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 $\underset{\text { A Beriner takes, on the the averas }}{ }$




\section*{Asthma \\ 

## Ayer's Cherry Pectoral

 certainlycures many cases of asthma.Andif cures bronchitis, hoarseness, weak lungs,
whooping-cough, croip, whooping -cough, crotp,
winter coughs, night coughs, and hard colds.



A Gift Worth Giving APresent Worth Having
 WEBSTER'S
International Dictionary




portanysician, in spoaking of the in
ing the by the skin in keep ple coddledy sound, says that elity peo much; that their man
ner of life tends to teep forming its proper funetions, because
it is generally too much protected. I all except special cases it should be
come used to the shock of cold wate but as this contracts the skin vessels
vigorous rubbing is necessary, which
enables those vessels to breathe freely
and this is followed by a feeling o
Warmth and nle. Treatment of this
sort keeps the skin in condition to re act quickiy when it is exposed to sud ha
be
be
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th
re
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ne
has been made by Dr. Wolf, of Heidel-
berg. He reeently photographed a
hebula in the constellation Crgnus, and
the picture when developed shoved a he pieture When dereloped showed a
really, striking resemblance in outine
oo the map of North America. The
nebula represents the continent. sud afrrows just as the continent does to-
vard the south, and has a gap corres is also a curve representing the coss
of Gentral America. Dr. Wole was so
struck with the likeness that he name the "American nebula."
Two aeronauts of Tegel. Germany,
recently had a thrilling experience in
a thunderstorm. They ascended in then a thunderstorm. They ascended in the
afternoon, and having passed though
a bank of mist, the ballonn
they found that they were ind the
heart of a thunderstorm, and though they could not see any lightning, the
thunder was deafening, and they were literally bombarded with rain, slee so wildly that the car was
on a level with the gas bag. tinued for hale an hour, when they
dropped into a wood, the branches oi
the trees breal the trees breaking their fall, so that
they escaped unliurt.
A physician in talking about physt-
cal breathing in the open air. Persons cal breathing in the open air. Persons
that are confined by their work may
take the exercise for a few minutes every day at an open window. He spe-
cially advises women to take to deep
breathing for the development of the breathing for the development of the
abdominal museles. Corsets and other abdominal muscles. Corsets abominations have made a condition in, whileh the upper part of the
lungs is taxed at the expense of the lower, and the a attio into play. This ac-
brought rery litlo
counts for the accumulation of fatty cissue where it is both unsightly and
tinhealthy when in excess. Deep unhealthy when ir excess. Deep
breathing also develops the chest, and

##  time of the eruptions of these rol- canoes. A fortnight after the destru- tion of St. Pierre, however, a loud ex-








 employneai e hersworking hours. Her
soclety auri, a
associates, and even her employers,
are almost invarianty of her owr sex. are almost invarianty of her owr sex
No class of women are more deserving
of good husbands than are the women of good husbands than are the women
who make their living with their
neeales. They are usially modest, re needes, They are sind They do not hunt husbands, and, betng, so withdrawn do not usually hunt them because they do not usually know
do not usuall
ville Courter Journal.


