When a child sulks drowsily, or is fretful, it is usually due to some slight disorder of the digestive organs, and a mild laxative is very often all that is necessary to restore cheerfulness and buoyancy of spirits

In cases where the use of a gentle, effective laxative stimulant is indicated, many of the best physicians are now prescribing Dr. Caldweits Syrup. Pepsin. This preparation is admittedly the perfect laxative, being fullit yet positive in its action on the bowels, and far preferable to violent cathartics and purgative waters. It is very pleasant to the taste and is an ideal remedy to regulate and strengthen the stomach, liver and bowels. Its ensy. natural action makes it especially destrable in the case of children, a dose. at bed-time being sure to have the desired result next morning, with no attendant unpleasantness or discomfort.

Dr. Caldwell's Syrup Pepsin is sold by druggists everywhere in 50c and \$1.00 bottles. If you have never tried this splendid remedy, write to Dr. W. B. Caldwell, 201 Washington St., Monticello, Ill., for a sample He will be very glad to send a trial bottle without any expense to you whatever.

See Value in Open Air Schools. During the year 1911 the greatest percentage of increase among the different forms of anti-tuberculosis work was among the openair schools for anemic and tuberculous children. On January 1, 1911, there were only 29 open-air schools in operation or provided for in the entire country. On January 1, 1912, there were 91, an increase of 214 per cent. Sixty-two new sehools have been established or p.ovided for this past year. This entire namber of open-air schools have been established since January 1, 1907.

For COLDS and GRIP
Blacks' CAPIDISE is the best remedy—redressible aching and feverishness—cures the
Cold and restores normal conditions. It's liquid effects immediately loc , 25c , and 55c At drug stores

The happiest people in the world are those who are most easily flat-

Constitution causes and seriously aggravates many diseases. It is thoroughly cured by Dr. Pierce's Pellets. Truy sugarcoated granules.

Any man count to get three square meals a day if he is able to work and able to keep from being worked

ONLY ONE "BLOMO QUININE."

Fine is LAXATIVE BROWN QUININE. Look for
the signature of E. W. GROVE. Loed the World

Over to Cure a Cold in One Day. 20c.

The motto of a grass widow: "Once stang, always shy

PPCH, ITCH relieved in 30 minutes by Woolford's Santiary Lotton. At Druggists.

Many a self made man merely offers an explanation that doesn't explain

Clergy and Religious **Press**

endorse

tials of succe-sful home making to which, in the

estimation of some old tashfoned tooks, the white

girls of the period are giving all too little atten-

tion. At the same time, many of the red-skin

belies are not content to ignore the social accom-

plishments which are supposed to enhance the at-

tractiveness of medern young women. Accord-

ingly at the Indian School at Caritale, Pa. and

other large institutions of this kind we find the

daughters of the forest crowding the classes to

music painting drawing dancing, modern ath-

letics, etc. and even behold these descendants of

the envages developing marked dramatic ability

In amateur theatrical entertainments of various

and benefits of the "white man's education" for

some indians. The remarkable like stories of

some of the relt-made indians who have after

acquiring the white man's book learning, adopted

the white man's mode of life, amply attest the

specess of the transformation in individual cases.

