

TRIALS OF THE NEEDLE

THEY SAY YOU CAN'T SEW... BUT YOU CAN!

...AND YOU CAN GET THE BEST SEWING MACHINES AT THE LOWEST PRICES!

...AND YOU CAN GET THE BEST SEWING MACHINES AT THE LOWEST PRICES!

Munyon's Paw Paw Pills coax the liver into activity by gentle methods. They do not scour, grip or weaken. They are a tonic to the stomach, liver and nerves; laxative instead of weaker. They enrich the blood and enable the stomach to get all the nourishment from food that is put into it. These pills contain no opiates; they are soothing, healing and stimulating. For sale by all druggists in 50¢ and 25¢ doses. If you need medical advice, write Munyon's Doctors. They will advise to the best of their ability absolutely free of charge. **MUNYON'S, 534 and 5 Jefferson Sts., Philadelphia, Pa.**

Munyon's Cold Remedy cures a cold in one day. Price 25¢. Munyon's Rheumatism Remedy relieves in a few hours and cures in a few days. Price 25¢.

RESOLUTIONS For Any Day In the Year.

E. G. Routzahn.

The Well that They May Keep Well!
For the Sick that They May Get Well!

Resolved: That I will take better care of my body.

Resolved: That I will seek to know more about my body and so be better able to give it proper care.

Resolved: That I will try to aid others that they may take better care of their bodies.

Resolved: That I will plan to earn more about the conditions which affect the physical well-being of others.

Resolved: That I will give particular attention, as occasion makes possible, to conditions affecting the health of the poor, the ignorant and the neglected.

Resolved: That in school, church, club, lodge, union or society I will encourage the discussion of health topics and the suggestion of plans towards better health conditions in the community.

Resolved: That I will endeavor, every day of every year, to

- "Sleep in the Fresh Air."
- "Work in the Fresh Air."
- "Play in the Fresh Air."
- "Live in the Fresh Air."

Resolved: That I will present these resolutions, if possible, to every class and society to which I belong.

THE POULTRY YARD.

From January Farm Journal.

Gather the eggs several times a day.

Clean out the nest boxes and burn the old straw.

Changeable weather this month is apt to develop colds. Keep a close watch on the stock; and at once remove an ailing bird from the flock. A warm, dry coop or cage, and a one-grain quinine pill each night for three nights in succession, will soon bring the bird back to good health.

I kept close watch of my flock, and the hens that began to lay first after molting I put into separate pens. From these pens I gathered my eggs for hatching, and by so doing I have wonderfully improved the laying qualities of my flock. This mating has also been the means of rearing birds with stronger constitutions—more hardy and vigorous.

I never crowd too many into one house; six square feet of floor space for each bird is about right. I have found double-board floors, up off the ground, the best. I keep plenty of straw on the floors and throw the grain in this so they must work to find it.

Fearlessness of Seagulls.

A Glasgow doctor who was recently touring the Highlands had a somewhat unique experience with seagulls while passing through the Caledonian Canal. The birds were, as usual, following the steamer and were being fed by the passengers.

To prove how tame or bold they were, the doctor fed them by placing pieces of biscuit on his cap. The birds soon displayed much skill in snapping up the food. Then the doctor placed a piece of biscuit in his mouth. The gulls were shy at first, but ultimately one bird bolder than his fellows partook of the morsel, and before long there was brisk competition for the titbits. The snapshots on board were kept busily engaged, so that there is now pictorial proof of the incident.—Glasgow News.

After investigating recently, a British official reports the Kenis forest in East Africa to be 287 miles long by eight miles wide, and to contain standing timber worth \$115,000,000.

A lazy man is one who finds it hard to get sufficient rest.