A chapter or the paughers of the
 the confederate congress. But few men can answer these questions, and
indeed the answer is hard to find in
any book. But these women are after ny book. But these women are after ration in thetr archieves and they wil
soon know more about the civil war han the men.
Well, our st Well, our state senators before the
Here Robert Toombs and Ben. speech Thich we made a withdrawa
Our representandives and defiant. Crawford, Peter E. Love, Thomas J.
Hardeman, Lucius J. Gartrell, John W. I. Underwood JJames Jackson, John hey are all dead.
The members of the first confederate ongress were Senators Ben, Hill and
Herschel V Johnson. Toombs was
lected, but had serious opposition and it jrritated him so that he refused to Toombs said, "The manner in which
this trust has been conferred on me re-
lieves me from any obligation to accept
it" ieves
ti."
went
electe
Munn Munnerlyn, Hines Holt, A. H. Kenan
David W. Lewis, W. W. Clark, Rober
T. Trippe, I. J. Gartrell, Hardy Strick and and Augustus R. Wright. These
are all dead. "Time cuts down all, both
rreat and small", great and small,",
A letter from another chapter wishes wives of the maiden names of thesidents and the names
wis. you these women the presidents. In tell in earnest. Fon
you then
centuries their sex has been under the
ban. You can't find aa history ban. You can't find a history of cyclo-
pedia that tells anything about wives or the mothers of great men, and ye
it is the mother who makes the men
George Washington's father died whe George Washington's father died whe
he was 11 years old and his mothe
trained him and taught him and plant ed within him and those virtues that
made him great-and yet there are but few of our American people who know
who his mother was. I have three set
of standard cyclopedias, but only of standard cyclopedias, but only
meager mention is made in them of th
mothers or wives of the president mothers or wives of the president.
knows anything about the mother
Webster, Clay or Calhoun? I hav found the maiden names of all the
wives of the presidents and the name ar all their mothers except those
Zachariah Taylor, William H. Harr
on, Franklin Pierce, James Buchanan on, Franklin Pierce, James Buchana
R. B. Hayes and Ben Harrison, Mayb
they had mothers. Well, to begin. Gorge Washington's mother wa
Mary Ball. His wife was widow Pa Curtis, nee Martha Dandridge.
John Adams' mother was Susannah
Boylston. His wife was Abigail Smith.
Thomas Jefferson's mother was Jane Thomas Jefferson's mother was Jane
Randolph. His wife, Martha Wales.
James James Madison's mother, Fanny Tay
lor. His wife. Dolly Payne. That Fan
ny Taylor's brofher was grandfathe ny Taylor's brother was grandfathe
to Zachary Taylor.
James Monroe's mother, Eliza Jon
James Monroe's mother, Eliza Jones
HIs wife, Elizabeth Kortright.
John Q. Adams had a grandmother
Quicy. No mother is named. His wife Quicy. No mother is named. His wife
was Louisa Johnson.
Andrew Jackson's. mother, Elizabeth Andrew Jackson's mother, Elizabeth
Hutchinson; his wife, Rachel Donel-
son. Mon.
Martin Van Buren's mother, Mary
Hoes; his wife, Hannah Hoes,
William H. Harrison's mother no William H. Harrison's mother not
named; wife, Anna Symmes.
John Tyler's mother, Mary ArmiJohn Tyler's mother, Mary Armi-
stead; wife, Letitia Christian.
James K . Polk's mother, John Knox; James K. Polk's mother, John Knox;
wife, Sarah Childress.
Zachary Taylor's mother not named;
wife, Margaret Smith. Zachary Taylor's mother not named;
wife, Margaret Smith.
Millard Filmore's mother was Milliard Filmore's mother was
Phoebe Millard; he never married.
Franklin Pierce's mother not named; wife, Jane Appleton.
James Buchanan's mother not namJames Buchanan's mother not nam-
ed. He was a bachelor. mother, Nancy
Abramam Lincoln's mory
Hanks. wife, Mary Todd. Hanks; wife, Mary, Todd.
Andrew Johnson's mother too poor
and ignorant to name. His wife, Eliza
McCarle, educated him and ignorant to name. His wife, Eliza
McCarle, educated him.
U. S. Grant's mother, Hannah Simp. U. S. Grant's mother, Hannah Simp.
son; his wife, Julia Dent.
R. B. Hayes mother not named; his
wife, Lucy Ware Webb. wife, Lucy Ware Webb'.
James A. Garfield's mother was Elizs
Ballou; his wife, Lucretia Rudolph. Chester A. Arthur's mother, Malvina
Stone; his wife, Ellen L. Herndon.
Grover Cleveland's mother, Anne
Neal; his wife, Frances' Foisom. Grover Cleveland's mother, Anne
Neal; his wife, Frances Fonsom.
Ben Harrison's mother not named;
his wife was Miss Scott.
Wiliam Mcknley's mother, Nraticy
C Allisoni his wife, Ida Saxton, Allison; his wife, Ida Saxton,
Now, of coutse if a man can affor
to buy the separate biographles of these men, though some have not veen
written, no doubt he could learn more
about their mothers and wives not very much, We know but littile con-
cerning the mothers of Milton, Shakespeare, Cowper, Powe, Gray, Johnson,
Hood, Burns, Moore, Byron, Coleridge or any of the noted writers of England
or Scotland. The idea, seems to have or Scotland. The ldea, seems to have
been that women as a general rule were
of no of no conseeuence-except to bear chil-
dren and stay at home and nurse them. But that is not the idea now. Women
are coming to the front and claim are coming to the front and claim a
more notable position in history and
kiography. Mrs. Do. Burt, of BrunsElography. Mrs. Do. Burt, of Bruns-
wick, has in press a book devoted exclusively to the mothers of the notable
men of Georgia, the mothers of our governors and statesmen and ministers
and military heroes, and I know she and military heroes, and I know she
will do justice to then. Some time ago
a friend of mine died and as he was a a friend
man of
growing