There is, however, and perhaps always will be

a difference of opinion as to the wisdom of at

tempting to fix the Anglo Saxon standards for

the entire rising generation of America's native

tribes fiddly enough there seems to be more

widespread belief in such a policy for the indian

We say, oddly because when new conditions

have confronted an uncivilized or semi-civilized

people it has usually been the men who have ac-

costomed themselves to the new order of things

more readly than the women in the case of

most indian class, however, the women have

proven more amenable to the exactions of the

new life wherein seems to fie the only salvation

of the entire indian life. Various reasons have

been advanced in explanation of this, one of the

most plausible being that it has not been as dif-

healt for the Indian girl to forego such pleasures

as the enjoyed in her old life as it has been for

the young brave to foresake the excitement of

the chase and the care free nomadic life and to

settle down in a fixed habitation with the irksome

monotony of the white man a life. Also, it is im-

possible to overlook the influence exerted by the

example of the considerable number of indian

Even at the outset of her career in the conven

tional environment of the age the indian girl has

many advantages over her brother who com-

pletes his education at the same time. It not in-

frequently happens that a young man of indian

blood graduates with honors from some indian

achool only to find no opportunities awaiting him

ommensurate with his ability. Small wonder

that in some instances the young men re-

vert to the ideals and mode of tife of their fore-

Brought Them Together

women who have married white settlers to Ukla

homa and other parts of the west

girls than for the young men of the tepees

Every person is forced to admit of the wisdom

Reconstructive tonic and blood renovator

We the undersigned, hereby certify that we have taken Milam with very beneficial results. Believing it to be a valuable remedy, we authorize the publication of our endorsement.

Rev 1 Cleveland Hall, Rector of Rev R. L. M. Nam, Pastor Presbyteron Church, Charlotte C. H., Va. Rev. J. C. Holland, Pastor Keen Street Baptat Church, Danville, Va. Rev. H. D. Guerrant, Methodist Minister. Danville, Va.

Res D P Tate, Methodist Minister. Danville, Va.

"The Methodist" endorses Milam

The endorsement of "The Methodist" is not to be had by anything of doubtful merit, but this paper stands ready to lend its influence for that which it believes will tend to the betterment of humanity, spiritually, when such men as Rosa D. P. Tate,

Horace D. Conecrant and others of like high character give their unqualified endorse-ment to the physical benefits derived from to remety advertised on the last page of of this paper, we feel safe in commending it to nur readers -E. G. Mosely, in "The Methodist " for September

"The Baptist" Endorses Milam.

Mills m is the name of a great medicine now be-ing manufactured in Danville, and from the tes-timonials of some of our best citizens we can safely recommend it to our friends, who are suf-fering with any of the diseases it proposes to cure. The men at the head of the company man-sfacturing this medicine can be relied on. Rev. J. E. Hicks, in the Baptist Union.

Ask your drugglet or write for booklet

The Milam Medicine Co., Inc. Danville, Va.

XANTHINE Rectores Gray Hair to Natural Color

Invigoratemed prevents the hair from falling off Pur Sule by Sreggiste, as Sust Movet by XANTHINE CO., Richmond, Virginia Debu \$1 for Bellin Sungle Stole Sie. Seed for director.



Brown's Bronchial Troches

For Hoursessers and Threat Treatiles. No contains Ranges from June 1. Shower & Son, Roston, Man-NAMED FARMS SHARES COM



awaiting her. She will never have any difficulty in obtaining a well-paid position in donestic sets ice for the instructors at our indian schools have more applications than they can accept from reaponsible families eager to secute competent in dian girls as household helpers. Some of the applicants even suggest the possibility of adopting a young indian girl if one he found to fuith ex-

MEMBERS OF THE RICHEST OF

SAVAGE TRIBES

Or if the Indian girl of the present day, upon completing her education elect to to not a live thood in some one of the artistic pursuits she seems to have advantages over her brother fully as marked as under the circumstances above men tioned. The Indian brave, in his native state, does not show aptitude for any form of artistic handleraft unless it be the fashioning of bows and arrows. But the Indian women have traditional skill in head work, in feather work and in leather work and the indian women of the south west have for countless generations excelled in pottery manufacture, in jug weaving and in basket manufacture. When an Indian girl is enabled to use such taients in accordance with the knowl edge of modern art ideals which a school education gives her it goes without saying that she has ready to hand a very agreeable and very to munerative means of livelihood

School teaching is another vocation which opens to the educated indian girls a future that is virtually closed to the redskins of the sterner sex There are in the United States a large and constantly increasing number of indian schools. that is, primary grade schools for the education of the younger indian children on the reservations. and it is coming about that almost all of the teachers in these schools are indian young women who have qualified for the work at Carlinie or other schools and by courses in normal schools. indeed the success of great numbers of these young indian women school teachers in earning their livelihood by brain work while so many of the indian young men of the period must depend upon manual labor for their earnings emphasizes as does nothing else the change that has come about in the status of Indian women. It is under such circumstances, a complete reversal of conditions over those that obtained in the long ago when the indian women were compelled to do all of the bard labor, whereas the men were responsible only for the lighter tasks, -or, may hap, devoted themselves exclusively to warfare and the chase.

