

Bowel Cleansing You Ever Had—Don't Lose a Day's Work!

sick.

lomel makes you sick; you lose a under my personal guarantee that it work. Calomel is quicksilver will clean your sluggish liver better t salivates; calomel injures your than nasty calomel; it won't make you sick and you can eat anything you

you are bilious, feel lazy, sluggish all knocked out, if your bowels constipated and your head aches omach is sour, just take a spoonof harmless Dodson's Liver Tone ad of using sickening, salivating nel. Dodson's Liver Tone is real medicine. You'll know it next ning because you will wake up ng fine, your liver will be workyour headache and dizziness gone, stomach will be sweet and your els regular. You will feel like have found that this pleasant, vegeking. You'll be cheerful; full of table, liver medicine takes the place

r and ambition. of dangerous calomel. Buy one bottle our druggist or dealer sells you a on my sound, reliable guarantee. Ask ent bottle of Dodson's Liver Tone your druggist or storekeeper about me.

Its Weak Point. pobson's humor is quite original." es that is its greatest fault."ton Evening Transcript.



Beautify Your Hair! Make It oft Fluffy and Luxuriant-Try the Moist Cloth.

ry as you will, after an application Danderine, you cannot find a single e of dandruff or falling hair and r scalp will not itch, but what will se you most, will be after a few ks' use, when you see new hair. and downy at first-yes-but realnew hair-growing all over the

A good listener is one who can pretend to be deeply interested when he isn't.

want without being salivated. Your

druggist guarantees that each spoonful

will start your liver, clean your bowels

and straighten you up by morning or

you can have your money back. Chil-

dren gladly take Dodson's Liver Tone

because it is pleasant tasting and

doesn't gripe or cramp or make them

I am selling millions of bottles of

Dodson's Liver Tone to people who

Examine carefully every bottle CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of Char In Use For Over 30 Years. Children Cry for Fletcher's Castoria

Honest, now, did you ever see anybody take the advice you offered?-Memphis Commercial Appeal.

# DO NOT HESITATE

To Use Cuticura on Skin-Tortured Babies. Trial Free.

THE POLK COUNTY NEWS, SALUDA, N. C.

**Gowns of American Design** F the new spring styles in gowns ple, but made of the airiest fabrics are strictly of American design, over satin foundations. Bodices are

there is every reason to congratulate modestly high, and satin bindings are their creators. After a study of them used to finish the flounces and over-A hot bath with Cuticura Soap and one might be pardoned for quoting dresses of net or crepe or chiffon.

gentle application of Cuticura Oint- from the song which bids us heartily With all this fluffiness there is a little touch of the austere in the bodice

The Shot That Missed. In controversy it is better to be intellectually honest than to be consis-

In an ecclesiastical discussion that occurred at one of the general assem. blies of the Presbyterian church in the United States Doctor Krebs was pressing his antagonist, Doctor Breckinridge, hard with his authorities, and at last, as the New York Times relates, came down on him with this: "And now I will proceed to quote Breckinridge against Breckinridge."

Without rising from his seat, Doctor Breckinridge instantly retorted, "And you could not possibly cite an authority that would have less weight with me!"

Free to Our Readers Write Murine Eye Remedy Co., Chicago, for 48-page illustrated Eye Book Free. Write all about your Eye Trouble and they will advise as to the Proper Application of the Murine Eye Remedies in Your Special Case. Your Druggist will tell you that Murine Relieves Sore Eyes, Strengthens Weak Eyes. Doesn't Smart, Soothes Eye Pain, and sells for 50c. Try It in Your Eyes and in Baby's Eyes for Scaly Eyelids and Granulation. Adv.

Cruel, Too. "I'm saddest when I sing." "You're a durn fool to sing, then."-Boston Evening Transcript.

REMARKABLE LETTER FROM A WELL KNOWN WASHINGTON DRUGGIST. in reference to Elixir Babek the great remedy "Within the last five months I have sold 3,600 bottlesof Elixir Babek, for Malaria, Chillsand Fever. Our customers speak very well of it, Henry Evans, 922 F St., N.W., Washington, D.C." Elixir Babek 50 cents all druggists, or by Parcels Post, prepaid, from Kloczewski & Co., Washington, D. C.