## 8 gro

Burts ieter about his srandmoth


 of woman to her proper position by the
side of man and not beneath him, is rae ol man and not beneath him, is
rapidy coming on. This federation of
woman's clubs will assert woman's rights. This recognition of woman has
gained ground rapidy since the war.
Before that our school teachers were genarally men and where we hat
iromen as assistants they were women as assistants they were import-
ed trom the north. We had five in suc-
cession in our town. got married and we sent by one and they
another. Our well-to-do wid a liking to them, for our girls wouldn't
marry
and marry a widower and our young mer
wouldn't marry a yankee school mistress. But since a yhe war our own mirle
have gone to teaching and are found in Tery school room in the land. .f they
are more fit to teach our cifildren that are more fit to teach our ciildren than
are the men, then why are they not
better paid, and why are they not mees better paid, and why are are they not not met
bers of our school boards? I tave
nown men to be elected on schnoi rule of three and din't know whether
algebra was Latin or astronomy. Some of these same men are put on the com-
mittee to choose school books. School boards are not always elected for scholarship, but for sectarian influence
and because they have an ax to grinid.
But this is enough for one letter.
hope the young peope will cut it out
ond the it in their scrap books and hope the young people will cut it out
and paste it in their scrap books and
keep it for reference so that when they
are married and have inquisitive chilare married and have inquisitive
dren they can answer these question
Every young person should have scrop book. One of our teachers was
not long ago asking her scholars about
WT ahing not long ago asking her scholars about
Washington. "Who can tell me some-
thing about George Washington?", and one of the boys said: "He was born on
Mount Vermont." A little girl said:
"No, it was Mount Vernon." Another boy, said, "He was named for the ct
of Washington," and another said, " was the father of all the country chil-
dren," and another said, "He cut a
cherry tree down to get the cherries, and didn't tell a lie about it and his
father never licked him for it, but that
night night he had the colic mighty bad."
And here is a good kind letter of
sympathy from a full-blooded Cherokee Iympathy from a full-blooded Cherokee
Indian, who writes from the Indian
Territory and says he was born in Territory and says he was born in
Murray county and loves Georgia and
her people. He asks about the Howells, her people. He asks about the Howells,
and says his father knew the old man
on the Chattahoochee and always said on the Chattahoochee and always said
there was some good Indian blood in
his veins. Well, they do look like it. I expect our Evan came sideways dow came from Pocahontas.' Hello, Cousin Evan, we are kin.-Bill Arp in Atlagnta
Constitution. Evan; we ar
Constitution
With schooigirl "journalists" and
boy historians of thirteen at work the
ooung idea seems to be shooting all young idea seems to be shooting all


Facing the Music.
The stereotyped sugared reports of with delight the Missourl up to date style of doing such notices. They run this way:
"Marrie
"Married-Miss SyIvia Rhades to
James Carnahan, last Saturday afterJames. Carnahan, last Saturday atter-
noon. The bride is an ordinary town girl, who doesn't know any more than a rabbit about cooking and never helped her poor mother three days in her
life. She is not a beauty, by any life. She is not a beauty, by any
means, and has a gait like a fat duck. "The groonr is well know here as an up to date loafer, has been living off the old folks all his life, and don't amount to anything nohow.
"They will have a hard life while they live together, and the News hast-
ens to extend absolurely no congratulations, for we don't believe any good

\section*{| an come |
| :---: |
| rorker, |}

## French Leoturers Coming.

 the coming season will be Geomina Martin, a young professor of the UnL-
versty of France, and Leepolid Ma. bilean, director of the Paris Muse
Sociale. Martin's subjects will be his. and ending in Doceember in october will speak before the cercie
at
Trancaise and several universities and also he

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 ALPINE SAFE \& CYCLE CO


WILBUR R. SMITH LEXINCTON, KY., COMMERCIIL COLLEEE OF RYY UNVVERSITY



