

AN UNEASY FEELING in the stomach or bowels, caused by indigestion or constipation, yields quickly to

SIMMONS RED & LIVER REGULATOR
(THE POWDER FORM)

It removes all impurities or fermented food, cleanses and tones the stomach and bowels and restores that fine feeling of exhilaration, mental activity and cheerfulness that belongs only to perfect health.

SOLD BY DEALERS. PRICE, LARGE PACKAGE, \$1.00.

Ask for the genuine with the Red Z on the label. If you cannot get it, write to us, we will send by mail postpaid. Simmons Liver Regulator is put up also in equal form for those who prefer it. Price, \$1.00 per bottle. Look for the Red Z label.

J. H. ZEILIN & CO., PROPS., ST. LOUIS, MO.

Doll Theories.

According to a Japanese belief, dolls sometimes come alive, acquiring a soul in process of being played with by successive generations of children. Food is provided for them, and they are treated with great care, lest neglect should bring trouble upon the household. One pretty story tells how a childless husband and wife borrowed a doll that had gained a soul, fed and clothed it and prospered thereafter.

All this is in utter contrast with the unpleasant doll theory of Varro, the scholar of ancient Rome. He held that the dolls given to little Romans at Christmas—that is to say, at the saturnalia—represented original sacrifices of human beings to the infernal god.

The Bagpipes.

A bagpipe has three long tubes, or "drones," which possess no fixed notes; a wind chest, sac or lungs inflated by a blowpipe; a chanter, with finger holes for playing the melody. It is an instrument with a small compass of about nine notes, which form no diatonic scale, nor are they accurately tuned to one another. Each note originally possessed a Gaelic name, such as hodroha, hananum, huchan, hiechla, etc., and all the airs, reels, flings, slogs, war marches, hula-chans, strathspeys, laments, pibrochs—etc., were self taught by ear. Now there are two or three book tutors in the market.—London Family Herald.

NOTICE OF CHANGE OF BUSINESS.

Notice is hereby given that the business known as the Standard Furniture Company heretofore conducted at No. 39 Craven street, New Bern, N. C., under said name and style, was discontinued on March 25th, 1913 by mutual agreement.

After said date the business will be conducted at the same place by the undersigned, H. M. Hunter, under the name and style of H. M. Hunter & Co. The indebtedness of the Standard Furniture Company and the Standard Tailoring & Supply Company prior to said date is assumed by the undersigned, S. R. Brockenbrough. All debts contracted after said date are assumed by and upon the credit of the undersigned, H. M. Hunter.

New Bern, N. C., March 25th, 1913.
**S. R. BROCKENBROUGH,
H. M. HUNTER.**

COMMISSIONERS' SALE.

By virtue of the power of sale contained in an order made by Hon. W. B. Flanner, Clerk of the Superior Court of Craven County, North Carolina, in a special proceeding entitled Fred Ipoek and Euphronia Ipoek vs. Gabriel Heath, David Heath and Lilly Heath and Macy Clark, by guardian ad litem, Jesse E. Heath and H. R. Clark appointing the undersigned commissioners to sell the land described in the petition in said action, we the said commissioners will offer for sale, and will sell to the highest bidder for cash, at the court house door, in the city of New Bern, Craven County, N. C., at the hour of 12 o'clock M. on Monday, the 28th day of April, 1913, the following tract of land in Craven County, North Carolina, known as the Frederick Heath land, and being on the north side of Core Creek, and north side of Rattlesnake branch, beginning at a red oak, near Richard Daugherty's gate and then with Alex Taylor's line and Julia West's line to a cartroad that turns out from Dover road, near what is called the Arnold house, and with said road to Rattlesnake branch, and with the various courses of said branch to said Daugherty's line, and then to the beginning being the tract of land deeded to Edmund B. Heath by Edmund Heath and Zilphia Heath on the 12th day of October, 1870.

D. L. WARD,
D. E. HENDERSON,
Commissioners.

This 28th day of March, 1913.

He Knows His Sister.

Ever the possessor of his pretty sister her small brother had been puzzling his head to understand what it meant.

"Why," exclaimed his mother, "Mrs. Stings has asked sister to marry him. That means that he'll take care of her."

"Buy her things," asked the boy.

"Yes."

"Hats and dresses and ice cream and everything?" he persisted.

