

LIFE SAVED BY FRIEND'S ADVICE

About three years ago I suffered with appendicitis and after having an operation performed it left me with a severe case of kidney trouble. I was doctored by several physicians and getting no relief I took the advice of a friend and procured a bottle of Dr. Kilmer's Swamp-Root. After taking the contents of the first bottle I felt greatly relieved and decided to continue it. After using the contents of three more dollar bottles, I experienced a complete cure. I cannot recommend Dr. Kilmer's Swamp-Root too highly to anyone suffering from kidney or bladder trouble.

Yours very truly,
E. P. HILAM,
Cartersville, Ga.
Sworn to and subscribed before me this July 12th, 1909.
JOS. S. CALHOUN,
Notary Public,
D. Co., Ga.

Prove What Swamp-Root Will Do For You
Send to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. It will convince anyone. You will also receive a booklet of valuable information, telling all about the kidneys and bladder. When writing, be sure and mention this paper. For sale at all drug stores. Price fifty-cent and one-dollar.

Considering the Details.
Alfonso—Gwendolyn, why are you so cruel as to keep me waiting for my answer? It is now ten minutes since I asked you to be my wife.
Gwendolyn—O, pardon me, I forgot! was simply choosing my bridesmaids! —Stray Stories.

Important to Mothers
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Wm. C. Little* in Use For Over 30 Years.
Children Cry for Fletcher's Castoria

Incident Overlooked.
A New England farmer, noted for his uncontrolled temper, became converted, according to the St. Louis Republic.

A month later he was holding forth to a number of friends and relatives gathered at the Thanksgiving dinner table on the subject of his religious principles, his entire change of character and his kind and forbearing disposition.

Finally growing enthusiastic in his description, he called on his wife to uphold his assertions.
"Jane," he shouted, "you haven't had an unkind word or deed from me since I got converted—now, have you?"

There was a dead silence; then came in meek, yet reminding tones from the other end of the table.
"Jerome, Jerome, you've forgot the time you bit me."

THE USUAL WAY.



She—We distrust those who flatter us.
He—And dislike those who do not.

FOUND RIGHT PATH After a False Start.

"In 1890 I began to drink coffee. At that time I was healthy and enjoyed life. At first I noticed no bad effects from the indulgence but in course of time found that various troubles were coming upon me.

"Palpitation of the heart took to itself sick and nervous headaches, kidney troubles followed and eventually my stomach became so deranged that even a light meal caused me serious distress.

"Our physician's prescriptions failed to help me and then I dosed myself with patent medicines till I was thoroughly disgusted and hopeless.

"Finally I began to suspect that coffee was the cause of my troubles. I experimented by leaving it off, except for one small cup at breakfast. This helped some but did not altogether relieve my distress. It satisfied me, however, that I was on the right track.

"So I gave up coffee altogether and began to use Postum. In ten days I found myself greatly improved, my nerves steady, my head clear, my kidneys working better and better, my heart's action rapidly improving, my appetite improved and the ability to eat a hearty meal without subsequent suffering restored to me. And this condition remains.

"Leaving off coffee and using Postum did this, with no help from drugs, as I abandoned the use of medicines when I began to use the food drink." Name given by Postum Co., Battle Creek, Mich.

"There's a reason," and it is explained in the little book, "The Road to Wellville," in pkg.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.



PREPARE FOR AUTUMN

RIGHT NOW IS EXCELLENT TIME TO MAKE SELECTION.

Tailored Styles Continue to Hold Their Own in Popular Favor—Short Coat is Also to Be Much in Vogue.

This is an excellent time for looking up the things needed for the next three months, for at this time autumn effects make their appearance and they are generally much cheaper than later on. As usual, tailored styles are much considered, the trim street suit and long coat being in a way always the same and easier to decide upon than the more fanciful garments. At any rate, only tailored things are seen to any extent, and these are quite plain, though the fashion people promise any number of fine surprises in a week or two. In fact, we are told that the street gown will be quite fancy with trimming, that there will be odd cuts and vastly rich colors. Meanwhile, except for an increasing width in the skirt, made by inverted plaits stitched closely at the top and flaring at the bottom, street suits are not greatly different in style from those of the summer. The short coat introduced with late is much in vogue, but this has as many cuts as the peacock has eyes in his gorgeous tail—it is in saque shape, Empire form, in Norfolk design or with a high belt and coquettish shirred tail. Materials for these fresh and enticing suits, of course, consider the autumn in quality and color. The tullest little checked wools and striped men's cloths show mellow browns to a great extent, a touch of black satin and deep orange linen being used sometimes for collar and cuffs. Any black and white goods suitable for a tailored suit is still very chic, and with this combination the coat trimmings may show a blend of white and purple linen. The oddity of putting satin with muslin and linen with wool in this way is decidedly smart and most suited to the season. The washable summer materials soften the gloom of the darkish colors used, and lighten the effect of the textures which might otherwise seem too clumsy for the middle of September. The illustration gives the loose saque style girls from seven to twelve will wear, and it is in a smooth blue serge with blue and red silk for the trimming. The single button is of red silk covered with blue crochet, and this solitary detail gives the little garment a very elegant stamp. Pearl