Really Reliable. "Is your maid trustworthy?" "Trustworthy? Why, I even give her the key to the bread box!"

Every Household Needs It. For cuts, burns sprains and bruises, Hanford's Balsam of Myrrh should give quick relief. These may happen any day in any home and the prudent housewife will always keep a bottle on hand. Adv.

### Unbecoming.

"How do you like my new hat,

## **Colds Relieved** Without Dosing

If you have tried "Internal" medicines without success, we want you to try the "External" treatment - Vick's "Vap-O-Rub" Salve. Apply hot wet towels over the throat and chest to open the pores, then rub Vick's in well and cover with a warm flannel cloth. The body warmth releases healing vapors that are inhaled with each breath, and, in addition, Vick's is absorbed through the pores. 25c, 50c, or \$1.00.

THE GENUINE HAS THIS TRADE MARK VAPORUB" VICK'S Croup and SALVE



# **Kheumatism**

Just put a few drops of Sloan's on the painful spot and the pain stops. It is really wonderful how quickly Sloan's acts. No need to rub it in-laid on lightly it penetrates to the bone and brings relief at once. Kills rheumatic pain instantly.

Mr. James E. Alexander, of North Harpswell, Me., writes: "Many strains in my back and hips brought on rheu-matism in the sciatic nerve. I had it so bad one night when sitting in my chair, that I had to jump on my feet to get relief. I at once applied your Liniment to the affected part and in less then ten minutes it was perfectly easy. I think

little Danderine immediately dogs the beauty of your hair. No differe how dull, faded, brittle and aggy, just moisten a cloth with nderine and carefully draw it ough your hair, taking one small and at a time. The effect is imdiate and amazing-your hair will light, fluffy and wavy, and have an earance of abundance; an incomable luster, softness and luxurie, the beauty and shimmer of true health.

et a 25 cent bottle of Knowlton's derine from any store and prove your hair is as pretty and soft any-that it has been neglected or red by careless treatment-that's Adv

t last reports there were 3,846 wing, firms in Great Britain.

's Foolish to Suffer You may be brave enough to tand backache, or headache, or izziness. But if, in addition, urnation is disordered, look out! you don't try to fix your sick lidneys, you may fall into the lutches of kidney trouble before ou know it. But if you live more arefully and help your kidneys ith Doan's Kidney Pills, you can top the pains you have and avoid uture danger as well.

A North Carolina Case

C. H. Rogers, 299 Lindsey St., Reidsville, N. C., says: "Kidney trouble clung to me for many years and I had bad backaches. 'The kidney secretions passed irregularly at times Five boxes of Doan's Kidney Pills completecured me. I have Doan's given Kidney Pills to my hildren for kidney and they weakness too have been benefited."

Get Doan's at Any Store, 50c . Box DOAN'S HIDNEY OSTER-MILBURN CO., BUFFALO, N.Y.

The Reliable Remedy for lumbago, gout and GETS AT THE JOINTS FROM THE INSIDE

ment at once relieve, permit rest and sleep and point to speedy healment of eczemas, rashes, itchings and irritations of infants and children even

in severe cases. Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere .- Adv.

Fiction and Reality.

It is a simple truth to say that many things happen in fiction which would be quite impossible in fact, as any censor knows. It is in failing to distinguish between these two that many artists and most critics blunder and this error is in effect the same as that of the ambitious actor who, having once to play the part, for the first time, of an intoxicated ruffian in a certain melodrama, went to a neighboring tavern and intoxicated himself. He thought that this would storm the house, but on the contrary he was immediately fired by the management for a fool-and rightly.-F. H. Martin,

The Lush in Luscious. "Why do they call the oyster a luscious bivalve?"

"Is not it customary to refer to intoxicating beverages as lush?" asked the learned but unsophisticated citizen.

#### "Yes."

in the Book Buyer.

"Then 'luscious bivalve,' no doubt, refers to the oyster cocktail.'

#### The Real Article.

Little Lemuel-Say, paw, what is an instrument of torture? Paw-The piano in the flat upstairs,

A scientist states that fully twothirds of a woman's pleasures in life are derived from her ability to shed tears at will.

