be remembered how, according to Washington Irving, Governor Wouter van Twiller dismissed the Dutch colonial assembly invariably at the last purr of his third pipe of tobacco. A Scottish Indian of Canada will set up a tall stick in the snow when traveling ahead of friends who are to follow. He marks with his foot the time of snow-cast, and by the change in the shade of the shadow of the coming party can tell on arriving at the spot about how far ahead the leader is. Doubtless the first timekeeper was the stomach, which notified its owner when the hour for a meal arrived.

WILLIAMS' KIDNEY PILLS.
Have you neglected your kidneys? Have you overworked your nervous system and caused trouble with your kidneys and bladder? Have you pains in the loins, side, back, groin and bladder? Have you a fatty appearance of the face, especially under the eyes? Too frequent desire to pass urine? So Williams' Kidney Pills will cure you. Sample free. By mail 50 cents. Sold by Druggists.
WILLIAMS' PINK CO., Proprietors, Cleveland, O. Sold by D. A. Harget.

NATURE SPARES
The Stricken Hero From Grief.
What a fortunate provision of nature it is, that deprives the rose of its thorns, for how poignant would be its suffering, to discover, in the midst of its blooming glory, that a canker fed at its heart, and that its beauty and fragrance were doomed forever. Nature always spares the suffering; she is a veritable store-house of pleasing rewards, for those who seek her aid. In the years that have fallen, and gray hairs have cast a gloom over the lives of thousands of young women, but thanks to the investigations of scientists the true cause of hair destruction is now known to be a germ or parasite that burrows into the hair follicle. Newbro's Hair Restorative absolutely destroys this germ, thus permitting the hair to grow as nature intended. Sold by leading druggists. Send 10c. in stamps for sample to The Herpetide Co., Detroit, Mich. Two sizes—40 cents and \$1.00.
C. D. BRADHAM, Special Agent.

How's This?
We offer one hundred dollars reward for any case of catarrh that cannot be cured by Hall's Catarrh Cure.
F. J. CHENEY & CO., Toledo, O.
We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions, and financially able to carry out any obligation made by him.
WALDING, KIRKMAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75c per bottle. Sold by all druggists. Take Hall's Family Pills for constipation.

Rejected Cakes Threaten Life.
(From the Chicago Tribune.)
"Don't trifle with a cold," is good advice for prudent men and women. It may be vital in the case of a child. Proper food, good ventilation, and dry, warm clothing are the proper safeguards against colds. If they are not, the chances of a surprise from ordinary colds will be slight. But the ordinary cold will become severe if neglected, and a well established cold will be the germ of influenza, what honey is to the bee. The greatest menace to child life at this season of the year is the neglected cold. Whether it is a child or adult, the cold slight or severe, the very best treatment that can be adopted is to give Gowan's Cold Remedy. It is safe and sure. The probability and certainty that this preparation has been obtained by its remarkable cures of this illness, and its cold results in pneumonia when it is given, are attested by David Shoop and F. S. DUFFY.

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CASTORIA.
The Kidney and Liver Regulator
The sum of it all is that lots of people think they are "wells."
A Valuable Lesson.
"Six years ago I learned a valuable lesson," writes John P. Mason, of Mendon, Ind. "I then began taking Dr. King's New Life Pills, and the result was that the better I feel than I have ever felt before."
"I am an invalid," writes Mrs. J. W. Mason, "and have just been cured by Dr. King's New Life Pills. I had been told that they were good for the blood, and with the help of my own efforts, and with the aid of these pills, I am now well and happy."

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Rheumacide
Does right to the seat of disease and sweeps all germs and poisons out of the blood; tones up the stomach, regulates the liver and kidneys and builds up the entire system. Rheumacide cures after all other remedies have failed, because it "Gets at the Joint from the Inside," and removes the cause of Rheumatism, Sciatica, Lumbago, Indigestion, Constipation, Grippe and Liver Troubles. Rheumacide Cures "Cures to Stay Cured." Rheumacide so effectively cleanses the entire system that it "MAKES YOU WELL ALL OVER."
Rheumacide cured Mrs. Mary Welborn, of High Point, N. C., 22 years old, after she had suffered 20 years. Cured John F. Egan, of Baltimore, after Johns Hopkins Hospital had failed. Cured James Wilkes, of Dillon, S. C., after he had been in bed three years and his limbs were twisted and stiff as iron.
Your Druggist Sells and Recommends it. Sample bottle and booklet FREE if you send five cents for postage to BOBBITT CHEMICAL CO., Proprietors, BALTIMORE, MD.

FOLEY'S HONEY AND TAR
The original LAXATIVE cough remedy.
For coughs, colds, throat and lung troubles. No opium. Non-alcoholic. Good for everybody. Sold everywhere.
The genuine FOLEY'S HONEY AND TAR is in a yellow package. Refuse substitutes.
Prepared only by FOLEY & COMPANY, CHICAGO. DAVIS PHARMACY.
E. W. SMALLWOOD
General Hardware, Sash, Doors, Blinds, Lime & Cement.
AGENT FOR AMERICAN FENCE & DEVOE'S PAINT
UNDER HOTEL CHATTAWKA
New Bern, N. C.

TAKE YOUR CHOICE
from our Beautiful Stock of Spring or Summer fabrics and have your suit made up by Easter, and you will have garments that are well in cut, fit and style, made from exclusive patterns. You can't find anywhere in town that will give you the complete satisfaction in their price of workmanship that you get when Chadwick makes your clothing.
F. M. CHADWICK

CAPUDINE CURES
It removes the cause, soothes the nerves and relieves the ache and feverishness of the throat. It is a powerful antiseptic and disinfectant. It is a powerful antiseptic and disinfectant. It is a powerful antiseptic and disinfectant.
The Best Refreshing Drink in the World!
Coca-Cola
As all good Bars, Restaurants and Star.

GRANOLITHIC PAVING!
In connection with my line of building, I am now prepared to put down the best grade of Granolithic Paving at a reasonable price. All work guaranteed. E. E. Harper, Phone 192.

OPIMUM
and WHISKEY HABIT cured at home with Opium. Book of Opium Habits and Opium Cure. Price 50c. Sent by mail on receipt of 10c. F. M. WOODLEY, M. D., Atlantic City, Office 304 N. Pryor Street.

Chamberlain's Cough Remedy
The Children's Favorite
Coughs, Colds, Croup and Whooping Cough
This remedy is famous for its quick relief of all coughs, colds, croup, and whooping cough. It is a powerful antiseptic and disinfectant. It is a powerful antiseptic and disinfectant. It is a powerful antiseptic and disinfectant.
ICE
Made from pure distilled filtered water.
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