or bone buttons, by the way, are not used on any dressy coat, unless the garment is in polo style and in a delicate evening color. Buttons are elaborate and made to a great extent of crochet over molds, or the covering will be of some rich tapestry in soft colors—the button set in a metal rim—or the fastener will show a crust of rich embroidery. On fact, so far as buttons are concerned, one can be commonplace only



with the practical coat, and even here if the garment is of a very rough sort some rovelty in shape is desirable with the cheapest bone button. The wooden mold, however, covered plainly with the same material, trims many a dashing coat and where the garment is reversible, whichever way the coat is put on, the buttons will be in the color of the lining. With this exception all other buttons on the first coats are striking and original.

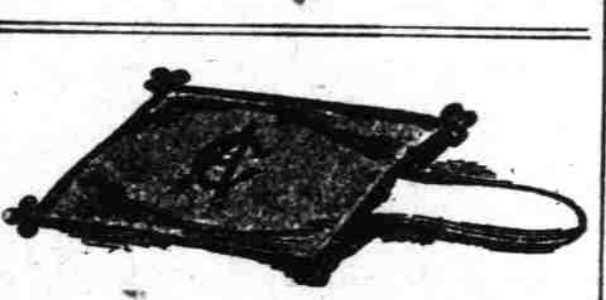
Mary Dean

KEEPS SILVER MIRROR BRIGHT

Cover is an Absolutely Necessary Accompaniment of Handsome Adjunct to Toilet Table.

The simple suggestion contained in our sketch will be found well worth carrying out by those of our readers who are in possession of silver-backed mirrors. A mirror with a silver back, if left unprotected upon a dressing table, will tarnish in a very short time, and if it is to be kept in a fresh and bright condition some kind of case for it is very necessary, and it should be one into which it may be slipped with the least possible trouble.

The cover illustrated answers these requirements, and is of so simple a shape that it may be very quickly made. It can be carried out in silk



or art serge, and lined with soft wash-leather, and edged with a silk cord carried into three little loops at each corner. To ornament it, initials or some pretty floral design may be worked in the center, and when the mirror is not placed in it, it has merely the appearance of an ordinary little mat.

When the handle of a mirror is backed with silver as well as the glass, then the case can be made long enough to protect the handle too. The sketch shows very clearly the shape of the cover, and it is scarcely necessary to add that it is made in the form of a bag open at one end.

Lace Handkerchiefs.
Imitation laces are usually not attractive, but some dainty ones that edge some handkerchiefs one of the shops is now showing are particularly good.

Princess laces are usually sold at prices that are prohibitive for most of us to enjoy possessing them, but these imitations are pretty enough for any woman to enjoy owning.

There is a tiny square of linen in the middle and a great wide edging of the princess or princess and imitation point lace combined.

NOVELTIES ARE IN DEMAND

Elaborate Garnitures to Be in Evidence During Coming Fall and Winter Months.

Bead, metal, silk and worsted embroideries all promise to have a large vogue throughout the coming fall and winter. Elaborate garnitures in the form of blouse and tunic patterns are being shown on foundations of chiffon. There is practically no limit to the variety that is seen, and the greater the novelty the more popular the effect.

Standing bugles are a new feature in bead embroideries. Part of the design is worked out with the beads upright. This results in a handsome relief work, wholly new, and thus far much taken by buyers of extreme novelties. In bead embroideries odd shapes in pendant ornaments and bugles are intermingled with beads in various sizes.

Round wooden beads, dyed in color, are being much used by the model houses. Many other new embroideries will be executed in heavy silk thread, with the wooden beads carrying out part of the design.