CHILDREN SHOWED IT Effect of Their Warm Drink in the Morning.

"A year ago I was a wreck from coffee drinking and was on the point of giving up my position in the school room because of nervousness.

"I was telling a friend about it and she said, 'We drink nothing at meal time but Postum, and it is such a comfort to have something we can enjoy drinking with the children.'

"I was astonished that she would allow the children to drink any kind of coffee, but she said Postum was not coffee, but a most healthful drink for children as well as for older ones, and that the condition of both the children and adults showed that to be a fact. "I was in despair and determined to give Postum a trial, following the directions carefully. It was a decided success and I was completely won by its rich delicious flavor. "In a short time I noticed a decided improvement in my condition and kept growing better month after month, until now I am healthy, and do my work in the school room with ease and pleasure. I would not return to nervedestroying coffee for any money." Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs. Postum comes in two forms: Regular Postum-must be well boiled. 15c and 25c packages. Instant Postum-is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins. Both kinds are equally delicious and cost per cup about the same. "There's a Reason" For Postum. -sold by Grocers.

rejoice in the strength of our salvation and adding "from foreign-made usually. modes" thereto.

The street costumes are cleverly shaped, comfortable, and clean cut. Their tailoring is a thing of faultless beauty. Skirts are short and just wide and flaring enough for comfort in walking and for style. Jackets and coats are easy and smart, improving the figure which wears them properly. One may have a choice as to length, as they are shown in both long and short models. Materials are durable, old favorites

distinguished itself above others. In party gowns skirts are more am- with a dip.

In the picture given here a street suit of swell shepherd's plaid is shown. Plaits at the sides of both front and back produce slightly flaring panels, the skirt being made up of four of these.

The jacket opens in a "V" at the front, with revers terminating at the bust line and an inlay of velvet which is carried to the high turnover collar

A strap at each side of the back is being to the fore in the smartest finished with a simulated buttonhole garments. Decorations are few and and set, with a lone button, to the elegant, buttons and straps and the narrow, shaped belt which defines the introduction of outside pockets pro- slightly high waist line. The cuffs viding most of them. But it is in are odd, with the sleeve turned back amazing cleverness in cutting both from a band of velvet and fastened skirts and coats that this season has down with a button. The front of the jacket is almost straight, and cut

## The Motor Bonnet of Silk



THE motor bonnet of silk continues | to stand at the head of the list as the standpoint of comfort, service, low cost, becomingness, and the ease with which it can be made, the silk motor bonnet has no rival possessing all of its advantages.

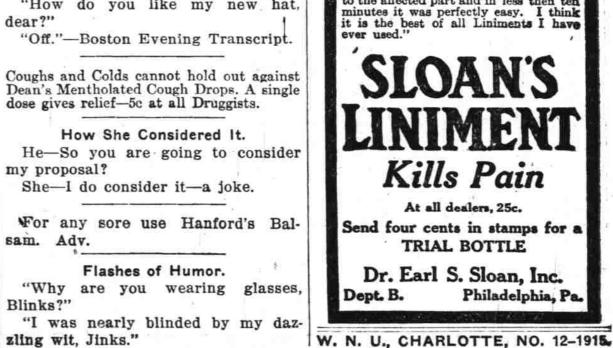
There are, however, many bonnets served its day it can be replaced for that combine the soft millinery braids, so little money and is altogether so atlike those of hemp or silk fiber, with | tractive that it is likely to remain a favorite. silk in their construction, that are just as durable and becoming. By means of the braid the element of novelty in design enters into their composition, but they are less simple to make than the silk bonnets. The latter will not tax the ingenuity of afternoon in the wearing of velvet the home milliner at all. Taffeta silk is the most satisfactory blouses or long-waisted effects, with weave to use. Its body gives the bon- the top skirt of velvet and the short net a chance to remain shapely; it underskirt of satin or plaited chiffon. sheds the dust easily and it is made A collar of real lace and a satin belt in most appropriate and pleasing col- or sash completes a very smart little ors. Patterns by which to cut the costume which can be worn without a body of bonnets are furnished by any coat as warmer weather approaches. of the standard pattern companies. Usually only about a yard of taffeta and a small strip of crinoline are needed, except when plaitings of the silk are used for trimming. An extra inch dresden ribbon, double and sew allowance must be made for this. Ma- into a bag, stitching a quarter of an chine stitching, with silk thread, helps inch back from the edge along the out in the finish and decoration of the | sides; to leave for a finish. Fill it all-silk bonnets. The veil of washable chiffon holds find it keeps its place; even beavy its own with the silk bonnet as the hatpins do not turn it over. best friend of the motorist. Chiffon veils are so essential that they form a part of the design in most bonnets and are always reckoned with, either | faults in style and material, but soiled as a part of the decoration or an ac-

