WHEN YOU YAWN A GOOD DEAL

In the day time, and feel dull, lazy and discouraged, you have every symptom of a torpid liver.

Simmons Red Z Liver Regulator (The Powder Form) is a fine tonic for a disordered liver. It acts promptly. The bilious impurities which have interfered with the free action of the liver are driven out, the stomach is cleansed and strengthened so that it can more thoroughly digest food. The bowels are purified and a regular habit re-established. It is a splendid medicine for the whole system, Promotes a feeling of energy, mental activity and cheerful spirits.

Sold by Dealers. Price, large package, $1.00

Ask for the genuine with the Red Z on the label. If you cannot get it, remit to us, we will send by mail prepaid. Simmons Liver Regulator is also put up in liquid form for those who prefer it. Price, $1.00 per bottle. Look for the Red Z label.

J. H. ZEILIN & CO., Props., St. Louis, Mo.

WELFARE WORK FAST SPREADING

ELIZABETH L. OTEY BELIEVES IT SOON WILL BE A REQUIREMENT.

Washington, Sept. 13.—Welfare work will be a requirement in the near future, in the opinion of Dr. Elizabeth Lewis Otey, who at the instance of the United States Bureau of Labor statistics personally visited upward of 50 establishments of the country noted for welfare work. The results of her investigation are contained in a bulletin issued today by the Department of Labor.

Miss Otey found that sentiment throughout the country generally favored welfare work, but that it was not so kindly received in certain labor circles.

"The sphere of welfare work," she declares, "must not be confounded with that of legislation, nor should it be used as a means of retarding wise labor laws. If it should have this effect and make workroom conditions, the safeguarding of machinery or the prevention of child labor and night work for women dependent on the employer's kindliness or sympathy its effect becomes at once deleterious instead of beneficial. Sanitary conditions within the factory should be a legal obligation."

The report asserts that the beginning of all welfare work must be directed toward bettering the physical well-being of employes in their places of work, and adds:

"These are clearly not matters which should be left to the humanity or altruism of the employe. They are the things which concern the welfare of society as a whole and should be under the direct supervision of the State."

As Good As New

Reader, do you know that shoes when re.bottomed are as good as new? Well, they are, and in these days of high price hides, higher price Leather and still a higher price New Shoe, this fact should appeal to you. Let us make your old shoes as good as new. We are prepared to do this at a nominal cost. A trial will convince you.

THE MACHINE SHOE REPAIR SHOP,
J. T. Havens, 94 1-2 Middle street.

Anxious to Return

SON'S TWO YEARS AT BINGHAM A GREAT BLESSING.

Springfield, W. Va.,
March 13, 1912.

Col Preston Lewis Gray,
Bingham School. Mebane, N. C.

Mr dear Col. Gray,

Ralph wanted to go back to Bingham and I was anxious for him to return.

Robert is getting on very nicely at College. But I certainly miss the personal interest taken in him while at Bingham and the kind satisfactory letters you wrote me concerning him. College life is very different.

I feel that Robert's two years at Bingham were a great blessing to him and again I thank you for your many and special favors to my boys. I shall always remember Bingham with a great deal of pleasure and shall be glad to recommend the school to those who may be needing information of that sort.

With kind reagrds to yourself and Mrs. Gray, I am

Sincerely your friend,
Mrs. Nannie W. Guthrie.

For handsome catalogue of Bingham School, sent free, address Col. Preston Lewis Gray, B. L., President, Bingham School, Mebane, N. C., Box 16.

Mrs. Hugh Lancaster is quite sick with fever at her home in Bridgeton.

The regular monthly meeting of the Bright Jewels of Centenary Methodist church will be held tomorrow afternoon at the usual hour. Every member is requested to be in attendance.

Stall Fed Beer

We have on sale today some of the finest beef ever put on the New Bern Market. This beef was raised and fed by one of Craven county's most prominent farmers.

You will be a winner if you get a Roast or Steak of this Stock.

A. CASTEL
Phone 239
Better Meats for Less Money

If You are in a hurry and want your Groceries Now
Call
DUFFY GROCERY CO.
Corn Mullets and Sweet Potatoes
Phone 261 3 Griffith St.

RING UP 174

Granulated Sugar	5 1-2c.
Town Talk Flour	45c.
Best Lard	15c.
Cream Cheese	22c.
Obelisk Flour	50c.
12 lb bags Patent Flour	38
Reg Hams	23c.