New Suede Millinery.

Perhaps the most popular form of millinery for travelling and outing purposes are those smart little round hats of suede.

They are simply trimmed with a strap and buckle, which are fashioned in colored suede in such colors as cinnamon, champagne, cerise, royal blue, myrtle green, mole gray, saxe blue, purple or other varying shades. Being very soft, they are ideal for motoring and can be worn with serge or cotton frocks for country use.

Several women have bought them to wear with white linen and serge frocks, adopting the idea of wearing suede shoes to match, and carrying an en tout cas of a like color finished with a suede-covered handle.

To Clean Moire Bags.

White moire handbags clean easily with naphtha. The whole bag—silk cord, gold mountings and all—may be dipped into the naphtha. A gentle scrubbing with an old tooth brush will aid in the cleansing process. The result is better than that which sometimes follows the laundering of a linen hand bag, so that the silk ones, while costly, are not extravagant in the end.

Morality

By Rev. Guy E. Shipler
Assistant Rector of St. Peter's
St. Louis

There is in our civilization a class of women branded as moral lepers, the presence of any one of whom would not be tolerated in our homes. Yet our daughters are allowed to mingle freely with the men who prey upon these women; to receive them in our homes—and too often—to marry them. Such is custom and conviction, so totally an inversion of the teaching and practice of Jesus Christ, who ate with harlots and sinners, not to condone their acts, but to save them from evil.

Let us ask in all frankness, is it not time for the church to inquire rather more seriously into this matter of conscience and morality? Shall we go on being satisfied that custom and convention have said the last word on these vital matters?

There are too many false judgments of morality in society, as a result of untrained conscience. The thing we call convention is too often but a cloak for false morality. Custom and convention are made up of elements both good and bad, though most of us, if a thing is conventional, adhere to its pronouncements without stopping to question the right or wrong of it. Convention and custom are good when they conserve the good of the past; they are viciously evil when they cloak evil, and even worse when they so enslave the minds of the people that they stultify all moral progress.

There is a tendency in most of us toward legalism; this false use of the law, and the subtlest foe with which Christianity has had to cope. One of the most remarkable things in history is the speed with which Christianity morally "ran off the track" and allowed its freedom to become elaborated and stiffened into dogma, and then into legalism.

The church, which was to bring God and man together, became burdened with ecclesiastical machinery, which kept God and man apart. What is the standard? Shall we frankly become legalists and accept the law as our standard of conduct? Or shall we accept what are called the average judgments of mankind—the consensus of opinion—as our standards? If so, what shall we do with the prophets; those men of vision who sometimes rise in our midst, to point the way to a clearer conception of truth than the average man has attained?

And if we do not listen to the prophets—for example those men of vision we have in our political life today—how can we hope to progress as a civilization? Or shall we accept as our standard that which satisfies us? Or shall we accept that which works—pragmatism, which has become popular among certain ethical thinkers.

This matter of conscience calls for clearer thinking than we have bestowed upon it as a church or as individuals in the past. Conscience is the soul's discernment of right and wrong for the purpose of its own moral choice. It has as a standard not any exterior law, which means the reduction of religion and morals to jurisprudence and restraint; but it must have an inner law, which means freedom.

Jesus Christ's most emphatic teaching, about which centered all else he said and did, was the sacredness of the self. We have Christian morality then when we set before us the task of developing this self. This self-love is the only morality we know. It is truth for truth's sake, not truth for expediency.

Conscience is the voice of God witnessing to eternal right within the individual soul. It is the voice of man's true self, and the true self is one with God. As our sense of beauty leads us on to things beautiful, so our moral sense should lead us to things moral. And, as in art, we turn to great masters, whose genius has wrought in the world of beauty for the standards of valuation; so in the world of morals must we turn with ever-increasing earnestness and appreciation and longing to the master of men.

And as our study of the great canvas reveals ever and anon some deeper truth that lay in the heart of the artist, so our serious study of Christ must reveal more of the truth that lay like gold in the depths of his heart. It is for each one of us to say—for no one else can say it for us—whether the light that is in us shall become darkness and so spread the gloom of itself through the hearts of humanity or whether it shall become a part of that light that lighteth every man that cometh into the world.

The Crown for the Faithful.