cessory.

Several special kinds of hats appear among the spring showings of motor the most practical of things designed | headwear, among them exquisite crofor the headwear of autoists. From cheted hats of silk fiber braid, and patent leather hats. The last are wholly rainproof. But the crocheted hats, and silk bonnets like those pictured here, are not much damaged by rain. When the silk bonnet has

JULIA BOTTOMLEY.

Velvets for Little Girls. Girls from twelve to sixteen are following the example of their elders for frocks. These usually have over-





## Those of Middle Age Especially.

When you have found no remedy for the horrors that oppress you during change of life, when through the long hours of the day it seems as though your back would break, when your head aches constantly, you are nervous, depressed and suffer from those dreadful bearing down pains, don't forget that Lydia E. Pinkham's Vegetable Compound is the safest and surest remedy, and has carried hundreds of women safely through this critical period.

Read what these three women say:

### From Mrs. Hornung, Buffalo, N.Y.

BUFFALO, N. Y .- "I am writing to let you know how much your medicine has done for me. I failed terribly during the last winter and summer and every one remarked about my appearance. I suffered from a female' trouble and always had pains in my back, no appetite and at times was very weak.

"I was visiting at a friend's house one day and she thought I needed Lydia E. Pinkham's Vegetable Compound. I took it and have gained eight pounds, have a good appetite and am feeling better every day. Everybody is asking me what I am doing and I recommend Lydia E. Pinkham's Vegetable Compound. You may publish this letter if you wish and I hope others who have the same complaint will see it and get health from your medicine as I did."-Mrs. A. HORNUNG, 91 Stanton St., Buffalo, N. Y.

### Made Me Well and Strong.

MACEDON, N.Y .- "I was all run down and very thin in flesh, nervous, no appetite, could not sleep and was weak, and felt badly all the time. The doctors said I had poor blood and what I had was turning to water. . I took different medicines which did not help me, but Lydia E. Pinkham's Vegetable Compound made me well and strong, and I am recommending it to my friends."-Mrs. FRED CHACE, R. No. 2, Macedon, N.Y.



#### Rice in Pincushion.

Rice makes an excellent filling for a pincushion. Take a yard of fivesnugly with rice grains and you will

### Soiled White Inexcusable.

Clean white will cover a multitude of white on a woman is quite as inexcurable as on a man.

### The Change of Life.

BELTSVILLE, MD.—" By the use of Lydia E. Pinkham's Vegetable Compound I have successfully passed through a most trying time, the Change of Life. I suffered with a weakness, and had to stay in bed three days at a time. Lydia E. Pinkham's Vegetable Compound restored me to perfect health, and I am praising it for the benefit of other women who suffer as I did."-Mrs. W. S. DUVALL, Route No. 1, Beltsville, Md.

For SO years Lydia E. Pinkham's Vegetable G male ills. No one sick with woman's ailments ( does justice to herself if she does not try this famous medicine made from roots and herbs, it has restored so many suffering women to health.

Write to LYDIA E.PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your letter will be opened, read and answered ( by a woman and held in strict confidence,



Just Off the Press-Our New Catalog OF RUBBER STAMPS, STATIONERY AND OFFICE SUPPLIES of all kinds. It is fully illustrated, complete and up-to-date in every respect. and is something that every business man should have on his desk. It is yours FREE for the asking, with no obligations whatever. Write us for this catalog today, you will receive it on the next mail. POUND & MOORE CO., GHARLOTTE, N.C.