H. C. ARMSTRONG
PHONE 174

NORTH CAROLINA,
CRAVEN COUNTY,
IN THE SUPERIOR COURT.
C. L. Spencer vs. Timothy Horner.
NOTICE OF SUMMONS AND WARRANT OF ATTACHMENT.

The defendant above-named will take notice that a summons in the above entitled action was issued against said defendant on the 11th day of August, 1913, by the Clerk of the Superior Court of Craven County, North Carolina, for the sum of Three Hundred and Twenty-four and 90|100 ($324.90) Dollars, due said plaintiff on account of balance due on a contract for goods sold and delivered at the request of the defendant, which summons is returnable before the Judge of the Superior Court at the October term to be held in New Bern, North Carolina, on the first Monday in October, 1913. The defendant will also take notice that a warrant of attachment was issued by the said Clerk of the Superior Court on the 11th day of August, 1913, against the property of said defendant, which warrant is returnable before the said Judge of the Superior Court, at the time and place above named for the return of the summons, when and where the defendant is required to answer or demur to the complaint, or the relief demanded will be granted.

This 11th day of August, 1913.
W. B. FLANNER,
Clerk Superior Court.

NOTICE OF ADMINISTRATOR.

Having qualified as administrator of the Estate of T. R. Lane, deceased, late of Craven county, North Carolina, this is to notify all persons having claims against the estate of said deceased, to exhibit them to the undersigned on or before the 15th day of August, 1914, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment.

M. D. LANE,
Administrator.
Fort Barnwell, N. C.
This 15th day of August, 1913.

NOTICE OF ADMINISTRATRIX.

Having qualified as administratrix of the Estate of B. K. Bryan deceased late of Craven county North Carolina this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned on or before the 23rd day of August 1914 or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment.

MISS V. M. BRYAN
Administratrix.
New Bern N. C.
This 23rd day of August 1913.

FREIGHT CARS TAKEN OFF EXPRESS TRAINS.

Effective Sunday, August 24th the Norfolk Southern Railroad will put into effect a new schedule for the night passenger trains between Raleigh and Norfolk. The change will shorten the running time between the two points approximately forty-five minutes. The most important feature of the new schedule will be that the train leaving Norfolk at 9 o'clock at night and also train leaving Raleigh at 9:30 p. m. for Norfolk will not have any freight cars in their make-up as has been the case heretofore.

The night train from Norfolk will arrive 6:30 a. m. instead of 7:15 a. m. Passengers will be allowed to remain in sleeper until 7:30 a. m. so that they will not be inconvenienced.

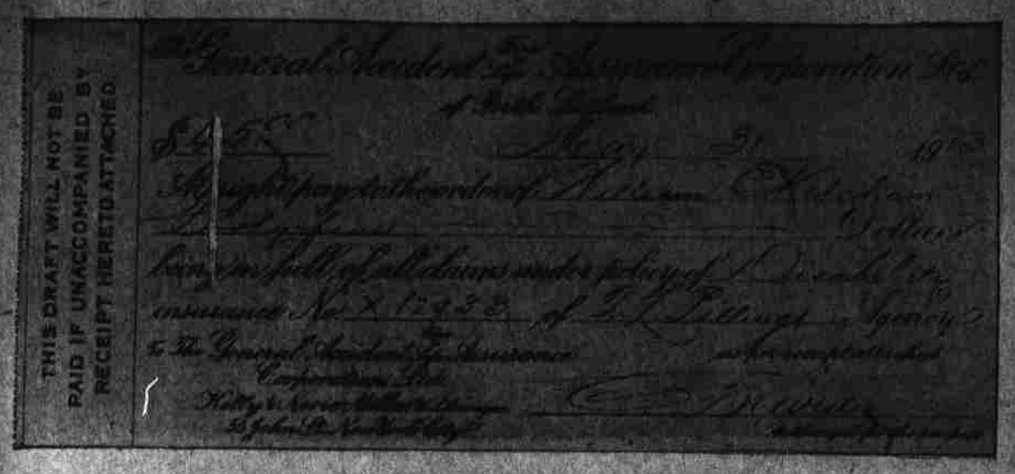
The night train to Norfolk will leave Raleigh at 9:30 instead of 9 o'clock as at present. The day train will arrive Raleigh at 7:45 p. m.