The virtue of fidelity is not conditioned by great opportunities and responsibilities. It has nothing to do with splendor of circumstances. It needs no broad arena, no crowd of spectators. "He that is faithful in that which is least is faithful also in much." The humblest task is to be done as unto God. Our gift, our talent, may be insignificant, but it is to be used, not buried. What the world calls success is often the shipwreck of the soul. The dominion of God's world is the blessing of those who are "faithful in a very little," "faithful unto death." The crown is not for success, not for genius, not for position, not for greatness, but for faithfulness. Life's work and warfare are to test and train our fidelity.

Woman's Danger Periods Made Safe

By Lydia E. Pinkham's Vegetable Compound

The Change of Life is the most critical period of a woman's existence, and neglect of health at this time invites disease.

Women everywhere should remember that there is no other remedy known to medicine that will so successfully carry women through this trying period as Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs. Here is proof:

Natick, Mass.—"I cannot express what I went through during the Change of Life before I tried Lydia E. Pinkham's Vegetable Compound. I was in such a nervous condition I could not keep still. My limbs were cold. I had creepy sensations and could not sleep nights. I was finally told by two physicians that I had a tumor.

"I read one day of the wonderful cures made by Lydia E. Pinkham's Vegetable Compound and decided to try it, and it has made me a well woman. My neighbors and friends declare it has worked a miracle for me. Lydia E. Pinkham's Vegetable Compound is worth its weight in gold for women during this period of life. If it will help others who may publish this letter."—Mrs. Nathan B. Greaton, 51 No. Main St., Natick, Mass.

ANOTHER SIMILAR CASE.

Cornwallville, N. Y.—"I have been taking Lydia E. Pinkham's Vegetable Compound for some time for Change of Life, nervousness, and a fibroid growth.

"Two doctors advised me to go to the hospital, but one day while I was away visiting, I met a woman who told me to take Lydia E. Pinkham's Vegetable Compound. I did so and I know it helped me wonderfully. I am very thankful that I was told to try Lydia E. Pinkham's Vegetable Compound."—Mrs. Wm. Boughton, Cornwallville, N. Y., Greene Co.

The makers of Lydia E. Pinkham's Vegetable Compound have thousands of such letters as those above—they tell the truth, else they could not have been obtained for love or money. This medicine is no stranger—it has stood the test for years.

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No sick woman does justice to herself who will not try this famous medicine. Made exclusively from roots and herbs, and has thousands of cures to its credit.

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health free of charge. Address Mrs. Pinkham, Lynn, Mass.

For **DISTEMPER**—Pink Eye, Epizootic Shipping Fever & Catarrhal Fever
Sure cure and positive preventive, no matter how horrid any stage are infected or exposed. Liquid given on the tongue; acts on the blood and glands, cures the Poultry, Leagues, swelling live stock remedy. Cures all Grippe among human beings and in the kitchen, who will get it for you. Free Booklet, "Distemper, Causes and Cures." Special Agents wanted.
SPOHN MEDICAL CO., Bacteriologists "GOSHEN, IND., U. S. A."

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This paper is printed from ink made in Savannah, Ga. by the SOUTHERN OIL & INK CO., Savannah, Ga. Price 6 cents per pound, F. O. B. Savannah. Your patronage solicited.

W. L. DOUGLAS

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WOMEN wear W.L. Douglas stylish, perfect fitting, easy walking boots, because they give long wear, same as W.L. Douglas Men's shoes.

THE STANDARD OF QUALITY FOR OVER 30 YEARS

The workmanship which has made W.L. Douglas shoes famous the world over is maintained in every pair.

If I could take you into my large factories at Brockton, Mass., and show you how carefully W.L. Douglas shoes are made, you would then understand why they are warranted to hold their shape, fit better and wear longer than any other make for the price.

CAUTION The genuine have W. L. Douglas names and price stamped on bottom. If you cannot obtain W. L. Douglas shoes in your town, write for catalog. ONE PAIR of my **BOY'S** \$2.50 or **WOMEN'S** \$3.00 SHOES will positively outwear DOUGLAS, 142 Spark St., Brockton, Mass. TWO PAIRS of ordinary boys' shoes

You who are not well

Why Not Rebuild Your Health?

A Reconstructive Tonic Known as

MILAM WILL DO IT—GUARANTEED

"By the undersigned, hereby certifying that we have taken notice of the very beneficial results of this medicine in curing the various ailments mentioned in the advertisement of the same."

[List of signatures and testimonials for MILAM medicine]

\$1 a bottle if benefited—nothing if not. Ask Your Druggist

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