There is little doubt that one explanation of the success which so many twentieth century inthan girls are making in vertices fields of etdenvor is found in the herriage of good healts whileh has come to them from generations of healthful ancestors, and the millionnes of their own early training and out door like. Particularly would this explanation account for the specialid constitutions possessed by so many ludian kirls and which have stood them in good stead in many exacting vocations, for instance, in morning Great numbers of indian kints have qualified by trained nurses and the services of most of them are in constant demand at \$100 a month

INDIAN GIRL LEARNING

SCHOOL

LAUNDRY WORK AT CARLISH

The Indian baby strapped to a board or securely packed in an elongited banket worth for the purpose, can neither kink not squirm and this proves an advantage which is far reaching in its effect in later life. Similarly is there no danger that the child will attempt to walk at an earlier age than is desirable. From earliest childhood the average Indian girl has been subjected to that , rigorous outdoor life which results in making them almost perfect physically. For instance, there may be cited the method followed in giving the man with the introspective eye, an Indian child a bath, a weekly event. The and another just as good. We have mother visits some convenient pool or atream and the young member of the household after being loosened from her odd cradle, is placed in shall low water to kick and spinsh to her heart's con tent. In due course the dripping youngster is lifted from the water and, instead of being ten derly dried with soft linen, is simply bung to the bough of some convenient tree, by means of a log is so valuable while the hairless cloth tied around the waist, and there dries in the "man is an object of amusement" air and the sunshine while the mother stands by. looking with approving eyes upon the progress of this heroic hardening process

in the old days the indian girls accepted at tender age the traditional lot of indian womenthat of pack horse, and it was nothing unusual in the average Indian camp to see wee girls tolling along with bundles of wood, etc., almost as large as themselves. This condition yet obtains to a considerable extent, although it is not so universal as formerly. The capacity of the indian girls for hard work, however, finds daily exemplification in every walk of life which they have entered. incidently, it may be mentioned that whatever influence civilization may exert up on the young woman in whose veins courses indian blood she never seems to lose that love of ornaments and bright colors which characterizes all children of the wilderness and which the indian girl will let crop out in her latter-day costumes, even though they be fashioned in accordance with the most conventional modes.

she called out, from the other side of per where there were fifteen or twen-

ty other women guests. When we the room went to the drawing room after din-"Why, Miss Jordan, what are you

One Subject for Which Sody of Worners In," she said. "But there is just one ner, leaving the men to their digars, and Mrs. Blank talking about all by ner fleadily Abandoned Other Toplics of Conversation.

Elizabeth Jordan, who has just find the word to discuss the said of the recent of the recen

lle Thought lle Was Safe



He was indeen one right to a little affair Where each guest must make fun with a story. So he thought to make plain to the gathering there That at tale-telling he could win glory. He was fond of a damsel, whose father was host-

An irascible, gouty old Colonel-to he chose for the story to pleass them the most A short joke from the Ladies Home

You're aware. I've no doubt, of the page

that he read. For each month when the Journal comes, finds me. With a wink of my eye and a wag of my Looking over the page, "That Heminds

Well, our anxious young friend learned the story by heart, With all memory's cordinge he found it.

He was sure 'twould be heard as a rare place of irt.

When be thought of the place where

he found it

So he perked up has form and began with And they gave him the deepest of While the men in their nervousness grew very part-

AM

MOTHER

And the ladies could not little their But he stammered right through till he came to the end. Though his soul was suffused with a

his friend And raid caused from to make a wild blunder Phen the Colonel, her father, once up to

his wrath And taking perhaps three in four where.
With the young man a long form eleared

a char smashing path. Fre he finish him straightway from the domestices: Hert he shased non away to the end of And a infermed tem to regions infer-

And the Cooling man now yows he will Any pose from the Ladley Home Jour- of off."