BACKACHE--A SIGNAL OF DISTRESS

A WARNING THAT MUST NOT BE IGNORED

Pain in the back is the kidneys' signal of distress. If this timely warning is ignored, kidney disease silently fastens its deadly grip—for kidney sickness first shows itself in pains and disorders in other parts, and the real cause is too often hidden until fatal Bright's disease or diabetes has set in. Suspect the kidneys if you are rheumatic and nervous or have lame back, painful, too frequent or scanty urination, weak heart, dizzy spells, headaches, bloating or neuralgia. What you want is a special kidney medicine—not an experiment, but one that has stood the test for years. **Doan's Kidney Pills** relieve weak, congested kidneys—cure backache—regulate the urine.



A KIDNEY REMEDY OF 75 YEARS' EXPERIENCE

DOAN'S KIDNEY PILLS began curing lame backs and sick kidneys 75 years ago. The demand lead a nearby druggist, James Doan, to prepare it for sale. From him the magic formula passed to the present proprietors. Now, as in those early days, **Doan's Kidney Pills** are made from only the purest drugs and are absolutely non-poisonous. They are used and praised all over the civilized world.

DOAN'S KIDNEY PILLS MAKE LASTING CURES



C. P. Bartling, 136 Middle St., New Berh, N. C., says: "For some time I suffered from a severe case of kidney complaint. I had dull, grinding backaches and pains across my loins, and felt miserable in every way. Often I was in such a condition that I could not attend to my work. The kidney secretions were irregular in passage and unnatural, plainly showing that my kidneys were not performing their functions properly. Learning of Doan's Kidney Pills, I decided to try them and procured a box at Bradham's Drug Store. I began their use as directed and in a short time they effected a complete cure." (Statement given Apr. 2, 1903.)

On Jan. 25, 1908, Mr. Bartling said: "I gave a statement publicly recommending Doan's Kidney Pills in 1903 and at this time I gladly confirm all I then said. I have had no trouble from my kidneys since this remedy cured me."

Mrs. Henry Sykes, Field St., Naugatuck, Conn., says: "Doan's Kidney Pills benefited me greatly and I am glad to recommend them. For some time I suffered from a dull, heavy ache across the small of my back and kidneys. My back ached constantly and if I stood in one position for any length of time, or did much stooping, my suffering was greatly intensified. Going up or down stairs also aggravated my trouble. Learning of Doan's Kidney Pills, I procured a box at Brennan's Drug Store, and began their use. The symptoms of my trouble began to disappear immediately and it was but a short time when I was free from kidney complaint. No words can express my high opinion of Doan's Kidney Pills." (Statement given in 1896.)

On Oct. 4, 1908, Mrs. Sykes said: "The statement I gave some years ago in favor of Doan's Kidney Pills was correct. Doan's Kidney Pills cured me of kidney disease and I have had practically no trouble from my kidneys since."

TRIAL FREE Try Doan's Kidney Pills without cost. Cut out this coupon and mail it to Foster-Milburn Co., Buffalo, N. Y. A FREE TRIAL Box of Doan's Kidney Pills will be mailed you promptly. A. C. L.

DOAN'S KIDNEY PILLS

Sold by all dealers. Price 50 cents. FOSTER-MILBURN CO. Buffalo, N. Y. Proprietors.

Stomach Blood and Liver Troubles

Much sickness starts with weak stomach, and consequent poor, impoverished blood. Nervous and pale-people lack good, rich, red blood. Their stomachs need invigorating for, after all, a man can be no stronger than his stomach.

A remedy that makes the stomach strong and the liver active, makes rich red blood and overcomes and drives out disease-producing bacteria and cures a whole multitude of diseases.

Get rid of your Stomach Weakness and Liver Laziness by taking a course of **Dr. Pierce's Golden Medical Discovery—the great Stomach Restorative, Liver Invigorator and Blood Cleanser.**

You can't afford to accept any medicine of unknown composition as a substitute for "Golden Medical Discovery," which is a medicine of known composition, having a complete list of ingredients in plain English on its bottle-wrapper, same being attested as correct under oath.

