

CAPT. W. W. JACKSON.

Sufferings Were Protrac'ed and Severe Tried Every Known Remedy Without Relief-Serious Stomach Troubte Cured by Three Bottles of Peruna!

Capt. W. W. Jackson, 705 G St., N. W., Washington, D. C., writes:

I am eighty-three years old, a veteran of the Black Hawk, Mexican and the Civil Wars. I am by profession a physician, but abandoned the same.

Some years aga I was seriously offected with catarrh of the stomach. My sufferings were protracted and severe. I tried every known remedy the Black Hawk, Mexican and the

without obtaining relief. "In desperation I began the use of your Peruna. I began to realize immediate though gradual improve-

and I have no hesitation in recommending it as an infallible remedy for that disorder."—W. W. Jackson.

Address Dr. S. B. Hartman, President of The Hartman Sanitarium, Columbus,

So. 29.

Owl's Devotion to Dead Mate. A remarkable instance of bird instinct and devotion is reported from Quaker Neck. Early last month Henry Brown, a farmer there, set several jump traps about his farm to catch prowlers, of whatever nature, that had been playing havoc with his flock of fowls. A day or two later he missed one of the traps. Bartus Trew, a neighboring farmer, discovered two owls in an apple tree. One, a large horned owl, was in evident dis' ess. trying to shield and warm its nate. To a leg of the dead bird wa hanging Brown's jump-trap with chain attached .- Philadelphia Record.

Though Fifty-five: It all turns on will and exercise. Be fore going to sleep a few exercises should be gone through with open windows, inhaling the good fresh air. A step ladder to run up and down is a great incentive to health; wind exercises, rotatory motions, all keep the body lissom, and prevent stoutness, Then diet has to be considered; too much liquid should never be taken with meals; too much meat is bad. There is nothing better for the figure than household work. It takes a great deal to persuade an ordinary woman that it is continuing these things that make a success of it, not starting them and then leaving them to fate .-Chicago Post

The Glory on Her Head. A shower of pattering little steps.

And in the room she flies;

Upon her sunny head there rests

A toy, worn halo-wise;

A little circlet, golden-hued,
Edged with a band of red;

"Oh, look at me!" she cries; "I've got
A glory on my head!" I nod, and smile; she patters off;

I put my paper by.

And listen to her far-off voice

With a smile that's half a sigh.

"See, gran'ma!" shouts the baby voice, "You don't heard what I said; Look at me; see; see here; I've got A glory on my head!"

O baby voice! what truth you speak!
A glory so alight
With holy innocence, I stand
Abasned before the sight.
My head before that snow-pure soul
Is bent, and soft my tread;
How long it is since I have worn
A glory on my head!
—Charles Willis Thompson, in New York
Times.

COMES A TIME When Coffee Shows What It Has Been Doing.

"Of late years coffee has disagreed with me," writes a matron from Rome. N. Y., "it's lightest punishment was to make me 'logy' and dizzy, and it seemed to thicken up my blood.

"The heaviest was when it upset my stomach completely, destroying my appetite and making me nervous and irritable, and sent me to my bed. After one of these attacks, in which I nearly lost my life, I concluded to quit and

try Postum Food Coffee. "It went right to the spot! I found it not only a most palatable and refreshing beverage, but a food as well.

"All my ailments, the 'loginess' and dizziness, the unsatisfactory condition of my blood, my nervousness and irri- that was passing. tability disappeared in short order and my sorely afflicted stomach began disckly to recover. I began to rebuild and have steadily continued until now. in sound health, which I owe to the use of Postum Food Coffee." Name given by Postum Co., Battle Creek, Mich.

There's a reason, Read the little book, "The Road to Wellville," found in each pkg.

COLORADO HAS A SODA LAKE. Remarkable Discovery Made In the

Heart of San Luis Valley. One of the most remarkable dis coveries ever made in the region is that of a lake of liquid soda in the inaccessible desert between Crestone, Col., and Hooper, in the San Luis valey. The lake is an acre and a quar ter in extent and lies at the bottom of a little basin valley in the desert On its surface soda crystals have collected to a depth of eighteen inches the whole lake having the appearance of a body of ice with a hard snow covering.

A recent examination by the state school of mines shows that these crystals are 37 per cent pure soda, purer than most of the commercial sods offered on the market. A Denver man E. M. Falke, has secured a lease of the land containing the lake and is now installing machinery which will convert the native crystals into market able form. There are 4,000 tons in sight.

The school of mines experts say that the soda is a creation of feldspar. The granite mases of the Sangre de Cristo range stand sentinel on two sides of the little valley. The feldspar in the granite, undergoing decomposition, collects in the lake basin, where it is held in check by an impervious clay, and proper conditions are furnished for concentration and evaporation.

Record Short Names.