ANSWERS FOR THE ANXIOUS.

Larry It is not good turns for you to precede your emort in going down the able of a theater. When you do that it gives the audience the impression that you have publifur the seris

Curtous The half of a dollar bill which you send, asking if it is genuthe has a good appearance. Send the other half, and perhaps you will get the desired answer. It is easier to spend the whole this at once

old Reader No. it would not injure a sailor if he hat down on the star

Arabella if the young man threat she to kill himself if you do not acept film, and your pape is the only undertaker in the town, and is also the coroner, you should certainly give the matter certous thought before deelding what to do It is difficult for an outsider to decide between love and duty

Why Is It? This is a marvelous age muscs. progressed until we have achieved the wireless telegraph, the horseless car ringe, the noiseless train, the childrens home, the bussless telephone and the smell less match "

Yes agrees the man with the thing pate, but why is it the halrless

Worldless, But Not Wireless. Speak to me." he begged Stience broken only by a grim baund adiquat The wires were crossed again

His School

"Not only" says the editor. "Is your poetry constructed in direct opposition to every known rule of poetry but it is not metrical," and looks with scorn at the editor

"Who claimed it was metrical" he femands "You yourself have just said that it is the opposite of all other poetry. How can a thing be met rical and diametrical at the same !ime !

Tossing his forelocks out of his yes, he is gone

Possibly.

Do you know?" says the young man with the ingrowing chin and the everdone cars, "ever so many girls have asked me for my photograph. Really, I don't know but I should teel flattered. Why do you suppose they want it?"

"It is simple," says the young womin with the firm mouth and the keen yes. They want to send a comie alentine that will be out of the or

IOWA WOMAN WELL AGAIN

Freed From Shooting Pains, Spinal Weakness, Dizziness, by Lydia E. Pinkham's Vegerable Compound.



almost a constant sufferer from female trouble in all its dreadful forms; shooting pains all over my body, sick headache, spinal weakness, dizzuress, depression, and everything that was bornd. I tried many doctors in different parts of the United States, but Lydia E.

Finkham's Vegetable Compound has done more for me than all the doctors. I feel it my duty to tell you these facts. My heart is full of gratitude to Lydia E. Pinkham's Vegetable Compound for my health." - Mrs. HARRIET E. WAMPLER, 524 S. Ransom Street, Ottumwa, Iowa.

Consider Well This Advice. No woman suffering from any form of female troubles should lose hope until she has given Lydia E. Pinkham's Vegetable Compound a fair trial.

This famous remedy, the medicinal ingredients of which are derived from native roots and herbs, has for nearly forty years proved to be a most valuable tonic and invigorator of the female organism. Women everywhere bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confider



GIVE AND TAKE.



Rockefeller must be Hever in rectprocity."

Why so "Why, whenever he gives away a million or so he advances the price

The Thin Girl's Temper

No this woman can afferd to love ier temper "Nothing" says a good authority will make you so appulat or give your face such an und strable look as the free indulgence of year awn will." A pirl who was thin to a really painful degree gained 3d pounds in 60 days on the following regime Twelve hours steep a day, a well ventilated and cold from to seep in. with plenty of fresh air all night light down coverlets for warmth and hot water logs at the feet if they are cold, loose light clothing of all fines, with plenty of space about the chest, shoulders and waitten diet of cereals, rocca, fresh finits or starchy vegetables, potations beans, etc. milk and cream everything of a warming fat producing nature in the way of

food, warm baths though not too fre-The Curse

mently

May you had thee your, and may dev all marry for love"- London

Ever notice how much ensier it is to go from load to worse than from good to better?

Post **Toasties**

A Treat So Sweet; Add Cream Then Eat.

Post Toasties

The Memory Lingers"