Dr. Pierce's Pleasant Pellets regulate and invigorate Stomach, Liver and Bowels.



FOR HEADACHE--HICK'S CAPSIDINE

Whether from Colds, Heat, Stomach or Nervous Troubles, Capsidine will relieve you. It's liquid-pleasant to take—acts immediately. Try it. 10c, 25c, and 50c. at drug stores.

Excellent things are rare.—Plato.

A Burning Eruption Covered Her From Head to Feet.

"Four years ago I suffered severely with a terrible eczema, being a mass of sores from head to feet and for six weeks confined to my bed. During that time I suffered continual torture from itching and burning. After being given up by my doctor I was advised to try Cuticura Remedies. After the first bath with Cuticura Soap and application of Cuticura Ointment I enjoyed the first good sleep during my entire illness. I also used Cuticura Resolvent and the treatment was continued for about three weeks. At the end of that time I was able to be about the house, entirely cured, and have felt no ill effects since. I would advise any person suffering from any form of skin trouble to try the Cuticura Remedies, as I know what they did for me. Mrs. Edward Nanning, 1112 Salina St., Watertown, N. Y., Apr. 11, 1909."

We should not fight against God.

To Cure a Cold in One Day

Take Laxative Bromo Quinine Tablets. Druggists refund money if it fails to cure. E. W. Grove's signature is on each box. 25c.

The angry man is full of activity.

Dr. Pierce's Pellets, small, sugar-coated, easy to take as candy, regulate and invigorate stomach, liver and bowels and cure constipation.

After a bad harvest sow again.

Rheumatism Cured in a Day.

Dr. Detchon's Relief for Rheumatism and Neuralgia radically cures in 1 to 3 days. Its action is remarkable. Removes the cause and disease quickly disappears. First dose greatly benefits. 75c. and \$1. All druggists.

Shoot folly as it flies.—Pope.

Grandmothers' Cure for Coughs, Croup and Bronchitis

is now found at all drug stores (25c a bottle) is Taylor's Cherokee Remedy of Sweet Gum and Mullein. By all means the best remedy for consumption, whooping cough, croup, colds. Demdy has been tested for 50 years and always gives satisfaction.

No one begins to grow old until he ceases to learn.

Head, back and legs ache? Throat sore, with chills? That is La Grippe. Take Perry Davis' Painkiller at once.

A prophet is not without honor save in his own lifetime.

Piles Cured in 6 to 14 Days.

Pazo Ointment is guaranteed to cure any case of itching, blind, bleeding or protruding Piles in 6 to 14 days or money refunded. 50c

Blood is hotter than water.—Irish.

Tightness across the chest means a cold on the lungs. It means misery and discomfort every minute, if nothing worse. What's the answer? Rub the chest with Hamlin's Wizard Oil quick.

Forgive others; yourself, never.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, always pain, cures wind colic. 25c a bottle.

Nothing New or Mysterious. "ASK YOUR GRAND-MOTHER."

For many generations Gooch Grease has been recognized as a wonderful remedial medium in treating and curing Rheumatism, Grippes, Neuralgia and Neuritis. RICH'S GOOSE GREASE LINIMENT is made from pure goose grease, with other valuable curative ingredients added. Try it.

25c.—At all Druggists and Dealers.—85c. GREENSBORO, N. C.

GOOSE GREASE COMPANY, GREENSBORO, N. C.

Ship FURS To Richmond, Virginia. CLARENCE COSBY

Pays Market Prices and Deals Fair

FULL SIZE NUMBER ONE SKINS

| | | | |
|---------|-------------|----------|-------------|
| Mink | \$5.50 each | Grey Fox | \$1.15 each |
| Raccoon | 1.25 | Opossum | .90 |
| Skunk | 3.25 | Muskrat | .55 |
| | | Rabbits | 4c pound. |



Stops Lameness

Much of the chronic lameness in horses is due to neglect. See that your horse is not allowed to go lame. Keep Sloan's Liniment on hand and apply at the first sign of stiffness. It's wonderfully penetrating—goes right to the spot—relieves the soreness—limbers up the joints and makes the muscles elastic and pliant.