The Railway officials consider the elimination of the freight cars from the night express the most important part of the improved schedule. Beginning Sunday also the day trains between Raleigh and Norfolk will make a dinner stop of fifteen minutes at Edenton instead of stopping only ten minutes there as now. As restaurant is close to the station passengers will be enabled to enjoy a mid-day meal where now they have only time to snatch a sandwich.

Dull times often make sharp appetites.

This is a Fac-Simile Check

Paid W. E. Ketchum for three weeks sickness on an accident and health policy in the General Accident Assurance Corporation Ltd. of Perth, Scotland.



Cost only $5.00 per year and provides benefits of $15.00 per week for sickness and accident, and two thousand dollars for accidental death.

J. T. H. MOORE, AGENT
148 Middle Street
NEW BERN, N. C.
See Him and Get a Policy

FREE BATHS

Hot or Cold at the
Midgette Hotel
ORIENTAL, N. C.

Located on the banks of Neuse river where you get the breeze all the time. Hot and Cold running water, Screens. Serve the best food in Pamlico County. Special rates by week,

Home of the Traveling men.

MIDGETTE HOTEL
W. F. Midgette, Pro

We have Reopened Our Meat Market

and have on hand to-day as fine Beef, Veal, Lamb and Pork as ever brought to this city. Phone 121 or 122. Your orders will receive prompt attention.

New Bern Produce Co.

EXCURSION TO JACKSONVILLE AND TAMPA, FLORIDA, via the ATLANTIC COAST LINE.

On Tuesday, September 23, the Atlantic Coast Line will sell round trip tickets from New Bern to Jacksonville, Fla., at $8.50 and to Tampa at $10.50, limited to reach original starting point not later than midnigh of Tuesday September 30, 1913. Proportionate rates will be made from other points in Virginia, North and South Carolina.

Ample Pullman and coach accommodations will pe provided for all passengers, and everything will be done by the management of the Atlantic Coast Line to make this a first class excursion.

For tickets, Pullman accommodations and schedules see the nearest Agents, or address, T. C. White, General Passenger Agent, or W. J. Craig, Passenger Traffic Manager, Wilmington, N. C.

DILL & HARGETT
Horse & Mule Co.

Live Stock, Buggies, Wagons, Carts and Harness. When in need of any thing in our line give us a trial. :: :: :: :: :: :: :: ::

103 E. Front St. Office phone 167

When You Build, Build With BRICK

CLARK BRICK & TILE CO.,
Clark, N. C., or call on
GASKILL HARDWARE CO.,
Local Agent. Phone 147. New Bern

A Master-Model of the Royal That Has Achieved a Typewriter Triumph!

ONE STANDARD MODEL FOR ALL PURPOSES
One Type writer with the Combined Advantages of Many!

Here are the straightforward facts showing WHY and HOW the Royal has affected the saving of hundreds of thousands of dollars to typewriter users everywhere:

FACT 1—25 per cent saving in the reduced initial cost of each unit in your typewriter equipment—the Royal sells for $75.00 giving you the benefit of immense production in the most moder typewriter factory in the world.

FACT 2—A saving in thenumber of machines used—the same standard model of the Royal that turns out your correspondence does the "special" classes of billing and accounting work *without any "special attachments,"* and typewrites tags, tabs, labels, record-slips and cards of every known form.

FACT 3—Economy without a parallel in *service* and *"up-keep"*—an almost *repairless durability*, backed by an ironclad guarantee.

THE BEST BUILT TYPEWRITER IN THE WORLD

The Master-Model permits using extra wide paper with the same standard carriage.

This standard model is also a practical *billing-machine.*

Moreover, it is a specially equipped *card-machine.*

Like a Master-Key, it unlocks all the doors of "Business!"

ALL of these SPECIAL FEATURES are combined in ONE typewriter— a MASTER-MODEL of the Royal! That simple phrase tells all!

Let us demonstrate, without obligation to you, this MASTER-MODEL in your own office.

Read the Royal guarantee:

WE GUARANTEE *That the Royal Standard Typewriter is made of the highest grade materials obtainable and by the most skillful workmen money can hire.*

That it will do work of the BEST quality for a greater length of time at LESS expense for upkeep than any other typewriter, regardless of price

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