Here are some short names. Many years ago there was a shop kept in Brussels by Therese O, and there is a Mme. O living with her two children at Molenbeck, a suburb of the Belgian capital. In 1866 among the Belgian recruits was a young man named O, who could not write, and signed his name with a cross. In the department of Somme, in France, there is a village called Y, in the Zuyder Zee there is a bay called Y, and Amsterdam has the river Y. In the Chinese province of Honan there is a city called U. and in France there is a river and in "After the use of three bottles every | Sweden a town rejoicing in the name

A woman thinks her husband has fine mind when he is tickled to death because the baby throws his watch down the bathroom hopper.

PREE TO OUR READERS.

Botanie Blood Balm for the Blood. If you suffer from ulcers, eczema, scrofula, olood poison, cancer, eating sores, itching skin, pimples, boils, bone pains, swellings, rheumatism, catarrh, or any blood or skin disease, we advise you to take Botanic Blood Balm (B. B. B). Especially recommended for old, obstinate, deep-seated cases, cures where all else fails, heals every sore, makes the blood pure and rich, gives the skin the rich glow of health. Druggists, \$1 per large bottle, 3 bottles \$2.50, 6 bottles \$5.00, express prepaid. Sample sent free by writing express prepaid. Sample sent free by writing Blood Balm Co., Atlanta, Ga. Describe trouble and free medical advice sent in sealed letter. Medicine sent at once, pre-

FITSpermanently cured. No fits or nervousness after first day's use of Dr. Kline's Great NerveRestorer, \$2triai bottleand treatise free Dr. R. H. KLINE, Ltd., 931 Arch St., Phila., Pa.

There are in Germany twenty-one uni-

Ladias Can West Shoes One size smaller after using Allen's Foot-Ease, a powder. It makes tight or new shoes easy. Cures swollen, hot, sweating, aching feet, ingrowing nails, corns and bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Trial package FREE by mail, Address, Allen S. Olmsted, LeRoy, N.Y.

Russia has eighty-six general holidays in

Mrs. Winslow's Soothing Syrup for Children teething, soften the gums, reduces inflamma-tion, allays pain, cures wind colic, 25c. a bottle Winnipeg, Manitoba, is said to be the fastest growing city in the world.

!do not believe Piso's Cure for Consumptionhas anequal for coughs and colds .- JOHN F.Boyes, Trinity Springs, Ind., Feb. 15, 1900. The production of quicksilver in 1904 is estimated at 3391 tons.

BABY'S TERRIBLE SORE

Body Raw With Humor-Caused Untold Agony-Doctor Did No Good-Mother

Discouraged-Cuticura Cured at Once. "My child was a very delicate baby. A terrible sore and humor broke out on his body, looking like raw flesh, and causing the child untold agony. My physician pre-

scribed various remedies, none of which helped at all. I became discouraged and took the matter into my own hands, and tried Cuticura Soap and Cuticura Ointment with almost immediate success. Before the second week had passed the soreness was gone, not leaving a trace of anything. Mrs. Jeannette H. Block, 281 Rosedale St., Rochester, N. Y."

The Ignorant Landsman. Capt. Kaempf, of the Deutschland was entertaining a little group of

"Why is it," said Capt. Kaempf, "that landsmen are so ignorant of the ea? Seaman are not ignorant of the land. It is only, in fact, through knowing the land well enough to avoid it, that seamen keep their ships affoat.
"But landsmen's ignorance of the sea-it is deplorable."

"In Bremen, one day, I saw a farmer looking at the shipping in the harbor. A longshoreman was explaining the shipping to him. Finally I heard the 'longshoreman say:

"'It is low water, now, sir.'
"The farmer took his pipe out of his mouth and pointed it solemnly toward a heavily-laden tramp steamer

"'It's a good thing for that vessel going past that it is low water,' he said. The water's near over the edge

"Mind you," observed the party who was talking, "I'm speaking metaphorically pow."

"Ah!" rejoined the other, "I thought you were getting a bit mixed."-Chicago Journal.

A WOMAN'S MISERY!

Mrs. John LaRue, of 115 Paterson Avenue, Paterson, N. J., says: "I was tertainment. troubled for about nine years, and what I suffered no one mands so much in others.

will ever know. I used about every known remedy that is said to be good for kidney complaint, but without deriving permanent relief. Often

when alone in the house the back ache has been so bad that it brought tears to my eyes. The pain at times was so intense that I was compelled to give up my household duties and lie down. There were headaches, dizziness and blood rushing to my head to cause bleeding at the nose. The first box of Doan's Kidney Pills benefited me so much that I continued the treatment. The stinging pain in the small of my back, the rushes of blood to the head and other symptoms

disappeared." Doan's Kidney Pills are for sale by all dealers, 50 cents per box. Foster-Milburn Co., Buffalo, N. Y.

Lobster Race the Latest. Learned men of science gravely listened to a lecture in the Paris museum of natural history this week giving the report of a lobster race which has just been held, says a Paris special to the Kansas City Journal. The contest took place off the Isle of Man. A number of young and spry lobsters each with a number attached to its tail were dropped in the sea.