Here's the Proof.

Mr. G. T. Roberts of Resaca, Ga., R.F.D. No. 3, writes:—"My horse used your Liniment on a horse for swiney and effected a thorough cure. I also removed a spavin on a mule. This spavin was as large as a guinea egg. In my estimation the best remedy for lameness and soreness is

Sloan's Liniment

Mr. H. M. Gibbs of Lawrence, Kans., R.F.D. No. 3, writes:—"Your Liniment is the best that I have ever used. I had a mare with an abscess on her neck and one cow bottle of Sloan's Liniment entirely cured her. I keep it around all the time for galls and small swellings and for everything about the stock."

Sloan's Liniment will kill a spavin, curb or splint, reduce wind puffs and swollen joints, and is a sure and speedy remedy for fistula, swiney, founder and thrush.

Price 50c. and \$1.00

Sloan's book on horses, entirely free. Address Dr. Earl S. Sloan, Boston, Mass., U. S. A.

Light SAW MILLS

LATH AND SHINGLE MACHINES, SAWS AND SUPPLIES, STEAM AND GASOLINE ENGINES.

Try **LOMBARD**, AUGUSTA, GA.

BROWN'S BRONCHIAL TROCHES

Instantly relieve Cough, Hoarseness and Croup. Unexcelled for clearing the voice. Absolutely free from opiates or anything harmful. Price, 25 cents, 50 cents and \$1.00 per box. Sample sent on request.

JOHN L. BROWN & SON, Boston, Mass.

When You're Hoarse Use **PISO'S CURE**

THE BEST MEDICINE FOR COUGHS AND COLDS

Gives immediate relief. The first dose relieves your aching throat and allays the irritation. Guaranteed to contain no opiates. Very palatable.

All Druggists, 25c.

New Book on Consumption FREE TO ALL

250 pages, cloth bound medical book on consumption. Tells in plain, simple language how consumption can be cured in your own home. Write today. The book is also freely free.

YONKERMAN CO., 247 Water Street, Baltimore, Md.

CURED Dropsy

Removes all swelling in 8 to 20 days; effects a permanent cure in 30 to 60 days. Trial treatment given free. Nothing can be fairer.

Write Dr. H. H. Green's Sons, Specialists, Box 5 Atlanta, Ga.

SUNNY FLORIDA

Where FRUIT Grows Next to 1000 acres

Nature has done her utmost to make this the Garden Spot of the World. The richest soil—the most delightful climate—close to the best markets—direct express and freight connections. Fruit and vegetables grow abundantly, two and three crops a year.

Handsome booklet in two colors written by a western man fully describes in detail—absolutely free. Write for it now.

J. W. WHITE, Gen'l. Ind. Agt., Seaboard Air-Line Railway, NORFOLK, VA.

Stalls & Stanchions

Manufactured from Best Steel Tubing

Dairy, Bars and Stable Equipment

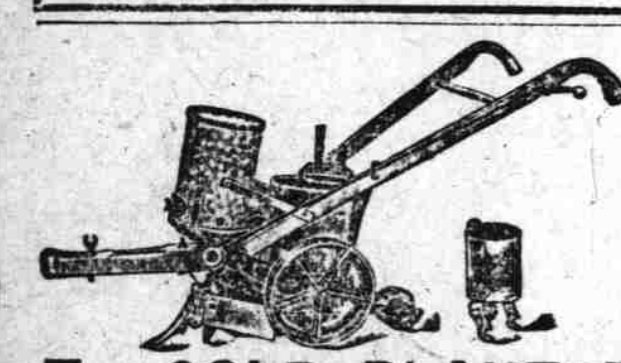
Pipe, Troughs, Tanks.