"Yes," was the answer.

The boy thought it all over for a moment, and then he said:

"Well, that man's got lots of courage, hasn't he?"—Ladies' Home Journal.

In Doubt About the Beard.

A freshman came home from high school the other day and told her mother she was discouraged. The mother asked her the cause. "Well," she replied, "I will have to go three more years before I will be in the senior class, and it really doesn't seem worth the trouble. This morning in a spelling contest the teacher asked a senior boy to spell 'pneumonia' and he stood up and looked about the room a bit uncertainly and then said:

"Do you mean the liquid or the disease?"—Kansas City Star.

NOBODY CAN TELL IF YOU DARKEN GRAY, FADED HAIR WITH SAGE TEA.

Druggist Says When Mixed With Sulphur Prevents Dandruff and Falling Hair.

Common garden sage brewed into a heavy tea with sulphur and alcohol added, then left to age and carefully filtered will turn gray, streaked and faded hair beautifully dark and luxuriant; remove every bit of dandruff, stop scalp itching, and falling hair.

Just a few applications will prove a revelation if your hair is fading, gray or dry, scraggly and thin. Mixing the Sage Tea and Sulphur recipe at home, though, is troublesome. An easier way is to get the ready-to-use tonic, costing about 50 cents a large bottle at drug stores, known as "Wyeth's Sage and Sulphur Hair Remedy," thus avoiding

a lot of mess. Some druggists make their own, but it isn't nearly so nice as "Wyeth's."

While wispy, gray, faded hair is not sinful, we all desire to retain our youthful appearance and attractiveness. By darkening your hair with Wyeth's Sage and Sulphur no one can tell, because it does it so naturally; so evenly. You just dampen a sponge or soft brush and draw it through your hair, taking one small strand at a time. Do this tonight and by morning all gray hairs have disappeared, after another application or two it will be restored to its natural color and be even more glossy, soft and luxuriant than ever.

Local druggists say they are selling lots of "Wyeth's Sage and Sulphur"; it surely helps folks appear years younger.

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Everything in Tailoring
Suits Made, Altered, Pressed and Dry Cleaned at
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72 Craven St. PHONE 715 New Bern, N. C.

A TRIP TO
MOREHEAD CITY N. C.
Is not complete without a visit to the
Ocean Cafe.
R. E. LEE Proprietor.
The Best of Everything. Private Dining Room. Ladies Rest Rooms.

SOLID CAR LOAD OF
Armour's Grape Juice
---- JUST ARRIVED ----

THE Popularity of ARMOUR'S GRAPE JUICE is based on quality. This product is pure, unfermented, unsweetened, undiluted. Our factories at Mattawan, Mich., and Westfield, N. Y., are models of cleanliness each is equipped with every modern sanitary device and appliance.

We choose the cream of the Concord Crop. The quality of ARMOUR'S GRAPE JUICE is unsurpassed. We invite other brands for comparison.

Drink it at meals and between meals serve it to guests and the children. Ask your Duggist, Confectioner or Grocer for ARMOUR'S GRAPE JUICE and see that you get ARMOUR'S.

Armour & Company,
NEW BERN, NORTH CAROLINA.

The Largest Auction Sale
OF LAND EVER HELD IN NORTH CAROLINA
WILL BE AT
NEW BERN, N. C., April 14, 15, & 16.

On Monday, April 14, at 10:30 on Trent Road we will sell the Simmons, Farrior and Bradham's Farm at Auction. This beautiful farm has been subdivided into 40 small farms from One to Ten Acre tracts. These Farms are well drained and especially adapted to trucking with a good clay subsoil.

HIGHLAND PARK.

On Tuesday, April 15, at 10:30 we will sell 100 beautiful building lots to White People only located on Pollock Street, one block from Car line. You can't afford to not buy lots in Highland Park as all Cities are growing West.

WHITEVILLE

On Wednesday, April 16, we are going to sell Eighty beautiful lots in Whiteville to Colored People. Whiteville is conveniently located to Car line and borders on Pembroke. This is the Colored man's chance to own a home. **EASY TERMS.**

Valuable premiums given away at each sale. Our own All Star Band will play every day. The World Famous Auctioneers, **BURTON BROS.** will do the talking. We sell rain or shine.

Atlantic Coast Realty, Co. Inc., Greenville, N. C.