The winner—that is, the competitor which so far as known, traveled farthest from the starting point, was fished up thirteen and one-half miles away three days later. The lobster race was got up with a view to ascertaining certain questions relating to the distance these crustaceans are likely to travel within a specified time. It was not ascertained how many finished, but the truth of the reports are now vouched for

Odds and Ends.

When the landlord raises the rent he expects the tenant to raise it also.

How wonderfully developed must be the furniture mover's bump of destruc-

A woman never judges a man's ability as a liar by the compliments he

Cure For The Blues ONE MEDICINE THAT HAS NEVER FAILED Health Fully Restored and the Joy of Life Regained

When a cheerful, brave, light-hearted woman is suddenly plunged into that perfection of misery, the BLUES, it is a sad picture. It is usually this way: She has been feeling "out of sorts"



for some time; head has ached and back also; has slept poorly, been quite nervous, and nearly fainted once or twice; head dizzy, and heart-beats very fast; then that bearing-down feeling, and during her menstrual period she is exceedingly despondent. Nothing pleases her. Her doctor says: "Cheer up: you have dyspepsia; you will be all right soon."

But she doesn't get "all right," and hope vanishes; then come the brooding, morbid, melancholy, everlasting

Don't wait until your sufferings have driven you to despair, with your nerves all shattered and your courage gone, but take Lydia E. Pinkham's Vege-table Compound. See what it did for Mrs. Rosa Adams, of 819 12th Street. Louisville, Ky., niece of the late General Roger Hanson, C.S.A. She writes:

eral Roger Hanson, C.S.A. She writes:
Dear Mrs. Pinkham;—

"I cannot tell you with pen and ink what
Lydia E. Pinkham's Vegetable Compound
has done for me. I suffered with female
troubles, extreme lassitude, 'the blues,'
nervousness and that all-gone feeling. I was
advised to try Lydia E. Pinkham's Vegetable
Compound, and it not only cured my female
derangement, but it has restored me to perfect
health and strength. The buoyancy of my
younger days has returned, and I do not suffer any longer with despondency, as I did beer any longer with de fore. I consider Lydia E. Pinkham's Vege-table Compound a boon to sick and suffering

If you have some derangement of the female organism write Mrs. Pinkham, Lynn, Mass., for advice.

V

15

Mozley's Lemon Elixir.

Is a sure cure for all LIVER TROUBLES and a preventive of TYPHOID

and other fevers. Grandparent

Good for { Parent

(Baby Ask Your Neighbor 50c. and \$1.00 per bottle at Drug Stores.

There are some people who think that Heaven will reward them for giving the church a dime for a dollar en-

The strange thing is that a man who is satisfied with so little in himself de-

Many men are trying to straighten the universe with fingers that have done nothing else but get things into a

President Roosevelt, in an address to Long Island doctors, condemned ally of the Republic. Panama talebearers and praised General Wood.

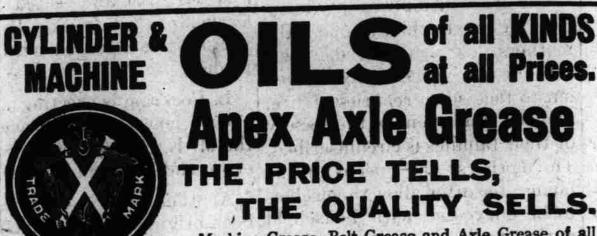
The railroads in Missouri obtained a temporary injunction in Kansas City to prevent the enforcement of the maximum rate law. Muravieff has resigned as head of

the Russian peace plenipotentiaries, and it is regarded as certain that M. Witte will succeed him.

It is reported that General Stossel has been arrested and that Admiral Kruger will leave the service.

M. Delcasse has outlined his views on France's foreign relations, saying he regards Great Britain as the best

Five hundred Chinese were drowned by the collapse of a mat shed.



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pectus sent on application. Address Sister Superior, St. Joseph's Academy, Emmitsburg, Maryland



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every year, thousands of them — who might just as well live. It is their as well live. It is their own fault, too! When sick they don't take the proper medicine. You must not consider the cost if sick, for your life is at stake. Get the best, but above all things do not permit the disease to run along without treatment. Our experience has taught us what Checkers will do. We know of no remedy in the world which will equal its marvelous action in the permanent cure of most all known chronic or fatal diseases.

cause it has merit, because it will do you good, because most any disease will vanish when Checkers
commences to search the system. It will find out what is wrong inside—it goes
to the bottom of every ordinary disease and makes the sick well. Call on your
druggist for a sample bottle free—or write us. The better plan is to buy a
mammoth dollar bottle to-day.

Checker Board and 24 Checker Men Call on your dealer or druggist for one of our full size heavy Checker boards, printed in colors, with 12 red and 12 blue Checker men, FREE. If he refuses to furnish same, write us and you'll be supplied.

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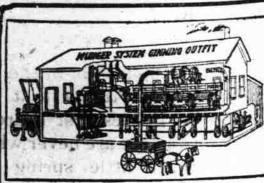
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NATHAN BICK FORD, Attorney, Washington, D. C.