Columns and Beams

Machinery and Boilers

CLARENCE COSBY

Manufacturing Department Richmond, Va.



THE COLE PLANTER

MAKES BIGGER CROPS

Because it mixes the guano with the soil close under the seed so that the cotton is nourished from the time it sprouts and grows soft, strong and thick. A farmer says "100 pounds of guano applied with the Cole Planter is equal to 200 pounds put out in the usual way."

IT INCREASES THE YIELD A HALF OR MORE TO EACH ONE-HORSE CROP.

SAVES TIME AND MONEY

One man and one horse at one trip prepares the seed-bed, puts in the guano, opens again, drops and covers the seed, all in just the right way for either Cotton, Peas, Sorghum, Peanuts, Etc. THE COLE PLANTER beats the world in getting a quick, even stand. It puts one seed after another in a straight line, thick or thin, so that it saves seed, costs less in this, and less to cultivate.

Mr. Robert of Georgia writes "I would not miss planting my crop with the COLE PLANTER for \$200.00."

IT MEANS MONEY TO YOU, write at once for FREE catalogue and name of merchant who sells and guarantees Cole Planters.

THE COLE MFG. CO., BOX 50, CHARLOTTE, N. C.

CABBAGE PLANTS EARLY HEADERS

Hardy plants grown in the open field from seed selected by an experienced, careful grower. The best varieties, full count and safe delivery guaranteed.

Prices F. O. B. Meigs: 50¢ for \$1.00, 1.00 to 4.00 at \$1.50 per 1.00, 5.00 to 8.00 at \$1.25 per 1.00, 9.00 to 20.00 at \$1.00. Special prices on larger quantities. Quick service on all orders. Folder on cabbage culture mailed free.

S. M. GIBSON COMPANY, Box 4, Meigs, S. C.

IN THE HOME

GOVANS' PREPARATION is absolute protection against pneumonia, colds, croup, coughs, pains and soreness in lungs and throat. Relieves at once by destroying the inflammation and congestion. External and penetrating. \$1.00, 50c, 25c. All druggists.

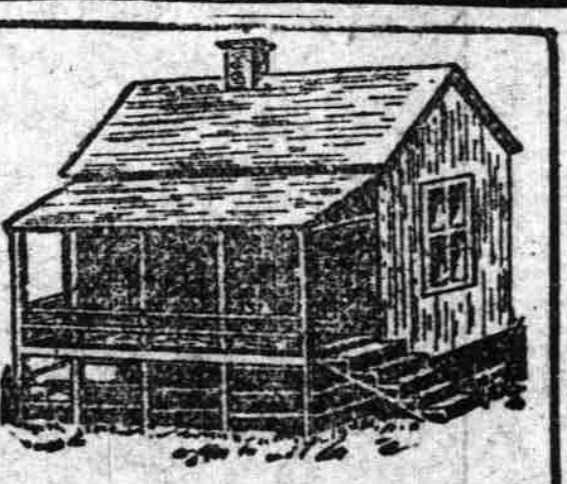
It was in this very cottage in Brookside, 15 miles from Birmingham, Ala., that three Italians nearly died of Fever. They had been sick 3 months. Johnson's Tonic cured them quickly—read letter below:

Brookside, Ala., May 4, 1908.

All were Italians and lived on a creek 50 yards from my store. These cases were of three months standing, their temperature ranging from 100 to 104. The doctors had tried everything in vain. I persuaded them to let me try Johnson's Tonic. I removed all the printed matter and let the medicine go out in a plain bottle as a regular prescription. The effect in all three cases was immediate and permanent. They recovered rapidly and there was no recurrence of the Fever.

S. L. SHIPLETT.

Write to THE JOHNSON'S CHILL & FEVER TONIC CO., Savannah, Ga.



PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Wash and Fix Colors. **MORRIS DYEING CO., Quincy, Illinois.**